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## In Memoriam: Victor Frank, DC

Victor Leon Frank, DC, NMD, DO, who taught Total Body Modification (TBM) technique to thousands of chiropractors over his long career, died Feb. 8, 2010, at the age of 79. Dr. Frank graduated from Hollywood Chiropractic College in 1957 and spent 10 years practicing as a chiropractic nutritional specialist in Glendale and Pasadena, Calif., before building a successful practice in Los Angeles, often working with athletes from professional teams such as the LA Dodgers, the Rams, Lakers, and the Kings.



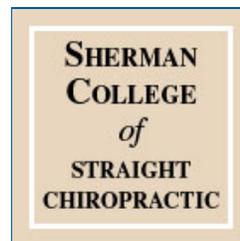
Victor Frank

He completed post-graduate study in therapeutic nutrition, obstetrics and gynecology, pediatrics, adaptative orthopedics, Diversified Techniques, X-ray interpretation, Riddler Therapy, Van Rump Technique, Activator Methods, practice building and management, acupuncture with C. E. Wong from Singapore, and SOT. He was also one of the original members of Diplomates of Applied Kinesiology with George Goodheart and, in June 1976, was awarded a Charter Diplomate in the International College of Applied Kinesiology, which published many of his research papers.

While always expressing gratitude for the efforts and advancements made by Dr. Goodheart and all the other diplomates of Applied Kinesiology, Dr. Frank reportedly became "frustrated and impatient with the commitment needed in the everyday practice of Applied Kinesiology. He found it difficult, tiring, and tedious work," explains the current Total Body Modifications website.

"About that time, Dr. Robert Riddler, a chiropractor and diplomate in both Radiology and Applied Kinesiology, began to explore the body's healing potential beyond what AK had already successfully demonstrated," the site continues. "In his own research, he had found ways of accessing the healing potential of the body. He found ways of accessing the body's bio-computer through the use of body touch points discovered in AK, as well as in trigger point therapy and acupuncture."

That work ultimately led to the development of the "functional physiology" philosophy and to the Total Body Modifications technique. Frank spent the next several decades refining the technique



and teaching throughout the United States, Canada, Australia, New Zealand, Israel, Mexico, South Africa and Europe. He was named "Chiropractor of the Year" by the Parker Chiropractic Foundation in 1986, and awarded the Humanitarian Award of the Chapel of Four Chaplains.

An active member of the community, Dr. Frank served as a member of the Board of Directors and as president and treasurer of the Sunland-Tujunga Chamber of Commerce. He was also a member of the Century Club of the Verdugo Hills YMCA and the past Legislative Chairman for Senior Citizens of the Los Angeles County Chiropractic Society. He was active in the Amateur Athletic Union (AAU), where he served on the National AAU Sports Medicine Committee for Karate, and as the Southern Pacific Sports Medicine Committee Chairman, and on the Olympic Committee for Karate.

Dr. Frank was a past press chairman of the CATHY program (Community Assistance to Homeless Youngsters), which was established to find homes for foster children. He and his wife Diane—who had four children, nine grandchildren and four great-grandchildren—cared for 31 foster children and hosted several foreign exchange students. Diane passed away just two weeks prior to Dr. Frank, shortly before the two would have celebrated their 50th anniversary.

"We can with relief say his dying hour was relatively peaceful, not the fight we were expecting. We feel that Dad timed it so that he and Mom will be able to spend their Golden Wedding Anniversary together this Friday," commented Dr. Frank's son, Randall Frank.

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