

*what*  
**CHIROPRACTIC**  
*is* **DOING**



*Progress  
and  
Achievement  
of  
Modern Health  
Science  
Without the use of  
Drugs  
or  
Needless Surgery*



This emblem signifies the idea of physical humanity rising to sublime perfection in the white light of Chiropractic truth and knowledge. It represents the spirit of Chiropractic leading public consciousness upward toward the truths of healing and the attainment of higher physical standards.

The knowledge we have acquired ought not to resemble  
a great shop without order, and without an inventory; we  
ought to know what we possess, and be able to make it serve  
us in our need. . . . *Liebnitz*

# Introduction

Although as a principle Chiropractic is ancient; as a modern, working profession among the sciences of healing it is slightly less than a half-century old. During this short space of time as an organized profession it has made remarkable progress. It is for the purpose of opening a vista in the clouds of doubt and showing a panorama of achievements which Chiropractors can truthfully claim, that this book is offered an intelligent American public.

You are going to be surprised at our accomplishments as you read and look through the following pages. As you visualize the investment in the many colleges, sanitoriums and hospitals you will understand that our profession is no transient or ineffective institution. You will readily grasp from the explanatory articles, accurate charts and diagrams, all made especially plain for the busy man or woman concerned with their own daily problems, that Chiropractic is indeed a scientific method for the prevention and adjustment of disease.

There have been those who somehow could not come to think of Chiropractic as a sound, ethical, effective method of handling disease. Because of subtle and, in some instances, insidious forces that held our profession up to the public in the wrong light, and encouraged doubt in our capacity and education, we have sought to parade these achievements in this book.

This work is gratefully dedicated to those who have early understood the merit in the science of Chiropractic and who have made our achievements possible while they themselves were regaining or maintaining abundant health.

# Truth

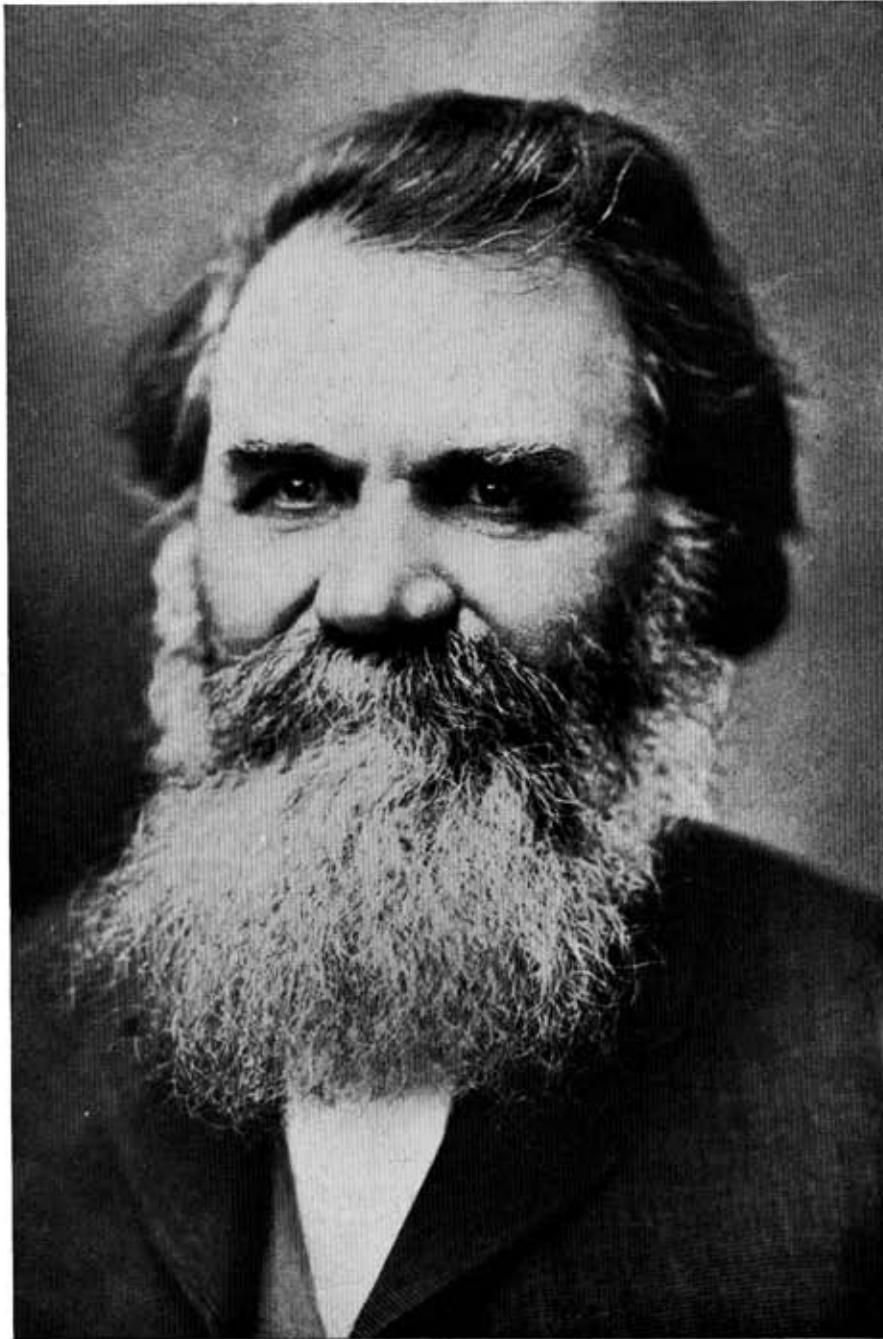
Truth is harmony with right and conformity to Nature which is God's work. Truth is the quality of being true, real, or in fact, and is based upon fact and not opinion. It is the foundation of knowledge and the open gate of reason. To love truth is to seek it; to have knowledge of it is to praise it; to believe it is to live it. It is the greatest and most enduring of forces. It is eternal.

The three essentials of truth are: seek, know and use. There can be no sincere search for truth except we first live what we already know. Truth often lies deeper than error hence why error is frequently found first. Errors are signs which point the way toward truth. Truth is the way.

Truth is not all contained in one person or mind. We seek truth because we have not found it all. Truth is of the Cosmic and to harmonize with the Cosmic is to find truth. This is the great end and purpose of life.

"A MINUTE A DAY"

*L. L. Castetter, D. C.*



DANIEL DAVID PALMER  
*Founder of Chiropractic in America*

**B**ORN and reared in the wilderness of Ontario, Canada, Dr. Daniel David Palmer inherited and developed all of the characteristics of a pioneer. His primary schooling, gained in the back woods, made him an ardent student of the laws of Nature. Raised on a farm and trained in the hardships of the early days, he became one of the "honor graduates in the School of Experience." His natural bent and his pleasure was to "help out" when friends and neighbors were sick. The thrill of helping people to get well

gave him an absorbing interest in the problems of sickness.

For 25 years he diligently studied the human body and observed the causes of sickness and reasons for health. His greatest satisfaction in life was to get sick people well. His practical mind led him to think and work constructively on the mechanical problems of the body. Thousands of people became his friends and grateful followers. He taught them simple lessons in how to keep well. He urged them not to be

mystified by sickness. "Your body was planned for health and it will give you health if you take proper care of it," was his constant admonition.

In the year 1895, at the age of 50, he decided to teach others what he was doing in order that his good works might be extended to all of humanity. He believed sincerely and he had been able to prove that the mechanical causes of disease were more important than any other. In his teachings, he declared the following fundamental principles:

(1) The true cause of disease will not be found outside the body—it is *within the body*.

(2) The nerve tissues control and operate the forces of life and health—they *must be kept free from interference*.

(3) The spinal column and other articulations of the bony framework become *displaced* through the *shocks, strains and habits of life*; these are the real causes of nerve interference—they are the *primary* causes of disease.

(4) We must *adjust* the articulations of the body to proper alignment, to make the force of life—nerve energy—flow freely and without interference.

(5) When we *correct the cause* of disease, the natural healing power—nerve energy—will restore health and comfort.

Coincident with the declaration of these doctrines, Daniel David Palmer began to teach his followers how to adjust the articulations of the spinal column and other joints of the human body. He called his work "CHIROPRACTIC," which means "hand practice" or healing by hand.

Daniel David Palmer lectured and taught his method of adjusting the articulations of the spinal

column and other joints of the body from 1895 to 1913. He traveled from coast to coast in the United States and Canada to establish this new school of thought and understanding on the problems of sickness.

The present day profession of Chiropractic is the direct outcome of his efforts. Today, his principles have attained a legal status in 42 states and the District of Columbia of our country as well as a number of the provinces of Canada. His principles of correcting displacements of the articulations of the spinal column have since been practiced in almost every country of the world. The greatest credit which can be given to the founder of Chiropractic is that he brought the attention of the world to the *long neglected spinal column*. When he said, "You cannot have health without correct relationship of the bones of the spine and other articulations of the human framework," he declared a health principle which will stand all attacks and the prejudices of contrary opinion until the end of time.

Daniel David Palmer died in his 68th year (1913) from fatal injuries following an automobile accident, but he left behind him a record of achievement in the field of healing which creates for him a place among the "immortals" in human history. Even his opponents have become more "spine conscious" through his teachings.

During his eighteen years of teaching, he gained nothing for himself but the satisfaction of helping others to understand his philosophy of health and how to administer his methods of adjusting the bones of the body. The Chiropractic profession and millions of beneficiaries commemorate his birthday, March 7th, and pay tribute to him as one of mankind's great benefactors.

*"The Chiropractic Home" Magazine.*

The field of knowledge hath been so traced, it is hard to spring anything new; but to reveal, to testify, to point out the path which we have followed, to endeavor to convey to others some faint sense or suggestion of what we have found, must have gratified even the hearts of the men who dwelt in caves.

. . . Anon.

# THE RECORDS OF AN ANCIENT ART

by

Dr. K. Ligeros, M.D., M.S., D.C., Ph.D., Athens, Greece

FOR more than a decade this eminent scholar has been conducting extensive researches into ancient healing archives. From these studies he has gleaned valuable data, indicating clearly that the *principles* of Chiropractic were known and practiced almost from the earliest days of recorded history.

Dr. Ligeros has twice visited America, purposely to report on his research accomplishments at convention sessions of the National Chiropractic Association. His remarks were a source of great inspiration to his colleagues, who were likewise fascinated by his authentic illustrations and bas-reliefs, dating back to the 5th Century, B.C.

Dr. Ligeros has written a number of volumes in his native Greek language. Just recently he has written a large volume which has been published in English by G. P. Putnam's Sons, New York and London, Publishers. The title is, "How Ancient Healing Governs Modern Therapeutics."

Here he outlines very engagingly some discoveries that are of interest alike to laymen and the profession.

## *Chiropractic in the Days of Hippocrates*

FROM time immemorial man has concentrated his mental and physical efforts and all his skill towards the improvement of his social and biological conditions, but more especially that which concerns his health.

One of the most famous ancient Greek physicians, Herophilous, who flourished in Alexandria during the Third Century B. C. has said:

"Science is incapable and the art has nothing to show; strength is powerless in effort, and wealth is useless and perhaps debasing, while eloquence is futile if health be wanting." Thus Herophilous sums up the importance of good health.

The goal of mankind has been to conquer disease. Man's efforts have been directed towards finding the elixir of life. To this end, and in the course of years man at various occasions used many methods and practiced different systems in an effort to curb disease and win euthanasia. Cicero and other earlier authorities point out the fact that primitive and early civilized man, believing that healing was the attribute of the



gods, could not conceive the idea that man could ever invent the healing arts and sciences. Therefore, all the peoples of early civilization believed in the divine origin of healing and general therapeutics. It was left for the Grecian people, who gave to the world a splendid civilization, to create also medicine and to establish the foundations of our modern sciences. Among the earliest healing forms which mankind ever used in combating disease was undoubtedly hand curing.

Professor E. T. Withington of Balliol College, England, in his introduction to Hippocrates' works, quotes Celsus, declaring that "the part of medicine which cures by hand has a more direct effect than any other," adding that "this is the oldest part of healing."

Dr. Withington in supplementing the aforementioned statement of Celsus remarks that indeed this truth must have been recognized from the dawn of reason. For in such common emergencies as those of pain, displacement and fractures of bones, something has to be done primarily with the hand and any one



who can do it quickly, effectively and without causing an extreme pain to the patient, is, as Homer said "worthy of being a healer."

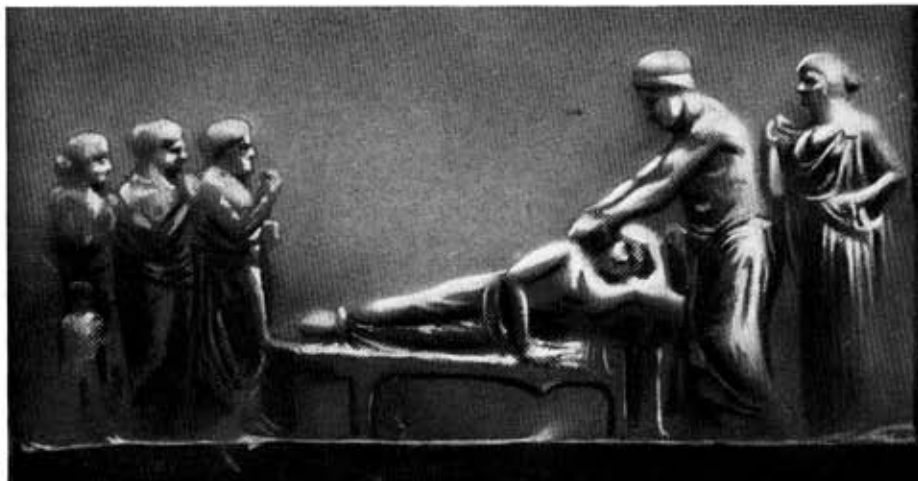
Manipulation, gymnastics, physical exercises and culture, calisthenics and kindred natural methods were known and practiced by all ancient peoples. The Greek gymnast Herodicus of Selebria was the first to introduce gymnastics in healing, and from his time this mode of natural curing has been incorporated in general therapeutics. He was, according to Plato and Galen, suffering from phthisis, that is, Tuberculosis, and by using such natural means as gymnastic exercises and manipulation, he succeeded in curing himself and afterwards aided others, as Plato mentions in his works.

Herodicus served as an instructor to great Hippocrates of Cos. Hippocrates, universally known as the father of Medicine, came from a long line of priest-physicians claiming that they were the direct descendants of Asculapius, the inventor of the healing arts. He succeeded by observation, research and investigation in rescuing medicine from the hands of Sacerdotalism from magic, and cosmopolitan speculation. Thus, he placed the foundations of scientific healing and put the physician upon a higher plane of respect and scientific standing. Hippocrates, being himself of a real scientific mind, gathered and systematized what was, up to his time, accumulated in therapeutic knowledge, explained various natural phenomena, appearing to the unscientific mind as supernatural, and thus freed the physician from speculative philosophy. He pointed out to the practitioner that the safest, surest path to scientific accomplishment and research, was the methodical observation of nature, and the systematic application of all natural means. Hippocrates was concerned in the welfare of the sick

rather than in the interests of the physician; therefore, he admonished the practitioner to pay great attention to the spinal column and learn its physical construction, saying "It is most necessary to know the nature of the spine, what its natural purposes are, for such a knowledge will be requisite to many diseases."

Hippocrates believed that without the proper knowledge of the spinal construction and conditions, neither diagnosis nor proper treatment of disease could be hoped for. He was of the opinion that the physician may become confused and be led astray if he does not recognize the true existing conditions within the human body. As to the cause of disease, he was sure that this might be due either to the abnormalities of the spinal column, or to the displacements of its various segments. He held that the physician must always search to find the *causes* of disease; and that these causes were primarily in the spine which predisposes, if not normal, the natural diathesis of the human organism.

Hippocrates repeatedly warned the physician not to neglect the spinal column, for when the vertebrae are out of place many serious complications may follow. If the physician wants to know in what way and in what place the cause of disease lies, he must study well the anatomy of the spine and its relations to the nervous system which controls all the body functions. The nerves are always likely to be compressed somewhere along the spine, and, therefore, unable to perform the proper function. This compression, Hippocrates denotes, though it might be slight, yet may be the real cause of disease, or it may, in itself, produce many abnormal complications. Similarly, Galen declares, "Whenever the spinal nerves are in any way affected give the treatment to the spine and never to the affected part." A slight subluxation, and even the slightest



GIVING A SCIENTIFIC CHIROPRACTIC ADJUSTMENT TO THE PATIENT

(From a Relief of Ancient Greece)

Hippocrates admonished the practitioner, saying: "It is most necessary to know the nature of the spine, what its natural purposes are, for such a knowledge will be requisite to many diseases."

deviation of the spinal vertebrae, may cause untold mischief to the human organism, and if not properly and promptly corrected, says Hippocrates, it may seriously affect the organism, and it will be more difficult, at later stages, to remedy the condition.

In the history of healing we note that the principles of Chiropractic were widely applied in therapeutics. All the ancient peoples, as we said before, had some knowledge of it; but the Greeks were the ones who extensively and scientifically promulgated and applied the art, science and philosophy of Chiropractic in the same effective manner as we do today.

The medical profession ought to study more carefully the history of General Medicine and not be prone to discard or overlook anything which it has not acquired in therapeutics; for therapeutics are not exclusively composed of medicaments and drugs, but of all other things available. Chiropractic offers a world of valuable assistance to the practitioner and more readily serves Nature in its co-operative processes and procedures.

Henceforth, the physician of every healing branch will do much good in the advancement of therapeutics if he neglects nothing which assists Nature in her particular work, opening his eyes and his mind to every system or method. For he must know that in every principle there is a hidden or revealed truth which must be properly used.

The world has profited much so far in following the ancient wise teachings of Hellas and her noble sons and still science in general benefits by the experiences of the past generations. The medical profession therefore has much to gain if it will once more open the ancient writings of Hippocrates and Galen and thrive in them. By careful study of their wise admonitions and pledges the practitioner may find, as Dr. Brock of Edinburgh has said, "that tangible something" which will aid him in his work, but which the X-ray and microscope are unable to reveal.

In the history of healing we note that Chiropractic was wisely taught and widely applied in therapeutics. The Hindus, Chinese, Egyptians, Hebrews, Persians, Scythians and Babylonians, all had some kind of a knowledge of this art, though it may have been crude and unscientific. Yet the Greeks (the Romans and Arabians) have well recognized its basic and fundamental principles and have left them well described in their valuable and sage writings. Though all the healing arts have been at times lost, Chiropractic remained unmolested throughout the Dark Ages in the

traditional heritage left to the world by the Greeks. It is thus that truths and principles which have been neglected during certain periods, are revived again at another epoch or time. The world's history is nothing but repetition.

Thus Chiropractic, too, is a scientific repetition and a true scientific development of the bygone ages. To Hippocrates, and the Hippocratic school, the art and science of Chiropractic may be truly traced as a scientific accomplishment.

To this great healing master, the scientific world today, as in times of old, bows in acknowledgment of his immense contribution to general healing and natural therapeutics. Indeed Hippocrates was a lover of Nature, in whose powers he had unbounded faith and trust; a real humanitarian and lofty idealist. In universal medicine Hippocrates is an outstanding figure, recognized everywhere as a true leader. Henceforth, the great Chiropractic profession acknowledges him as the precursor of its widely accepted principles and practices. Next to Hippocrates comes Galen, Soranus, Apollonius the Citiensis and many others whom we are discussing more fully in our books, "Rachiotherapy" and "How Ancient Healing Governs Modern Therapeutics." All these men contributed largely towards placing medicine where it now stands and they are, throughout the ages, considered to be the pillars and the perpetuators of scientific healing. These same celebrated men are also the exponents and promulgators of Rachiotherapy which came to be known as the Science, Art and Philosophy of Chiropractic. Though considered a new development, Chiropractic has commanded the respect of all peoples where its principles have been applied correctly. It is indeed gratifying to know that these principles are now corroborated scientifically by ancient as well as modern researches.

The world, through our recent researches learns for the first time that Chiropractic, to all practical purposes, existed in times of old and its art and science were scientifically promulgated and applied ever since Hippocrates, the Great. Thus is the History of Chiropractic proved to be gloriously old, being received and further carried on in modern times by D. D. Palmer of Davenport, who in his works frankly admitted that Chiropractic is not his discovery, but a revival of the Greek Ancient Art. To D. D. Palmer and his noble successors, as well as the afflicted, the therapeutic world today and that of the future, bows in gratitude eulogizing their noble memory.

DR. K. LIGEROS.

# how VITAL ORGANS are CONTROLLED THROUGH NERVES



*Not until it is understood that every vital organ in the body is connected with and controlled by nerves from the spinal cord and brain, can one fully understand why Chiropractic methods can relieve so many human ailments.*

By DR. H. E. VEDDER, Ph. C.

IT IS difficult for many people to understand why the Chiropractor seeks to correct functional and pathological disease in vital organs by adjusting the spine. He adjusts the spine to remove interference between the central nervous system (brain and cord) and the organs, knowing that if vital energy is not properly delivered to these organs they cannot function properly. This is not a principle recognized alone by Chiropractors. It is a physiological fact readily admitted by all schools of healing. Where the condition of the spine is such as to cause interference with the delivery of vital energy, it is useless to apply palliative measures in an effort to stimulate normal action. Such procedure merely seeks to relieve the effects. It does not correct the cause. Patch up the sore spots all you will; they still remain sore spots unless the cause for their existence is corrected. Dose the system all you will with medicine to stimulate or inhibit; permanent cure cannot be thus achieved. The power for normal action comes from within. The ability to cure lies within and cures are made by free and natural expression of the internal vital energy.

It will be seen from the accompanying illustration that the vital organs of the body are supplied with two sets of nerves. Strange as it may seem, one of these sets is for the purpose of increasing function, while the other is for the purpose of decreasing function. Experiments have repeatedly shown that artificial stimulation of the heart through one of these nerves increases its rate and force, while artificial stimulation through the other set decreases both the rate and force.

That same thing is true of the digestive system. If we artificially stimulate one set of nerves, the digestive juices are increased in quantity. The muscular action of the stomach and intestines is increased. If we stimulate the other set artificially the very opposite effect is had.

If the digestive system is to function normally and naturally, both sets of nerves must deliver a normal quota of vital energy. In brief the inhibiting power must delicately balance the activating power. Let either set of nerves outbalance the other in its delivery and there will be either excess function or deficient function.

The above explanation is not peculiar to the Chiropractic profession. It is universally recognized by physiologists. The Chiropractor takes advantage of this knowledge and when he discovers abnormality in the digestive system or in any other vital organ, he seeks first to determine whether he is dealing with a condition of excess function or deficient function. This leads him to the knowledge of which of the two nerve supplies has interference somewhere along its path.

Having made this discovery he looks to those regions of the spine where the offending nerves make their exit. A careful examination of the spine reveals that certain bony segments are out of normal position and are producing interference with nerve transmission. Having made these discoveries, the Chiropractor's work is to replace the offending vertebrae and permit free transmission of nerve force. When this is done normal functioning of the organ is the natural consequence and when normal functioning takes place, symptoms such as pain, discomfort, headaches, etc., automatically disappear.

The Chiropractor's method is essentially different than that employed by any other school of healing. He is concerned with effects only insofar as they point to those regions where the cause is to be found. He is not interested in submerging the pain of a headache by giving tablets whose only effect is to deaden the pain. He knows that to do so is to offer merely temporary relief. He recognizes pain, including headaches, as a danger signal. He contends that to relieve

the pain by the use of drugs without correcting the cause is as dangerous as to put out the red light at a railroad crossing.

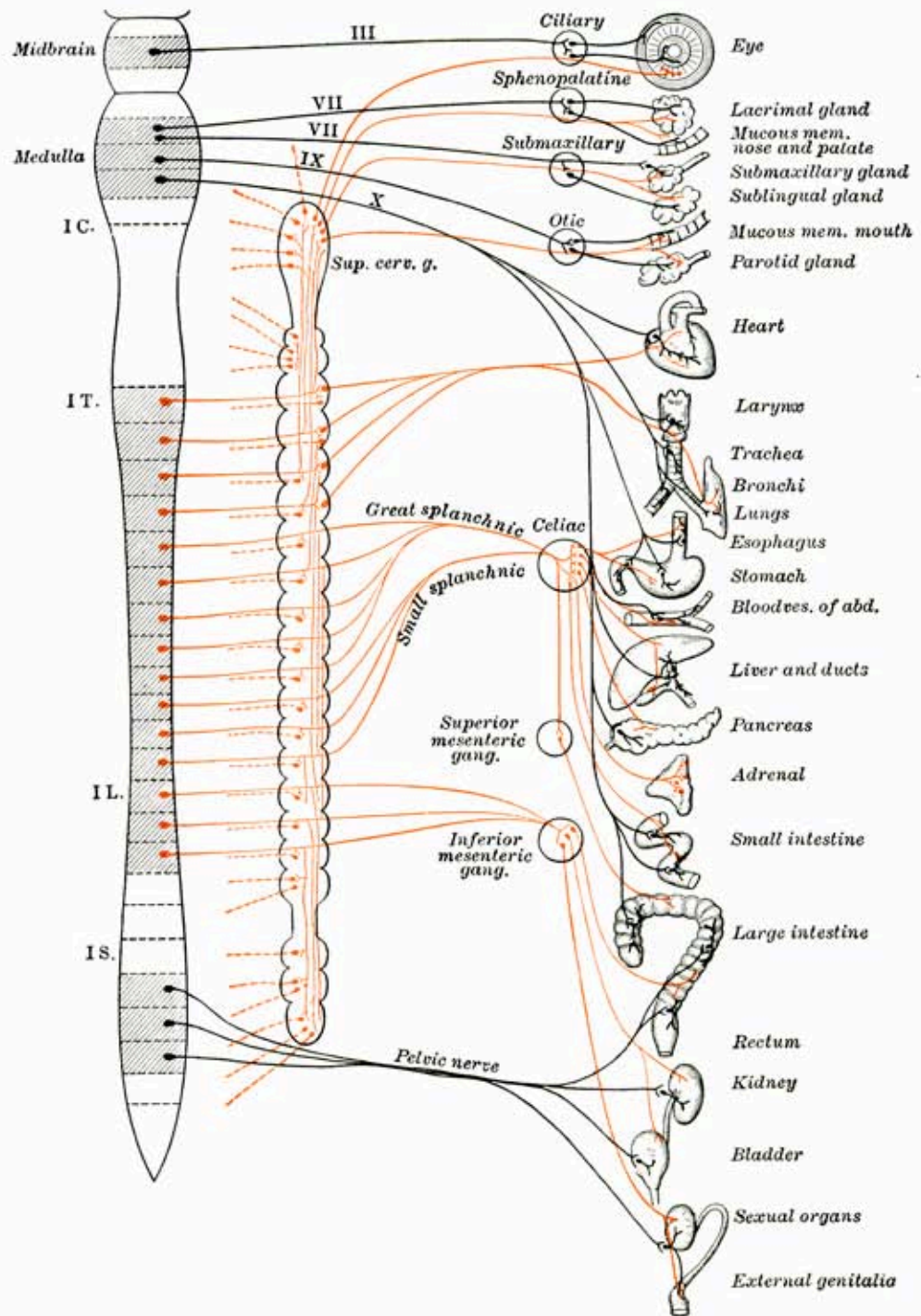
For every disease there is a cause. That cause must be corrected if health is to be restored. Just as normal, healthy expression of life depends upon forces within the body, so abnormal expression of life (disease) results from the inability of these internal powers to properly express themselves. It is this knowledge that leads us to that fundamental truism . . . "Health Comes from Within."

There are all too many people who look upon Chiropractic as being of value in case of spinal curvature or nervousness. These people realize in a vague sort of way that Chiropractic has to do with nerves; hence,

their misconception is quite excusable. The thing they do not realize is the absolute dependence of all vital organs upon a normal nerve supply. The accompanying illustration taken from Gray's Anatomy demonstrates this connection more effectively than our written explanation could do.

This article is directed especially to those people who have tried to regain their health through methods other than Chiropractic and have failed. That failure should not lead to discouragement. On the reverse, it should lead to a determination to discover the actual cause of your illness. No one should feel that he or she is merely destined to be sick all their lives. Everyone is entitled to health. Everyone can have health if nervous energy is normally delivered to their vital organs.

THIS illustration is taken from the latest edition of Gray's Anatomy, a standard textbook recognized by all medical colleges and widely used in the leading schools of medicine, osteopathy and Chiropractic. It shows the nerve supply to the vital organs from the brain and spinal cord and demonstrates the need for maintaining uninterrupted communication through nerves.



# THE NORMALIZING OF NERVE FUNCTION

By H. B. Shields, D. C.

## *Your Health Controls Your World*

**I**N ALL the activities of life, in everything we do, health is an ever present consideration. Yet few of us give any thought to the intricate functions of our bodily machinery, nor do we realize the importance of the nervous system as a controlling factor. When the nerve mechanism becomes irritated or deranged, function is impaired and pain or some disorder ensues. We bring to your attention one causative factor and a logical method of treatment.

### *Two Sets of Nerves*

The entire body machinery is co-ordinated and controlled by the nervous system, composed of the brain, spinal cord, and a net-work of nerves which permeate the body much the same as do blood vessels. These nerves consist of two types—sensory and motor. A sensory nerve conveys sensation and it is this type of nerve that is readily susceptible to irritation manifested by pain or hyper-sensitivity. The motor nerves control motion and are the wires which control the nerve currents from the brain and spinal cord to the various organs, glands, muscles, and tissues. It is this nerve supply that maintains life in a tissue, that stimulates organs and glands to function, that activates muscles.

Even the circulation is dependent upon the nervous system, and in a manner that few people are aware of. The blood vessels are controlled by two sets of nerves—one for the purpose of dilating the tubes, the other to contract them. This alternate dilation and contraction controls the local blood supply needed. Dizziness, fainting numbness, cold extremities, functional disturbance, etc., indicates a derangement of the blood supply, and that in turn denotes an imbalance of the controlling nerves.

### *You Have a Back*

Your spine is not only a backbone supporting the body, but is also the center of nerve radiation. By this we mean that it contains the spinal cord—the main nerve cable—and from this cord the nerves branch out between the vertebrae to supply the various organs and tissues of the body. Inasmuch as these nerves have to pass out between the joints of the spine, it is obvious that a joint displacement or a contracted spinal muscle created by a fall or strain will constrict these openings and subject the nerve root to pressure and irritation. If sensory nerves are affected, the result is pain. If the motor nerves are involved, the condition simulates a "short circuit" on an electrical wire, while the effect is to derange the nerve currents which are

transmitted by this type of nerve. Such a condition can lead to functional disturbance of glands or organs, to impairment of the circulation, nerve disorders, of paralysis, depending on the nerve fibres involved and the degree of severity.

As the center of nerve radiation, the mechanical structure of your spine is of vital importance to your health. These spinal deviations, when not corrected, constitute areas of structural weakness which are the most susceptible to stress and strain of daily routine. Occupational posture, spinal tenseness, muscular fatigue, all of these are factors which bring on excessive muscular tension—*intensified at the weakest spinal area*. The nerve root is then irritated and pain results. Here is one prevalent cause of chronic or recurring headaches, backaches, neuritic pains, and certain nerve disorders.

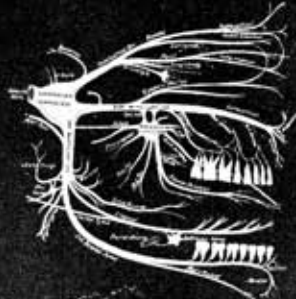
### *Correcting the Cause*

In correcting the spinal condition, we strike at the fundamental cause. This is effectively accomplished through Chiropractic Spinal Adjusting. This adjustic procedure relaxes tensioned muscle fibres, adjusts the segment (if displaced) to its correct alignment, and normalizes the spinal nerve openings. When this correction is complete, we have relieved nerve irritation and pain, or have re-established normal nerve activity and circulation in the affected organ or part.

To understand the effectiveness of corrective spinal adjusting in conditions not directly due to falls or strains, it is necessary to bear in mind that the spine consists of various nerve centers.

### *Please Memorize the Next Paragraph*

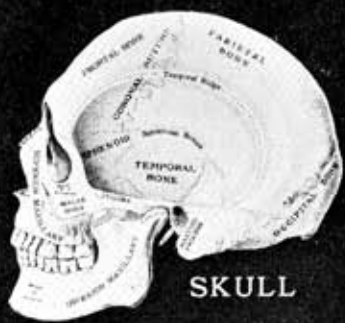
Each nerve center controls, through its connecting nerves, a definite section of the body and the organs, glands, and tissues therein. Thus we have the stomach center, liver center, kidney center, a nerve center in the lower spine controlling the abdominal region and lower limbs, while from the cervical (neck) spinal area the nerve supply governs the throat, thyroid gland, arms, and indirectly the eyes, ears, nose, etc. Just as the blood circulation can be accelerated through massage, so it is that the nerve currents can be normalized through corrective adjusting of the spinal nerve centers. It is through this procedure that the Chiropractor is enabled to stimulate normal function in organs and tissues remote from the spine and so reach various disorders.



THE 5th CRANIAL NERVE  
Showing its distribution to the eye, nose, mouth, and ear.



PLAN SHOWING THE FORMATION OF A SPINAL NERVE

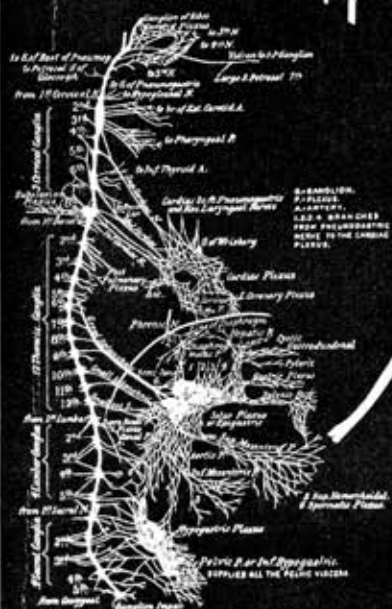
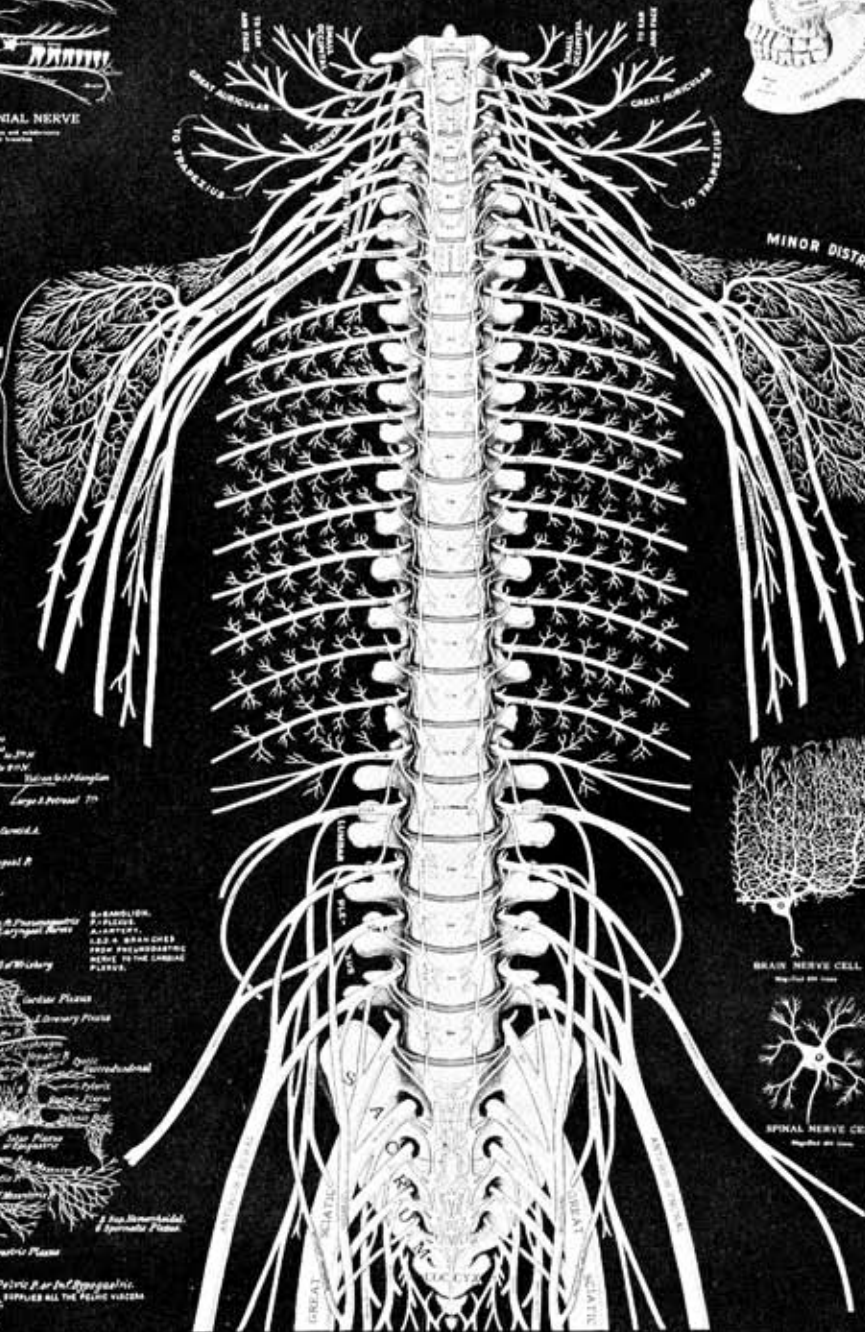


SKULL

MINOR DISTRIBUTION OF THE CIRCUMFLEX NERVE



THE SPINE AND SPINAL NERVES  
SIDE VIEW



THE SYMPATHETIC SYSTEM OF NERVES.



BRAIN NERVE CELL

SPINAL NERVE CELL

# THE SPINE AND SPINAL NERVES

The Sympathetic System of Nerves and the Gangliated Cord with its relations with the Spinal Nerves

By GUSTAV H. MICHEL, M. D., B. Sc.

Member of the SOCIETY OF THE ANATOMICAL, PHYSIOLOGICAL AND HISTOLOGICAL SOCIETIES  
SOCIETY OF ANATOMICAL INQUIRY

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MALE PELVIS



FEMALE PELVIS

### *An Ancient Art . . . Modernized*

Spinal adjusting was first used by the Egyptians and the Greek physicians many years before Christ. It is also known that many of the Indian tribes used this art of drugless healing quite successfully, although in a very crude form, and that the Bohemians have practiced it for many generations. Chiropractic, as known and practiced today, was founded by Dr. D. D. Palmer in 1895. He systematized and developed this form of spinal adjusting and prepared himself to teach it. Dr. Palmer established the fact that constriction of the spinal nerve openings—through joint deviations or tensioned ligaments—affects the spinal nerve root and is in many cases the fundamental cause of pain and various ailments. He based his reasoning on results obtained in his clinical practice.

### *Beneficial Results Widespread*

Due to its beneficial results, the science has attained widespread recognition, ranking as the largest profession of drugless healing, with numerous colleges, clinics, and sanitariums. The professional training now covers a period of three to four years, with high school education or better required to enter, while forty-two states have established Chiropractic examining boards to qualify its graduates and regulate its practice. This assures the public of well-trained prac-

titioners and maintains high professional standards. The efficacy of Chiropractic is well evidenced by the fact that many insurance companies have given it recognition as a meritorious science of healing.

We would emphasize here that Chiropractic is not a cure-all. However, from statistics compiled by the Chiropractic Research Bureau, it is of particular interest to note that spinal adjusting obtains results in many conditions where traditional methods prove ineffective. This is not to decry the merit of other methods, but to point out that in many conditions the need is not for drugs or surgery, but for treatment of an adjustic and manipulative nature.

### *Let Us Reason It Through*

Back of every ailment there is a fundamental cause. In the correction of this cause, it is essential to utilize the method of treatment that will be most effective. It is where the cause is structural, affecting the nerve mechanism, or where the condition can be rectified through stimulation of the spinal nerve centers that we advocate Chiropractic, because it is logical to conclude that the essential need is for corrective adjusting and manipulation. The spinal factor warrants thoughtful consideration, especially when by clear reasoning we decide that other methods will prove ineffective.



We Chiropractors work with the subtle substance of the soul. We release the prisoned impulse, the tiny rivulet of force, that emanates from the mind and flows over the nerves to the cells and stirs them into life. We deal with the natural power that transforms common food into living, loving, thinking clay; that robes the earth with beauty, and hues and scents the flowers with glory. . . . *James G. Greggerson.*

## World's Most Successful People Rely Upon Chiropractic



●

*When Eminent People Like the  
Late Mr. John D. Rockefeller Rely Upon  
the Science of Chiropractic, You  
Too, Will Find It Beneficial  
for Your Health*

●

**A**LTHOUGH for six years John D. Rockefeller had depended upon Dr. Wm. Jensen, his Chiropractor, for health counsel, this important news was omitted in the details given out by Mr. Rockefeller's secretary.

It is necessary to bring this information to you in this form in order that the truth may be known and justice done to the Chiropractic profession.

There are many people who even yet think of Chiropractic as just another fad in spite of the fact that its therapeutic value was re-discovered forty-two years ago. This is largely but not altogether due to the belief that medicine is the only means of relieving human ills.

A study of the facts here presented will be conclusive proof that people who have made a success in the world understand the value of Chiropractic and do not hesitate to call regularly upon recognized Chiropractors for health counsel.



"The Casements"

FLORIDA HOME OF THE LATE JOHN D. ROCKEFELLER



**IVY LEE and T. J. ROSS**  
408 LEXINGTON AVENUE  
NEW YORK

July 10, 1937.

Dear Dr. Jensen:

In looking over the newspaper articles regarding the death of Mr. John D. Rockefeller, we find that no mention was made of the fact that you had been in regular attendance at The Casements for some time prior to Mr. Rockefeller's passing. It occurs to us that you may have wished to have this fact known; the lack of mention of it was quite unintentional, and we hope it has caused you no embarrassment. I am sure you must know that your services were deeply appreciated.

Very truly yours,  
*Harcourt Parrish*

Dr. William Jensen,  
129 South Ridgewood Avenue,  
Daytona Beach, Florida.

**LETTER FROM ATTORNEYS**

His regard for our professional work is further borne out by the gift of his photograph (frontispiece) which he autographed and which is only one of a very few that he ever personally signed, although had he cared to do so he could have made millions of dollars by autographing pictures.

That the American public may know the extent to which Chiropractic was used by this eminently successful man, a picture of the last check for \$21.00 in payment for the last three calls, is reproduced here. This is one of many such checks paid for Chiropractic professional services.

When it was discovered that in reports of Mr. Rockefeller's passing no mention was made of the intimate services rendered by his Chiropractor, the attorneys for the family wrote expressing regret.

Dr. William Jensen, Chiropractor of Daytona Beach, Florida, was first called to minister to the late John D. Rockefeller on December 8, 1931. For five years he spent three weeks each summer in Mr. Rockefeller's home looking after his health in full co-operation with the day nurse, Mr. Yordi.

Not only was Dr. Jensen called in for the distinguished oil man and builder of Standard Oil Company, but also for members of the family and his household. The method pursued was general adjusting. The tendency for spinal abnormality and consequent interference with spinal nerves was watched. Reduction of spinal lesions maintains normal nerve impulses without which no one can be healthy. Thus the triumph of the Chiropractic profession with this eminent family is indicative of its genuine worth.

The esteem and preferment in which the late Mr. Rockefeller held his family Chiropractor and health counsellor, can be easily gained from the following facts. In the fall of 1933 when his health became a real concern, physicians from the Rockefeller Institute were called to his home to check his condition. In February, following, he became dissatisfied with the progress being made, hurried back to Florida and called in his Chiropractor. His life was again prolonged more than three years.

TO Dr. William Jensen 129 South Ridgewood Ave. Daytona Beach, Fla.	VOUCHER NO. 19733 FROM <b>JOHN D. ROCKEFELLER, JR.</b> 30 ROCKEFELLER PLAZA NEW YORK
THE CHECK HEREWITH IS TENDERED IN FULL PAYMENT OF THE FOLLOWING:	
TO WILL JENSEN 1/1/37 ----- \$21.00 Professional Services 1/21/37 and two Reg. Calls 1/2/37	
PLEASE DETACH AND DEPOSIT CHECK. NO ACKNOWLEDGMENT REQUIRED. KEEP THIS VOUCHER FOR REFERENCE.	
New York, <u>July 8, 1937</u> No. 19733 <b>THE CHASE NATIONAL BANK</b> ROCKEFELLER CENTER BRANCH PAY TO THE ORDER OF <u>William Jensen</u> <span style="float: right;">NOT VALID WITHOUT SIGNATURE OF ISSUER</span> <u>Twenty One Dollars</u> DOLLARS, \$ 21.00 <i>Robert S. Gumbel</i> <span style="float: right;"><i>Harry P. Fish</i></span> ATTORNEY ATTORNEY	

**CHECK GIVEN FOR LAST THREE PROFESSIONAL CALLS**

THE COMPANY WILL APPRECIATE SUGGESTIONS FROM ITS PATRONS CONCERNING ITS SERVICE

<p><b>CLASS OF SERVICE</b></p> <p>This is a full-rate Telegram or Cablegram unless its deferred character is indicated by a suitable symbol above or preceding the address.</p>	<h1 style="margin: 0;">WESTERN UNION</h1> <p style="font-size: 2em; margin: 0;">(25)</p>	<p><b>SYMBOLS</b></p> <p>DL = Day Letter          NL = Night Letter          DLN = Day Letter          LCN = Day Letter          NLT = Night Letter</p>
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The time shown in the date line on telegrams and day letters is STANDARD TIME at point of origin. Time of receipt is STANDARD TIME at point of destination.

Received at 122 Ocean Avenue, Davetown Beach, Fla.      MAY 20 PM 3 27

JNA109 55 DLN XC=TARRYTOWN NY 28 233P

DR WM JENSEN=  
 129 SOUTH RIDGEWOOD AVE

I HAVE JUST LEARNED THAT YOUR NAME WAS OMITTED BY MISTAKE FROM THE LIST OF DOCTORS AND FRIENDS WHO WERE CLOSE TO MR ROCKEFELLER. WE ARE VERY SORRY AND THE FAMILY JOIN ME IN SINCERE APPRECIATION OF YOUR WONDERFUL HELP AND SPLENDID SERVICE DURING THE YEARS THAT YOU HAVE BEEN TREATING THE DISTINGUISHED PATIENT. SINCERELY=  
 FANNIE A. EVANS.

R.  
 THE QUICKEST, SAFEST AND CHEAPEST WAY TO SEND MONEY IS BY TELEGRAPH OR CABLE.

This telegram from Mrs. Fannie A. Evans, his niece and hostess since the death of his wife, indicates how the great financier's family were chagrined.

## THE CHIROPRACTOR'S REPORT OF MR. ROCKEFELLER'S PASSING

"On May 20, 1937, Mr. Rockefeller's day nurse called in a medical doctor whom I have been working with on a number of cases and whom I recommended for Mr. Rockefeller. The nurse thought it best to have a check-up made of Mr. Rockefeller's condition before his Northern trip which was to have been within a week or ten days. The medical doctor pronounced Mr. Rockefeller's condition as splendid. On the following morning this doctor was again called in and an hour later I was called to give Mr. Rockefeller an adjustment.

"May 22nd, Saturday morning at 9:00 a. m., this medical doctor was called and at 10:30 a. m., I was called. Again Sat-

urday evening, first the medical doctor was called and then I was called and from 9:00 until 10:30 p. m., I worked with Mr. Rockefeller. At that time I saw he was slipping but, of course, at his age the continuity of life might terminate at any time. However, at the time I left, he seemed to relax and appeared more comfortable.

"Early Sunday morning, May 23rd, at 3:00 a. m., the medical doctor was called and remained there about thirty minutes and left. Mr. Rockefeller passed away at 4:05 a. m., little less than an hour later."



DR. JENSEN'S HOME AND OFFICE

# X-RAY and CHIROPRACTIC

The X-ray was discovered late in the year 1895 by Wilhelm Konrad von Roentgen, a German professor of physics and mathematics. Singularly enough, this was the very year in which Dr. D. D. Palmer, in the United States, was perfecting his philosophy of the distribution of vital energy through the nervous system. This philosophy, known as Chiropractic, was given to the world at almost precisely the same time as Roentgen's weird ray. Together, through four decades these two discoveries have continued to alleviate human misery, prolong human life and add immeasurably to human happiness and well-being.

Dr. Roentgen was not at this time seeking an aid in diagnosing disease, for he was neither a medical doctor nor a practicing physician. The extent of his discovery was not yet understood and the subsequent use to which it was put was as surprising to him as it was to the public.

The frequently repeated statement that the X-ray was discovered accidentally is not quite accurate. In his laboratory Roentgen was diligently seeking an "invisible light." He hardly knew himself exactly what he hoped to find.

One November afternoon, seeking to exclude every particle of light in the laboratory, he covered with black paper a Crookes tube, to which an induction coil had been connected. No visible light was present, but the coated paper glowed with a ghostly phosphorescence when electricity passed between electrodes inside the tube.

Roentgen picked up the paper and turned its coated surface away from the tube. It continued to glow. He held his hand before it—and beheld something that no human eye had ever visioned—the shadow of the bones of his hand. Roentgen found that his ray would penetrate cardboard, wood, cloth, even a thick book. And most amazing of all, it would penetrate flesh, but the bones were opaque.

There is a legend that on the day of discovery Madam Roentgen had prepared an especially enticing dinner. When the Doctor ate hurriedly, failed to praise the repast, she became highly indignant. To appease his frau, Roentgen took her to the darkened room, photographed her hand, revealing bones and a ring—but no flesh! The amazed and excited lady then forgave her preoccupied spouse, and shared his enthusiasm and wonder.

Because he did not fully understand his discovery, Dr. Roentgen called it the X-ray—"X" indicating an unknown factor. Later, the Physical Medical Society of Wurzburg voted unanimously that the new ray should be named for its discoverer, and Roentgen ray is today the correct scientific appellation. However, Dr. Roentgen's term gained popular favor, and "X-ray" is now an almost universal designation.

Roentgen's discovery remains basic, but certain refinements have been added, and of course the technique of using the X-ray has been vastly improved over a period of forty years. In early stages, the ray was employed chiefly in diagnosing fractures and diseases of the bone. That is still an important use, to be sure. But we have lately come to realize the possibilities which the X-ray offers in the study of diseases of the organs. For uncounted centuries the practitioner, in dealing with such conditions, had virtually no aid save intuition. But today the modern Chiropractor, aided by X-ray, can literally look into the patient and see for himself the precise condition! This service is of such inestimable value that it staggers the imagination.

Now, for the first time in recorded history, diagnosis becomes something more than a good guess, a shrewd speculation. Nothing can take the place of this ability to look not only at, but directly *into* the patient.

Millions of lives have been saved since 1895 by means of the diagnostic use of X-rays. And millions more might have been spared for added years of health, if they had but understood the important preventive service rendered by the X-ray. It is not too much to say that the X-ray is indispensable in any complete examination to determine physical condition. Many diseases, in their early stages, can be detected *only* by the use of X-rays.

The modern treatment of tuberculosis affords a graphic example of the service which X-ray is rendering. The magic eye of the X-ray can spot the first faint beginnings of this dreaded disease—long before any definite symptoms are manifest. As someone has so aptly pointed out, "The X-ray knows more about any man, woman or child's tuberculosis than the subtlest feelings of their bodies."

This explains the modern widespread use of X-rays upon persons who are, according to accepted standards "not really sick." In this enlightened age we seek to detect disease in its earliest stages—before ill health has occurred, and while the disease may still be controlled. No longer is it the practice to wait until some distressing symptom, such as pain or fever, issues a warning—which perhaps may come too late. Thus we are moving now in the direction of an annual health audit, for young and old—an audit in which the X-ray plays an outstanding part in detecting incipient disease.

Another vitally important fact, which is likely to be overlooked by medical investigators, is that a large percent of human ailments have a *traumatic origin*. That is to say, it is a direct or indirect result of some injury to the body. The fall, sprain, strain or shock may date back several years, and thus be entirely forgotten by the patient. But it cannot be hidden from the revealing eye of the X-ray. A visual examination may show nothing abnormal; even a digital examination of the spine (that is, an examination by hand movements) may not be conclusive. But an X-ray picture will always show the *exact* condition, and will point, mutely but eloquently to the remedial measures that must be taken.

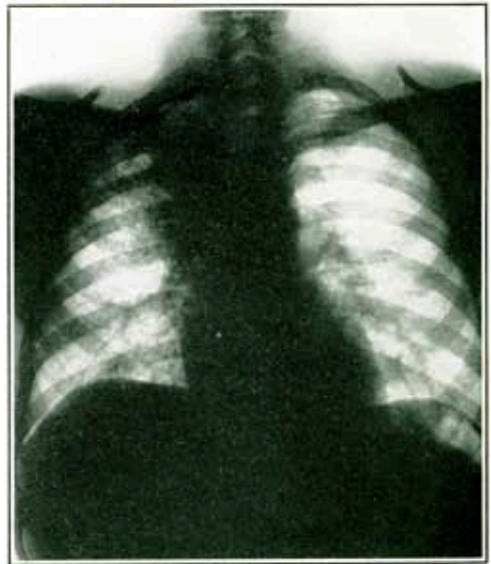
It is immediately evident, of course, that if the X-ray is of importance to the medical practitioner, its value is multiplied for the Chiropractor, since he strikes directly at the *cause* of the malady—a misalignment somewhere along the spine. In complicated conditions, an X-ray of the spine may reveal much of importance to the Chiropractor, thus bringing about better and quicker results for the patient.

So, when your Chiropractor recommends an X-ray, you should welcome the suggestion. You need not have the slightest fear or apprehension. X-rays cause no inconvenience, pain or discomfort. Even the youngest babies may be X-rayed successfully. To "take the picture" requires but a moment. Yet that moment often may mean increased years of health and happiness for you.

So, look upon the mysterious X-ray as a friendly force, ready and eager always to help you, through your Chiropractor, to travel joyously along the Highway of Health.

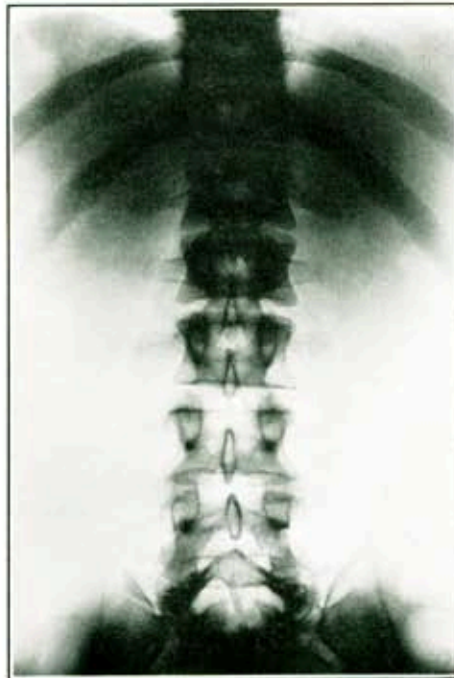


X-RAY pictures of the pelvis disclose conditions of disarticulation between the ilia and the sacrum as well as the symmetry of the pubic union. The importance of determining the relative positions of the two ilia and their relationship to the sacrum is recognized when we appreciate that the pelvis forms the foundation upon which the spinal column is reared. (Left.)

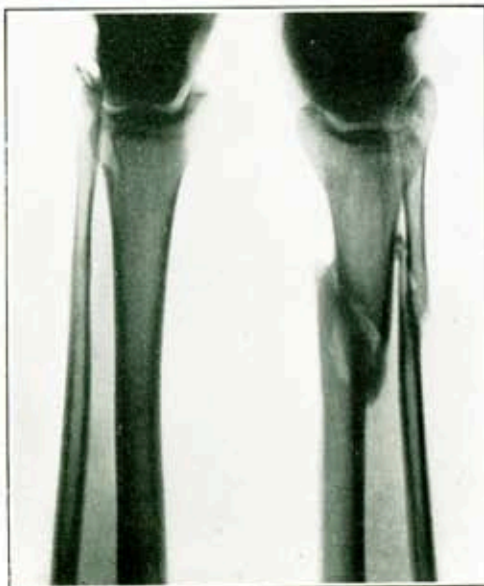


THE picture of tuberculous pathology of the lungs is characteristic. Such pathology in most cases appears first in the apex and from this beginning follows the fissure which divides the superior and inferior lobes at the posterior. The trained roentgenologist can often detect the pathological picture of tuberculosis by the X-ray before the physical signs are manifest. (Above.)

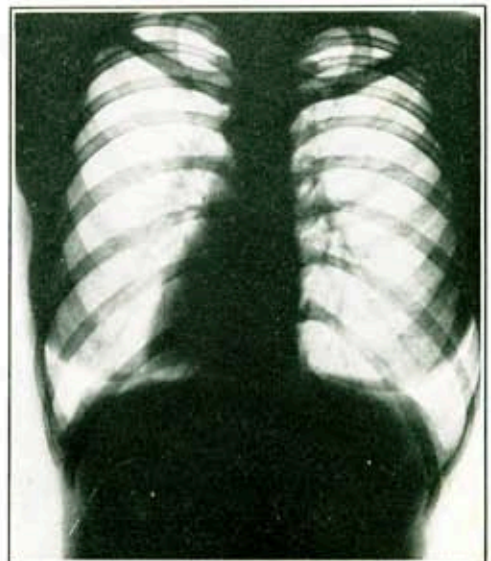
THE lumbar region is sometimes the most difficult to palpate because of the heavy muscular attachments and the depth of all processes except the spinous. Rotations here are often responsible for subluxations at higher levels, yet such rotations are often revealed only by the X-ray. (Right.)



NORMAL lung tissue shows a clear mottled appearance in sharp contrast to the osseous tissue which forms the thoracic cage. In these pictures are clearly shown the bronchial trees and such pictures definitely rule out the existence of pulmonary tuberculosis, pleural effusion, heart hypertrophy and pericardial effusion. (Below.)

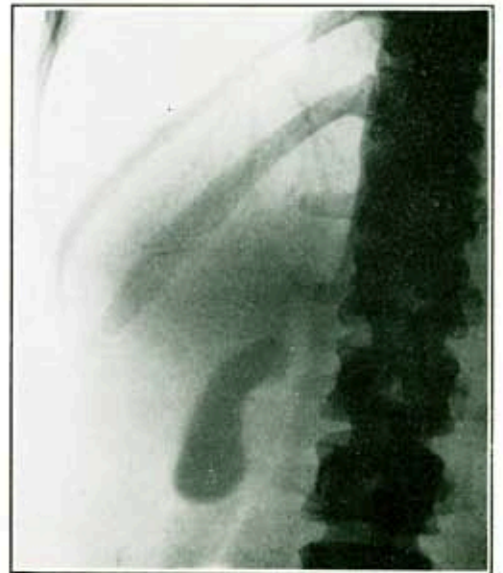


IN EVERY instance where an X-ray equipment is available fractures of arms or legs should be so examined both before and after setting. Many a patient has gone through life a cripple because of improper setting which was not revealed until a short leg developed or an arm incapable of performing its normal function. (Left.)



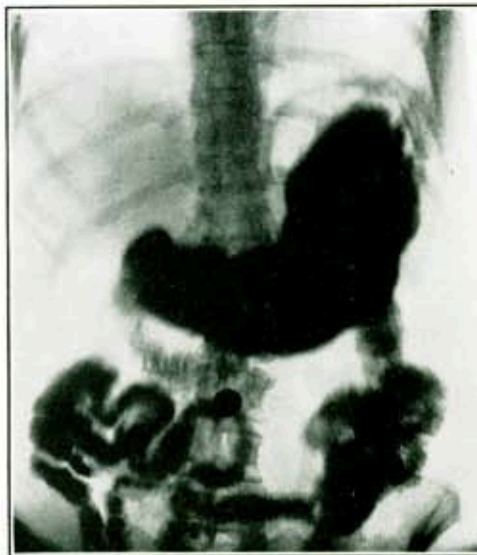


**X**-RAYS of the urinary system are important in establishing the presence or absence of tumors of the kidneys, urinary calculi and displacements or obstructions. As a diagnostic medium the X-ray is of extreme importance of establishing or ruling out these serious conditions. (*Left.*)



**D**IGESTIVE disorders are often characterized by abnormalities of the gall bladder. X-ray pictures of this important structure are of value in determining its location and size, as well as for the purpose of positively or negatively establishing the fact in suspected gall stones. (*Right.*)

**G**ASTRO-INTESTINAL diagnosis has occupied a place of rapidly increasing importance in diagnostic procedure. The barium meal serves to coat the lining membrane so it is impenetrable to the X-rays. Thus the position and location of the stomach are readily determined. The barium meal begins to leave through the pylorus within a few moments after it is taken, thus the duodenal cap is clearly outlined. Ulcers of the stomach most commonly recognized by distortion of the duodenal cap are thus readily disclosed. (*Right.*)



**T**HE COLON is one of the most common locations of focal infection which lead to a wide variety of symptoms. The location, size and contour of this section of the digestive system is important and is readily disclosed by the X-ray following a barium meal. Where a complete gastro-intestinal series is to be taken arrangements should be made for the patient to be available for at least 15 to 24 hours after the ingestion of the barium feeding. (*Below.*)



**P**LEURAL effusion is a more common condition with pleurisy than most practitioners suspect. If not purulent, adjustments alone are ordinarily all that is needed. If, however, the effusion is purulent it becomes a dangerous condition which may lead to general toxemia, high temperature and general prostration. In grave cases of this character it may be necessary to call in surgical aid to effect drainage. (*Left.*)



# A GREAT CONTROVERSY

*Between*

NATURAL HEALING METHODS *and* DRUGS, SERUMS, ETC.

By ESTELLE H. RIES

Those of us who have good health seldom stop to think how blessed we really are. Sometimes we are reminded by a tremendous trifle such as a cinder in the eye. But most people are less fortunate. The amount of illness and suffering in the world is staggering and in many particulars is growing worse instead of better. Civilization itself causes a long list of ravaging diseases. Man, designed for a natural life, can hardly adapt himself to the speeded up, pre-digested, simplified yet complex way things are done today. To help him do so, however, a great and powerful health industry has grown up. We have among us in this country approximately 161,000 legally qualified physicians and surgeons, 24,000 attendants, 294,000 nurses, 150,000 "practical nurses," 70,000 dentists, 14,000 dental assistants, 25,000 dental technicians, 47,000 midwives, 5,000 chiropodists, 20,000 optometrists, 553,000 hospital superintendents and other hospital personnel, 11,500 health department workers, 125,000 registered pharmacists, 77,000 assistant and apprentice pharmacists, 2,500 medical-social workers, and several thousand miscellaneous others. Most of these health workers are the very salt of the earth. Many of them give fully half of their time in service without payment in return. Against this long honored number we find 36,000 men and women who are opposed to medicine and surgery as a basic healing method, and who offer the world health on a principle that does not require drugs or surgery. Most of these drugless healers are Chiropractors.

What is it that has caused this small group of some 30,000 capable persons to give to these others whose numbers easily dominate the field of health, such a case of jitters that the American Medical Association has stopped at nothing to rid our country of Chiropractors? And why is it that neither hatred, ridicule, nor any hardship which the Medical Trust can use to persecute Chiropractors, has swerved the faith and confidence of these new health crusaders from their self-appointed mission? Why do they not take the easier way of healing in the manner of these doctors and spare themselves all the difficulties that result from the fact of their minority?

The answer is that Chiropractors have demonstrated a competence, sureness, thoroughness, speed, and permanence in the successful handling of even "incurable" diseases beyond anything that ordinary

medicine and surgery have been able to accomplish—a striking assertion but one we shall confirm as we go on. Meanwhile, the result is that the 30,000 drugless physicians in the United States are cutting deeply into revenue that would otherwise go to the medical profession. The Committee on the Costs of Medical Care, an officially recognized body, estimated the total annual income of non-medical practitioners a few years ago at more than \$100,000,000. This success has made such inroads upon territory heretofore monopolized by physicians, surgeons, and their allies the drug interests, that they cannot withstand the competition on a basis of comparative merit. They have had to resort to persecution to defend their position.

## *Who Uses Chiropractic and Why?*

What kind of people put their health problems in the hands of Chiropractors? John D. Rockefeller, Sr., the richest man in the world, patron saint of the medical profession, with every means at hand to secure unparalleled medical talent, had a Chiropractor in regular attendance for the last seven years of his life. The present King George VI of England and his brother Edward, Duke of Windsor, depend upon Chiropractors for injuries received in golf and horseback accidents. It was no secret that the incomparable Caruso kept his voice in condition by Chiropractic adjustments. The Yankee Baseball Team never won a World Series or League Championship until they took on Chiropractor trainers in 1919 to get and keep players in top-rank condition. Many other equally prominent people in all walks of life, because of their positions and the knowledge of the great power of organized medicine, deem it inadvisable to declare publicly the good that Chiropractic accomplishes for them. Such patients include the Governors of several states, distinguished jurists and lawyers, well-known college professors, eminent people in business and finance, persons whose names are famous in sports, noted radio stars appearing on commercial programs advertising patent medicines, people of stage and screen and even medical doctors themselves. Among the entertainers, who depend upon either their looks or their agility, the following Chiropractic patients may be mentioned: Rudy Vallee, W. C. Fields, Marion Nixon, Irene Rich, Cullen Landis, Charles Buck Jones, Patsy Ruth Miller,

Jobyna Ralston, Ken Strong, Tony Canzoneri, Ted Lewis, Marian Martin, George Givot, Belle Baker, Eddy Leonard, Abe Lyman, Jack Dempsey and many others. All of these individuals are in position to know of and buy the most up-to-date and effective health care. Why did they choose Chiropractic? Let us look at the record!

Figures based on the influenza epidemic in 1918 show that medical doctors had one death out of every sixteen cases treated by them, while Chiropractors lost only one case out of 886 cases. That must be due to something besides luck! Comparisons made in May, 1936, reveal that in 658 cases of pneumonia, medical doctors had 200 deaths or 30.4%, while 364 Chiropractic cases saved 332, a loss of only 8.8%. A few years ago a report was compiled covering authentic statistics in the Chiropractic treatment of 99,976 cases dealing with 110 specific diseases. A summary of these statistics was as follows: 84,571, or 84.59% of the cases completely recovered or were greatly improved. In 14,554 or 14.56% of the cases the condition remained unchanged or slightly improved. Only 851, or 85/100 of 1% died. The death rate was equivalent to 8.5 per thousand compared with a general death rate of 12.3 per thousand throughout the United States for the year. This remarkable showing of nearly 25% fewer fatalities should prove of great interest to those who place themselves in charge of Chiropractors.

Chiropractic ranks about 2½ times better than medicine in insanity cases. Results obtained on the mentally deranged have been compared in the Jamestown State Insane Asylum, North Dakota, which is under medical supervision, and the Forest Park Chiropractic Sanitarium of Davenport, Iowa. The medical asylum had only 27.8% cures or satisfactory discharges while the Chiropractic Sanitarium had 65%. And this 65% was obtained on cases mostly classed as incurable in insane asylums under medical care and which were turned over to Chiropractic years after their constitution was run down by deterioration or prolonged mental disability.

It is results such as these that have given medical doctors so much anxiety. In fact the Chicago Medical Society has figures to show that 85% of Chicago's citizens have found drugless healing so superior to medicine that that proportion of the people use drugless healers, of which Chiropractors are by far the largest group, as their family physicians. No wonder the doctors are worried. The astonishing part of the success of Chiropractic is that it has built this success on diseases that have proved incurable under other forms of care. Chiropractic is a young science. People refrain from trying anything new. They do not go to the Chiropractor until they have tried everything else and failed. In spite of the handicap of working with patients who have been subjected to long deterioration, drug-poisoning, and frequently

futile operations, Chiropractic is daily returning to health individuals who were supposedly doomed to a life of suffering. Yet even under these circumstances, Chiropractic has forged ahead to become the second largest healing profession. What could it not do if people came to it at the first indication of illness instead of as a last resort!

Since it is only forty-three years since Chiropractic, as such, became known, all mankind had been conditioned from earliest times to see a doctor in times of illness. The doctor has stood, and therefore still stands in the position of supreme authority. His profession has done everything to maintain that prestige. Especially has it done everything to ridicule and destroy the rising young science of Chiropractic which threatens the existence of medicine as a profitable enterprise. Human nature helps this. People do things by habit. They vote the same ticket as grandpa voted. They are members of the same church as their parents. They are slow to embrace new things, new ideas, especially in view of the fact that nothing but prejudice is doled out to them against the new idea from all sides. That this is self-minded "prejudice" or based on abysmal ignorance does not occur to the questioning patient.

The two chief schools of healing are the drug and the drugless. The medical profession, using drugs, is the dominant school. Its methods are taught in state-owned universities supported by taxpayers. It controls the public health service. It is the boon companion of one of the largest and most profitable industries in America—the drug business. Many newspapers publish a daily health column written by a medical doctor. Great quantities of skillful propaganda make the public constantly aware of health in relation to medicine and the doctors of medicine. Chiropractic, on the other hand, is not taught in state-owned universities but in those supported by its own money. It gets little attention from the press because it carries with it no reason for profitable drug advertising, and no commercial interests gain by exploiting it. On the contrary the drug concerns do what they can to stifle it. Newspapers and magazines while no longer opposing Chiropractic for the good they know it to do, are nevertheless willing to keep silent about it as much as possible.

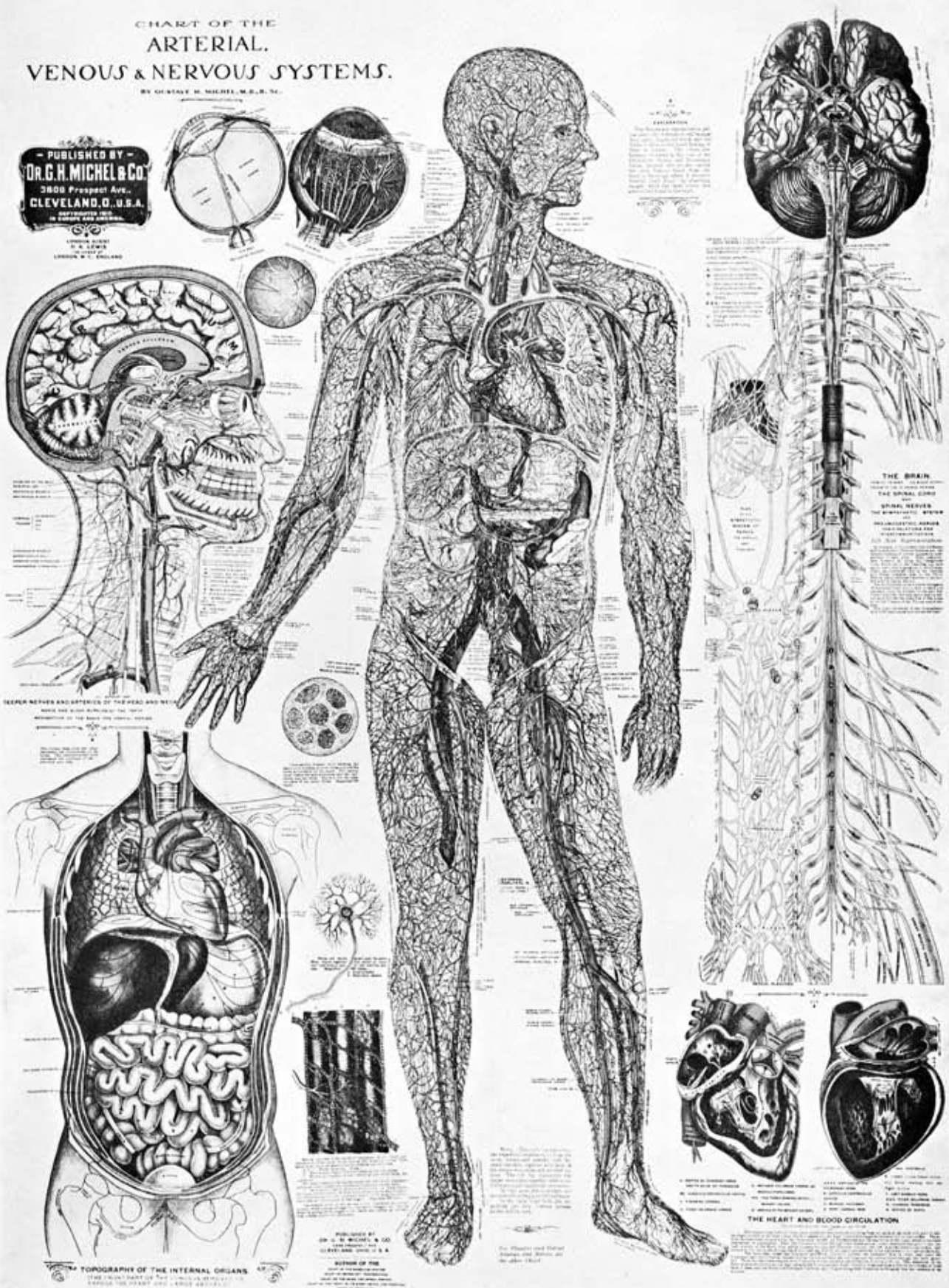
The present chapter is far too short to go thoroughly into this subject or to suggest remedies. It is merely in the nature of a report—a partial report at that which will lay before you certain eye-opening facts that should be pursued further in conversation with your Chiropractor. The facts are derived from Medical and Health Publications, Government Statistics, Case Histories, Health Foundation and Hospital Reports, and Printed Comments by medical doctors and Chiropractors.

# CHART OF THE ARTERIAL, VENOUS & NERVOUS SYSTEMS.

BY GUSTAVE H. MICHEL, M.D., D.S., N.Y.

PUBLISHED BY  
**Dr. G. H. MICHEL & Co.**  
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**THE CEREBRUM**  
The cerebrum is the largest part of the brain, and is divided into two halves, the right and left. It is covered by a thin layer of meninges, and is surrounded by cerebrospinal fluid. The cerebrum is responsible for the higher functions of the brain, such as thought, memory, and emotion.

**THE BRAIN**  
The brain is the central organ of the nervous system, and is responsible for the control of all the body's activities. It is divided into three main parts: the cerebrum, the cerebellum, and the brainstem. The cerebrum is the largest part, and is responsible for the higher functions of the brain. The cerebellum is smaller, and is responsible for the coordination of movement. The brainstem is the base of the brain, and is responsible for the control of the body's basic functions, such as breathing and heart rate.

**DEEPER NERVES AND SPINES OF THE NECK AND HEAD**  
These nerves and spines are the deeper nerves and spines of the neck and head, and are responsible for the control of the muscles and organs of the neck and head.

**TOPOGRAPHY OF THE INTERNAL ORGANS**  
This diagram shows the topography of the internal organs, and is a valuable reference for the location of the various organs of the body.

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**THE HEART AND BLOOD CIRCULATION**  
The heart is the central organ of the circulatory system, and is responsible for the pumping of blood throughout the body. The blood circulation is divided into two main parts: the systemic circulation, which carries blood to the rest of the body, and the pulmonary circulation, which carries blood to and from the lungs.



## What IS Chiropractic?

By definition, this is the science of locating and removing nerve interference and its effects in the body. It includes the use of physical, mechanical, hygienic, and sanitary measures, without the use of drugs or needless operative surgery. Chiropractic also concerns itself with dietary deficiencies, though it considers these as secondary in correcting disease. Special diets are of little value in a digestive system which is deficient because abnormal nerve functioning makes it unable to assimilate food properly.

Chiropractic is easy to understand. Its basic truth is invariable. It works on the fundamental principle that nerve energy is received or generated by the brain, and from the brain it travels out over the nerve trunks to reach every cell in the whole body organism. As long as there is no nerve hindrance, every cell operates normally if properly fed. On the other hand, disturbing this power from its normal channel into the surrounding tissues produces displacement, injury, and destruction of the cells. Dr. K. C. Robinson, Chiropractor, gives the graphic example of putting a tight rubber band around the finger. It turns black, loses its sensation and begins to die. That is what occurs in cases where nerves are shut off. The same thing can happen to any other part of the body, internal as well as external, if the shutting off of the nerve stimulus is entire. Pressure, overlapping, short-circuiting, mis-direction, stretching, shrinking, are some of the conditions that disturb correct body adjustment and cause pain and disease.

Prick yourself with the point of a pin any place on the body and you will feel pain. You feel it only through the nerves. They are everywhere throughout your system. All these nerves emerge from the backbone which controls specific organs from specific regions. That is why Chiropractic is so much more than an aid to back injuries as so many people solely believe. Many people only know that Chiropractic is good for the back. Having suffered for months or years from back injuries, strains, sprains, lumbago, rheumatism, neuritis, lameness, or just plain old-fashioned backache, and undergone, as Dr. J. Lewis Fenner, Chiropractor, remarks, "strapping, baking, massaging, linimenting, pill-ing and doping of all sorts without relief, when they find correction—permanent benefit—from adjustment of the bony structure, they have the best of reasons for thinking it is good for the back." But that is not all. It is an aid to all the ills that the nerves affect. While Chiropractic is a specific branch of the natural healing arts, it is not a limited practice as is dentistry, for instance. More than 17,000 nerve threads have been measured and classified in the marrow of the human spine by the Swedish professor Goesta Haeggquist, celebrated histologist of the Carolinian Institute of Stockholm which annually awards the Nobel Prize

in medicine. It is therefore with good reason that Chiropractic places such great emphasis upon the spinal column.

The importance of the spinal column cannot be over-estimated. It supports the head, holds the body erect, gives attachment to the ribs, pelvis, muscles, ligaments and so on, and affords connection with the internal organs. Equally significant, it also contains the vital spinal cord within the spinal canal and allows for the transmission of the spinal nerves through small outlets to all parts of the body. The spinal column can no longer be regarded as merely the backbone. Today it is understood to be the control mechanism of the forces of life. It is the balancing mechanism of posture. Its separate bones must be in proper alignment or all other parts of the body labor under the handicap of imperfect distribution of nerve energy. Thus the spinal column is not just one thing. It is a major control for the whole body structure and function. Misplacement or derangement of the spinal column not only throws the entire skeletal system out of kilter, with its resulting stresses and strains on all the organs, but it interferes with the normal function of the nervous system. This twofold impairment to the body saps the very foundation of health. Except for slight superficial ills, it does not matter much what is done to heal disturbed organs locally if the basic source of the trouble is ignored by ignoring the spine. Chiropractic, by correcting the mechanical structure of the spine, can normalize nerve function and remove stresses and strains from bodily organs.

There are two hundred bones in the body. They do not have to be actually broken to be in disorder, any more than a sprained muscle or any organ has to be totally ruined before you know something is the matter with it. The spinal column when in proper balance is intended to protect the functional integrity of thirty-one major pairs of vital nerves which branch off throughout the body. Imbalance can be produced by the most trivial incident. A violent sneeze has been known to give one a "catch" in the neck or elsewhere that may have the most unexpected results. At the time no attention or significance is given the sneeze, and the patient may apparently have to be treated for an altogether unaccountable case of paralysis, blindness, appendicitis, or whatever it may be. A research made on 10,000 people revealed that 65% of adults have unequal height of shoulders; 60% have faulty head or neck carriage; 77% have rotational balance faults; 40% have unequally developed bone structure in the legs; 53% have faulty front-to-back balance. Only 10% had reasonably normal balance of the spine and of body symmetry. These defects are not always visible to the naked eye but they inevitably produce health deficiencies.

Injury to the back, or chronic disorders of the back do not always result in pain or distress locally in the injured or disordered part of the back itself. When the bony frame is out of balance it may press upon the heart, lungs, liver, stomach or other organs, producing injury to the tissues and nerves that provide energy and nutrition to these parts. It must be apparent that no local treatment of these can make them function normally until that pressure is corrected.

Chiropractic clinical evidence and X-ray examinations reveal that even slight nerve interferences are capable of arousing the most alarming symptoms. It has also been found that nerve disturbances often imitate the pain produced by organic disorders such as appendicitis. Thousands of cases of alleged acute appendicitis have been operated upon and when removed, the appendix was found to be entirely healthy and normal, while after the operation the patient continued to have all the original symptoms of appendicitis. The same deceptions may occur in cases of gall bladder disease, colitis, ear trouble and others. Chiropractors can spot these pseudo-diseases by careful analysis before operations are performed, and can relieve them as well as the genuine really disruptive ones.

The body is both a chemical laboratory and a mechanical structure. When disease occurs the question arises whether the cure should be approached from a chemical or a mechanical viewpoint. Medicine prescribes chemicals to correct deranged body chemistry. Chiropractic maintains that body chemistry is automatic and takes proper care of itself when all parts are in proper relationships to each other and the individual has proper air, food, rest and exercise. It has found, further, that when mechanical defects upset body chemistry and cause disease, the correction of these mechanical defects will normalize the chemistry of the body.

The usual medical attitude is to believe disease is the result of the action of external agents such as germs, filtrable viruses, allergic substances, and so on, invading the body. The medical doctor tries to drive these out of the body. Symptoms—the results rather than the causes of illness—play an important part in the diagnosis and deductions of the medical doctor. But since various diseases produce almost identical symptoms this type of analysis is vastly uncertain, while most patients today are unable to afford the expensive methods of testing now in favor among the new young medical graduates. The medical doctor, then left to his own resources and intuitions, generally aims to remove the disease by applying a particular drug to a particular set of symptoms. However, many so-called germ diseases respond to Chiropractic more quickly than to medical germicides. This indicates that germs are not wholly responsible for the illness, else an adjustment to re-

lieve nerve interference would not help it. Chiropractic is the correct remedy in all conditions where there is congestion and all cases where there are bony displacements and nerve interferences. Almost all ills come under these groups. Incidentally it should be realized that when medicine is taken, it does not go merely to the diseased organ. Through the process of digestion it enters the blood stream and thus reaches every part and organ indiscriminately. When for instance the kidneys are being treated, the eyes, lungs, liver, and so on, are also receiving medicine never intended for them and certainly not of benefit if not actually harmful.

To the Chiropractor, disease is a disturbed internal condition almost always traceable to the spine. He accordingly does not seek to suppress the symptoms or the results of disease, but removes the conditions favorable for their activity. The Chiropractor knows how nerve-energy operates, where its lines of transmission are located, how it may be disturbed, and how it may be set free. He is not so much concerned with a line of symptoms that go to make up some specific disease, as he is interested in getting all parts of the body in a free and easy position so that normal functioning can take place.

Let us compare the difference in approach to some specific problem, say diabetes. Many are familiar with the insulin treatment for this trouble. Insulin is made from the pancreas of certain animals and is given to the diabetic patient to supply artificially the substances which the body fails to form naturally. When skillfully administered there is no doubt that insulin relieves this illness. However its effects are altogether temporary; the injections have to be continuously repeated each day, and serious results occur if they are omitted. Furthermore, the cause of the trouble is not corrected, and ultimately insulin loses its power and the patient succumbs. By way of contrast let us watch the Chiropractor handle this problem. Recognizing as does the medical doctor, that the cause of diabetes lies in the inability of the pancreas to function properly, the Chiropractor looks to the spine for the reason. He knows an important fact that medical doctors persistently ignore: that this important gland (as well as every other organ) is supplied by specific nerves which leave the spinal column at a particular place. He examines that region of the spine, realizing that something out of order there is preventing the needed nerve force or vital energy from reaching the pancreas and allowing it to function normally. From his professional knowledge and the sensitivity he has acquired as to the locations, movements, and functions of the spine and its interrelations with all the other organs of the body, he readily makes an adjustment that corrects the cause of the condition. It is done quickly, painlessly, and without any drugs or injections the taking of which so enslave the medical doctor's patient. A

similar process is employed in all Chiropractic treatments.

What the Chiropractor gives you is a well thought out, scientific adjustment of the bones in the spine and the surrounding tissue and muscles. There are almost as many varieties of touch, pressure and movement available to the skilled Chiropractor as there are drugs for the doctor, and he knows down to the last dot at which point to exert his skill for the relief of related organs. The Chiropractic adjustment is distinctly not a form of massage. It consists of a momentary, rapid thrust performed by means of the hands. The Chiropractor must develop great sensitivity of the finger tips so that he can detect slight abnormalities, which a practitioner untrained in this art must usually fail to discover, no matter what his other knowledge or abilities.



Training in the art of adjusting is comparable to the study of a musical instrument—it requires long and arduous practice.

The patient of a modern doctor is accustomed to multitudinous tests, X-rays, fluoroscopes, charts, blood counts and other impressive apparatus and proceedings. Since the Chiropractor is guided by a very specific, scientific knowledge of the spinal column which controls the rest of the anatomy, he does not ordinarily need as much outside help in diagnosing as the medical doctor. No one is quicker than the Chiropractor, however, to utilize every modern scientific device to test, analyze and locate any obscure condition that he cannot discover by his customary methods. It is amusing to record that when a

Chiropractor finds out by a gentle touch where something is wrong, the patient is not satisfied with a speedy remedy he is psychologically conditioned to want a lot of preliminary exploration and discourse, and is disappointed if they are omitted even if there is no need for them.

### *Do Chiropractors Oppose Surgery?*

Many people are disturbed at the idea that the Chiropractor is opposed to surgery. This is not strictly the case. He is only opposed to unnecessary surgery which in most cases of doubt and many others as well, is performed for the sake of the fee. The *Readers Digest* for August, 1938 contains an article, "Diagnosing the Doctors," in which a prominent physician accuses surgeons of this fault. He states it would be unthinkable to have our judges make \$5,000 for a positive verdict and nothing on a negative verdict, while this policy exists in the case of surgeons who operate and those who do not. The author maintains that surgeons should be on a salary, and patients should pay the same price whether operated upon or not. Be that as it may, the Chiropractor simply wants a chance to help you first, and if he cannot, it is time to remove part of your precious anatomy or poison it with drugs. Good surgeons are a blessing and the Chiropractor knows it. But the wholesale removal of swollen tonsils, or the still more profitable and less useful appendicitis operations, as well as countless others for everything under the sun, are among the many unnecessary steps that surgery makes one pay for in money, suffering, disfigurement and future illness. Nature has given you all your organs for a purpose—even the appendix has been found to give useful secretions—and if you are careless enough to allow them to become lost through surgical operations, some other part of your body will have to carry on the function of the organ that has been removed, in addition to doing its own job. Surgery has made wonderful strides since it was in the hands of barbers; the surgeon today is a highly respected member of society. Yet mistakes in diagnosis are not uncommon, and surgery itself is a very radical step to take. We are not like crabs which can grow new claws when they lose old ones. While surgery may save a life, it makes semi-invalids by the thousands. The removal of important organs and glands with the knife is a shock to the body which nature can never repair, aside from the loss of these organs and their valuable secretions so essential to normal health. Surgery has its place but should not be resorted to until all other means fail.

Chiropractic recognizes germs, not as the cause of diseases, but as a secondary factor in ill health. It believes that if you keep the resistance and general health in good condition by observing the rules of right living and diet, and by having a free flow of nerve force to all parts, no germ has a chance.

Chiropractic does not claim to be a cure-all, but many conditions not responsive to other methods have been proved amenable to it, since by its ability to control nerve force it has a method of reaching every organ and tissue in the body. The Chiropractor makes the necessary adjustments where the spinal vertebrae are causing interference with vital nerve energy. This has now come to be recognized as a potent and important factor in most disease. The number of adjustments necessary to correct a condition of disease depends upon the age of the patient, his general condition, the nature and stage of the disease, and the degree of harm done by previous medical and surgical mistreatment. When, as is often the case, the muscles holding the segments of the backbone out of place have been long contracted, correction must be a more gradual process. Frequently, however, some form of benefit can be noted from the very first adjustment.



What are some of the unusual and conspicuous advantages of the use of Chiropractic that have been influential in bringing it up to second place? There are many. No knives, scalpels, forceps, scissors, needles or other surgical instruments are anywhere in evidence, for none are used. No incisions are ever made; no organ or gland is ever removed. There is no loss of blood. There are no wounds to heal or to leave scars. There is no such thing as surgical shock. There are no odors of disinfectants, antiseptics or anaesthetics. No drug anaesthetics are employed, thus avoiding all the distressing, nauseating after-effects as in the use of ether. There is no strug-

gling for breath, no loss of consciousness, and the patient can be up and about immediately after the treatment. The procedure is practically completely painless, or else the pain is both slight and momentary. You are not made sick first in the hope of getting well later. Chiropractic is all improvement. It cannot injure. Dr. J. Madison Taylor, professor of medicine in the University of Pennsylvania, testifies that even injudicious pressure or manipulation of the spine can be corrected at once and causes no bad effects. Most people know from bitter experience that this is more than may be said about the injudicious use of dangerous and poisonous drugs or the injudicious use of the surgeon's knife. The elimination of suffering in any particular organ the Chiropractic way does not interfere with or disturb the functioning of other vital organs of the body. The tendency of a Chiropractic treatment for one particular ill, on the other hand, is to normalize others as well.

It is surprising that persons should suffer so long with an illness which, had they come to Chiropractic first, would have been much less costly in both money and suffering. Chiropractors report from their case histories that many people have doctored for twenty-five years before losing confidence, and the average is about five years. They now come to Chiropractic offices because of the failure of medicine to cure them. Do you think they would give Chiropractic that much time? Fortunately it is not necessary. In a few isolated cases that are slow, at least recovery is progressing, not getting worse. In a Chiropractic office it either can be done or it can't. In the latter cases, which are very few, it is because the condition has been neglected so long that it is beyond the power of nature to recover. Chiropractic adds nothing to the body, nor does it take anything away, therefore its progress is not hampered by the poisonous chemicals one calls medicines, nor hindered by operations which are costly both financially and physically. The tales of long years of suffering and futile efforts to obtain relief, of small fortunes spent in vain, of useless operations, of weeks spent at expensive health resorts are common experiences resulting from medical and surgical procedure. Under Chiropractic they are done away with. The cause of the trouble is removed. The Chiropractor does not treat local causes or symptoms; he gets at the seat of the difficulty and literally straightens it out.

Consider also the relative cost of medical treatment and Chiropractic. It has proven itself a boon to patients in straightened or moderate circumstances from the fact that the duration of a case of illness is invariably shortened through its prompt and effective methods, and also if numerous adjustments are needed, they take very little time from those who wish to work every day. Let us see what a successful Chiropractor, Dr. J. I. Bardsley, says on this subject.

In considerable interesting detail, Dr. Bardsley tells of a man who had been doctoring for six years for sinus trouble and who got well in four months by Chiropractic. The comparative costs were as follows: For three years his family medical doctor "treated" the condition at \$78 for office visits, \$117 for medicines; dentist bill on doctor's advice, 8 extractions \$8; \$15 treatments on other teeth. He was then minus 8 teeth and otherwise just as bad off. A friend referred him to another M. D. Office visits \$26. Drainage and scraping, \$10. Still no results. Next went to a specialist. Office visits \$125. Medicines \$65. Operation \$300. Hospital \$75. Other office visits \$25. Still no results. Tried patent medicines \$30. Tried three or four other doctors; office visits and medicines \$50. Without counting suffering, inconvenience, etc., the total financial cost of this medical bill was \$914.00 for no results. This is what the patient paid to the medical profession and to medicine for something they did not do, and which in fact they made worse. Contrast this with a total cost, covering a period of only four months instead of six years, of \$60, for complete restoration of health! And it would have been even less if the patient had gone to the Chiropractor first instead of last.

### ***Chiropractic Versus Medicine***

While this is intended as a fair-minded and factual appraisal of Chiropractic and medicine both, it may come as a surprise to some readers that a great amount of unsavory material appears concerning aspects of medical practice. Since medical healing has monopolized and directed the information allowed to reach the layman, it is not surprising that they have concealed such facts from the public as are prejudicial to their own interests, and this will account for some of the startling conditions revealed herein. None of them, unsavory though they be, are imagined. There are facts and authorities to back up every statement. However it must be plainly understood at the outset that the great rank and file of physicians are not responsible for these conditions, and often are not even aware of them. They are led by organization politics, by the operation of a small group of fixers and propagandists, to follow certain policies and repudiate others. For it must be regretfully recorded that the thousands of excellent doctors in this land are bound up with a central ruling body of men who determine policies for them that are frequently far from the public interest. This sounds like a sweeping statement and one which calls for a close consideration of facts.

Self-sacrificing service has been rendered to mankind by general practitioners and emergency surgeons throughout many years. The family doctor had become an honored American institution, a benevolent presence. The thoughtful layman sees with sincere regret the passing of this well beloved group

of family physicians and the tentacles of a medical octopus attempting to fill the niche. The personal element has almost entirely disappeared to give way to a sort of medical regimentation so widespread that the rights of American citizenship have actually been denied to those refusing to submit to vaccination or other widely advertised methods of so-called "preventive medicine." Today both inefficiency and dishonesty have invaded medicine—the first by its constantly increasing complexity and the second by its leadership. The modern doctor is supposed to know medicine, biology, anatomy, physiology, pathology, pharmacology, cellular pathology, bacteriology, serology, surgery, endocrinology, gynecology, psychoanalysis and a long list of others. All these growing sciences change from day to day. No one mortal can keep up with them. The individual young student of medicine is incapable of analyzing the methods propounded to him, which he is forced to follow during his years of training. He thus readily accepts as truth, statements often founded upon obsolete tradition, so lending all his influence to the perpetuation of fatal errors.

Just consider the vast variety of prescriptions on file in pharmacies that have been written for the common cold, or influenza, or pneumonia. Chaos in drug therapy results from the misinformation by which doctors are influenced, as well as their own overwork. They cannot take the time to get to the bottom of things. Doctors realize it themselves and by their own inefficiency are compelled to hide behind a curtain of pompousness and mystery. Medicine claims to be the "scientific" system of healing. The experience of one man, recorded in the Jan. 22, 1938 issue of *Liberty Magazine*, that ten doctors gave him ten different diagnoses of the same case, can be repeated so often as to be a common experience to many sufferers. More impressive is the testimony of a doctor himself, Dr. Richard Cabot of the Harvard Medical School. He says of the post mortem findings of the Massachusetts General Hospital where precision is carried to its highest point, that these have proven the diagnosis wrong in over 50 percent of the cases! Imagine what this means to the trusting patient.

Last year Dr. Thomas Parran, surgeon general of the U. S. Public Health Service, stated that State and Private laboratories all over the country are making such inaccurate tests for syphilis that they miss half of the cases and that others are making false positive reports and thereby labeling healthy persons syphilitic.

In the search for proper substances to stimulate or inhibit various functions of the body, new drugs are brought forth each year as cures only to be discarded as dangerous or unsatisfactory and to be replaced by other experimental substances. The annual drug bill of this country in round numbers

is \$500,000,000. Of this, three-fifths is spent for so-called patent medicines. The balance is in formulas invented by individual doctors for your individual needs. The pharmacopia has 77,000 different drugs for several thousand different diseases, according to Dr. Richard Cabot, Harvard M. D. In England twelve million patients under the National Health Insurance scheme consume over ten thousand tons of medicine every year. Palliative measures, sedatives and painkillers have quieted misery, but only 7 out of the 77,000 have proved to be specific. This is not an indictment against the thousands of hard-working sincere physicians, but it is an indictment against a method of practice which in twenty centuries has made such little progress, a system which so often assigns the cause of disease to germs or ills outside of the body instead of a difficulty within. It seems incredible that a propaganda group of doctors should ridicule Chiropractic. Their own sins against Nature and man are such that civilized people cannot refrain from bitter resentment against some of their practices, the evils of which even their own mysteriousness cannot prevent from coming to light. Take only one example, the horrors of their seruminization alone.

If the serums are taken into the body by way of the mouth, Nature has some chance of getting rid of the poisons; the digestive system has its specific methods of ejecting them. But when this filth is injected directly into the blood stream, every law of natural reason is violated and Nature has no way of protecting herself.

A scathing comment showing the frightful results of serum-sickness, the doctor-made disease which follows such inoculations, appears in a private medical publication not available to the public press. It came out in the July, 1937 issue of *Roche Review*, a monthly published by Hoffman-LaRoche, Inc., of Nutley, N. J. This company manufactures medical preparations such as serums, vaccines and toxins for injections, and is well qualified to know the results. Darwin S. Russell, Chiropractor, states that many diseases have been rather definitely traced to vaccination injected to cure or ward off some other disease. Among such resulting diseases he names: measles, mumps, pertussis, tetanus, paralysis, eczema, necrosis of the bones, cancer, syphilis, and tuberculosis. Many of these have resulted in a life of agony and torture, others ending in a merciful death, while others may have been transmitted from one generation to the next. It has recently been discovered that a large number of those stricken with Infantile Paralysis are those who suffered greatly from their vaccination.

The English Royal Commission of Enquiry as far back as 1889 found that it was possible to convey syphilis by smallpox vaccination.

Dr. Robert Bell, eminent London physician and cancer specialist says: "After the most careful and conscientious observation, I find that the chief, if not the sole cause of the monstrous increase in cancer, has been vaccination." Prof. Alfred Russell, dean of English scientists, states: "I affirm that vaccination is a gigantic illusion; that it never has saved a single life, but that it has given cause to much disease, so many deaths, such a vast amount of utterly needless and altogether undeserved suffering, that it will be classed by coming generations among the greatest errors of an ignorant and prejudiced age."

America is virtually free of smallpox. It has been conquered through sanitation. Thomas W. Pond draws this interesting analogy: "A supercilious smirk now greets the reading of some formula of days of old which prescribed ten drops of blood from a black cat's tail to be mixed with the essence of certain herbs and taken at the full of the moon as a protection against the plague, but the very individual who so scornfully scoffed at the so-called superstitions of old, lends a ready ear in serious contemplation of the equally superstitious doctrine that noxious fluid from the pustules appearing upon a diseased calf if injected into the human blood stream will somehow prove to be a protection against the plague of smallpox."

Discussing vaccination for whooping cough, Edna M. McDowell, Chiropractor, referred to the comment of a medical doctor investigating pertussis vaccine. In this connection the *Medical Record* of February 3, 1938 carries an article that lets out a little secret. Says the author: "In order to check up my poor results with pertussis vaccine, I have asked many doctors of their experience with this vaccine and their answer in the vast majority of cases was unfavorable. On further inquiry as to why they are using it when the results are so poor, the answer invariably was, because we are paid for giving it." It does not work, yet why continue to prescribe it; to take money for it—at the rate of three calls per patient.

Don't doctors as a whole know this? Listen to this conversation reported by C. Sterling Cooley, Chiropractor:

**Chiropractor:** "Doc, all these immunizing campaigns are going to work you out of a job some day. If this modern science of preventive medicine keeps on making disease impossible, it will destroy most of your profession's work."

**Medical Doctor:** "Don't worry about that. If we get 'em when they're babies and immunize them thoroughly, they're ours for life."

If even a small part of the charge against immunization is true, why does the group dictating allopathic policies want it continued? The *Illinois Health News* reprinted the address of a public health

official in which he said in part, referring to the negligible number of children that get diphtheria nowadays: "But 100% of all the children are prospects for vaccination. Scarlet fever and measles will soon come in each for its 100%, etc., so that prevention, practiced to the utmost will not diminish but create more work for the physician . . . There will be more vaccinating, more immunizing, more consulting and use of the physician. His services will be increased manifold." The financial side of it is what makes the American Medical Association laugh with devilish glee, in the phrase of Darwin S. Russell, Chiropractor: "Suppose everyone in the U. S. were to be vaccinated for smallpox. The cost each averages \$3.00—a total of \$360,000,000 for smallpox alone. And we will say there are six other conditions that call for vaccination, according to these A. M. A. reports. This would total over two billion dollars. Master salesmanship if nothing better." Where money is concerned we can always think up good reasons for supporting the pocketbook side of an argument. Doctors are no different from others in this respect. They receive fees for vaccinations. Too, enormous sums are tied up in the manufacture of the virus. It is not money in anybody's pocket to talk against vaccination. There is a great deal of money in the pockets of doctors and drug interests to talk for it. A doctor in court is held blameless for damage to a patient if he has treated him according to the "prevailing practice," whereas he might be held liable if he had used something that he, personally, knew very well to be better. It was an exercise of tyrannical power when, last year, an order went forth to 30,000 Boy Scouts to be vaccinated or else not attend the Boy Scout Jamboree in Washington!

We have gone into this at such length partly because it is a story that should get an aroused public opinion as widely as possible, and partly to indicate some of the practices that ruling groups in the American Medical Association and drug camp of healers are engaging in with ourselves as guinea pigs, in contrast to the Chiropractic methods. We have cast aspersions at the inefficiency and dishonesty of certain groups in the medical profession, and we have submitted a few evidences in support. The same organization that is behind these reprehensible proceedings has tried to ridicule Chiropractic, but their attitude toward their own responsibilities is arousing more and more antagonism, and people are turning more and more to the clean, wholesome, right-minded, resultful methods of the drugless healer.

#### NEEDLESS SURGERY

Not infrequently the medical profession suffers an attack from within its own ranks. Dr. Richard S. Cabot, professor of social ethics and medicine at Harvard and author of several volumes of medical literature told physicians that the present-day medi-

cal system is "absurdly expensive, absurdly inefficient." He scored the profession for performing "an enormous number" of unnecessary surgical operations, and charged the American Medical Association with being "dominated by a system of politics." He continued, "It often takes delicate judgement to decide whether or not an operation is necessary. There are big temptations, a big lot of money on one side of the scale and not a cent on the other. Surgeons are only human. There are an enormous number of surgical operations that ought never to have been done."

#### ETHICS??

Reviewing a report of the A. M. A. early this year, Waldemar Kaempffert, famous science writer of the *New York Times* declared: "Medicine is the only profession that is muzzled. It is muzzled by itself. There is the utmost of freedom of speech, thought and expression among chemists, physicists and engineers, but not among medical men . . . Medicine is also the most pretentious of all the professions, and the least scientific. It gives itself airs because it has what it calls 'ethics.' Physicians tell us: 'We deal with human life. What we say, therefore, must be very cautiously phrased, and we cannot slip out before the public so openly as engineers.' Gentlemen that is not so," continues Mr. Kaempffert. "The man who designs the block signal system for the New York subway is responsible for one billion or more lives every year. His signal system must not fail. The responsibility for human life of a chemist or an engineer is fully as great as that of a medico. So I am not at all impressed when medical science says to me, 'We deal with human life.'"

Those interested can find a great abundance of opinion of the highest medical authority to the effect that medical practice has always been honeycombed with pretense, dishonesty and bigotry. If you think it is confined to the past, read the recent best seller, *The Citadel*, a true story about doctors by a qualified doctor, A. J. Cronin. Asked by a reviewer, "Is this novel a work of imagination or do such conditions really exist?" the author replied: "It is not fantasy. As a matter of fact it represents things that happen every day." While there is not space to describe these things, that they are arrant quackery no one can deny.

The average family physician, it cannot be too often repeated, is a man of honor and sincerity, an indispensable factor in our civilization, and genuinely devoted to the interests of those who entrust their lives to his skill. Chiropractic has only respect for the sincere medical practitioner, nor has he any idea that the earnest doctor can be displaced. But even if the medical doctor had time to study this subject, he would go to "ethical" sources for his information, and it happens that "ethical" education

and propaganda are in the hands of a serumizing-immunizing clique. No member of the American Medical Association can seriously question the dictates and mandates of that clique except at the cost of his career, unless he has unlimited courage and widespread reputation. Organized medicine largely predetermines what health books shall appear on the shelves of our public libraries. It also assumes authority over municipal health departments, industrial centers, and even Congressional Committees.

It would seem as if "preventive medicine" were devised to prevent doctors from lacking patients. According to the small group of medical propagandists from which the medical profession as a whole is controlled, Chiropractic which removes the cause of disease instead of trifling with the symptoms at so much per trifle, is positively dangerous. Time has proved that the new system is dangerous, not to the public, however, but to the medical treasury. There is a well-known story of an old lawyer who left his young nephew newly graduated from law school, in charge of his office while he took a few months vacation. On the old man's return, the youth proudly showed that he had cleared up, without any trouble, a legal case that had lain on the shelves for years. The old man was horrified. "Good grief," he said, "that case has been my meal ticket for twenty years. You've ruined me!" Chiropractic stands in that relation to organized medicine. It cleans up the cases and takes away their meal tickets.

Doctors bury their mistakes. The graveyards are full of them—the smallest minority of whom died of old age. They can absolve themselves from negligence, ignorance or other untoward circumstances, for they alone make out the death certificates. Chiropractors do not have this privilege. They do their thinking first. For those who say they do not have faith in Chiropractic, does it not require the quintessence of faith to go to a medical doctor, often one whom one does not know; have an ailment quickly diagnosed; accept a prescription written in a language with which he is not familiar, in a scrawl which hardly anyone can read; have it filled with a liquid of which he knows nothing; and then take it for a purpose of which he knows less? If any healing profession can lay claim to a cure through faith, it is surely that of the medical doctor. When the patient gets well, it is usually because he was immune to the drug he took and would have gotten well anyhow by Nature's own help.

The medical doctor tries to keep everything possible from the patient, even the diagnosis if possible, and rarely does he reveal the materials used in the prescription. Evasion mysteriously beclouds his attitude to the patient—a relic of the era of witchcraft in which medicine originated and which long was used to make the public believe the doctor was possessed of supernatural power.

## CHIROPRACTIC AN OPEN BOOK

The Chiropractor is just the opposite. He has no fantastic ideas to hide. Since he deals with definite causes and applies known principles, he is glad to explain each step he takes. He can demonstrate his work by the X-ray appearance of the patient before and after treatments. Chiropractic is more than a method of adjusting the bones of the spinal column. It is a science explaining the reason and showing the cure for every phase of unbalance, mental as well as physical. It has been demonstrated in millions of cases. It need not be taken on blind faith.

The scientific soundness and simplicity of Chiropractic surely compares most favorably with the blood-poisoning theories, the "symptom doping and surgical slashings" of the organized physicians and surgeons. That they themselves realize it, and know that clear-thinking, untradition bound individuals will prefer the Chiropractic way is seen by the manner in which these doctors have put all possible obstacles in the path of the younger method.

Frequently when people are advised to take Chiropractic adjustments for some trouble that has failed to respond to other methods, they will say, "I'll ask my doctor." With conditions as they are, nothing could be less sensible. If you ask your doctor, you are asking the business competitor of the Chiropractor and in 99 cases out of 100 you will not get a disinterested opinion. Doctors have been known to say anything against it, from "it's only good for backache" to "there's nothing to it," or even "it's the worst thing you could do." In other words, the honest doctors all through the ranks of the medical profession are as far as possible kept in ignorance of the true facts about Chiropractic by propaganda agencies of the ruling group. They will not allow it to be taught in medical schools because it makes obsolete many of the medical "cures" for numerous bodily ills.

## POLITICAL MEDICINE PERSECUTES NEW DISCOVERIES OUTSIDE THEIR RANKS

Since the middle nineties when Chiropractic began its career, medical men have belittled and berated its principles and methods. They have used their great numbers, their strong organizational politics, their influence over legislation and over the press, to hamper, restrain and embarrass the new young healing power. New things and ideas are always opposed not because they may be bad but because they are new. Medicine has customarily protested against almost every progressive movement in health, from the employment of nurses in hospitals as recently as thirty years ago, to the introduction of bathtubs in the middle of the last century. When Dr. William Harvey announced his discovery of the circulation of the blood, when Dr. Wm. T. G. Morton demonstrated the use of ether for general



anaesthesia, when Semmelweiss pointed the way to safety in childbirth, when Pasteur fathered the germ theory—in each of these and dozens of similar cases organized medicine rose in its wrath and drove these great discoverers and creative scientists into disgrace if not actually to insanity with their persecutions.

Medical doctors up to now have prevented Chiropractors from serving in hospitals. It appears that their theory is, "If we cannot help the patient, no one else shall try." The hospital situation arises from the fact that before there was any Chiropractic, medical men had control of them and just naturally resist any encroachment on their preempted rights by others claiming improvements. Wounded pride is also a factor in the antagonism. No doctor likes to be outdone by another. He is chagrined when someone outside the charmed circle cures one of his patients whom the best medical skill has only made worse.

Had Chiropractic failed as a trustworthy healing science, opposition to it would have diminished to nothing and its devotees would have passed from the scene. Just the opposite has occurred. Chiropractic has fully demonstrated its worth, and its remarkable performances are the cause of the hostility of its rivals, now confined to only a few remaining unenlightened states. In some of these states this sinister influence has run the gamut of extreme virulence through a system of persecution and oppression that can be compared to that of dictatorship and tyranny

in its most unscrupulous form. The forces of political medicine and surgery are massed against it as never before. They are entrenched in every department of government. New repressive laws, restrictions, publicity, propaganda in government bulletins, the press and radio, motion pictures, the stage, scientific books, fiction—all portray their kind of healing and completely ignore drugless therapy. Surgeons and medical doctors make the most of every so-called failure of Chiropractic while keeping quiet their own inability to get results. Similarly they have put thumbs down upon any Chiropractic successes. That Chiropractic has done more genuine and lasting good in the treatment of Infantile Paralysis than any of the present-day methods employed is evident the country over. That this beneficent achievement is not made known to the entire world is not the fault of Chiropractors, any more than the fact that in the occasional opportunities Chiropractic has had to treat amnesia, the press reports have failed to mention that the cures were effected by Chiropractic.

It is interesting to note that the now famous Dr. M. W. Locke of Williamsport, Ontario, who has succeeded in helping thousands of cases of arthritis, paralysis and other conditions, has done it by what he chooses to call "manipulative surgery," but what every Chiropractor knows to be plainly a form of Chiropractic. A nephew of Dr. Locke's who is a Chiropractor is associated with him at his clinic. The



41 states and the District of Columbia indicated in white portion of map, have laws recognizing and regulating the Chiropractic profession. 1 shaded—requires medical examination.

Only 6 states, shown here in black, have failed so far to give legislative recognition.

customary history follows his career. Here he is, a "regular" medical man, succeeding with and marvelously vindicating Chiropractic therapy, while "regular" medicine loudly and persistently proclaims both himself and his method a fraud.

At first, Chiropractors were arrested for practicing medicine without a license, although they never practice medicine and do not wish to. They authorize the statement on their own licenses stating that they are forbidden to administer drugs or practice surgery or obstetrics. If they wanted to be medical doctors or surgeons they could follow the ordinary routines of these professions and spare themselves all the hindrances thrown in their path. In the State of California in one year alone, 450 Chiropractors were arrested and sent to jail for the crime of getting sick people well. Such persecution continued in other states as well. This focused attention on the subject and before long many of the states were asked to pass laws regulating and giving licenses to Chiropractors. They now have such privileges in 43 states, and rank second of all the healing arts, being outranked by medicine in priority, habit, numbers, money and influence, yet in turn outranking it in actual success as a scientific means of health restoration and maintenance. Popular approval, against the opposition of entrenched competition, has resulted in legal endorsement and regulation in the District of Columbia and all but six of the States of the Union. Chiropractic is practiced throughout Europe and the civilized world. The profession sustains no less than a score of colleges of outstanding merit where exclusively resident courses are conducted qualifying their graduates to pass examinations in the various states under boards made up entirely of medical doctors in some cases.

As an example of the way medical doctors misrepresent phases of Chiropractic let us look at the relative educational requirements. Before a Chiropractor can obtain a license today he must have a background of knowledge that qualifies him for the practice of his profession. He must have gone to high school, college and Chiropractic college. He has studied anatomy, physiology and chemistry, bacteriology, pathology, hygiene, histology, diagnosis, gynecology, Chiropractic philosophy and the numerous other branches of his own science as well as elective subjects. He does not practice surgery. Where this is necessary he sends the patient to a surgeon. In the hearings on Chiropractic bills held before committees of numerous State Legislatures the medical doctor boasts proudly of his four years' course in medicine and speaks scornfully of the few months required to obtain a Chiropractic education. He is always careful to mention medical education in terms of years while setting forth Chiropractic courses in months. It is enlightening to compare them in the same terms. The catalogue of the Col-

lege of Physicians and Surgeons of Columbia University states that the medical college opens on September 29th and closes on June 1st, eight months in all. During that time there are 25 days total holidays, 15 at Christmas, 4 at Thanksgiving, 3 at Easter, and one each for Election Day, Washington's Birthday and Memorial Day. This is one full business month, and a simple operation in arithmetic reveals that a medical school year therefore consists of 7 months actual classroom attendance—during the 4 years' course, 28 months total. Most state laws now require of the Chiropractor a schooling of 24 or 28 months, but the minimum required by any state is 3 school years, total 18 months, and there are just two holidays, July 4th and December 25th. Thus the difference between the maximum medical course and the minimum Chiropractic course is a mere 10 months actual school work. These few months are more than accounted for by such subjects as surgery, and the several thousand varieties of drug combinations which are without value to a Chiropractor.

As far back as 1923, the total class hours for the physician and surgeon have been 3600, while for the Chiropractor 3528 hours. When the medical doctor graduates, he is privileged to practice upon the human body 19 different procedures, many of them comprising methods which entail grave danger to life, while the Chiropractic graduate confines himself to his single specialty of spinal adjustment. He is relatively 18 times more thorough in his one field than the medical doctor is in any of his 19, and who has spent only a little more time in school to learn them. The Chiropractor also gets clinical experience in his training.

At the present time efforts are being made by the medical profession in some states to standardize systems of healing—to place Chiropractors under their control and domination. To effect this, the medical profession is sponsoring what they call a basic science law. Such a law would require that Chiropractors subscribe to the teachings of the medical profession. If you have followed us this far, you will realize this would be the same as asking a pacifist to serve as a major general. There is a complete conflict of the two ideas. Do not let anyone tell you that basic science is proposed to safeguard the public by raising educational standards in the healing arts. Basic Science is sponsored by the medical profession in league with drug combines. It is class legislation sponsored by special interests. Under the provisions of the basic science law, the drugless healers are deprived of their own Boards of Examiners and must submit to a rigid and wholly inappropriate form of questioning dictated by the medical monopoly which, were it applied with equal vigor to old-school applicants for license, would reduce the ranks of new medical practitioners to the vanishing point.

This notorious unfairness and discrimination permits the medical monopoly to pose as final judges on the qualifications of license applicants in a science of healing with whose principles the medical profession is totally unfamiliar. Their daily practice and experience based solely on the use of drugs and surgery is so directly opposite to Chiropractic doctrine that it is absurd to suppose they can properly act on the subject. Chiropractors realize the futility of attempting to pass "basic science" examinations before Boards composed of medical doctors on subjects treated only from the medical viewpoint.

The governing group of medical doctors, namely the American Medical Association, wants complete monopoly over all healing methods. The newspapers this summer have been full of public and government indictments against this group which has now been dubbed the Medical Trust, and which has consistently opposed group health protection and every other progressive movement in the interest of the public if it carries with it the slightest possibility that it may limit the income of the doctors or destroy their present monopoly.

This indictment is not made against the thousands of earnest, honest medical practitioners and sincere scientific research men in the medical profession. A sharp distinction exists between these, however, and the political organization heads of the propaganda and publicity department of the American Medical Association who want to destroy everything in the healing field which they cannot control. That hundreds of alert and progressive doctors are resentfully aware of the reprehensible tactics pursued by their governing group is demonstrated by the large and growing number of "rebels" who are vigorously defending the public interest against the narrow, backward, highhanded methods of the parent body. As Clarence Darrow put it in one of his vigorous articles denouncing the tactics of the MD's "They are not content to vaccinate the people who come to them and ask for it, but they ask the State to pass laws to compel everybody to be vaccinated. I might as well ask the State to pass a law to compel everybody to hire me to try their cases."

#### CONGRESSMEN LOBBIED TO UPHOLD MEDICAL PRACTICE

It is not commonly known that the American Medical Association sends a questionnaire to every candidate for Congress and obtains in writing what amounts to a pledge to uphold the privileges of organized medicine, says Mr. Cash Asher, writing from Washington. "This is one of the cleverest maneuvers ever made to bind the hands of a legislative body. Being so well organized, medical domination is impervious to attack. It can railroad almost any law through Congress. Through its power it has been able to circumvent the enactment of legislation to strengthen

our food and drug laws. Time and time again it has engineered legislation, creating positions for its members on the public payroll. . . . With a muzzled press and a duped public in Washington it is virtually impossible to influence the acts of Congress with reference to health legislation."

Many of these medical bills are captioned with the fraudulent title, "To protect the Public Health," this being an excellent ruse by which such bills are given right of way and quickly signed. A recent report of the American Medical Association reveals that this medico-political group spent in the one year of 1935 \$825,781, of which \$30,081 was listed for legislative lobbies. Organized Medicine is a big business—a \$6,000,000,000 business, according to *News-Week* for November 22, 1937. It is doubtful whether any other business can boast of investments equal to that staggering amount.

Dangerous health laws give the power of life and death to this one group alone. The medical profession has decreed that "if medicine can't cure you, you must die." In order to prevent the victims if its failures from finding life again through other methods, it has instituted a system of laws, influenced by legislative lobbies paid for out of immense treasuries, and subtle propaganda that puts public interest in the matter at the bottom of the list. Medicine is the only system of healing that constantly seeks laws that will compel you to use the services of its doctors and to submit to their processes. All other systems of healing are satisfied to stand or fall on their merits. The American Medical Association, according to John L. Spivak (*The Medical Trust Unmasked*) "is the most powerful trust ever organized in the history of the world." Its tentacles, he intimates, penetrate every city, town, village and hamlet, interfering in the public and private affairs of every community. Such is the nature of the private corporation that is now seeking laws to compel every man, woman and child in the nation to submit to its dictates and decrees. Our lawmakers long ago recognized the dangers of private monopolies in restraint of commerce and trade and enacted drastic laws against them. But our courts, allowing most of these enactments, give orthodox medicine a free hand in its field of treating the sick. This is regardless of the fact that there are tens of thousands of legally recognized, well qualified unorthodox health practitioners with licenses to serve the sick. Thus here in our midst we have an infamous, un-American plot to commercialize human suffering. We have a fascist tyranny—medical fascism—and it would be well for the American people to be vigilant about their waning liberties in this intimate matter of their health. Why should the medical profession be granted a monopoly in the healing arts? The Chiropractors ask only the right to survive on the basis of merit. Millions of people have received benefits through

their ministrations. Two systems of healing are desirable; they stimulate incentive and research. Obviously it should be the right of every American to choose the method of healing he desires and not to be dictated to by inimical laws enacted by selfish self-appointed bosses. The man who pays the bills should have something to say as to the service he desires.

#### FAILING TO CRUSH—THEY SEEK TO ABSORB

Despite this dog-in-the-manger attitude deliberately affected to humiliate and weaken its potential rival, Chiropractic has continued to grow and is constantly making new converts. The medical group finding no success in the extermination of Chiropractors by scorning, knocking, legislative restrictions and other propaganda are now seeking to absorb Chiropractic into their own medical practice. Since Chiropractic has called startling attention to its ability to effect cures where medicine has failed, prominent medical men have made certain "discoveries" which confirm the principles and philosophy of Chiropractic. To these discoveries they give new names more closely identified with medical nomenclature.

While some of the findings made by prominent members of the medical group are conscientious and sincere, they cannot avoid speaking the Chiropractor's language when describing and explaining these "new" ideas. But the profession as a whole has to "save face." They believe they cannot admit that it is Chiropractic they have found after their profession has for so long ridiculed and condemned it. Their findings, verifying Chiropractic principles, are being exploited as new and startling, and coming from orthodox sources, are accepted by the medical profession. So now we see the medical profession today using methods of treatment which were being condemned as quackery a few years ago. The success which Chiropractors attained in treating various human ailments through manipulation of the spine and other articulations of the body has finally attracted the attention of the medical profession to this much neglected part of the body. Medical doctors have extolled Hippocrates as the father of healing but for centuries his instructions as to spinal adjustments have been overlooked by them. Only in recent years through the success attained by Chiropractic has the medical profession begun examining the spine as an important part of the body structure.

Medical doctors have never properly concerned themselves with the spine, according to ample testimony. One of their number, Dr. Theodore A. Willis, of St. Luke's Hospital and the Anatomical Laboratory at Western Reserve University, Ohio, tells of the lack of interest of the medical student in the

study of the backbone in the following words: "For the last ten years I have been given the opportunity to examine all spinal columns after students of the local medical school have finished their dissections. I have found very little disturbance of these spines to indicate any curiosity on the part of the students as to even the gross anatomy of the part. This may explain the difficulties of the average physician when confronted with the problem of backache, as well as the tendency of the surgeon to turn his patient over and remove some dispensible parts from the abdomen or female pelvis, concerning the anatomy of which his curiosity has naturally been more active."

When the White House Conference on Child Health and Protection called in 1932 issued its reports, some interesting facts on this subject came to light. Dr. Robert B. Osgood, chairman of one of the committees, said: "The subcommittee has found it impractical to collect reliable data as to what is being done to promote good body mechanics by that large and important group known as the general practitioners. Its impression from its own experience is very strong that the average general practitioner has been insufficiently informed and consequently not vitally interested in the details of body mechanics. The subcommittee has expressed its opinion that the vast majority of the physicians of the U. S. fail to appreciate the importance of good body mechanics in promoting the health of children and adults. This failure of appreciation is primarily due to a lack of training in the basic principles in medical schools." Small wonder then that Chiropractic receives criticism from some medical men who are completely ignorant of its basic principles and their importance.

Dr. Hartwell, President of the New York Academy of Medicine, speaking in his official capacity to the Board of Regents of the State of New York, frankly admitted that Chiropractic has a real value in the treatment of disease. It can be foreseen that when the medical doctors brazenly try to absorb Chiropractic, they will probably declare they had always known its principles, but were unwilling to give them medical approval and put them into practice until they had undergone the many years of testing which medicine requires of all new discoveries. This of course does not conform with the customary policy of making guinea pigs of patients whenever new drugs or serums are involved.

Medicine shows a distinct trend toward drugless therapy today. It has absorbed osteopathy. It is using physiotherapy. It is slowly adopting Chiropractic but giving it a name of its own—spinal therapy—implying that it is a discovery of their own. Chiropractors are being employed by the medical colleges to teach Chiropractic under the name of Spinal Therapy.

As an example of the gradually awakening interest and acceptance of Chiropractic by doctors, a striking confession was made by H. W. Scott, M. D., reported by him in a medical magazine that would reach only medical doctors and not the general public. This was the American Medical Journal of Clinical Medicine in the issue of September 1920. He said in part: "Becoming convinced that many ailments were due to mal-alignment of the vertebral column, I decided to learn more about correcting these abnormalities. I frankly confess that I obtained this information from a Chiropractic college . . . I now examine the spine of all patients." He then gives a number of remarkable case histories of successes in curing deafness, paralysis, kidney, bladder and digestive disorders, and others, many incurable under medical care.

To cite another early example, the Medical Record of July 30, 1921 contained an article by J. Madison Taylor, A. B., M. D., who was professor of Physical Therapeutics and Dietetics, Medical Department, Temple University, Philadelphia. He said in part: "A trained eye and touch will note on examining the back areas of most individuals, young or old, certain anomalies of structure. These are rarely noticed because the spine is seldom examined, but they deserve critical attention and differentiation. . . . My reactions to these phenomena have led me to adopt the habit of exploring the backs of most of those who come under my observation. Others would be repaid by doing the same. One fact is sure, far too few physicians do explore backs, and yet fewer seem qualified to interpret the findings." Reasons for this have already been set down. The only medical doctor qualified to interpret the findings is that progressive practitioner who has supplemented his medical training with a course in Chiropractic. There are today many such, and Dr. Arthur Greenfield, who knows a number of them, has stated that they attain results that conventional medical methods never gave them. If any medical doctor attempts to advise you about the efficiency of Chiropractic, find out whether he has studied it. Otherwise he is not qualified to discuss it, much less practice it.

Today modern medical men are more generally admitting that minor displacements in the spine are common rather than rare, and that they cause functional disorders in remote organs is no longer regarded as debatable by enlightened physicians. In many American hospitals patients are given anaesthetics and treated with forcible adjustments to correct these displacements. The Chiropractor accomplishes these desired results by milder methods that do not require the hospital or the anaesthetics. The technique of the drugless methods is as delicate and exacting as is surgery. To practice these methods and to recognize cases upon which their technique should be used demands specialized training which

is not included in any medical college. Medical practice and drugless practice are as separate and distinct as are the languages of England and France. Training in one is no qualification for understanding or using the other. Any attempt to force them into one category is wholly artificial and decidedly against the public interest.

Independent research by another scientific investigator, Henry Winsor, M. D., has completely affirmed the Chiropractic thesis that disease is associated with spinal misalignments. He examined 50 bodies at the Laboratory of Operative Surgery on the Cadaver, in the University of Pennsylvania and reported his findings in the *Medical Record*. The results of this investigation are of great importance. It is shown definitely that in the fifty cadavers with disease in 139 organs, there were found 138 minor curvatures (misalignments) of the vertebrae belonging to the same spinal segments from which nerve fibres to the diseased structures pass out. Thus we have a complete anatomical verification of Chiropractic from the doctor's view-point, for the science of Chiropractic looks upon the spinal column as the cardinal index to health and disease. Although Dr. Winsor calls the misalignments which he finds "minor curvatures of the spine," he admits, "the subluxations of the Chiropractor and the minor curvatures of the spine appear to be the one and the same."

Another outspoken medical doctor, M. E. King, has on his own initiative won himself to the Chiropractic philosophy, as he states in an article in the *Therapeutic Review* on "Why Chiropractors Should be Recognized by the Medical Profession." After giving it a wholehearted endorsement he continues: "The medical profession as a whole does not accept this Chiropractic idea, but in almost every instance it is due either to prejudice or a lack of investigation. There was a time when I looked at Chiropractic through a pair of bifocal lenses, the upper plus prejudice, the lower plus lack of investigation. But because medicine with all its adjuncts had failed to reach the complicated ailments of my invalid wife I, like a drowning man, grasped for anything in sight. I learned of Chiropractic through a friend of mine. I went at once to a school of Chiropractic and remained two weeks investigating the science of Chiropractic and to my surprise they were actually getting results on cases that were hopelessly incurable from the standpoint of medicine. I soon saw that the theory they were working on was plausible and met the approval of common sense—" (he then describes it) "All this opened up a new field of thought to me which had never been presented through my fifteen years' study and practice of medicine. My wife was examined at a school of Chiropractic. I noted carefully that the only examination made was that of the spine, which was done by the

sense of touch and the use of the X-ray, which revealed a lateral curvature plus several subluxated vertebrae. They at once proceeded to correct these subluxations and her improvement started at once and today she is in a good state of health. Seeing the possibilities of this new science in the treatment of suffering humanity, I laid aside all prejudice and started into the work in hard earnest and now, after three years of experience and clinical observation, I come to the medical profession and advise that they no longer fight Chiropractic but investigate its merits and then you will not wonder why so many of your patients who failed to get relief from medicine have strolled off to the Chiropractor and have gotten the thing they most desired and that is health."

Such a testimony is typical of the people who have tried all that medicine could offer, only to find help in Chiropractic and realize the possibilities in a system that doctors have selfishly tried to withhold from the public. Fortunately, at long last, more and more doctors are coming around to admit the value of Chiropractic—even though they still sometimes call it spinal therapy. Dr. R. J. Berry, dean of the faculty of medicine at the University of Melbourne, states: "From the standpoint of the physician, there can be no disease which does not disturb the nerve cells concerned. If the cause of the disturbance in these conducting pathways can be ascertained and removed, the patient will be cured. Otherwise, treatment merely diverts attention from the truth." If medical doctors as a whole admitted this, the problems of the Chiropractor would be over.

Some months ago Dr. George Crile, famous surgeon and physiologist of Cleveland, told fellow scientists that high blood pressure was a result of excessive activity of certain networks in the nervous system. Research disclosed, he said, a hitherto unknown "sympathetic complex" in a network of nerves connecting the adrenal glands. This network proved to be the machinery through which impulses flowed to speed circulation and oxidation of the blood. By operating on this network in order to reduce its activity, Dr. Crile was able to reduce blood pressure. The Chiropractor can influence the nervous system by less radical means. The spinal adjustment will remove irritation from the various networks, thus reducing its activity to normal.

Another endorsement of the principles of Chiropractic was found in the *Journal of the American Medical Association* for May, 1934, authored by Dr. John Berton Garnett, professor of surgery at the University of Pennsylvania. In his article he concludes that appendicitis symptoms may be caused by some form of spinal trouble. He says: "There are a great variety of causes for neuralgia in the anterior abdominal wall or any other part of the body. Any form of nerve irritation may produce neuralgia. The usual cause of chronic neuralgia is some form of

spinal trouble. In common with many other surgeons I no longer operate for chronic appendicitis. Its alleged symptoms can be cured by extra-abdominal measures."

Spinal adjustments have evoked great enthusiasm on the part of LaForest Potter, M. D., orthopedist of the York City. Quoted in the *Verdict of Science on Chiropractic*, by A. A. Erz, Dr. Potter states: "After practicing medicine fifteen years and spinal orthopedics nearly ten, I am daily astonished at the remedial power of spinal adjustments as a cure for disease. I find myself wholly at variance with the medical attitude toward vertebral displacement and its relief. Minor subluxations of the vertebrae and ilia are exceedingly common, as shown by the X-ray. Disease is clearly traceable to these displacements. Replacement is practically painless, and in a remarkably large number of cases, curable. The theory of spinal adjustment makes no claim to an exclusive therapy. It simply offers a working hypothesis which has proved of remarkable value. This hypothesis is in perfect accord with the scientific facts of anatomy, physiology, biology and physics. While medical science recognizes the grosser forms of vertebral displacement (known as luxations) it denies the existence of the minor displacements and the diseases related thereto. In this attitude it loses sight of the vital details in contemplation of the mass. Now, it seems to the spinal orthopedist that it is precisely the lesser bone displacements (spinal subluxations) and the finer and subtler pressures that often constitute the largest factors in diseases."

Even Dr. Royal S. Copeland, M. D., and late senator from New York, one of the arch enemies of drugless healing admitted in a newspaper article on spinal curvature: "It is unfortunate that this condition is so frequently overlooked, because it may lead to many other disturbances."

Dr. Heinrich Nicholas, director of the gastrointestinal research at Michael Reese Hospital, Chicago, has discovered that ulcers of the stomach and duodenum result from a disturbance of nerve supply to these parts.

Herman H. Rubin, M. D. fellow of the American Association for the Advancement of Science, author of *Your Mysterious Glands*, states: "Psychoanalysts are so absorbed in the study of the mind, in analyzing the free association of ideas, in determining the psychology and hidden explanation of dreams, that it may never occur to them that the headaches, stomach trouble, neuritis, or nervous irritability they are attempting to cure may be due to nothing more serious than a displaced vertebra which any competent Chiropractor can restore to normal position in ten seconds, and which all the king's horses and all the king's men could not put back by mental means in ten years or ten thousand years."

It would not be difficult to fill a large book with findings of this character that have been announced in medical journals and other writings during the last few years all supporting and verifying the practices of drugless therapy. Thus we see Chiropractic, the leading drugless profession, caught between the devil of assault in front and the deep blue sea of absorption from behind. Forty-three years have passed since the founding of Chiropractic by Dr. D. D. Palmer. During that time it has gone through intolerance, fanaticism, condemnation, censure. It has been charged with being harmful, grotesque, crude. Its practitioners have been scorned, abused and ridiculed. Yet through all this acid testing, its scope of usefulness has grown and broadened and no strategy has served to down it. It has adopted scientific methods, increased its educational standards, fought against the economic usurpations of its enemies and a world once reluctant to acknowledge it has now given it high recognition.

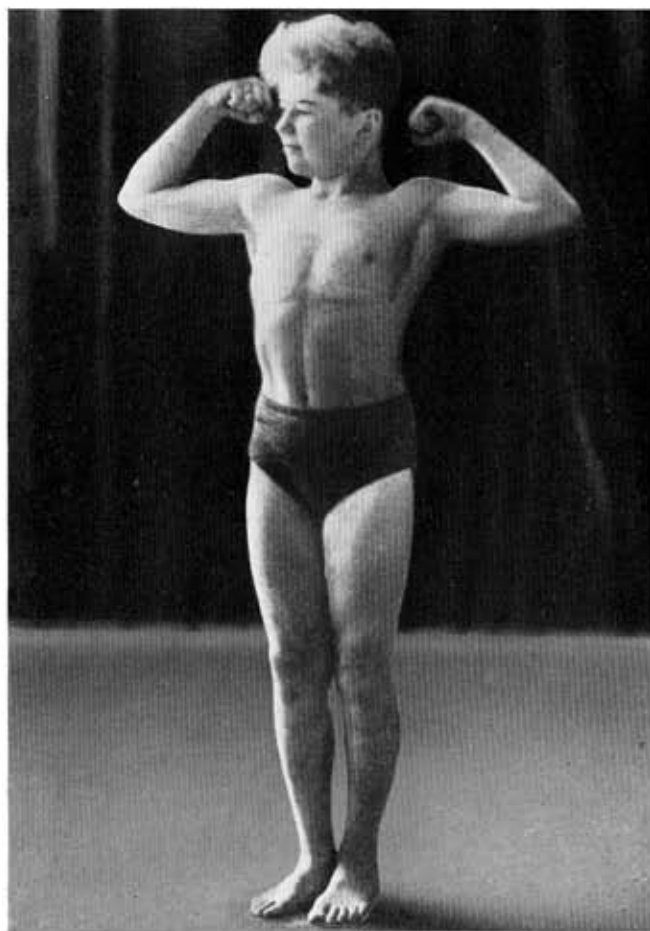
Whether these two forces of powerfully organized and entrenched allopathy, namely scorn on the one hand and absorption on the other, will achieve the elimination of drugless therapy as a competitive entity remains to be seen.

Regulation by law secured by medical men, so far has sharply decreased the number per capita qualified to care for the sick and enormously increased the cost of care. Regulation has not raised the character of the profession, or the family doctor, the best loved and most highly respected of all, would not be disappearing. Regulation was not chiefly responsible for the so-called great discoveries in medicine, for many of them have come from the laboratories of the chemists and the universities, where regulations are relaxed or do not apply. Regulation has not eliminated doctors' mistakes or Dr. Richard Cabot, M. D., would not say that diagnoses were wrong in 50% of the cases. Dr. Cabot would not say that an enormous number of surgical operations are unnecessary. Decreased numbers and higher fees loom large in the picture. The Chiropractor puts nothing into the body, cuts nothing away. Any regulation which requires him to qualify as a physician and a surgeon could only take his time away from his specialty and lessen his chances of success with it.

Such regulation tends to monopoly and higher fees, and something more—a few years ago it was an unheard of thing for an M. D. to refuse to

answer a call—most everyone knows of such a refusal now—too many because a fee was not forthcoming. Chiropractors are not against fair regulation, they are unalterably opposed to monopoly.

What of the patient? Is he an incompetent? Can some careless legislature force him to pay for a drug store and endow a surgery when he wants only an X-ray and a spinal adjustment? Has any man or group of men, official or not, the right to say to the sufferers who bear the pain and who pay the bill—get relief from our brand of doctors, or not at all, any others who serve you will be punished as criminals? Think on these things when regulations are proposed. Some freedom of choice must be preserved to the man who wants to get well.



ROBERT JOHN VERNER

*A 100 per cent Chiropractic boy only 10 years old. He has never tasted medicine and never been vaccinated.*

# INSURANCE RECOGNITION

The list of insurance companies that grant favorable recognition to policyholders' claims, after receiving Chiropractic attention, grows larger each year. —THE CHIROPRACTIC JOURNAL.

- Aetna Life Insurance Co., Hartford, Connecticut.  
Aetna Life Insurance Co., Cleveland, Ohio.  
Accident Fire and Life Corporation, Ltd., Philadelphia, Penn.  
Accident and Insurance Co., for Business and Professional Men  
(Aetna Casualty Co., Newark, N. J.)  
Alliance Casualty Company, Philadelphia, Pa.  
American Casualty Co., Reading, Pa.  
American Employer's Insurance Company, Boston, Mass.  
American Liability and Surety Co., Cincinnati, Ohio.  
American Life & Accident Insurance Co., Louisville, Ky.  
American Mutual Liability Insurance Company, Boston, Mass.  
American Underwriter Health & Accident Insurance Co., Peoria, Ill.  
American National Insurance Co., Galveston, Texas.  
American Terra Cotta and Ceramic Company, Terre Cotta, Ill.  
Atlantic Life Insurance Company, Richmond, Va.  
Atlas Casualty Company.  
Babcock Co., A. H., Agents, Loraine, Ohio.  
Banker's Accident Insurance Co.  
Banker's Casualty Co., Minneapolis, Minn.  
Bankers Health & Accident Company, Houston, Texas.  
Benefit Association of Railway Employees, Chicago, Ill.  
Brotherhood Accident Co., Boston, Mass.  
Brotherhood of Locomotive Engineers.  
Brotherhood of Railway Trainmen.  
Buckeye Mutual Accident Association.  
Business Men's Accident Association of America.  
Business Men's Assurance Association of America, Kansas City, Mo.  
Business Men's Insurance Co., Greensboro, N. C.  
Business Men's Insurance Co., Kansas City, Mo.  
Business Men's Protective Association, Des Moines, Iowa.  
Business Men's Protective Association, N. Amer. Health & Accident  
Canadian Order of Woodmen of World, London, Canada.  
Central Business Men's Association.  
Clergymen's Cooperative Beneficial Association.  
Cloverleaf Life and Casualty Co., Jacksonville, Ill.  
Columbian National Life Insurance Co., Boston, Mass.  
Commercial Accident Co., Springfield, Ill.  
Commercial General, Hartford, Connecticut.  
Commercial Travelers' Mutual Accident Assoc. of Am., Utica, N. Y.  
Commonwealth Casualty Co., Newark, N. J.  
Continental Life Insurance Company.  
Commonwealth of Pennsylvania.  
Dane's Brotherhood Camp, No. 139, Viborg, N. D.  
Disability of Employees on Indian Reservation.  
Duluth Casualty Co., Duluth, Minn.  
Eastern Casualty Company.  
Eastern Casualty Insurance Co., Home Office, Boston, Mass.  
Educator's Beneficial Association.  
Empire Life and Accident Insurance Co., Indianapolis, Ind.  
Employer's Liability Assurance Corp., Ltd., Boston, Mass.  
Employer's Indemnity Corporation, Mitchell, S. D.  
Employer's Liability Assurance Corp., London, Eng. (Montreal, Can.)  
Equitable Life Insurance Co., Louisville, Ky.  
Federal Life Insurance Co., Chicago, Ill.  
Federal Surety Co., Davenport, Iowa.  
Fidelity and Casualty Co., Dallas, Texas.  
Fidelity and Casualty Co., Newark, N. J.  
Fidelity Deposit Co., Maryland.  
Fort Wayne Mercantile Accident Association.  
Fraternal Order of Eagles.  
General Accident, Fire & Life Assurance Corp., Ltd., Perth, Scotland.  
General Accident Insurance Co.  
General Casualty Co., Detroit, Mich.  
George Washington Insurance Company, Des Moines, Iowa.  
George Washington Life Insurance Company, Charleston, W. Va.  
Georgia Casualty Co., Macon, Ga.  
German-Austrian Benevolent Association, St. Louis, Mo.  
Globe Indemnity Co., Newark, N. J.  
Globe Indemnity Co., New York.  
Gopher Mutual Casualty Co., Duluth, Minn.  
Great Northern Accident Insurance Co.  
Great Northern Insurance Co.  
Great Western Incorporated Co.  
Guar. Indemnity Co., Meridian Life Bldg., Indianapolis, Ind.  
Guardian Life Insurance Co., of America.  
Hardware Mutual Casualty Co., Branch Office, Milwaukee, Wis.  
Hartford Accident & Indemnity Co., Hartford, Conn.  
Hjorty & Company, Wm.  
Home Accident and Health Insurance Co., South Bend, Ind.  
Home Security Life Insurance Co., Durham, N. C.  
Hoosier Casualty Co., Indianapolis, Ind.  
Illinois Commercial Men's Association.  
Illinois Commercial News Association, Chicago, Ill.  
Illinois Mutual Casualty Co., Peoria, Ill.  
Illinois Traveling Men's Health Association of Chicago, Ill.  
Imperial Life Insurance Company, Asheville, N. C.  
Income Guaranty Co., South Bend, Ind.  
Indemnity Insurance Co. of North America, Philadelphia, Pa.  
Independent Order of Odd Fellows, Insurance Dept.  
Indianapolis Life Insurance Co., Indianapolis, Ind.  
Industrial Commission, Ohio.  
Inter-State Business Men's Accident Association, Des Moines, Iowa.  
Iowa Mutual Liability Insurance Company, Cedar Rapids, Iowa.  
Kansas City Casualty Co., Denver, Colo.  
Knights of Pythias.  
Liberty Mutual Company.  
Lincoln Life & Accident Insurance Co., Oklahoma City, Okla.  
London and Lancashire Guar. & Accident Co., Toronto, Can.  
Lumberman's Mutual Casualty Co., Chicago, Ill.  
Maccabees, The, New York.  
Maccabees, Great Camp of Ohio.  
Manufacturer's Liability Insurance Co., Jersey City, N. J.  
Maryland Casualty Co., Home Office, Baltimore.  
Masonic Protective Association, Worcester, Mass.  
Massachusetts Accident Co.  
Massachusetts Indemnity Insurance Co., Boston, Mass.  
Massachusetts Protective Association, Worcester, Mass.  
Merchants Casualty Co., Winnipeg, Manitoba, Canada.  
Merchants Life and Casualty Co., of Minneapolis, Minn.  
Michigan Mutual Liability Company, Detroit, Mich.  
Ministers' Casualty Union, Minneapolis, Minn.  
Monarch Accident & Health Insurance Co., Springfield, Mass.  
Motorists' Protective Association, New York City, N. Y.  
Mutual Benefit Health & Accident Association, Omaha, Neb.  
Mutual Protective Insurance Co., Kansas City, Mo.  
National Accident Insurance Co., Lincoln, Nebr.  
National Business Men's Association.  
National Casualty Co., Indianapolis, Ind.  
National Life and Accident Insurance Co.  
National Protective Insurance Co., Kansas City, Mo.



## INSURANCE RECOGNITION—Continued

National Travelers' Benefit Association, Des Moines, Iowa.  
National Travelers' Casualty Company, Des Moines, Iowa.  
New Amsterdam Casualty Company, Baltimore, Md.  
New England Casualty Co., Boston, Mass.  
Norodna Hrvatske Zajednica, Pittsburgh, Penn.  
North America Accident Insurance Co., Chicago, Ill.  
Northern Life Insurance Company, Seattle, Wash.  
Northwestern Life & Accident Insurance Company, Seattle, Wash.  
Norwich Union Indemnity Co., New York City.  
Occidental Life Insurance Company, Raleigh, N. C.  
Occidental Life Insurance Company, San Francisco, Calif.  
Ocean Accident and Guarantee Corporation, Ltd., N. Y. City.  
Old Line Accident Insurance Co., Lincoln, Nebr.  
Order of Railway Conductors.  
Order of Red Men, Georgetown, Ill.  
Order of United Commercial Travelers, Columbus, Ohio.  
Pacific Mutual, Milwaukee, Wis.  
Pacific Mutual Life Insurance Co., Los Angeles, Calif.  
Palmetto State Life Insurance Company, Columbia, S. Car.  
Peerless Casualty Co., Keene, New Hampshire.  
People's Mutual Life Insurance Co., San Francisco, Calif.  
Policyholders National Life Insurance Co., Sioux Falls, S. D.  
Protective Association of Canada, Grandby, Quebec.  
Provident Life and Accident Co., of Tennessee.  
Prudential Insurance Company.  
Pullman Company.  
Reliance Life Insurance Co., Pittsburgh, Pa.  
Ridgely Protective Association, Home Office, Worcester, Mass.  
Royal Indemnity Co., 83 William St., New York City.  
Sentinel Life Insurance Co., Kansas City, Mo.  
Service Life Insurance Company, Omaha, Nebr.  
Societee Des Artesans Ins. Co., French Can., Montreal, Quebec.  
Southern Casualty Co., Alexandria, La.  
Southern Surety Company, Des Moines, Iowa.  
State Industrial Commission of Ohio.  
State Mutual Life Insurance Co., Worcester, Mass.  
State Workmen's Insurance Fund of Pa., Harrisburg, Pa.  
Sun Life Insurance Company, Los Angeles, Calif.  
Supreme Casualty Co., Milwaukee, Wis.  
The Gem City Life Insurance Company, Dayton, Ohio.  
Time Insurance Co., Milwaukee, Wis.  
Traveler's Health & Accident Co.  
Traveler's Indemnity Company.  
Traveler's Insurance Co., Hartford, Conn.  
Traveler's Protective Association, Kokomo, Ind.  
Traveler's Protective Association, St. Louis, Mo.  
Union Labor Life Insurance Co., New York City.  
United Ass'n of Journeymen Plumbers & Steam Fitters, U. S. and Can.  
United Benefit Insurance Company.  
United Casualty Co., Westfield, Mass.  
United Commercial Travelers Association, Utica, N. Y.  
United Mine Workers of America.  
United States Casualty Co., New York City.  
United States Fidelity and Guaranty Co., of Baltimore, Md.  
United States Fidelity and Guaranty Co., Des Moines, Iowa.  
U. S. Government Accepts Statements of Chiropractors.  
U. S. Letter Carriers' Association, Lancaster, Pa.  
Universal Life Insurance Co., St. Louis, Mo.  
War Risk Insurance Bureau of the Treasury Department.  
Washington Insurance Company.  
Western Accident and Health Insurance Co.  
Western Accident and Insurance Co.  
Wisconsin Accident and Health Insurance Co.  
Wisconsin Casualty Association and Woodmen Accident Co.  
Woodman Accident Co., Lincoln, Nebr.  
Workingmen's Mutual Protective Ass'n, Benton Harbor, Mich.  
World Insurance Company, Omaha, Nebr.

# What CHIROPRACTIC has done for others

... the actual results of a nation-wide survey

involving 93,039 cases

- ACNE—1213 cases reported, 1037 completely recovered or decidedly improved. Percentage of recovery, 85.4%.
- ADENOIDS—1204 cases reported, 913 completely recovered or decidedly improved. Percentage of recovery, 75.8%.
- ANEMIA—1128 cases reported, 827 completely recovered or decidedly improved. Percentage of recovery, 73.3%.
- ANGINA PECTORIS—318 cases reported, 234 completely recovered or decidedly improved. Percentage of recovery, 73.6%.
- APPENDICITIS—1908 cases reported, 1721 completely recovered or decidedly improved. Percentage of recovery, 90.2%.
- ARTHRITIS—791 cases reported, 446 completely recovered or decidedly improved. Percentage of recovery, 56.1%.
- ASTHMA—1604 cases reported, 1179 completely recovered or decidedly improved. Percentage of recovery, 73.5%.
- AUTO-INTOXICATION—256 cases reported, 227 completely recovered or decidedly improved. Percentage of recovery, 88.6%.
- CHRONIC BOILS—CARBUNCLES—418 cases reported, 392 completely recovered or decidedly improved. Percentage of recovery, 93.8%.
- BRONCHITIS—1848 cases reported, 1693 completely recovered or decidedly improved. Percentage of recovery, 91.6%.
- BRONCHO-PNEUMONIA—498 cases reported, 467 completely recovered. Percentage of recovery, 93.8%.
- CARDITIS—261 cases reported, 191 completely recovered or decidedly improved. Percentage of recovery, 73.1%.
- CATARRH—(Chronic or Rhinitis)—1957 cases reported, 1651 completely recovered or decidedly improved. Percentage of recovery, 84.4%.
- COLDS—185 cases reported, 185 completely recovered or decidedly improved. Percentage of recovery, 100%.
- CORYZA (Acute Nasal Catarrh) (Cold in the Head)—637 cases reported, 607 completely recovered or decidedly improved. Percentage of recovery, 95.3%.
- CHICKEN POX—390 cases reported, 387 completely recovered. Percentage of recovery, 99.2%.
- CHOREA (St. Vitus Dance)—744 cases reported, 630 completely recovered or decidedly improved. Percentage of recovery, 84.7%.
- COCCYODINIA—413 cases reported, 383 completely recovered or decidedly improved. Percentage of recovery, 92.5%.
- COLIC—826 cases reported, 797 completely recovered or decidedly improved. Percentage of recovery, 96.5%.
- CONJUNCTIVITIS—529 cases reported, 498 completely recovered or decidedly improved. Percentage of recovery, 94.1%.
- CONSTIPATION—8218 cases reported, 6993 completely recovered or decidedly improved. Percentage of recovery, 85.1%.
- CRAMPS—587 cases reported, 541 completely recovered or decidedly improved. Percentage of recovery, 92.1%.
- DEAFNESS (Catarrhal)—173 cases reported, 128 completely recovered or decidedly improved. Percentage of recovery, 74%.
- DIABETES INSIPIDUS—203 cases reported, 135 completely recovered or decidedly improved. Percentage of recovery, 66.5%.
- DIABETES MELLITUS—588 cases reported, 382 completely recovered. Percentage of recovery, 65%.
- DIARRHOEA—659 cases reported, 619 completely recovered or decidedly improved. Percentage of recovery, 93.9%.
- DYSENTERY—353 cases reported, 317 completely recovered or decidedly improved. Percentage of recovery, 90%.
- DYSPEPSIA—1684 cases reported, 1468 completely recovered or decidedly improved. Percentage of recovery, 87.1%.
- ENEURESIS (Incontinence of Urine)—734 cases reported, 533 completely recovered or decidedly improved. Percentage of recovery, 72.6%.
- ECZEMA—67 cases reported, 59 completely recovered or decidedly improved. Percentage of recovery, 88%.
- EPILEPSY—777 cases reported, 411 completely recovered or decidedly improved. Percentage of recovery, 52.9%.
- ERYSIPELAS—103 cases reported, 86 completely recovered or decidedly improved. Percentage of recovery, 83.5%.
- GALL-STONES—762 cases reported, 609 completely recovered or decidedly improved. Percentage of recovery 80%.
- GASTRITIS—1626 cases reported, 1460 completely recovered or decidedly improved. Percentage of recovery, 89.8%.
- GOITRE—1199 cases reported, 817 completely recovered or decidedly improved. Percentage of recovery, 68.1%.
- HAY-FEVER—1392 cases reported, 1141 completely recovered or decidedly improved. Percentage of recovery, 81.9%.
- HEADACHES (Chronic)—1516 cases reported, 1380 completely recovered or decidedly improved. Percentage of recovery, 91%.
- HEART TROUBLE (Functional)—171 cases reported, 135 completely recovered or decidedly improved. Percentage of recovery, 79%.
- HEMORRHOIDS—1427 cases reported, 1133 completely recovered or decidedly improved. Percentage of recovery, 79.4%.
- HERNIA—918 cases reported, 476 completely recovered or decidedly improved. Percentage of recovery, 51.8%.

- HIGH BLOOD PRESSURE**—246 cases reported, 201 completely recovered or decidedly improved. Percentage of recovery, 81.7%.
- INFLUENZA**—4193 cases reported, 4104 completely recovered. Percentage of recovery, 97.9%.
- INSOMNIA**—591 cases reported, 541 completely recovered or decidedly improved. Percentage of recovery, 91.5%.
- JAUNDICE**—615 cases reported, 549 completely recovered or decidedly improved. Percentage of recovery, 89.2%.
- KIDNEY TROUBLE (Functional)**—4526 cases reported, 3927 completely recovered or decidedly improved. Percentage of recovery, 86.8%.
- LARYNGITIS**—1179 cases reported, 1107 completely recovered or decidedly improved. Percentage of recovery, 93.9%.
- LIVER TROUBLE**—241 cases reported, 209 completely recovered or decidedly improved. Percentage of recovery, 86.7%.
- LOCOMOTOR ATAXIA**—312 cases reported, 100 completely recovered or decidedly improved. Percentage of recovery, 32%.
- LUMBAGO**—7298 cases reported, 6821 completely recovered or decidedly improved. Percentage of recovery, 93.4%.
- MALARIA**—399 cases reported, 349 completely recovered or decidedly improved. Percentage of recovery, 87.4%.
- MEASLES**—673 cases reported, 665 completely recovered or decidedly improved. Percentage of recovery, 98.8%.
- MIGRAINE**—1130 cases reported, 987 completely recovered or decidedly improved. Percentage of recovery, 87.3%.
- NEPHRITIS**—707 cases reported, 517 completely recovered or decidedly improved. Percentage of recovery, 73.1%.
- NERVOUSNESS**—869 cases reported, 735 completely recovered or decidedly improved. Percentage of recovery, 84.5%.
- NEURALGIA**—2053 cases reported, 1892 completely recovered or decidedly improved. Percentage of recovery, 92.1%.
- NEURASTHENIA**—1902 cases reported, 1535 completely recovered or decidedly improved. Percentage of recovery, 80.7%.
- NEURITIS**—3783 cases reported, 3306 completely recovered or decidedly improved. Percentage of recovery, 87.4%.
- PARALYSIS (Various Types)**—1367 cases reported, 923 completely recovered or decidedly improved. Percentage of recovery, 68.2%.
- PLEURISY**—966 cases reported, 924 completely recovered or decidedly improved. Percentage of recovery, 95.6%.
- PNEUMONIA, LOBAR**—364 cases reported, 332 completely recovered. Percentage of recovery, 91.2%.
- POLIOMYELITIS**—190 cases reported, 120 completely recovered or decidedly improved. Percentage of recovery, 63.1%.
- PROLAPSUS, RECTAL**—200 cases reported, 145 completely recovered or decidedly improved. Percentage of recovery, 72.5%.
- QUINSY**—610 cases reported, 551 completely recovered or decidedly improved. Percentage of recovery, 90.3%.
- RACHITIS (Rickets)**—64 cases reported, 45 completely recovered or decidedly improved. Percentage of recovery, 70.3%.
- RENAL CALCULUS (Kidney stones)**—179 cases reported, 146 completely recovered or decidedly improved. Percentage of recovery, 81.5%.
- RHEUMATISM**—3040 cases reported, 2428 completely recovered or decidedly improved. Percentage of recovery, 79.9%.
- SCIATICA**—2495 cases reported, 2206 completely recovered or decidedly improved. Percentage of recovery, 88.4%.
- SLEEPING SICKNESS**—101 cases reported, 74 completely recovered or decidedly improved. Percentage of recovery, 73.3%.
- STOMACH TROUBLE (Functional)**—5341 cases reported, 4688 completely recovered or decidedly improved. Percentage of recovery, 87.8%.
- STRABISMUS (Cross Eyes)**—420 cases reported, 192 completely recovered or decidedly improved. Percentage of recovery, 45.7%.
- TONSILITIS**—585 cases reported, 538 completely recovered or decidedly improved. Percentage of recovery, 91.4%.
- TORTICOLLIS (Wry Neck)**—2534 cases reported, 2439 completely recovered or decidedly improved. Percentage of recovery, 96.2%.
- TUBERCULOSIS, GLANDULAR**—125 cases reported, 90 completely recovered or decidedly improved. Percentage of recovery, 72%.
- TUBERCULOSIS, PULMONARY**—691 cases reported, 421 completely recovered or decidedly improved. Percentage of recovery, 60.9%. (It should be noted that 102 patients were bedfast before adjustments were started.)
- ULCERS (All varieties, chiefly gastric)**—288 cases reported, 228 completely recovered or decidedly improved. Percentage of recovery, 79.1%.
- UREMIA**—75 cases reported, 52 completely recovered or decidedly improved. Percentage of recovery, 69.3%.
- URTICARIA (Hives)**—307 cases reported, 280 completely recovered or decidedly improved. Percentage of recovery, 91.2%.
- VARICOSE VEINS**—442 cases reported, 212 decidedly improved. Percentage of improvement, 47.9%.
- WHOOPING COUGH**—572 cases reported, 546 completely recovered or decidedly improved. Percentage of recovery, 95.4%.
- ZOSTER (Shingles)**—197 cases reported, 174 completely recovered or decidedly improved. Percentage of recovery, 88.3%.

*Only the most common ailments are listed here. Lack of space prevents giving the entire range of conditions successfully handled by Chiropractic methods.*

## Testimonials

The following statements have been made voluntarily by patients of Chiropractors. To attest their good faith and accuracy, the statements have, in most cases, been signed before notaries public.

It must be constantly kept in mind that these statements are in the words of the patients themselves. It would be inaccurate to change statements made by patients and for that reason we have left them just as they reached us.

Where some patient has suffered long and painfully only to find health and happiness under Chiropractic care, it is reasonable that they are enthusiastic about it. Thus any appearance of condemning or discountenancing any other health profession is not premeditated. The Chiropractic profession strives only to help sick people and to prevent disease, it does not indulge intentionally in any form of recrimination.

Since the true value of any proposition depends upon its results, these testimonials from persons who have benefited in almost all types of disease from adjustments, can lead to but one conclusion, namely that Chiropractic is a valuable science of health.

## HAY FEVER

"I was a sufferer from hay fever for twelve years. During that time I tried many patent remedies and treated with at least five different doctors. Each season my condition grew worse until the vision in my left eye was impaired as a result of it.

"I then tried Chiropractic adjustments and got immediate relief. After I had taken seven adjustments my vision became perfect again. My condition as the result of hay fever has improved steadily with Chiropractic adjustments."

J. C. SWEENEY,  
Denver, Colo.

(Subscribed and sworn to.)



J. C. SWEENEY

## GOOD NEWS ABOUT HIGH BLOOD PRESSURE

High Blood Pressure is the first sign of advancing age. It has truly been said that a man is only as old as his arteries are, and it is a stiffening of the arteries due to deposit in their linings of uneliminated waste from the kidneys that requires the heart to beat faster and blood pressure to increase in order that

circulation be maintained.

The proper corrective measure is to increase vital energy reaching the kidneys so that elimination may be complete. Chiropractic spinal adjustments accomplish this, and one result is a gradual but steady reduction of the blood pressure.

## ASTHMA

"When I was about eighteen years of age, I first noticed symptoms of that dread disease—asthma. My condition grew steadily worse until it was almost impossible for me to do my housework. It was necessary for me to sit down several times to regain my breath while making one bed.

"While I have lived on the farm all of my life, I was unable to perform the usual duties that go with farming, such as gathering eggs, being around the barn or working in the garden, as the dust particles excited my condition. My blood pressure ran up to two hundred points and the doctors repeatedly told me never to hurry or exert myself. During October I would choke up and then followed what the doctors called bronchial cough. This cough usually lasted all of the winter. One winter when I had a severe attack I slept on five pillows for four weeks and often could not go to sleep until one or two o'clock in the morning. I tried different doctors, medicines, etc., but with only temporary relief. The only relief the doctors seemed to offer was a hypodermic,



MRS. PERRY TRUITT

which, of course, was only temporary. During these attacks I suffered excru-

"A man should never be ashamed to own he has been in the wrong, which is but saying in other words, that he is wiser today than he was yesterday."—Pope.

## TURN LOOSE THE POWER INSIDE

"We have a healing power in our bodies that cures for the doctors of all schools—I might say in spite of the doctors of all schools.

"If you cut your finger, you remember in childhood that it would heal together. If you broke a bone, you remember that it would heal together, not on account of what you did for it; but in spite of what you did for it—if you remained quiet. This is a demonstration of nature that the healing power is regulated in the body of the individual who needs the healing."

And Dr. Jas. R. Drain, president of one of our large western Chiropractic colleges, further tells us; "Often the things we do as individuals prevent nature from healing the body. For instance, if nature is busy mending a bone; and we continually shake or jiggle the bone, nature cannot heal it. Whatever healing power there is comes from the inside of man and is directed by the greater portion of his brain. The brain utilizes the nerves to carry this healing power over the body. If the nerves are pressed upon, it interferes with nature's healing."

ciating pains around my heart and through my shoulders. I was a nervous wreck. The doctors frankly admitted they could not cure me.

"Four years ago, I suffered a hard attack of influenza, which of course, left me with a severe bronchial cough. Finally after much persuasion on the part of neighbors, I was induced to try Chiropractic.

"My case was one of thirty years standing and I had despaired of ever feeling better, but since my first adjustment I have not had a single hard attack. Within a few weeks my cough had entirely cured and the blood pressure reduced from two hundred points to one hundred fifty-five points. I can now lie down flat on my back and sleep soundly.

"I am now forty-nine years old and able to do my own work for a family of five. Words never can express our appreciation to Chiropractic for the wonderful benefits I have received from this method of treating.

"My advice to all such sufferers is 'Don't give up until you have given Chiropractic a fair trial.'"

(Signed) MRS. PERRY TRUITT,  
R. R. No. 2, Granger, Ind.



MRS. J. L. ANDERSON

### CATARRH, DEAFNESS AND OTHER COMPLICATIONS

"When I was a small child I contracted a terrible cold which caused catarrh and partial deafness in one ear. Measles had left me with stomach trouble. I had indigestion and burning pains. I had a nervous collapse. I suffered with sick headaches and high blood pressure. My feet, neck and hands were badly swollen. All my joints were sore from arthritis. I was unable to turn my head and could not walk without pain. Naturally I was unable to do any of my housework.

"A friend told my husband about a Chiropractor. He made an appointment and it was with great difficulty that I went to the office but I shall forever be thankful that I did. I will confess I was afraid of the first adjustment but the care and thorough examination reassured me. I do not feel that our Chiropractor will ever know how ill I was. My friends were all skeptical at first but they tell me now I look much better. My family says with me, 'It was a great day when we heard of this Chiropractor.'

"Four months prior to this writing I was unable to sit up more than one-half the time. I now hear perfectly; my headaches are gone; my stomach feels like new and my waistline is reduced; the swelling and soreness is gone from my feet, hands and neck; I can turn my head once again and am able to do my housework. My back which ached for years feels like a new back. My skin has cleared to normal; my nerves are good and my heart is in perfect condition. I am now able to walk a mile without tiring.

"To all who suffer in any way I recommend Chiropractic. I cannot sufficiently express my heartfelt thanks to our family Chiropractor for my wonderful recovery."

MRS. J. L. ANDERSON,  
516 N. Bell, Shawnee, Okla.  
(Subscribed and sworn to.)

### BRIGHT'S DISEASE (Was Bedfast)

"I suffered from high blood pressure for at least six years, which was caused by Bright's Disease. I suffered much from numbness in my legs and could not walk part of the time. My stomach had been out of order for three years. I was bedfast for two months and a medical doctor told my son that I would never get up again. While in this condition I sent for the Chiropractor. A few adjustments gave me some strength, so that I could come to his office after that. Under his treatment I made such wonderful improvement that in about a month I was able to go to work. I feel better now than I have for several years.

"I am deeply indebted to the science of Chiropractic."

J. G. BROWN,  
Alton, Ill.  
(Subscribed and sworn to.)



W. F. LAUGHLIN

### CONSTIPATION

"I am 71 years old and I had constipation since I was 20; trying and wearing out all kinds of laxatives. In Texas where my home was the doctors told me it was the cause of my malarial attacks and that I would have to change climates. I moved from one place to another and all the time trying first one

kind of treatment and another for the dreaded constipation.

"I was operated on for appendicitis. Three years later I started taking mineral oil. This seemed to bring relief in a way for a while but about two years ago I was taken with a very severe pain in my left side—started passing blood—went to hospital and had five X-rays made; but the doctors said they could find nothing wrong.

"A friend advised Chiropractic adjustments. I thought at my age I was done with life but I started with a Chiropractor, at which time the pain in my left side was so great I couldn't walk straight nor any distance and was still passing blood and very constipated.

"In two weeks I was much relieved. I continued and have had several adjustments. My constipation and other troubles have not bothered me since and I never felt better in my life. I recommend and thank my Chiropractor."

W. F. LAUGHLIN,  
20461 Fenton, Redford, Mich.  
(Subscribed and sworn to.)

### NEURITIS

"I wish to state how grateful I am to Chiropractic for help it has given me.

"For several weeks I was suffering from a neuritis condition in my right arm. As I am a salesman and driving a car, I was unable to carry on with my work.

"I was advised by a friend to take turkish baths, but this met with no results. I then went to a physiotherapist. I made repeated visits but felt no relief.

"I then learned of Chiropractic and its accomplishments. I am pleased to state that after a few adjustments, the pain left me and I felt like my real self again."

(Signed) JACK COHEN,  
535 Parkside Ave., Brooklyn, N. Y.

### HEADACHES

"I had suffered with severe headaches, stomach and bowel trouble for fifteen years and had doctored all the time with no results. I called on the Chiropractor and he started giving me his treatments. The results were not long in coming, and today I am a firm believer and advocate of his advanced methods. He has cured my ills and the agony I had endured is a thing of the past. I am glad to be able to recommend the Chiropractor to the general public, for he has done for me what no other doctor or person could do."

(Signed) MARJORIE PATTERSON,  
215 South High St., Hartford City, Ind.

## DO YOU KNOW SUCH A MACHINE?

Do you happen to know of a machine which has never been changed, improved, reconstructed, made better, stronger or more efficient? If you do, it must be the human machine—your own body. Yours is the same type of machine of which we read in ancient history, nothing new has been added, no improvements have been made. The plan of the human machine was made by the Great Architect and it will never be changed.

Every machine must be adjusted from time to time and occasionally repairs are necessary. Man made machines wear out or become obsolete, are discarded and replaced with new and often better models. If adjustments are neglected the machine will be faulty in its work, its service impaired and it will not last nearly so long. He is a foolish man who neglects to adjust and repair a machine he may possess, on which he depends for service.

The human machine is no exception, it too must be adjusted. Repairs are constantly being made through the building up and tearing down and renewal processes within the body. Nature makes adjustments during the rest periods of sleep and relaxation. However, Chiropractic aid is invaluable and frequently becomes an absolute necessity. A machine to do perfect work must be in perfect adjustment.

### A Suggestion

When you have a feeling of discomfort, distress, aches or pain and these signals of trouble continue, it is then that the machine is not functioning properly—it probably needs adjusting. True enough, your trouble is within you and the real cure is within you. However, admitting this, Chiropractic will not only relieve the pain and distress, but it will correct the conditions as well. In sudden or acute trouble no time should be lost in getting a Chiropractic correction for immediate relief.

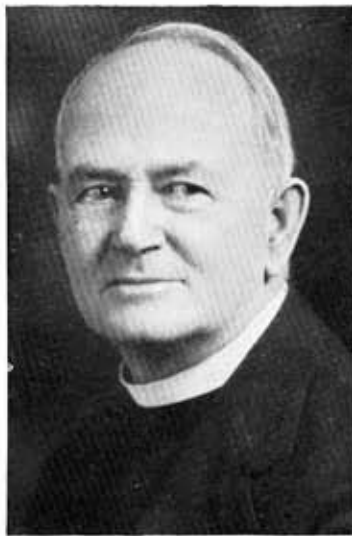
DR. FRANK J. WRIGHT.

## LARYNGITIS

"From a very severe attack of influenza two winters ago a serious case of laryngitis developed. I continued my church services as long as I could, not knowing the gravity of my throat condition. Finally I had to give up and consult a medical specialist. He discovered a growth on one of my vocal cords and expressed the fear that cancer had set in. However, after removing a minute portion of the growth for microscopical inspection he pronounced it to be just a benign tumor. A month of absolute voice silence was prescribed; after that I was told to refrain from public speaking for at least six months, better a year. After eight months the doctor found that the growth had disappeared and the inflammation had subsided but the cords were very much relaxed; and he stated that at my age (sixty-eight years) I should retire permanently from church work; otherwise, by the use of my voice for public speaking I was running a great risk of inviting cancer. At that

time I was unable to speak except in a low tone.

"Visiting my former parish, I met the local Chiropractor to whom I explained my condition. His statement was that his adjustments would remove the cause



REVEREND SHEA

of my difficulty, and my vocal cords would return to their normal condition. After the first three adjustments there was a remarkable change for the better. All of my friends noticed the clearness and strength of my voice; and after only two weeks' adjustments I was able to assist the local clergyman in the conduct of his services. Last Sunday, on my return home, I assisted the Bishop in a difficult service, and he intimated that I will be returned to regular duty again in a couple of weeks. For all of which I am very grateful to God for my most wonderful restoration and to my Chiropractor who under the merciful and loving Providence, was able to treat me so successfully."

JOHN E. SHEA,  
Pastor of St. Luke's Church, Ada, Okla.  
(Subscribed and sworn to.)

## DIGESTIVE DISTURBANCE

"For fifteen years I had been afflicted with stomach and bowel disorders, terminating into congestion of the bowels. I had headaches and suffered untold pain. Always tired and draggy. I hardly enjoyed living and could barely drag about doing my work. A body odor was noticeable and I had no appetite. So many foods would disagree with me and I would regret in many ways the eating of foods that were tasty to me but not of the proper elements.

"Finally, after having suffered one of these attacks, I called the Chiropractor. My case was diagnosed and I found I had ulcers, causing a nearly complete obstruction. My vitality was low and I suffered with kidney and bladder trouble.

"I started taking adjustments and continued taking them every day for three months, at the end of which time I was a well man. I hadn't known for years how it felt to be really well and enjoy life. It has now been sixteen months since I took my last adjustment, but should any ailment or illness arise I know to whom I would go at once and have the situation cleared up. I wish every one who has suffered could have the same end that I had and receive the benefits from Chiropractic adjustments."

(Signed) J. A. JACKSON,  
112 E. Wood St., W. Lafayette, Ind.

## LIVER TROUBLE

"For years I had most everything wrong with me. During all that period I doctored nearly all the time, but none of the doctors seemed to do me any good. My liver was in bad shape, I had dizzy spells and was tired all the time. In short—I was no account at all, having to lie around and sleep most of the time. Instead of getting better, I got worse and I realized something had to be done or I would die.

"The Chiropractor was recommended to me very highly by friends, so I went to him. He gave me a thorough examination and started adjustments. In two weeks he had me back at work. I began to build from that time on and became better right along. I had thought my period of usefulness was over, so you can imagine how happy I was to get back to work.

"It has been eight years since I first went to the Chiropractor. During these eight years I have had better health than at any other period of my life. About a year and a half ago I had some bowel trouble, but Chiropractic soon fixed that."

(Signed) FRANK YOE,  
R. F. D. No. 4, Muncie, Ind.

## INFLUENZA (AFTER EFFECTS)

"Our son, Elmer, was a normal, healthy boy, attending high school at the age of fifteen. One day, while at school, his nose began to bleed badly. Feeling ill, he returned home and went to bed. A physician was called and diagnosed the case as influenza. Hemorrhage of the nose continued for weeks. Elmer's limbs became blue, cold and lifeless. Gradually he grew weaker and weaker and steadily lost weight. After a time, he became as helpless as an infant, taking nourishment through a tube. This condition continued for months, when he was taken with St. Vitus dance.

"We called a nerve specialist and Elmer was removed to a hospital. After examination, his tonsils were removed. He returned after two months with nerves slightly better, but as helpless as ever. For the following three years he

was carried from bed to wheel-chair. In all this time he rarely talked. To say even 'yes' or 'no' was a great strain.

"After our boy had been suffering for a period of more than five years we finally took him to a Chiropractor. He weighed only eighty pounds, and it was of course necessary to carry him in. After a few adjustments he was able to walk a little—the first steps he had taken in all these years—and soon began to feed and care for himself. He grew increasingly stronger, and although not robust, he was able to help his father with the harvest last Fall.

"Those who saw Elmer during the years he was helpless can hardly believe their eyes now. His recovery from a living death has been a miracle and a God-send to us. Naturally we are very grateful to Chiropractic."

(Signed) GEORGE R. TRACEY,  
MRS. GEORGE R. TRACEY,  
Upperco, Maryland

Many cases of bilious headache and stomach trouble are due to a faulty posture that causes a constant strain on the muscles and spinal nerves in the back.

## RHEUMATIC SWELLING ARTHRITIS CONSTIPATION

"A description of the last 39 years would be a story of constant suffering. Beginning with nervousness which became progressively more severe, it resulted in several breakdowns. Interspersed through this period were a number of bad falls, with a gradual breaking down of the entire system, both physical and nervous, accompanied by rheumatic swelling, arthritis and excruciating pains of the back, legs, shoulders, arms and hands. The gall bladder became troublesome and stubborn, constipation also asserted its demand for attention. In hope of obtaining relief, operations were resorted to, among which were internal hemorrhoids, tonsillectomy and one for gall bladder. But gradually my condition grew worse and for past 13 years I have suffered almost constantly the most agonizing pains around my gall bladder with various protracted periods of complete prostration in bed. I had no rest or relief from my suffering and my legs became so stiff with arthritis that I could scarcely walk.

"Although I searched continuously for relief, all efforts failed. In June, I suffered an attack of ptomaine. In desperation I called our present Chiropractor and I can truthfully say that



MRS. CARRIE ADAMS

through drugless therapy I have received most splendid benefit.

"I can now lie down and rest and awaken next morning refreshed. My legs are more limber and I can walk better. Practically all my pain and suffering are gone and I really enjoy myself. I am happy to recommend Chiropractic to others in the hope they may receive as much benefit as I have."

MRS. CARRIE ADAMS,  
517 Sycamore St., River Falls, Wis.  
(Subscribed and sworn to.)

## GOITRE

"I started a series of treatments for inward goitre, which troubled me to the extent I could hardly get my breath at times. I also had other severe complications which were caused by the goitre.

"I am sure the first treatment gave me some relief. I took three adjustments a week for eight weeks, and then one or two a week for eight weeks. Now my throat is in good condition, the soreness and choking sensation are all gone. I believe the good word should be passed along to other sufferers. If others can be benefited as I was I would be glad to have you use this testimonial."

(Signed) MRS. EVA MAYFIELD,  
Columbus, Ohio



W. B. MILLER

## INTERNAL BODILY PAINS

"I had been bothered with ringing in ears and pains shooting through my sides until it was almost unbearable. I had become so hard of hearing that it interfered seriously with my business and work.

"One of my friends advised me to take Chiropractic adjustments from a competent Chiropractor, and I am glad to say that the ringing and pains have entirely disappeared, that my hearing is now almost perfect and that I feel better in every way.

"I am so grateful to my Chiropractor and his profession for what has been done for me that I want other people to know about it so that they will take Chiropractic adjustments first, instead of trying everything else first. I am sure they will get well quicker.

"I am glad to give permission to publish this letter as you may see fit."

W. B. MILLER,  
611 Claim St., Aurora, Ill.  
(Subscribed and sworn to.)



When we say that the nervous system which activates and stimulates action, and the nervous system which inhibits or suppresses action, must be in normal reciprocal balance in order to have health, we are simply stating a universal truth, understood and accepted by philosophers and scientists of all ages.

—K. C. Robinson, D. C.



ERLING FJAALAND

## RHEUMATISM

"For some time I had been coming home from work, complaining of pains in my back and radiating down my legs. The condition was diagnosed as rheumatism. Medicines did me no good. Finally, I was confined to bed in a very crippled condition. I could neither bend forward nor straighten up. In bed, I had to have a pillow under my abdomen. In that condition I remained for nearly two months.

"Finally, I called in a Chiropractor. After inspecting my spine, he located what he termed a subluxation which was causing all of my trouble. I noticed some relief after the first few adjustments and with only a short course of adjustments I was permitted to report for work. I did so, and have not lost a day since. All pain left me and today, thanks to Chiropractic, I am perfectly well."

ERLING FJAALAND,  
4481 Amboy Road,  
Eltingville, S. I., N. Y.

(Subscribed and sworn to.)

## RUN-DOWN CONDITION

"A neighbor whom I met downtown one day noticing my poor health insisted that I go with her to see her Chiropractor. Words can never fully express my gratitude to my neighbor, for I had tried every possible means and method to regain health but it all seemed to be 'just another experiment.'

"I was almost unable to walk, always tired and worn-out. It seemed to me that I had some sort of sleeping sickness, for no matter where I would be and who would talk to me I would fall asleep. To say that I was highly nervous is putting things mildly, for no one can appreciate what I suffered unless they had a like experience.

"I consented to go to the Chiropractor reluctantly, but after the courteous treatment, thorough examination and scientific manner in which he handled every situation my confidence was reassured. I was especially impressed by his assurance that he would truthfully advise me whether or not he could be of any help.

"He surprised me by explaining my condition after an examination without having asked me a question. I placed myself in his care and he dismissed me after forty-one adjustments an entirely different person than when I walked



MARY MILLBURN

into his office, sick, miserable and suffering.

"Today, after nearly five years, I am giving this statement out of gratitude and appreciation for my Chiropractor's wonderful work. Never hesitate to write me about it. I owe a thousand thanks to my Chiropractor for my fine state of health."

MARY MILLBURN,  
424 Tenth Street, N. W.,  
Cedar Rapids, Iowa.

(Subscribed and sworn to.)

Correction is the aim of Chiropractic. That which is treated superficially in one place, breaks out in another. That which is corrected is brought to a termination.

When, by skillful adjusting, a Chiropractor has restored a misaligned spinal bone to its normal position, the irritation of a nerve—or nerves—which it caused, will cease. Then Nature may transmit energy without impediment, and the region served by that nerve line will again function normally. That is correction.

## RHEUMATISM

"I was confined to my bed with what the doctors called sciatic rheumatism for a period of three weeks after which I was able to walk only with crutches. Later, in June, I was again taken to my bed, this time for four weeks. In August we consulted the Chiropractor and I started taking his adjustments. At this time my right leg had shrunk until there was a noticeable difference in size from my other and I became worried. Chiropractic made it possible for me to work that Fall and I have not been bothered with my trouble since. The pain, which was intense during the length of my sickness, has now all disappeared."

(Signed) LUCIUS LEWIS,  
R. F. D. No. 3, Hartford City, Ind.

## APPENDICITIS

"My son was stricken on the street with a severe pain in his abdomen and his case was later diagnosed as appendicitis. I was advised an operation was necessary at once, and began to get alarmed.

"I took the boy home and decided to call the Chiropractor before taking him to the hospital for the suggested operation. When the Chiropractor was called he began to treat our boy. Immediate results were noticed and within a few days he was feeling much better and has had no symptoms since. Now we look at the boy and feel thankful that we didn't have to take the chance with the knife."

(Signed) MRS. FLORA BAUGHER,  
621 N. Walnut St., Hartford City, Ind.

## FAINTING SPELLS

"For twenty-four years I was troubled with fainting spells, and would fall anywhere as often as three times in one week. The medical doctors bled me fourteen times with but little results. Then they said I had heart trouble and diabetes and there was no cure for me. After trying all kinds of patent medicines, without any results, I finally went to the Chiropractor. I have not fainted since taking the second or third adjustment, which was three years last March. I am certain that permanent relief has been brought to me solely through Chiropractic adjustments. I take pleasure in recommending Chiropractic to other sufferers, and give this testimonial of my own accord."

(Signed) MRS. EDGAR CRUMBACKER,  
Union Bridge, Md.



MRS. W. M. WOLFORD

## DIABETES MELLITUS

"For many years my health had been failing. I had no energy. I was tired and run down all the time. I had suffered from sick headaches nearly all my life, and as my general health failed the headaches became almost unbearable. I also suffered for years from indigestion.

"Three years ago I broke down completely. My physician after careful examination, pronounced me to be suffering from *diabetes mellitus* and Bright's disease. My urine was full of sugar and albumin and my blood pressure was 240. He said it was a particularly difficult case.

"It happens that my father had diabetes for many years, and finally died of it in spite of the best *medical attention*, so after trying many years myself, I

knew there was no use to expect much from that source.

"Several years ago, however, Chiropractic cleared up an ailment for me after other methods had failed. So in this emergency I consulted a Chiropractor. After a very thorough examination, he stated that he believed the damage was not too great for nature to repair, and that if I would be patient and allow him a reasonable time in which to get results he would accept my case.

"Under Chiropractic adjustments, I soon felt better, and gradually the albumin disappeared. Later on the sugar also gradually cleared up (I had the urine analyzed not only by the Chiropractor but also by the physician who first diagnosed my case) the blood pressure reduced, and within several months I was in better health than I had known for years. I am still well now, three years after my breakdown. I have plenty of strength to do my work, my sick headaches are gone and I can really enjoy life. I cannot express my appreciation for what Chiropractic has done for me."

MRS. W. M. WOLFORD,  
Princeton, W. Va.

(Subscribed and sworn to.)

## STOMACH AND LIVER TROUBLE

"It was a happy day for me when I called at the office of the Chiropractor. It was a choice between his adjustments or a trip to the hospital and I chose him in preference to the knife. Now I am so thankful that I decided as I did that words fail to express my feelings.

"I was run down from a nervous condition until I was only a shadow of my former self. A neighbor, who had been cured of heart trouble, suggested that I try Chiropractic, expressing confidence that it would help me as it had helped her.

"I was unable to eat anything with any degree of satisfaction and was suffering from stomach trouble and liver ailments. I was ready for anything that would help me so I went to the Chiropractor. I now weigh 160 pounds and am in better health than ever before. It has been eight years since I first started taking adjustments from the Chiropractor but at the slightest sign of trouble of any sort, and they are few and far between, I go to him for immediate relief, and never yet have his adjustments failed to bring about the relief expected."

(Signed) MRS. MAE DAVIS,  
R. F. D. No. 7, Hartford City, Ind.



MRS. ANGIE WHITE

## NUMBNESS AND SWELLING OF HANDS AND FEET

"I am giving this testimonial realizing that there are hundreds who are possibly suffering as I have suffered and have probably tried everything but Chiropractic for relief.

"I was taken with an acute pain in my stomach. Although this pain became better after treatment, it was followed by a gradual numbness that crept over my entire body. At the time, I first consulted a Chiropractor, I was unable to walk alone, could not dress myself or so much as put my own glasses on. My feet and hands were greatly swollen and the only thing I could wear on my feet was a house shoe having no heel. My heart was very weak, I was suffering with a pain in the small of my back, my appetite was very poor and my nights were sleepless.

"Upon examination the Chiropractor found a spinal condition causing the numbness. The spinal injury could have occurred at the time of an automobile accident a year earlier. In a short time I was walking alone and the other physical conditions rapidly improved. I can truthfully say that I feel better today than I have for several years and I am deeply grateful for the results received. Chiropractic has brought me from almost complete helplessness back to a normal state of health. My best friends can scarcely realize that I once was partially paralyzed when they see me in glowing health now.

"I am fully convinced that many people are suffering needlessly because they are not familiar with the merit of Chiropractic. I shall be glad to answer any inquiry relative to my condition before and after taking Chiropractic."

MRS. ANGIE WHITE,  
McLoud, Okla.

(Subscribed and sworn to.)



MRS. E. J. REMBER

### KIDNEY TROUBLE

"After suffering years from what I believed was liver trouble and a bad kidney condition, my husband told me that if I did not go to see his Chiropractor he was going to carry me bodily up to him. He had become so tired of hearing me complain day and night that I think, as I see it now, it might have caused some serious family difficulties.

"I had been told by some misinformers that Chiropractors were very brutal and rough; in fact that their training was so inadequate they could not diagnose a case or give me a physical examination. Well, I consented to go in the face of all this opposition just to satisfy my husband. I had not been to any doctor for a long time but had been taking this medicine and that, thinking that I knew just as much about myself as they did if not a little more. I had been having severe headaches and backaches, could not sleep nights, was nauseated after I ate, pains in my side in the region of the liver, and the worst of all, having to go to the toilet at least every half hour to relieve my bladder.

"The Chiropractor took me into his office and gave me a thorough physical examination and an examination of my urine. I did not know at the time, but now, after three months of adjustments they have told me the exact condition that I was in. My blood pressure was 230 with a pulse of 120 and my kidneys in very bad condition, which he called nephritis. Five months later my blood pressure was taken and found to be 156 with a normal pulse and I can truthfully say that I have been as free from pain in the last two months as I have ever been in my life. I have taken eighteen adjustments over this period; have watched my diet under the Chiropractor's supervision; have taken off some weight which I could afford to lose.

Today, the Chiropractor told me that I did not need to come over once a month for a check up.

"No one can realize how good I feel unless they have gone through a similar experience. All that I can say is that I hope that some other poor sufferer may read this letter, which I write most willingly, and go before it is too late to a Chiropractor. They will find as I did that all of these stories that are told against Chiropractors are false. I never received more consideration from any doctor than I did from my Chiropractor. He is a gentleman, a scholar and above reproach from any profession."

MRS. E. J. REMBER,  
238 Elmwood Ave., Burlington, Vt.  
(Subscribed and sworn to.)

Often the Chiropractor makes an abandoned invalid a happy, healthy citizen.



MRS. EVA KOKX

### KIDNEY TROUBLE

"My experience with Chiropractic is a unique one which should be told.

"After doctoring some three weeks with a medical practitioner for ruptured blood vessels on my feet and legs a blood test was made. I was told I had diabetes, a strict diet was given and I was urged to take insulin. I spent several days in the hospital. The doctor said I would always have to diet.

"My diet was rigidly followed, but I steadily lost not only in weight but also in strength.

"Soon I developed a severe pain in my hip and leg and upon the suggestion

of my friends I decided to consult a Chiropractor. The Chiropractor not only found sciatica but a kidney condition which was rather marked. When I told him I had diabetes and had been on a diet some three months he refused to believe I had diabetes. I was ordered to bring samples of urine and after a careful examination of each sample of the urine I was told I did not have diabetes but kidney trouble. I was ordered to eat sweets and a regular diet. I began eating sweets gradually as told to do.

"After a series of adjustments I was discharged, completely restored. At this writing I am feeling perfectly well. I eat sweets and my diet is no different than the average normal individual. I have gained in weight and feel fine. I do all my own work.

"My advice to you is this, consult your Chiropractor first and experience not only a proper diagnosis but rapid recovery. The Chiropractor, through scientific training and experience, is taught to properly handle your condition by locating and correcting the cause of your trouble.

"I cannot praise Chiropractic too highly for I was saved from a life of constant fear, a diabetic diet, and I am sure, an early grave.

"Permission is hereby granted to use this testimonial in any form which will reach the greatest number of people."

(Signed) MRS. EVA KOKX,  
Hart, Mich.

### CONSTIPATION

"I had been a victim of chronic constipation and backaches for a few years until a relative convinced me to give Chiropractic a trial.

"The Chiropractor examined me. He felt sure that results would be forthcoming in any case and to my amazement I enjoyed natural bowel movements which became permanent, and it is a pleasure once again to enjoy good health. The backaches also disappeared as did symptoms of what they call brachial neuritis.

"I wish that all people suffering from chronic constipation would make use of this logical and natural method of healing as I have had ample proof among my relatives to demonstrate the merits of Chiropractic in acute and chronic conditions."

(Signed) VERA L. KEMP,  
814 Sixth Ave.,  
College Point, L. I., N. Y.

# AFTER EVERYTHING ELSE

Have you observed how many Chiropractic enthusiasts state in their testimonials, "After I had tried everything else I decided to call a Chiropractor"?

The reason that so many people employ Chiropractic as a last resort is that we are all prone to follow the old lines of thought. Many of us have since childhood resorted to drug store remedies and advertised nostrums when we are not well. We fail to realize that many slight ailments are corrected by nature without anything being done. Thus we give the credit for the cure to the medicine we have taken. However, when something radically wrong occurs and the illness persists we should understand that something has gone wrong in our inner mechanism. The taking of drugs fails to bring relief and so we try some other medicine. Perhaps we go to first one doctor and then another. Every one prescribes differently and yet the illness remains. Sometimes this goes on for years in a vain effort to regain health.

If we only realized what was the cause of the condition we would know that it could not be removed or corrected by the teaspoon and the bottle. Often as a last resort we seek the services of a Chiropractor. We don't know much

about him and we have little faith in his ability, yet some of our friends have told of remarkable experiences with this new profession. Despite our lack of faith we feel that our condition can't be worse and we are willing to grasp at this last straw. We are astounded, bewildered and yet delighted when we come to realize that here is a system which seeks the cause of disease and having discovered that cause proceeds to correct it. Finally when our health is returned we tell our friends about Chiropractic, but we find that they too are shackled by the old well-beaten paths of thought. We learn that despite the things we say they must themselves experience Chiropractic benefits before they are very impressed.

We make up our minds that hereafter we will seek the Chiropractor first instead of last. We discover that this lesson has already been learned by many people and we learn that Chiropractic is gaining more and more followers. We are surprised to know that the public is coming to seek Chiropractic service in the maintaining of its health and somehow we feel a sort of pity for the thousands who are sick and who don't realize the tremendous merit in Chiropractic.



MRS. J. A. E. BEAUPRE

## PARALYSIS OF ARM AND SHOULDER

"Nine years ago, it was necessary to have my left breast removed. Since that time I had very little use of my left arm and shoulder. This part of me seemed to be partly paralyzed and gave me a great deal of pain.

"One day I went with a friend of mine who was taking Chiropractic adjustments and I had the Doctor examine my back. He said that he did not think that he could do much for me on account of the operation, but he did think that he could give me some relief.

"I took eleven adjustments during the months of January and February. From the first adjustment I could see some improvement and today I can use my arm and shoulder just as I did before the operation and it does not cause me a particle of pain or discomfort. I really feel that had I known about Chiropractic before the operation, it would not have been necessary to have had the breast removed. I am writing this letter to those poor unfortunates who may be suffering as I once did. I hope that they will try Chiropractic before or even after the operation if they suffer from a condition similar to mine.

"I am sincerely thankful for the relief that Chiropractic has given me."

MRS. J. A. E. BEAUPRE,  
236 Elmwood Ave., Burlington, Vt.  
(Subscribed and sworn to.)



NANCY VAN LEAR

## RHEUMATISM, HEART AND STOMACH DISORDERS

"I wish to state my experience with the wonderful science of Chiropractic so that other sick people may be spared a life of misery.

"Fourteen years ago I was stricken with a complication of diseases such as

female trouble, heart condition, rheumatism, constipation, headaches and stomach trouble. My body was partially paralyzed. I also suffered with asthma since childhood. Though I had done everything it was thought science could offer, I was told nothing more could be done and very little hope was held out for me.

"A neighbor of mine suggested trying Chiropractic. I did not think it could help me for I was too near dead, although I did know of the good work my Chiropractor was doing, so I decided to try it. After a few adjustments I was relieved and made comfortable to rest and sleep. I continued my adjustments and gained strength: was soon able to walk again. Now I am enjoying the best of health.

"The best days of my life were spent in pain and misery because I did not go to a Chiropractor. I do hope those suffering as I was will consult this profession for I owe my life to it and my Chiropractor. I feel sure it will help others as it has me."

NANCY VAN LEAR,  
224-A E. Main St., Clifton Forge, Va.  
(Subscribed and sworn to.)



AUGUST J. ENGEL

### ACCIDENT VICTIM

"I was injured in September, by falling eighteen feet and landing in a sitting position, on a concrete floor, and was badly injured although no bones were broken.

"I spent the next month in the hospital and in a few weeks after that I spent twenty-two days in another hospital where I was treated with all the modern facilities at their command. However, I was not able to sit down without pain. I could lie down or stand up and felt no pain. Had tried many doctors and remedies in the last year and a half without results.

"From a friend I heard of the results he had received from Chiropractic Adjustments, so I went to see a Chiropractor, who said he thought he could help me.

"I improved after the first few adjustments and now after taking a course of adjustments can say that I am entirely well, and I will certainly recommend Chiropractic to others who may be afflicted with a similar condition."

AUGUST J. ENGEL,  
Centralia, Ill.

(Subscribed and sworn to.)

### STOMACH TROUBLE AND DIZZINESS

"This is to certify that I had considerable trouble with my stomach and also suffered from much dizziness, which was doubtless caused by indigestion. This continued for about two years. I finally took a series of adjustments from the Chiropractor which made me well."

ROBERT METCALF,  
Alton, Ill.

(Subscribed and sworn to.)

## TREACHEROUS ACCIDENTS

Ask any Accident Insurance man. He will tell you that the delayed effects resulting directly or indirectly from an apparently harmless accident, are by far the greatest hazard.

There is one curious thing about the process of disease that comparatively few people realize. An unsuspected condition in the body may be brought to light, so to speak, by a shock sustained in an accident. Or—and this is an even more common situation—an accident occurs; a quick survey shows no broken bones; the victim "feels all right" and the accident is quickly forgotten.

Your body does not forget. Very often there is a spinal injury—perhaps

only a slightly misplaced vertebra. Usually it would be a simple matter to correct the condition through a prompt spinal adjustment, but when *neglected*, results may be dire indeed. And nearly always the real cause of the trouble—the neglected spinal injury—is completely overlooked in the diagnosis.

The remedy is simple. Your Chiropractor will skillfully locate and adjust the misplaced vertebra. This will again permit a free copious flow of energy to the vital organs affected through nerves that were inhibited by dislocation.

Prompt action may save you much misery and a great deal of expense later on.

### BROKEN HEALTH RESULT OF FALL

"As a result of falling from a silo and a loaded wagon running over my left leg, I suffered with dizziness, palpitation of the heart, a general run-down condition and could not turn my head sideways. For several years I remained in this condition. In doing my chores around the house and barn, I found it necessary to sit down and rest frequently which was entirely unnatural.

"I became discouraged and all my friends said I was getting melancholy. Then I began to have sleepless nights and couldn't rest properly. My general health was failing fast.

"I was riding to town one day with a neighbor who was on the way to the Chiropractor. The splendid results he told me about and the way the Chiropractor had helped him finally influenced me to at least go have a talk with his Chiropractor. I did go and it seemed as though he understood right away what my condition was by my color and posture. After a very thorough examination he told me he felt certain he could help me.

"After taking the first adjustment I was sure I felt better. Then after other visits to our Chiropractor I noticed I could turn my head again from side to side. This was something I had not done for about eight years. Gradually I started feeling somewhat better, didn't



MRS. E. MILLER

get so dizzy, began to get good sound sleep at night and now everyone is telling me how much better I look and act. I feel like I used to years ago. I can do my work and really like it. I can truthfully say that I have a new outlook on life.

"The excellent results I received from two and a half months of adjustments makes me grateful beyond words. I am so happy over my renewed health I recommend that any one who is sick should seek a competent Chiropractor the first thing they do."

MRS. E. MILLER,  
R. R. 1, Box 355, Waukesha, Wis.  
(Subscribed and sworn to.)

When ill health develops, the thing of most importance is to remove the cause which makes ill health a possibility. Therein does Chiropractic differ from every other health method, for it deals only with the cause.

## OLD AGE AILMENTS

"After years of suffering from many ailments, I thought I would never enjoy good health again.

"In addition to my other troubles I contracted a deep-seated cold, and when I found myself sinking, in desperation, I called in a Chiropractor, against the wishes of my family. After the first adjustment my breathing became easier. My recovery was rapid and complete within a short time. Besides ridding myself of cold and lung congestion, I noticed many of my other ailments also left me.

"Several months later I suffered an attack of paralysis. I could not move a muscle in my body. Again I called a Chiropractor, and in a comparatively short time of two months was completely restored to health. All of my old complaints have now left me. I consider this remarkable because I have already passed my three score and ten. Am as active today as I was when I was many years younger.

"Chiropractic has given me a new lease on life. Words cannot express my gratitude, and I recommend Chiropractic to all who suffer."

MRS. SARAH A. BROWN,  
1121 E. North Ave., Baltimore, Md.  
(Subscribed and sworn to.)



ELMER HAMMON

## TETANUS (*Lock Jaw*)

"I enjoyed reasonably good health all my life until I accidentally ran a pitchfork tine into my knee. Nine days later, tetanus (lock jaw) developed, and I was taken to the hospital and

given tetanus antitoxin but was never well thereafter.

"Some months later, serious sinus trouble developed, for which I had an operation. After this the poisons went into my nerves. I went to the hospital for a nervous breakdown and again about three years later, each time returning home no better.

"I suffered a third breakdown, followed with sleeplessness, incoherent thoughts and had to give up all business pursuits. I had peculiar drawing sensations all through the head and drawing, shooting pains through my entire body—my chest, legs, arms, hands and back, with serious indigestion, gas pains, gall stones and low blood pressure.

"Having received no benefit from other sources through these years of treating, friends recommended that I go to a Chiropractor, which I did. He made a thorough examination and found that my entire nervous system, as well as all the other organs was saturated in toxins, including tetanus.

"My improvement was slow and gradual, but I went regularly and am glad to state that through Chiropractic I now feel greatly improved. I sleep well, all my pains are gone, my digestion is good and I attend to my business affairs regularly every day. I recommend that others having similar troubles see a Chiropractor at once, not wait ten years."

ELMER HAMMON,  
Prescott, Wis.  
(Subscribed and sworn to.)

## RHEUMATISM

"Four years ago, I was stricken with rheumatism, and naturally I first sought medical aid to subdue the miseries it brought upon me. Instead of getting better, my condition grew worse as the weeks and months passed on; consequently a complete breakdown ensued. The pain grew more intense, and the disease more complicated. Medicines could not be used any longer to aid me as those which I had taken had already left its toll upon me. There was but one course left to follow, and that was Chiropractic Adjustments.

"It is only when you visualize how I was bedridden, and physically wrecked, that you can appreciate the task confronting my Chiropractor.

"Despite this he worked with a will, and brought to play his wonderful practice of a skilled Chiropractor.

"Within a space of about three weeks he had me up and about the house and it was not very long before I was able to resume my office duties, and I have been enjoying excellent health ever since.

"I have only the greatest praise for Chiropractic when other methods have failed."

(Signed) CHRISTINA A. S. FRANK,  
2384 Hughes St., Ridgewood, L. I., N. Y.



MRS. ARNOLD YOUNT

## HEART AND STOMACH TROUBLE

"After having suffered for six months with palpitation of the heart, gas on the stomach and my nerves all upset, and having taken medicine all that time without results, I finally was convinced by my friends to try Chiropractic for my case.

"I went to a Chiropractor and upon examination of my spine he told me that he could help me if I would take adjustments regularly, which I did for some time. And from the very first I noticed favorable results. I was so bad then that work was utterly impossible; my strength had left me. But I made a complete recovery and wish to add my testimonial to the many others with hopes to open other people's minds to try Chiropractic *first* in their troubles and not as a last hope.

"I am enjoying the best of health, thanks to God and Chiropractic."

(Signed) MRS. ARNOLD YOUNT,  
Brockway, Pennsylvania

## RHEUMATISM

"This is to certify that I, Mary N. Conrad, Do Hereby Affirm that for six months previous to April 19th, I was obliged to use a cane in walking on the street, a rheumatic condition having settled in my left knee. I also was suffering from a very weak heart and low blood pressure.

"On May 14th, I commenced taking Chiropractic Adjustments and am most happy to be able to say that I have not found it necessary to use a cane now for over six months, and my low blood pressure had been raised to normal. Would also state that the action of my heart has become much stronger.

"I had been forced to close my office on account of my poor health, but within a few months now, I expect that I shall be able to resume.

"I feel that I owe Chiropractic a debt that no amount of money can ever repay. I would recommend anyone suffering from a diseased condition of any nature to consult, and avail themselves of their Chiropractor; feeling assured that if you will remain under his treatment until he dismisses you as cured you will never regret your action."

(Signed) MARY N. CONRAD,  
Beloit, Wis.



W. M. SMITH

## DIABETES

"Because I had been led to believe erroneously that Chiropractors were quacks, I suffered ailments for years.

"I had suffered from diabetes for nine years. During that time I took insulin daily and was on an exasperating diet. They told me science had found

no cure for diabetes and this was the best I could do for myself.

"Finally I bruised my hand and the usual infection so common to diabetics occurred. Abscess, ulcers, slowness in healing all went as a part of my state of health. I had sleepless nights, headache and was constipated. Then neuritis developed in the arm and hand and my vision became impaired as is also a usual result in diabetic cases.

"It was in this hopeless situation that I determined nothing could be worse and my prejudice against everything not used by physicians finally broke down. I went to see my Chiropractor.

"I was given a thorough examination. This together with the enlightening consultation impressed me that I may have been wrong for years. He gave me an adjustment later and instructed me about my diet and conduct. For two months I took adjustments. After one month I became so rebuilt that I again started to work. My urine became free of sugar, constipation was corrected and I again felt as in my younger days.

"Chiropractic has been a godsend to me. I can again support my wife and children through the exhilarating health my Chiropractor taught me to maintain. I feel so good and am so happy from the results obtained that I wanted to make this statement so some prejudiced mind, like mine was, may break away and find the natural methods so beneficial. Don't waste time! See a Chiropractor!"

MR. W. M. M. SMITH,  
In Care P. M. V. Rural Station,  
Hamilton, Ga.

(Subscribed and sworn to.)

## PAIN IN HEAD AND HOARSENESS

"As an Evangelist, I was hindered very much in my work owing to severe pains in the back of my head which persisted for over five years.

"Upon coming to the Goodwill Home and Rescue Mission to speak at a series of meetings, I spoke to Mr. Lawrence Sutherland, superintendent of the Mission of the pains in my head. He advised, in fact, insisted, that I see a Chiropractor.

"After several adjustments the pains in my head left and before I left Newark they were entirely gone.

"On my return to Newark for another series of meetings I was afflicted with hoarseness, so hoarse, that I could hardly be heard above a whisper. Mr. Sutherland again suggested that I see the Chiropractor. This time I did not hesitate to take his advice knowing of

the good results of my previous visit. In spite of the fact that I was using my voice twice a day in public speaking, after several treatments my voice was fully restored.

"I would not hesitate to give my personal recommendation for Chiropractic to anyone who has any ailment."

(Signed) REV. W. M. T. WIGGINS,  
906 Ridge Ave., Darby, Pa.

The average person has been educated to take care of his teeth and eyes, yet he cheerfully goes on neglecting his spine. Adjustments of the vertebrae would prevent a large percent of trouble with teeth and eyes and make unnecessary artificial repairs and props.



MRS. ADDIE KNIGHT

## STOMACH TROUBLE CONSTIPATION NERVOUSNESS

"Knowing what Chiropractic has done for me I would like to tell about my wonderful cure from Stomach Trouble, Constipation and Nervousness. I was so sick I felt as if my flesh was falling away from my bones. I could not sleep and my appetite was very poor. After giving three doctors my case I was no better. I was advised by a friend to try Chiropractic. After a short time I began to sleep better, my nerves improved, and before many weeks I felt like a new woman. The results were wonderful and I highly recommend Chiropractic for all cases of illness."

(Signed) MRS. ADDIE KNIGHT,  
Grasonville, Md.

## QUINSY

"For years," writes Mrs. Reesor, "I have been suffering regular attacks of quinsy, lasting 10 to 12 days. I would have fever, swollen neck glands, a terrific pain in the throat, tonsils so inflamed that they almost closed the throat, and a headache that almost drove me crazy. Poulticing and rubbing gave no relief. Finally, I had to have my throat lanced.

"I could scarcely breathe. When I was at my worst, a neighbor dropped in and pleaded with me to send for a Chiropractor. I finally consented. In an incredibly short time, he had the fever reduced to nearly normal. The pain in the neck glands had gone, and the headache was well. When he left, he told me that the throat should open before morning. Amazed, I found my throat opened just 10 hours after that first treatment. Fully half a cup of pus and corruption was thrown off.

"Ten months after I had another attack of quinsy, this time affecting both sides of my throat. A Chiropractor was called the third day, and again his treatment brought prompt relief from fever and swollen neck glands. Seven hours after the treatment, one side of the throat opened, and six hours later, the other side. Although, naturally, my throat was still very sore, I was able to take nourishment soon after.



MRS. L. A. REESOR

"I must pass this wonderful news on to those who may have, in the past, been content to suffer for a week or more, and finally resort to the lance for relief. Chiropractic has proved to me its wonderful work and worth."

(Signed) MRS. L. A. REESOR,  
1028 S. 18th St., Louisville, Ky.

## SKIN ERUPTIONS

"I was taken ill with what was at first thought to be hives or nettle rash. My body was covered with great welts, which caused a terrible itching. This was accompanied by extreme swelling and high fever. The attacks returned from time to time, and usually lasted about three days.

"I consulted various authorities and went to hospitals for treatment. In one case, I was told that the trouble was caused by nerves; another theory was 'too much acid'; still a third declared my trouble was brought on by too much sugar. I tried several rigid diets, but grew steadily worse. Finally, on one attack I was in such agony that I was compelled to have a succession of hypodermics. During this time, my body continued to swell until my tongue was so thick I could hardly speak; my lips and hands were so swollen, it seemed the skin would burst. The itching was terrible. My kidneys, as usual in these attacks, refused to function, and every possible method was used for an elimination. The specialist attending me told

my wife that he had never seen anything so terrible, and that he was at a complete loss as to what could be done, other than to continue hypodermics until the swelling began to reduce.

"My wife had received great benefit from Chiropractic adjustments for a severe attack of rheumatism, and urged that I consult a Chiropractor. There seemed to be no other route for me, so I consented.

"I began to take Chiropractic adjustments, and in a few days I could see a definite improvement. I continued adjustments, and on New Year's eve noticed a few welts appear on my arm. The Chiropractor had warned me that I would have a reaction before being restored to normal. However, I more than half expected the usual attack. The welts did not spread over my body, as in previous cases. My kidneys continued to function. I remained at my work with no discomfort—and the welts disappeared! Imagine my delight! I have not had an attack for over six months, can eat anything, and never felt better in my life. I am deeply grateful to Chiropractic for the results obtained,

## EXOPHTHALMIC GOITRE

"For fifteen years I suffered with what eminent doctors diagnosed as exophthalmic goitre and all that goes with this trouble. At times my heart was very bad; I was very nervous; my breathing was very difficult; a severe breaking out of small sores appeared on my skin; my eyes felt as though they would bulge from their sockets; my brain was clouded and I could not think; I suffered with obstinate constipation and my general condition was miserable. I have tried many goitre cures and many goitre specialists and have spent hundreds of dollars in seeking relief, but I can truthfully say that no relief had been obtained until I took Chiropractic Adjustments. We talked the matter over and on March 11th I began taking Chiropractic Adjustments.

"I have taken a course of adjustments and all of the bad symptoms have disappeared and with them my goitre is also disappearing. Before taking the adjustments I could not button the collar on my shirt for my neck measured nearly nineteen inches in circumference. Now my neck is nearly back to normal and I feel and act like a different person.

"I am thankful that I am able to give this testimony to help spread the good news of hope to the suffering."

OSCAR I. LESSIG,  
Cincinnati, Ohio

(Subscribed and sworn to.)



L. B. BARTELL

and hope that others may find relief as I have."

L. B. BARTELL, Shawnee, Okla.  
(Subscribed and sworn to.)



## INDIGESTION AND HEADACHES

"When I first sought the help of Chiropractic five years ago, I had been advised by the Chief Medical Examiner of one of the greatest hospitals in the world that there was absolutely no hope for any betterment in my condition.

"My digestion was a complete failure and from this cause I suffered from terrific headaches.

"I was full of Sciatic Rheumatism, worse than either of the above afflictions. I was diagnosed as having Angina Pectoris (hardening of the arteries of the heart) from which their treatment gave me no relief. I was as perfect a wreck as could be imagined, not only physically but mentally. The mental depression was awful. The sudden realization that there was apparently no hope for any betterment in my condition was almost unbearable.

"When I was at my worst, I was advised to try Chiropractic as a last resort, and like many sick people who know nothing of this wonderful health science, I laughed in derision at the idea of anything helping me. When at last I made up my mind to take adjustments I had not a particle of faith in them.

"Today, my deepest sympathy goes out to the sick who don't or won't know the wonderful results that I obtained from what seems to me a God inspired relief from my many illnesses. My digestion returned to normal and my headaches vanished. Rheumatism has gone with the headaches, and I know that the Angina has been highly benefited. I am satisfied that Chiropractic did more for me than I expected of it.

"When I was first taken sick I weighed 200 pounds. As my condition continued to get worse the thinner I became, until I weighed only 148 pounds. Where I could not walk two city blocks nor lift 15 pounds, I am now back at work and weighing 190 pounds stripped."

S. WILSON CHURCH,  
4612 Manfield Ave., Baltimore, Md.  
(Subscribed and sworn to.)

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We are wise when we constrain a smile at the ridiculous medicines of the ancients, for a study by the American Medical Association, says Science News Letter, indicates that many of our modern preparations of drugs are of scarcely any value.

For instance they report 32 useless nose and throat preparations; 22 useless remedies for stomach disorders and indigestion; 11 useless hay fever remedies; 18 useless remedies for skin disorders.

## RAYNAUD'S DISEASE

### Remarkable Recovery of Man Who Suffered from Strange Malady

In the month of January, while running beneath the slide pole at the fire station Captain Alfred Calone was struck on the head by a fellow fireman sliding down from above. He was knocked unconscious and upon recovery noticed a severe burning pain in the lower cervical and upper dorsal spine. X-ray pictures at the time of the accident revealed no fracture but pain together with symptoms of nervousness and loss of appetite persisted over a period of months.

About the first of November, the index finger of the right hand became numb, later becoming blue and cold and extremely tender. By the month of May the following year gangrene had set in and the index finger was amputated at the second phalangeal joint.

A little more than a year later the third finger of the right hand became soft and flabby. This same member became inflamed and somewhat painful. On the 26th day of March, patient visited the office of his Chiropractor for a physical examination and possible adjustments. Findings were as follows:

On inspection there was seen to be a local cyanosed condition of the third finger of the right hand with extreme tenderness upon pressure. Moist gangrene had already set in and the distal end of the finger was necrosed to the point of revealing the end of the bone and the finger nail was partially destroyed. A blood stained fluid showed on the dressing and this fluid could be pressed from the finger.

The fourth finger showed signs of local pallor and the patient complained of a tingling sensation followed by stiffness and pain in this finger.

## STOMACH TROUBLE

"For the last year or more I suffered with a pain in my right side. I cannot remember when I did not doctor for stomach trouble. I was always tired and was very restless at night. It seemed that sleep did me no good. It was a hard task for me to try to work. I also would have sick headache and my kidneys bothered me considerably.

"I was dissatisfied with the results I was getting under other treatment, so I thought I would try Chiropractic, which I knew nothing about, but I soon found



CAPTAIN ALFRED CALONE

By palpation slight displacements of the seventh cervical and second dorsal vertebrae were discovered with corresponding tender nerve tracings down into the arm, and the finger by way of the Brachial plexus. An X-ray examination, from a Chiropractic standpoint corroborated these findings.

Chiropractic adjustments seemed indicated and following the first few spinal adjustments, all pain subsided in both involved members. Daily adjustments were advised and a gradual, definite improvement was noted. At the present writing the gangrene has disappeared; the local cyanosis was faded; there is no pain upon pressure; scar tissue has formed over necrosed area; the coldness is giving away to a more normal body heat and all vasomotor symptoms are abating.

The diagnosis is that of Raynaud's Disease produced by spinal nerve pressure affecting the Brachial plexus of nerves, left side.

(Signed) CAPT. ALFRED CALONE,  
2522 Vine St., Denver, Colo.

out that there were splendid results obtained under the Chiropractor's adjustments.

"My stomach does not bother me in the least any more, nor do I have the sick headaches any more, and my kidney trouble is completely cured. I am not tired now and can work with ease and can sleep at night. I can recommend Chiropractic to my friends, as it has done me more good than anything else that I have ever tried."

(Signed) ALTON A. PALMER,  
1601 E. 8th St., Muncie, Ind.



MRS. MABEL LOVELL

### KIDNEY TROUBLE AND OTHER AILMENTS

"For the past seventeen years I have suffered continually with pain in my right kidney, severe backache, intense abdominal pains and female disorders. Many times I have not been able to keep food of any kind in my stomach. I have not been able to sleep at night for years. I have had heart trouble so badly that even doing house work or riding in an automobile was out of the question, and I was able to walk only short distances. It was impossible for me to accept any invitations to parties or entertainments as I had neither the strength nor the ambition to go.

"I finally accepted the advice of a friend and went to his Chiropractor. He examined me and made a study of the condition of my spine. He told me that he thought he could help me. I was skeptical but feeling that it was my last chance I agreed to place myself under his care.

"He started giving me adjustments and to my great surprise and relief the trouble of years duration began to disappear. I was soon free from pain and my heart had stopped bothering me. My appetite returned and I now enjoy my food.

"I was fifty pounds overweight and I have lost eight pounds in two weeks and am gradually losing more each day. My female disorders have disappeared and I can go out for long walks now. I am able to do my own house work which I could not do before. Automobile riding does not tire me and I feel like a new woman.

"I am certainly pleased and thankful for the help I have received from my Chiropractor and his science. I have had no medicine or treatments of any kind except the proper foods and adjust-

ments since I placed myself in his care.

"I do hope that if anyone is suffering as I was before taking adjustments they will consult a Modern Chiropractor at once. I feel sure that if there is help for them anywhere Chiropractic will restore their health as it has mine. If the Chiropractor cannot help your case he will tell you so, and will not experiment with you.

"I am only too glad to recommend Chiropractic to anyone who is sick."

MRS. MABEL LOVELL,  
Burlington, Vt.

(Subscribed and sworn to.)

### ULCERS OF STOMACH

"I had a bad case of stomach trouble diagnosed as ulcers of the stomach. Finally got bedfast and was given up to die. The Chiropractor was called and I got along fine and haven't had the trouble since. It is eleven years now.

"Another time, after having the Flu, I was in a dangerous condition but got good results from Chiropractic. My husband also got good results for asthma."

(Signed) MRS. GEORGE LEAH,  
San Diego, Calif.



JOHANNA DOMBECK

### ARTHRITIS AND GOITRE

"Some fifteen years ago I was suffering from arthritis, sinusitis, a goitre, a badly run-down condition and other

complications following a still birth and two miscarriages within a period of two years. I was at that time the mother of eleven children. Physicians attending me all said there was no hope for my recovery. I was told I could have no more children and that I would probably live only a short time.

"I was urged to consult a Chiropractor where we were then living who had saved the sight of my son-in-law's eye. I followed this recommendation. The Chiropractor, after his complete examination and spinal analysis, which was something new in examinations with me, said I did have a bad spinal column; a serious condition existing because of the distortion in my back; that he believed he could help me if I would follow his instructions. He began adjusting me at once and after a reasonable length of time, taking adjustments regularly, I regained my health to the extent, contrary to the other physician's predictions, I did have another baby.

"Soon after the birth of my baby we moved to another state and I placed myself under the care of another Chiropractor. He has completed the adjustments and I am again in good health. My picture taken just recently should convince anyone that I am not now a very sickly type.

"I find it difficult to say enough in praise of Chiropractic and hope anyone reading this who may be hesitating about consulting a Chiropractor, will call on one at once and begin getting well with Chiropractic adjustments."

JOHANNA DOMBECK,  
Longstone St., Akron, Ohio.

(Attested and sealed.)

### NERVOUS BREAKDOWN

"I want to add my testimony telling what Chiropractic has done for me. I was stricken with a terrible nervous breakdown. I had everything that went with it. I couldn't eat or sleep. At times I could hardly walk. I was in a terrible condition. I doctored with medical doctors but didn't get any relief. I was getting worse right along.

"Finally, I consulted the Chiropractor and really I can't find words to tell what he did for me. I haven't felt as good in twelve years. I had the flu and never felt well after it. But today I can do all my own work. I feel I owe much to Chiropractic. I am always glad to recommend it to my friends."

MRS. SARAH E. NELSON,  
Brockway, Pa.

(Subscribed and sworn to.)

PENNSYLVANIA PUBLIC OFFICIAL SAYS  
 SCIENCE OF CHIROPRACTIC DESERVES  
 RECOGNITION BY THE STATE

OFFICE OF THE  
 SECRETARY OF INTERNAL AFFAIRS  
 HARRISBURG, PENNSYLVANIA

PHILIP H. DEWEY  
 SECRETARY

February 21, 1935

To Whom It May Concern:

It is my understanding that a bill is about to be introduced in the Legislature, calling for the licensing of chiropractic in Pennsylvania.

I am deeply interested in chiropractic, not to the exclusion of medicine, medical doctors or those engaged in any other method or modes of administering to human suffering; but my wife owes her life to plain chiropractic, and I have every confidence in that particular method of treatment.

I think it is time the bars of prejudice were cast down and people permitted to have the benefit of methods that have done so much for the human race as chiropractic.

Sincerely yours,



Secretary of Internal Affairs



W. E. SENTELL

PARALYSIS

"I fell from a scaffold while doing some repair work, and was confined to the bed two weeks, with sprained feet. I returned to work but did not seem to have any pep. I finally had to give up work and call in a doctor. My feet and limbs were becoming numb. The doctor treated me for rheumatism until I gradually became worse and in a few days became paralyzed and unable to move a muscle.

"Some of our best doctors were called in and advised blood tests, the spine was punctured for two test tubes of spinal fluid, which apparently did not help any in their analysis, nor did they give me any hopes, except to say I would no doubt live until my throat became paralyzed also (except for my throat I was completely paralyzed in every part of my body).

"My wife at this point decided to call in a Chiropractor. After my third adjustment I realized she had made no mistake, insofar as the adjustments checked the progressing weakness and started action of the kidneys again. I gradually became stronger. About a month later I could sit up some. Within another month or about six weeks, went to the office on crutches for my adjustments which I continued until the middle of August, at which time I was strong enough and had the use of my limbs.

"Now I am stronger and better than ever before—thanks to the science of Chiropractic and my Chiropractor. Eighteen years since the above occurred and I am still in perfect health. I am now 58 years young."

W. E. SENTELL,

396 E. Williams St., San Jose, Calif.  
 (Subscribed and sworn to.)



MRS. V. J. SPARKS

TUMOR

"For a long time, I had been having pains in my right side, and felt so badly, that many times I was unable to do my work. An examination finally revealed a tumorous growth about the size of a lemon, and an operation seemed the only thing left for me. I put it off just as long as possible, until my condition got so that I was unable to do any work at all, and suffering continually, and I be-

came very much alarmed. Hearing about the wonderful work that Chiropractic was accomplishing, I finally decided to see what it could do for my case.

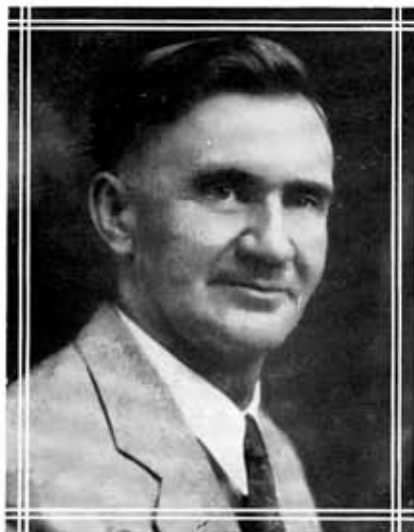
"It being my first experience with the profession, I was greatly pleased with the thorough examination. More amazing was the fact that his first treatment took all the pain out of that side immediately. I was able to stand erect without a trace of discomfort, and I returned home thankful that I would not have to undergo an operation. In eight (8) treatments the size of the tumor was reduced fully half, and by the sixteenth (16th) treatment, had totally disappeared, and not a trace of any tenderness left in my side.

"I feel deeply grateful for what my Chiropractor has done for me, and can truthfully state that the treatments were absolutely painless, but I must not forget to mention the most wonderful thing of it all, that of receiving immediate relief of the terrible pains which I was suffering, and getting rid of the tumor without going through the harrowing experience of an operation and its necessary great expense.

"I have unbounded faith and respect for Chiropractic after this, my first wonderful experience with this marvelous Healing Science."

MRS. V. J. SPARKS,  
 Shively, Ky.

(Subscribed and sworn to.)



R. W. FAWCETT

### STOMACH TROUBLE

"It became imperative that I get relief from a persistent stomach disorder, which was beginning to interfere with my work not to consider the suffering I endured.

"I first consulted an M. D. After a very thorough examination, which included X-ray pictures of the stomach and intestine, he decided I had a bad case of ulcers, with a likelihood of even more serious developments unless I was treated at once. Also he said he found a necessary secretion entirely lacking in my stomach, and prescribed medicine to correct this condition.

"I took this medicine for a week or ten days and felt that I was getting worse instead of better. I was very much discouraged.

"My wife was taking Chiropractic service with such good results that for some time she had been urging me to consult her doctor. But having no faith in such treatments I hesitated, till convinced nothing else was going to give me relief.

"Then I went to my doctor and told him I had decided to go to the Chiropractor, to prove to my wife it would do no good.

"The doctor said, 'Go ahead, but don't wait too long to continue the medical treatment you need. We need a change in medicine, and delay might be serious. You will be back to me soon and just that much worse off than you are now. We may need to operate.'

"I went to see the Chiropractor, telling just what had been done in my case so far, and that I had no faith in this new method of treatment. The Chiropractor assured me I need have no faith, I need only take the treatments and follow instructions exactly.

"I was told that a complete recovery

would doubtless be effected, meanwhile to continue with my usual work.

"Within the first ten days I noted a decided improvement. Eating was no longer the cause of so much distress, and I began to wonder if there might not be something to this Chiropractic method, after all. But I still felt that the improvement was only temporary and I would probably be as bad off as before, as soon as I stopped the treatments.

"I was contrary enough to continue with Chiropractic service until the doctor was ready to dismiss me, although I felt I was cured, for some time.

"Now after a number of months I am glad to say I am feeling fine, as well as I ever have. And the cure is permanent, I feel sure.

"My family is 100 per cent. for Chiropractic.

"I am glad to express my appreciation of the benefit I have received from Chiropractic."

R. W. FAWCETT,

1202 E. 11th St., Shawnee, Okla.

(Subscribed and sworn to.)



MRS. ROSA DUELL

### HIGH BLOOD PRESSURE AND OVERWEIGHT

"This is probably an old familiar story to you," wrote Mrs. Rosa Duell, in relating her experience with Chiropractic. "How often we try every other means under heaven, before giving Chiropractic a chance. But strange to say, the Chiropractor does not discourage these 'last resort' cases, such as mine. He welcomes them. But, oh the years of needless suffering! because we do not turn first to Chiropractic."

Yes, Mrs. Duell, it is an old story, and a familiar one to every Chiropractor. Yet it is a story that is always new, and always inspiring. These cases, of which there are many, many thousands, represent the real romance of Chiropractic. Let us listen to Mrs. Duell for a few moments:

"For five years I suffered from high blood pressure and nervousness. I could not do my housework. I tried every known treatment, but with no results. I had three operations, without benefit; even had a perfect set of teeth extracted. Nothing seemed to relieve me.

"On the advice of a friend, I went to a Chiropractor. He made no promises, but said he thought he could help me. Feeling this was my last chance, I agreed to place myself under his care. To my pleasure and surprise, my blood pressure was soon reduced from 250 to 180. I was much overweight. The first week I lost nine pounds and am gradually losing more each week. I am doing all of my work now, and I feel like a new woman.

"I do hope that those suffering as I was will consult a modern Chiropractor at once. I feel certain if there is help for them anywhere, Chiropractic will restore their health as it has mine. If the Chiropractor cannot help your case he will tell you so, and will not experiment on you."

MRS. ROSA DUELL,

19 White Place, Burlington, Vt.

(Subscribed and sworn to.)

### LOCK JAW

"For four months I suffered with Lock Jaw. Chiropractic gave me results where other methods failed. Under other methods I continued to suffer day and night without results or relief. I made up my mind to take Chiropractic adjustments and came to the Chiropractor with one side of my face swollen until one eye was closed. It was very painful and I could do nothing but walk the floor and suffer agony. I received relief from the first and the following morning the swelling was gone down until I could see and I had a good night's sleep for the first time in a week. I continued adjustments for one month and was eating anything I wanted to eat after the first few adjustments where before I had strained soup through my teeth out of a spoon for four months. I have been doing my work on the farm ever since. I had decided my days were short and I didn't see what man had to live for, but today I am well, happy and enjoying good health, for which I give Chiropractic all the credit."

(Signed) CHARLES BATES,

Sabinal, Texas.

# Chiropractic

## ... IN STATE INSTITUTIONS

From September 3, 1930, to December 1, 1931, a notable achievement was made in the Kentucky houses of reform at Greendale. This is an achievement which should engage the attention of those officials in other states who seek to rehabilitate inmates of penal and charitable institutions and at the same time reduce the taxpayer's burden.

In Kentucky the board of Charities and Corrections gave permission to employ Chiropractic service in one State Institution for one year. Such a test would definitely establish the value of Chiropractic in such rehabilitation work. The results were so impressive that the State Legislature in 1932 passed a law providing Chiropractic service in all Kentucky penal and charitable institutions.

When Dr. Lillard Marshall, Kentucky's supervisor of Chiropractors, entered the House of Reform at Greendale in 1930 there were 540 inmates. Just fifteen months later the number had been reduced to 335. Part of this reduction was due to expiration of sentences. However, 144 had been paroled. Assuming \$300.00 per year for each inmate, the State saved \$43,200.00. And how were other State institutions faring during this time? The only institution in the state showing a decrease during the past ten years was the one which employed Chiropractors. Is it any wonder the Legislature provided for Chiropractic in all its institutions?

The number of inmates cared for by the Chiropractor was 244. The number dismissed completely recovered or greatly benefited was 155. Certainly it is much easier to decrease expenses of State Penal and Charitable Institutions than to raise revenue to sustain them.

Writing to the Chairman of the Board of Charities and Correction, S. E. Duff, Director of Education, says:

"If the number of inmates could be held at approximately 335 (there is no reason it cannot), the state would save between forty and fifty thousand dollars each year. I would not have you think this financial saving is to be considered paramount. It means much more to the

social uplift and spiritual outlook of the boys concerned, in fact I deem the financial saving of little consequence when compared to the human side of the question.

"In addition to regular physicians employed at the institution we have had the services of Chiropractors. Allow me to say that I feel that the fine showing in the number of promotions and dismissals from the institution is largely attributable to the very excellent work done by the Chiropractors who have almost daily looked after the health and general welfare of these boys. The general tone, the mental alertness and moral and social outlook of these boys have in a large measure been attributable to this very fine cooperation."

A group of teachers working daily with the inmates directed a letter to B. W. Hubbard, Superintendent, in which they said:

"We, the undersigned teachers of the Kentucky Houses of Reform at Greendale, recommend and urge the appointment of an all-time Chiropractor at Greendale. We made this recommendation and request because of the results which have been obtained by the Chiropractors in charge of the boys in this institution during the past fifteen months.

"As the records will show the boys who underwent treatment improved from the first adjustment and in many instances showed improvement beyond belief. Not only did they improve in health, but also in their school work as pupils, showing better results in the shops and other industrial training and, above all, there has been a marked improvement in their moral life.

"Many of those who sign this petition were not hitherto advocates of Chiropractic, but have been ever since the splendid work began, and we cannot be anything but 100 per cent for it as we have seen its great value, and because of these things and many others, we hope that our petition will be answered and that we will have an all-time Chiropractor at the Kentucky Houses of Reform."



MRS. FRED WEBER

### RHEUMATISM AND DYSENTERY

"Our heartfelt thanks go out to Chiropractic for the wonderful and efficient treatment in my own and husband's illness we suffered some weeks ago. I was suffering from heavy pains in shoulder, legs and spine. A doctor diagnosed my case as rheumatism and treated me accordingly but to no effect, the pain got worse and without an opiate I could not sleep. Therefore, I changed to another doctor who called my illness ptomaine poisoning. His treatments did not help and my pain and helplessness increased. This had gone about seven weeks, I was desperate. As a last resort we called in a Chiropractor. From the first treatment on, my health improved, soon I could get out of bed and later was able to do my housework again. Now I can walk to the Chiropractor's office where I receive his treatments.

"In the same way he helped my husband who had a very severe case of dysentery. As many as twenty times he had to go to stool in one day. He got no lasting relief from other treatments. Chiropractic has brought it about and he is gaining in health and strength from day to day.

"This testimonial is an expression of our gratitude to our Chiropractor and we are ready to substantiate all we have said in above."

MR. AND MRS. FRED WEBER,  
156 Harrison St., Paterson, N. J.  
(Subscribed and sworn to.)

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*How Long Will It Take to Get Well?* . . . No one can tell exactly how long it will take a peach to ripen, nor can a Chiropractor say with any degree of certainty how long it will take you to get well. The healing process, like the blooming of flowers, is an effort of Nature, and we cannot dictate to her how long she must take. The Chiropractor, by adjustment, opens the door which was closed against the healing process, and then Nature gets to work. The time she takes depends upon the amount of reparative work that has to be done.



LOUIS WRIGHT

### SCIATICA

"The story of my remarkable recovery is freely given for the benefit of those who suffer any bodily ailment.

"I suffered terrible pain in my left leg and hip for over two years and anyone who has had sciatica will appreciate the suffering I endured. I was in constant pain sitting, standing and lying. The only relief was to walk.

"My condition was no different than any case of sciatica. I injured my back while working and tried to correct my condition with pills. I then tried different doctors over a period of time with the same results—failure.

"I had read testimonials where others regained health through drugless methods and I finally decided to listen to friends who advised and urged me to take Chiropractic adjustments. I consulted a Chiropractor and started taking adjustments and I have never regretted my decision. An examination was given, and I was advised I would recover but time was needed to correct a long neglected displacement in the lower part of the spine.

"I am absolutely free from all pain except when I first arise in the morning I notice my lower back is slightly sore while I put on my shoes. I am confident that in a short time this slight soreness in my back will disappear. I say I am well for I work every day.

"It's welcome relief to be free from that stinging pain in my hip, thigh, calf and sometimes down to my foot. It's great to be well again and if you're suffering a bodily ailment don't neglect

the modern drugless way of Chiropractic."

LOUIS WRIGHT,  
Walkerville, Mich.

(Subscribed and sworn to.)

### BACKACHE AND HIP TROUBLE

"Out of gratitude and appreciation for the good results obtained through Chiropractic and without solicitation or hesitation I gladly offer the following statement for the good it may do for others.

"At the offices of a Chiropractor an examination was made of my spine and adjustments given accordingly. As a result of which I have obtained relief from a severe form of backache and hip trouble of several years standing. At the same time a troublesome form of stomach disorder disappeared. I will gladly answer any questions regarding my experience with Chiropractic."

LOUIS C. UPHOFF,  
Saginaw, Mich.

(Subscribed and sworn to.)

### INJURIES

"While a motorman on an inter-urban freight, I sustained injuries in a wreck, and was confined to my home for more than a year. During this time, although I tried various treatments, I could find no relief. I was reduced to 130 pounds, from a normal weight of 200, and was a mental and physical wreck.

"Finally, when I had given up all hope of ever being well again, I noticed a Chiropractic sign one evening, and hobbled in to talk with the doctor. He explained his science, and I was convinced that it was worth a trial. I began taking adjustments and in a short time was feeling much better. After two months, I was dismissed, a well man! I soon regained normal weight, and can truthfully say that I have never had the slightest recurrence of my trouble in the past seventeen years.

"I am giving this testimony through gratitude to the great science of Chiropractic."

(Signed) MORT BERRY,  
519 W. Broad St., New Castle, Ind.



GEORGE E. MORGAN

### CONSTIPATION AND STOMACH TROUBLE

"If only I had known about Chiropractic years ago!"

That is perhaps the phrase which falls most frequently upon the ears of the modern Chiropractor. Countless thousands continue year after year to suffer needlessly, when they might so easily find health and happiness in following Nature's simple path. But even though you have long delayed action—even though your case is counted chronic and "hopeless," do not despair. The mere fact that you have not been helped by conventional methods does not in the least discourage the Chiropractor. For Chiropractic adjustments are revolutionary. The Chiropractor strikes directly at the basic cause of your trouble. That is why, even in cases of long standing Chiropractic so often brings amazingly quick improvement.

Consider the testimony of Mr. George E. Morgan. For seven years Mr. Morgan was a sufferer from Constipation, Stomach Trouble and Backache. In all that time, he was unable to find relief, and was in fact steadily growing worse. "I decided to try Chiropractic," he writes. "Before many weeks improvement was noticed, and further adjustments relieved me of all my old ailments. At this writing, I can say that my health is better than it has been for many years. I feel it my duty to make this statement for the good it may do my fellowmen."

GEO. E. MORGAN,  
Reece, Mich.

(Subscribed and sworn to.)



ALFRED A. PARENTE

### INJURY FROM FALL

"I wish to take this opportunity of expressing gratitude and admiration to my Chiropractor for his counsel which enabled me to have my foot.

"When I was just a little tot I fell down stairs and hurt my ankle. My mother thought little of it at the time. Later when it still looked bad she took me to the doctor. He thought it a blind boil and lanced it. After a few days, however, there was another noticeable swelling. Then started a seemingly endless round of doctors, bone specialists and advice. My case was diagnosed as a tubercular bone in the ankle.

"Three operations followed and the bone was scraped. This did no good. Finally a well-known bone specialist told us it was hopeless and to save my life the foot must be amputated. My mother refused and was threatened with being reported to the Board of Health. I was then about four years old. This had covered a period of about two years.

"It was at this point my mother heard of our Chiropractor and took me to him. He made an examination, was encouraging but frank. He said that premature cutting of the nerves might make permanent help impossible. But he worked hard and patiently with me and finally had me hobbling about on a crutch. Later on I was limping about with my foot at right angles to my body. At the end of a year I was walking naturally except for a slight limp which disappeared after a while. From that day to this I have not been bothered with my ankle. I am now 19 years old, play baseball, basketball, dance and other sports that severely test my feet. I am in best of health and awake to the fact that if it had not been for our Chi-

ropractor I might now be hobbling about on crutches minus a foot.

"I will gladly answer inquiries or show what it has done for me."

ALFRED A. PARENTE,  
193 Exchange St., New Haven, Conn.  
(Subscribed and sworn to.)

### Epileptic Convulsions

"We wish to tell all sick people how our son was saved from a disease that to us seemed worse than death.

"During one summer our nine year old boy, Homer, fell from a tree and hurt his back. Three months afterwards he commenced to have epileptic convulsions. For more than a year he grew worse. We had to hold him in the bed at times. Those qualified to diagnose such ailments told us that he could not be cured. We were grief stricken.

"We had heard and read of a Chiropractor who was reported by his patients to be getting desirable results with sick people. We determined to consult with him. At this time our boy was having about three epileptic convulsions each week, weighed fifty-two pounds and was extremely nervous. He was not gaining or developing as he should.

"Under the Chiropractor's care, after a series of adjustments, our boy improved steadily. We had known for a long time that his was a very severe case for we had been so advised by other health consultants. We continued persistently with the adjustments and finally the epileptic convulsions stopped completely. His general condition grew much better. He made steady observable progress and is as healthy as any fourteen year old boy. Now he is free from the convulsions and has been for two years. Naturally we trust only in our Chiropractor for sickness in our family.

"We feel he has saved our boy and has helped other members of the family in other sickness. We will be glad for you to use this statement in any way you think will help other sick people to have confidence in Chiropractic success."

WILLIAM ROY AND GRACE ROY,  
His Parents, Cumberland, Md.  
(Subscribed and sworn to.)

### CONSTIPATION

"For twelve years I had an extremely stubborn case of constipation and the troubles that go with it. Indigestion, gas, bloating and dizziness made life miserable and I felt tired all the time. A little work or effort completely exhausted me.

"In spite of professional health measures and counsel, my condition grew



E. J. PRESTON

worse. I was advised by a friend to consult a Chiropractor. That was something new to me and when I learned he used no drugs I didn't see how he could do me any good. As I view it now that was not very good reasoning.

"As a drowning man grabs at a straw, I did consult the Chiropractor although I felt sure I was just wasting my time. But after a thorough examination I was given the first and only reasonable explanation of my trouble that I had ever heard. He reminded me that when I wanted to move my arm or leg, I had to send the message from my brain down through my spinal cord and out over the nerves, which are branches of the spinal cord and connect it with the muscles and other organs of the body. Of course I knew that my nerves made my arms and legs move, but it simply had not occurred to me that they also direct all orderly movements of the body.

"My Chiropractor added that if a nerve was interfered with so that the orders from the brain and spinal cord could not pass over it normally, the organ it controlled would fail to work right. He showed me where the nerves controlling my intestines were pressed upon by bones in the lower part of my spine.

"As he gradually removed this pressure my condition became normal again. I should add that it also cleared up neuritis in my shoulder which had bothered me for several years. Now more than five years later, I am still well. I can certainly recommend Chiropractic to anyone who suffers as I did."

E. J. PRESTON,  
805 Mercer St., Princeton, W. Va.  
(Subscribed and sworn to.)

We have neither a "process of treating disease," nor a "method of treatment." Instead of treating the disease, we adjust that which produces it. In place of a "method of treatment," we bring the abnormal parts to a true relative position.

D. D. Palmer, D. C.



REV. EMMA F. HUSSUNG

### ECZEMA

"After 20 years of constant affliction of eczema on the foot and ankle, with its terrible itching and breaking-out, necessitating the continuous wearing of bandages, which caused no end of embarrassment due to the many questions asked, the innumerable salves and medicines, doctor bill after doctor bill for treatment under noted specialists, and undergoing untold misery and impaired health, for once and for all relief has come!

"All good things come to those who wait. So God in his mysterious way giveth all those who put their trust in Him.

"He surely has given me one of the greatest blessings ever given to man or woman, when he gave me relief through Chiropractic adjustments, received through the continuity of experience, knowledge and success of a doctor whom I deem a God-send to suffering people.

"After a series of adjustments, the bandages came off, interrogations have ended and all unpleasant connections with the treacherous disease have now ceased. I cannot therefore too highly recommend Chiropractic adjustments.

"Previous to the present experience, I had no faith in Chiropractic. However, after explaining and relating my case to the Chiropractor, and then, hearing his logical explanation, I at once became converted. And the facts herein mentioned is my testimony of faith in Chiropractic. To any and all who may be suffering and can apparently get no relief from other systems of healing, I fervently pray that you will see the Light and try Chiropractic."

(Signed) REV. EMMA F. HUSSUNG,  
1030 Dixie Highway, Louisville, Ky.

### HIGH BLOOD PRESSURE

"I went to a doctor and he diagnosed my case as high blood pressure, enlargement of the heart and also that my back was filling up with calcium.

"X-ray pictures, he said, showed that some of the vertebrae were not just right and that I was in a very bad condition and added that a good many in my fix had died. I was under his care for one month and blood pressure went down two points.

"From our neighbor who was paralyzed and totally blind, whose life had been saved, I learned that Chiropractic was especially successful for high blood pressure such as mine. Therefore, I went to his Chiropractor. I was agreeably surprised at the up-to-date equipment which enabled him to tell me I had considerable spinal trouble and needed spinal corrective work done.

"After two adjustments my blood pressure was reduced eight points. After I had received several adjustments my back limbered up, my blood pressure went down to normal and stayed there and my heart became normal.

"So here I am after almost three years, not dead yet. Even in my condition the adjustments I took from the Chiropractor never did hurt me. They were given in a scientific way and I am so impressed with the modern and efficient manner I was taken care of, that I feel it would be well for anyone suffering from any ailment to go to a Chiropractor and have an examination."

A. E. WHITTEMORE,  
Clay, Calif.

(Subscribed and sworn to.)

Is pain abnormal? No, pain is always normal, be it mild or severe. Pain tells you there is something wrong and where it is, it serves a good purpose.

Abnormal function is always present in every disease and a man who is sick is the victim of abnormal function somewhere in his body. This is a self-evident fact.

FRANK J. WRIGHT, D. C.



E. B. FLEMING

### PARALYSIS

"As a result of lifting a heavy box, I lost the power to raise my right hand. It was completely paralyzed. The company for which I was working sent me to a nerve specialist in Brooklyn, N. Y., who examined me carefully, but could not find the cause of the trouble. He sent me to a 'higher up' specialist, who said it was just a plain stroke of paralysis and that nothing could be done for me.

"With this hopeless outlook, I went home resigned to the fate of being a cripple for the rest of my life. But since the insurance company offered to pay for a certain amount of medical attention, a local physician gave me electrical treatments for some weeks, with no improvement whatever. I got worse instead of better, and the muscles of my forearm began wasting away.

"About this time I was urgently advised by friends to consult a Chiropractor, which I did. This Chiropractor discovered in a very few minutes that the cause of my paralysis was pressure on nerves, due to slipping of a vertebra in my neck. He said that since the condition had not existed very long, he could correct it in a few weeks.

"After he had given me only a few Chiropractic adjustments I could see slight improvement, and in thirty days I was well and able to work again. I am still perfectly well now, over two years later.

"I hope my experience will be a lesson to many whose ailments have been unsuccessfully treated or called 'incurable' by 'eminent specialists.'"

E. B. FLEMING,  
Princeton, W. Va.

(Subscribed and sworn to.)





MRS. MARY WINKLER

### CONSTIPATION

"I am thirty-nine years of age and have eight children. About five years ago, I began to suffer with severe abdominal pains, backache, headache, and could not bend my body forward. I had suffered with constipation for many years. During the past five years I have had two major operations, spending five months in hospitals and thirteen months at home in bed.

"At the time of my last operation, the doctor sent me home and told me to stay in bed for several months and that I would have to have a third operation. I had suffered so much that I became mentally weakened, and one doctor insisted that I be sent to an institution. I had dropped from a normal weight of 170 pounds to 118 pounds.

"One of my neighbors advised me to call in a Chiropractor, which I did, and now at the end of six months of Chiropractic adjustments, I weigh 140 pounds, and I am doing all of my own work and taking care of my eight children. I cannot thank my neighbor too much for recommending this wonderful science."

MRS. MARY WINKLER,  
Rochester, Pa.

(Subscribed and sworn to.)

### RHEUMATISM

"For a number of years I was in a terrible run down condition, suffering from severe pains in my abdomen and sharp rheumatic pains in my knees

which made it almost impossible for me to attend to my business.

"I went to a number of doctors and took all kinds of medicine with no relief, in fact, all the time the pains were getting more and more severe.

"At last I decided to go to the Chiropractor. The very first adjustment he gave me made me feel better and now after taking adjustments for two months I feel like a new man, free from all pain, sleeping well and finding my work a pleasure.

"I am giving this testimonial gladly in the hope that it may inspire confidence in those who are suffering seemingly without hope, and may it induce them to try Chiropractic, and be benefited as I have been."

JULIUS SEUFERT,  
Irvington, N. J.

(Subscribed and sworn to.)

### DIGESTIVE DISORDER

"Many times in the past three years I have given up hope of ever being a well man again. Even two months ago I would have believed it impossible to be the happy, healthy person I am today.

"Chiropractic was the solvent of my troubles, which were Indigestion, Constipation and Gall Stones.

"I firmly believe in Chiropractic Spinal Adjustments and my physical condition is a sample of the great change that Chiropractic may perform."

(Signed) J. L. BERRY,  
9 Barnard St., Andover, Mass.



OTTO LYNN

### INJURED SPINE AND HIP

"My trouble started when I developed a severe pain in my back and hip while I was picking up a brush.

"I took medicine from two medical doctors who both said their treatment would fix me up. To my sorrow and discomfort I was not better, so started doctoring with a third practitioner who gave me serum treatments nearly all summer for arthritis. He said this serum was supposed to cure me, but again I was no better.

"I was sent to a hospital for my same old trouble, severe pain in my back and left hip. After staying there for some time where I received electric treatments on my leg from my knee to my foot, I was given a bottle of medicine, a small corset, told to drink lots of water and I would be all right. Again I was no better.

"I returned to the hospital, my condition diagnosed as sciatica and chances for recovery were said to be good. I was given electric treatments on my left leg, brine baths and exercises. After the first week I was completely enclosed with a cast extending from the middle of my chest down to the right knee and to the toes on the left leg. This cast was on about a month, it was then removed and they said I would be all right. I was instructed to wear a large corset and walk with crutches. I was discharged, supposed to be cured. The truth is I was even worse than when I went the first time.

"My condition was not relieved in any way and because of constant pain in my back and hip, I consulted another doctor. He put me in bed and stretched my leg and then put me in a cast. I was told that if this cast did not help, he would have to operate and drain the fluid from my hip joint which would leave it permanently stiff. This cast was supposed to have stayed on three months.

"I was discouraged not only with life but with myself, for I had not worked in twenty months. In desperation I cut the cast from my body and decided to employ the very means the medicine man opposes. I crippled into the office of a Chiropractor, as a last resort.

"After a careful examination, an X-ray test was advised. This having been accomplished, I was told my condition could be overcome and I could be completely restored. I started taking adjustments, and within six weeks I was walking, without crutches, corsets or cane, absolutely free from all pain and without aid.

"I am today enjoying the best of health, do my own work, and most of all I am really enjoying life again."

OTTO LYNN,  
Mears, Mich.

(Subscribed and sworn to.)

## Medical Science Grows Increasingly Favorable to the Principles of *Chiropractic*

To a far greater extent than the layman realizes, medical practitioners are coming to realize the value of Chiropractic principles, and the foolishness and futility of evading the simple truth that Chiropractic has proved its worth beyond any shadow of a doubt.

To be sure, Chiropractic always has been able to point to adherents among the medical men — clear-thinking and far-sighted men with the courage of their convictions and a vision far beyond their immediate time. These men have said, time and again, "These principles *work*, therefore they *must* be sound."

But it is only in recent years that some of the foremost physicians, not only in America, but throughout the world, have turned the full power of their prestige to an endorsement of the very truths that Chiropractic has been preaching for more than a generation.

Only a few weeks ago, a very well-known medical man, in a widely-read syndicated newspaper department, devoted valuable space to a discussion of

the absurdity of maintaining a senseless feud with "drugless" practitioners who are working upon sound principles, seeking sincerely to benefit their patients, and obtaining remarkable results.

Along this same line, an independent observer, familiar with both medicine and Chiropractic, recently remarked: "I feel that there should be no conflict between medicine and Chiropractic. Individuals may at times become acrimonious . . . but there really is nothing to fight about. Medical doctors have told me repeatedly that the conditions they have seen Chiropractic correct are the very ones that medicine cannot successfully cope with."

The modern enlightened Chiropractor has no quarrel with his ministering brothers in any other field, and no disposition whatever to belittle their efforts. Nor is he disposed to make extravagant claims for his science. He says simply this: "Give Chiropractic a fair, unprejudiced trial, and see for yourself the results accomplished in *your* case." What could be fairer than that?

trouble and he too got very good results. I have sent many patients to the Chiropractor and hope this will help others to get relief as we have."

(Signed) MRS. OCTA D. MCQUEEN,  
Columbus, Ohio.



MINNIE CALHOUN

### STOMACH TROUBLE

"As I sit alone this Sunday afternoon thinking of the many things I have to be thankful for, I am reminded that one year ago the 26th of February, I went to a Chiropractic Clinic for my first adjustment.

"God alone knows how happy I am. For twenty years or more I had suffered from stomach trouble, such as dyspepsia (or indigestion), and other bodily ailments. I could not retain food or even water in my stomach. I was getting to be a nervous wreck and felt so blue and discouraged at times that I could hardly live.

"I tried different doctors but seemed to get only temporary relief. Finally one day recalling what I had read about Chiropractic, I decided to give it a trial. Now after taking these adjustments and following the advice as to my diet, I am on the road to recovery.

"Words cannot express my appreciation for the good that I have received. To all my friends and any sufferer from like ailments, I heartily recommend Chiropractic treatments.

"I shall be happy to have this testimony used and hope that it will be the means of helping someone else to take counsel of a good Chiropractor."

MINNIE CALHOUN,  
415 W. Adams Ave., Temple, Texas.  
(Subscribed and sworn to.)



MRS. R. H. WHITTAKER

### STOMACH TROUBLE

"I developed a stomach trouble which was treated by physicians. A physician friend of ours gave me a prescription, saying that when this gave out I should go back and have it refilled

from time to time. He stated that I would have to continue this treatment for the rest of my life, because this form of stomach trouble was *never* cured.

"My husband was informed by another physician that I would gradually grow worse until I died. I had reached the place where I did not have strength enough to stay out of bed more than three hours at a time. I weighed only 103 pounds. At this time I began Chiropractic adjustments, and continued with adjustments daily for five and one-half months.

"The result: I now weigh 150 pounds. I go where I please, eat whatever I want, sleep well, and do all of my house work."

MRS. R. H. WHITTAKER,  
Athens, W. Va.

(Subscribed and sworn to.)

### NEURITIS AND NERVOUSNESS

"When I went to the Chiropractor about two years ago, I could not sleep, was a nervous wreck, just about ready to collapse. Also had very bad neuritis in my back, shoulders and arms. The adjustments gave me wonderful relief. My little boy had a serious nervous

## NERVOUS BREAKDOWN

"I am very glad to give my testimony of my wonderful experience with Chiropractic. I had a nervous breakdown and was sick for almost six months, before I decided to take Chiropractic adjustments. I had taken medicine and doctored for months and was getting worse all the time. I was so nervous I could not eat, sleep or stand anything. I suffered with a nervous headache continually. Finally I became so nervous I could hardly walk. Then we called the Chiropractor.

"After my first adjustment I was able to sleep and get some rest. The next day I was able to go to the office for adjustments. As my case was so chronic, it took several adjustments to bring me back to normal. It is now almost two years since the Chiropractor released my case, and I am thankful to say, 'I am still enjoying good health.'

"I am always ready to praise Chiropractic and hope that my testimony will help some sufferer to realize what Chiropractic can do."

(Signed) **BERNADINE BURKE**,  
905 Lamar Ave., Mt. Vernon, Ill.



D. E. CLARK

## CATARRH SINUS INFECTION STOMACH TROUBLE

"I feel that it is my duty to write this testimonial for the benefit of suffering humanity.

"For thirteen years I had been suffering from sinus infection, catarrh, headaches, stomach and intestinal trouble. I

was examined by specialists and different physicians who treated me but without much effect. Various operations were advised, each one different but none offered a complete cure. I became discouraged and had given up all hope of ever being cured.

"Later in talking with some friends they suggested that I try Chiropractic. I had no faith in Chiropractic, as I never knew of their good work and could not see how it could help my condition after having the very best professional attention without relief.

"They persuaded me and I decided to go to a competent Chiropractor. I started taking adjustments and was astonished to see the relief in my condition in such a short time. I could digest my food better, my appetite returned, head cleared up, all the rawness in my nasal passage has entirely healed and I feel wonderful again. I am another person, can go about my business, sleep and eat, laugh and enjoy life.

"Many thanks to Chiropractic and my Chiropractor for the splendid benefit I have received."

D. E. CLARK,  
121 Alleghany St., Clifton Forge, Va.  
(Subscribed and sworn to.)

## STOMACH TROUBLE

"I would be very glad indeed to talk to anyone suffering from sickness, about your methods of relieving pain and illness.

"Take my own case for instance. I had been a chronic sufferer from biliousness and stomach trouble. I was scarcely ever free from a most distressing headache. I could not sleep and had to be extraordinarily careful about the foods I ate or I would pay the penalty for my digressions by suffering untold agony from gas pains in my intestinal tract.

"After you had examined me and found the cause of my trouble, I could not understand why the other doctors that I had consulted had not found it. It is safe to assume that they did not know how to locate the cause of my trouble as they were never able to afford me any relief whatsoever.

"To anyone suffering from trouble of this nature I can recommend your methods of adjustment very highly. It has been a long time now since you relieved me of my chronic complaint and I take only an occasional adjustment now to keep feeling in excellent health."

(Signed) **ROBERT O. HART**,  
904 N. Armstrong St., Kokomo, Ind.



MRS. MABEL TIMBS

## HEADACHES AND STOMACH TROUBLE

"For many months I experienced serious pains in the region of my appendix and of course was much worried about appendicitis. With these attacks my stomach was upset, severe nausea, biliousness and splitting headaches.

"My health failed fast and my weight dropped from 130 to 98 pounds. I consulted several physicians and they all advised a surgical operation which I endeavored to avoid if humanly possible. Finally after much persuasion and recommendation from a friend I decided to give Chiropractic a chance. I called a competent Chiropractor and took altogether about thirty-six adjustments and now I experience no pain or discomfort whatever.

"I am now back to my normal weight, which is about 130 pounds. I am glad to say that Chiropractic saved me from the expense and misery of a surgical operation.

"I make the above statement that all those suffering from a similar condition may realize the virtues of Chiropractic and save themselves the doubt and uncertainty of ineffectual methods other than Chiropractic."

MRS. MABEL TIMBS,  
1702 Jackson St., Baltimore, Md.  
(Subscribed and sworn to.)

**CHIROPRACTIC** would never have grown as it has for more than forty years if it had not benefited sick people. The Seattle Chiropractic Study Club says: "Chiropractic is winning on MÉRIT alone."



FRANK H. TRIPLETT

### DIABETES

"At the time I called at the office of my Chiropractor, I had been under the care of one or more physicians for four years and two months, a sufferer of sugar diabetes. I was taking forty units of insulin daily. I was on a rigid diet. I had suffered three insulin shocks. My death was expected at any time.

"On October 24, I placed myself under the care of our Chiropractor and, strange though it may seem, I am today entirely sugar free and have completely discontinued the use of insulin and I eat freely everything I desire. I have gained thirty-eight pounds since starting the adjustments and another very remarkable circumstance regarding my disease is, I am but twenty-one years old and anyone who has any knowledge of diabetes knows that this is one of the most dangerous ages for one suffering this devastating disease. My recovery is not the only one which has been accomplished under a Chiropractor's care. I have talked with others who have been benefited just as I have.

"The results obtained have astonished me and this new lease on life prompts me for the sake of those suffering this particular disease, or any disease, to enthusiastically advise that this new, modern, progressive method be given a fair trial.

"I feel quite certain results obtained will repay you for your trouble."

FRANK H. TRIPLETT,  
1731 Barron St., Portsmouth, Va.  
(Subscribed and sworn to.)

### HEART TROUBLE AND GALL STONES

"I am a practical nurse and have earned my living from it for a number of years.

"I was once skeptical about Chiropractic and the importance of the spine and nerves in disease conditions, but my investigation and experience proved that Chiropractic is superior to any method of treatment.

"For a number of years I have been taking medicine. My case was diagnosed as a bad heart and gall stones. I was told by different doctors that I could not get well without an operation. I would not submit myself until I was convinced that it was the only way out. I took medicine regularly, but in spite of all, I grew worse instead of better. I was unable to do my housework or go out on any call that I had; I became extremely short of breath, lost weight, and the slightest exertion forced me to sit down and rest. I experienced great difficulty in breathing, and night after night found me gasping for air. I felt many times as though I would suffocate.

"I heard of Chiropractic, but gave the matter no serious thought. I heard false remarks about Chiropractic, and I learned later that these false remarks were coming from people who were ignorant and totally uninformed concerning Chiropractic.

"Finally, a friend who had taken Chiropractic adjustments for gall stones, and regained her health, persuaded me to take adjustments. I went to the Chiropractor and I truthfully feel that he has been the means of saving my life.

"My first adjustment gave me immediate relief from a very bad smothering spell. After taking a course of adjustments I am glad to say that my heart and gall stone trouble have made a pleasant recovery for the better. I am now able to assume my duties without any difficulty. My health is good. Thanks to Chiropractic."

(Signed) MRS. SONORA SMOTH,  
W. 7th St., Hopkinsville, Ky.

### HEADACHE, NERVOUS- NESS, BLINDNESS

"When I commenced taking adjustments I had severe headaches, nervousness and had been totally blind in one eye for seven years, and very little sight in the other eye. I was relieved of the headaches and nervousness in a short time, but continued the adjustments with the result that my eyesight was restored to normal in both eyes. It is about seven years now since I have worn glasses."

(Signed) MRS. W. H. HENESTOFEL,  
Columbus, Ohio



DOROTHY P. FOX

### PHLEBITIS

"On October 11 phlebitis developed in my right leg. After four months in bed, I was unable to walk and my leg pained when lying down. When I tried to walk the blood rushed into my leg with a burning sensation. My foot hurt when any weight was borne on it. Our doctor said he was doing all he could for me.

"A relative sent a Chiropractor to me on February 28th. Several subluxations were found in my spine and a fallen arch in my foot causing pressure on nerves and making one of my toes turn under. My abdominal muscles were too relaxed, allowing my organs to fall, which exerted pressure on my veins. I had been troubled with gas in my stomach and bowels for months.

"After the first adjustment, the pain in my leg ceased and my foot was considerably relieved. After several adjustments the gas in my digestive system stopped forming.

"In three weeks, I was able to walk around the room, and from that time my progress was steady. By the middle of June, my toe had straightened out and I could walk four blocks without resting.

"If I had been wise enough to call a Chiropractor when my illness began, I would have been spared the long months in bed. I feel that I owe my present good health to Chiropractic, and recommend it to all my friends."

DOROTHY P. FOX,  
5655 Stanton Ave., Detroit, Mich.  
(Subscribed and sworn to.)



MARY E. WILLIS

### PARALYSIS

"For two long years, I was compelled to sit in a wheel-chair, unable to walk, being paralyzed from the waist down. With a family of four youngsters, to be reared, you can imagine what a heart-breaking job that was. There was one consultation after another, and every known test was made. Still my paralysis remained. Finally in desperation, I went to the City Hospital for observation, where, after many days of fruitless experimenting, I returned home a beaten woman, doomed, according to their verdict, to spend the rest of my days sitting in a wheel-chair.

"But, happily it was not to be—my husband heard about Chiropractic and took me to a Chiropractor where a thorough examination revealed the cause of my paralysis. Systematically, my spine was checked over, and the trouble located. After 12 adjustments, life and strength began to flow through my limbs, and I began to walk, supported at first, but I *was walking*. My prayers were being answered. When I had taken about 25 adjustments, I was able to get about and once again able to do my housework. When I went to the Chiropractor, I weighed but 117 pounds; today, I weigh 135 pounds, and am getting stronger and stronger. All in four short months and after all the experts said that I would never walk again!

"I am deeply grateful to Chiropractic for the wonderful work in my case and can heartily recommend this treatment to any and all who may be suffering. From the bottom of my heart, let me

say, 'Don't give up, until you have tried Chiropractic'."

MRS. MARY E. WILLIS,  
525 E. Walnut St., Louisville, Ky.  
(Subscribed and sworn to.)

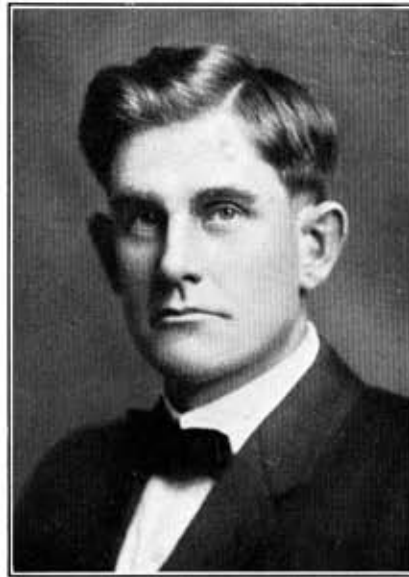
### INFLAMMATORY RHEUMATISM

"I would like to show my appreciation for what Chiropractic has done in our family.

"September 27, I had the Chiropractor to adjust my husband, while afflicted with Inflammatory Rheumatism. He was about as helpless as a baby. The inflammation started in his hands which were swollen like they were going to burst. This changed to the feet, knees, hips, shoulders, neck and arms—just changed to new positions, one after another with intense and agonizing pains all the time.

"But in ten days he was cured of all this trouble without any after effects and returned to his work again. Thanks to Chiropractic."

(Signed) MRS. IVAN KILGORE,  
Marion, Ind.



E. D. HIATT

### CONSTIPATION AND HEADACHES

"For about eighteen months I found myself in a very bad way on account of stomach trouble and constipation. I consulted my Chiropractor and through these adjustments and by following directions in regard to exercise and diet have been wonderfully benefited. Have gained about twenty pounds in weight, bowels move two and three times per day without purgative or physic. I

hadn't had a natural movement of bowels in years before.

"Also, our son Don, who is fourteen years of age, had been in poor health for some time. Had bad headaches and couldn't ride in a car without making him sick. He couldn't run and play and take strenuous exercise like other children without being all in. Took him to medical doctors; one fitted him with glasses, another said his heart was bad and forbade him playing in the band. Heart specialist said he had leakage of the heart and would never be strong.

"As I was getting good results from Chiropractic, we decided to try them on Don. I hadn't told the Chiropractor anything about what the doctors had said about his heart. While I had as much or more confidence in the Chiropractic adjustments as the average man; here is what made a real believer of me. While giving him a thorough examination and working down along his spine, the Chiropractor said, 'Did the boy ever have any trouble with his heart?' I told her then what the doctors had told us. 'Well,' she said, 'here is the trouble.' I had been careful to tell her nothing about what we thought the trouble was. After a course of adjustments Don is a normal boy. Headaches gone; don't get sick from riding in car and can play right along with any boy."

E. D. HIATT,  
Maud, Oklahoma  
(Subscribed and sworn to.)

### LOSS OF SIGHT— (Temporary)

"On December 28th, being very nervous all day, I suddenly had a heart attack. After coming out of the attack, I realized that I could not see any more.

"There was fear clutching at my heart, to think that I would be stone blind. Remembering that the Chiropractor had once cured a patient of a similar case, I decided that I wanted him, to try to help me.

"Accompanied by my husband we went to our Chiropractor, who was very much astonished to learn the cause of our visit; working with all his heart and knowledge, after almost an hour, there was a slight improvement. I was crying with happiness when I could see just a blur instead of nothing. After a course of adjustments I could see normal again.

"I can never thank Chiropractic enough for what it did for me as I now am in the best of health. I shall be glad to answer all inquiries."

MRS. HENRIETTA CROCCO,  
64 Avery St., Stamford, Conn.  
(Subscribed and sworn to.)

**KIDNEY COLIC  
GALL STONES  
APPENDICITIS**

"Thanks to Chiropractic, I am now a well woman weighing 165 pounds. Eight years ago when I first took adjustments I weighed 120 pounds. I had been practically bedfast for four years and constantly in the care of M. D's. They diagnosed my trouble variously as: kidney colic, gall stones and appendicitis. All insisted on operating.

"As a last resort and with very little hope, I began taking adjustments. After a few adjustments my temperature became normal, I rested better, and was slowly gaining strength, with no stimulation: adjustments only.

"My hopes rose rapidly; if a few skillful thrusts could turn the tide, why would not enough more restore me. I continued three months. At the same time I followed very carefully all instructions in regard to habits, rest, etc. I was then so much improved that the doctor said I might rest a while.

"Since then myself and family of five have found that a few adjustments restore us to normal health and is likewise a great preventive. Truly an adjustment in time saves nine."

(Signed) **ETHEL M. BROWER,**  
Holly, Colo.



IRVING EDWARDS

**ACCIDENTAL INJURY**

Dancing was Irving Edwards' whole life. Patiently he had worked his way up from obscurity to a headline position in Broadway shows and vaudeville. Then, in 1928, came an automobile accident—an injured spine—dislocated vertebra . . . and black despair. Medical skill offered no relief. One doctor after another slowly shook his head.

The young man could never again perform his eccentric and acrobatic dances. He must retire from the stage—probably wear a brace for a considerable time.

As so many thousands of others have done, Edwards turned in his desperation to Chiropractic. The basic Chiropractic idea of adjusting the disordered spine by delicate manipulation appealed to him as sound and logical.

After months of discouragement, results now seemed to him literally miraculous. In less than two months he was sufficiently improved to permit his return to the stage. A few weeks later he was a headline attraction in the Twentieth Century Review, an RKO vaudeville attraction. Thus in a few short weeks came a complete transformation. Chiropractic scored another amazing victory, when other methods offered no hope.

TRAVELING

**KIDNEY TROUBLE  
CONSTIPATION  
HEAD PAINS**

"Man's extremity is God's opportunity. My extremity with medical doctors was my opportunity for Chiropractic.

"I suffered most of the time for several years with very bad headaches, doctored with several doctors, was examined by different specialists, had three X-rays of my head taken, had fluid test of the spine, also several blood tests, urine tests; have taken all kinds of headache tablets, blood medicine, and have had several injections of serum without results. I would have such terrible pains in my head at times I was nearly insane. I would pound my head with my fists, the pain would be so intense, but the doctors never could find the trouble.

"My wife took adjustments from a Chiropractor for stomach and liver trouble and obtained such wonderful results, that I decided to give it a trial. Just as soon as the Chiropractor examined me he told me the cause of my trouble. I have taken only six weeks of Chiropractic adjustments and am much better. My kidneys were in a very bad condition; were so infected with nephritis they were in a terrible state and unable to throw off the toxic poison from my system. I was also constipated nearly all of my life; my bowels never moved without a laxative. Since I began taking Chiropractic in just six weeks my bowels move freely.

"I have great faith in Chiropractic and I cannot tell you in words how I appreciate this science."

(Signed) **JOHN WYMAN,**  
2317 N. Hardine St., Indianapolis, Ind.



MRS. JOSEPH LOCURTO

**SWOLLEN ANKLES AND  
LEG PAINS**

"I wish to express my appreciation and gratitude to The Science of Chiropractic because it has brought back to me that most priceless possession—*Health*.

"I had constant pain in both legs and arms, and much swelling of both ankles. I used to be always so tired that even walking became very difficult; menstruation was always profuse and accompanied with great dizziness. I also was 26 pounds overweight.

"After many futile efforts to improve my condition, a good friend advised me to try her Chiropractor. I went to him and after a course of 20 adjustments, all my aches and pains disappeared; I regained my health completely, and incidentally lost my 26 pounds of useless fat.

"My friends remark that I now look ten years younger than I did three months ago.

"I most emphatically advise my friends and those who suffer as I did, to try Chiropractic *first* instead of trying it as a *last* resort, as I did."

(Signed) **MRS. JOSEPH LOCURTO,**  
3413 103rd St., Corona, N. Y.

Real health must be built upon a solid foundation and requires a straight spine and free nerves. With them, the entire system is able to resist the encroachments of disease.

## EPILEPSY

"I had been an epileptic for seven years. I had tried various remedies, consulted with and been treated by twelve different physicians at different times with no results. I came to the Chiropractor's office for treatment on the 13th day of July, continuing taking adjustments until the 17th day of December. I felt better from the very first adjustment. I was also extremely nervous, constipated and suffered much from sleeplessness. There has been no recurrence of these ailments since my last adjustment (also so nervous could not drive an automobile but now drive one with perfect safety). The results I have obtained have thoroughly convinced me of the merits of Chiropractic and I can conscientiously recommend Chiropractic to any sufferer."

WILLIE JANES,  
Woodlawn, Ky.

(Subscribed and sworn to.)



MRS. THEO. W. ECKFELD

## KIDNEY TROUBLE

"About twenty-five years ago I had a serious kidney ailment and consequent run-down condition. After going to physicians for years with only temporary results, I finally went to a Chiropractor. My health was restored in what seemed to me a remarkably short time. Since that time I have taken a keen interest in the excellent results achieved by the Chiropractic method of healing. Naturally I never miss an opportunity to recommend it when people tell me of their health problems.

"You will be encouraged by still another reason why I am so enthusiastic. My mother, past 72 years of age, suffered from high blood pressure with its dangerous results. After taking a series of adjustments the pressure was again brought to normal.

"My sister's little girl was never able to talk, had her tonsils removed and even consulted specialists but without satisfactory results. She was only four years old when taken to the Chiropractor and began showing noticeable improvement after a series of adjustments. Now at the age of seven she is a healthy, happy, normal child attending school regularly.

"Another case of rheumatic fever recently came to my attention. The child was in bed three months attended by a physician. After temporary relief the child grew worse than before and was finally taken to a Chiropractor. It required a series of adjustments but she is feeling fine and has not been in bed except for a short rest period since. Here is the sad part of this case: the school authorities cannot accept the signature of the Chiropractor for this child's return to school.

"Mr. and Mrs. Public: parents, *in the face of such wonderful results why can we not be fair to the drugless profession?* How long are we going to stand by and not demand the same recognition for drugless healers as the other healing profession?"

MRS. THEO. W. ECKFELD,

1115 Flushing Road, Flint, Mich.

(Subscribed and sworn to.)

## APPENDICITIS

"In January, I had a sudden attack of appendicitis. My mother called a medical doctor who insisted that I be operated on immediately, but instead of going to the hospital, my elder sisters called a Chiropractor, who was treating my mother and sister at that time.

"This doctor called immediately and worked on me until late in the evening stating before he left if I did not feel better in the morning an operation would be necessary. My condition was greatly improved the next day and the medical doctor was advised not to call and the Chiropractor was called to treat me again.

"After a few days of adjustments, sometimes twice a day, I was able to get up and soon felt like myself again.

"However, I went to the Chiropractor's office for a month or two and was pronounced cured.

"Nine years have elapsed since, and I sincerely thank Chiropractic for this wonderful cure."

(Signed) RITA MELTZER,  
18 Chadwick Ave., Newark, N. J.



ARNOLD S. PLOUGH

## EPILEPSY

"I attended a movie with a couple of friends and as I sat down had a queer feeling that something was wrong. I awoke in my room the next day and was told I had collapsed.

"From that time on I had spells about a month apart and they kept getting worse. At first I thought it was just something I had been eating but after the third or fourth spell I went to a doctor. He treated me and I followed his instructions, however, I kept getting worse.

"I ventured on a trip to California and while there had a severe attack, was taken to the hospital unconscious. When they discharged me I noticed that I was listed as an epileptic. This was the first I knew of my exact trouble and it worried me something terrible. I tried another doctor and another different diet according to prescription with no help, or at least very little, it seemed I was getting worse all the time.

"With misgivings I finally listened to the advice of a friend of mine who asked me to go to a Chiropractor. I didn't have much faith but I went through courtesy to my friend and to see what he might be able to do for me. I took several adjustments, was examined for nerve irritation and I rigorously followed his counsel because I began to see improvement. I grew better right along and as the adjustments proceeded my spells became less frequent and not so severe.

"I am now well again and let come what may I have no further worry. I cannot find words to thank my Chiropractor enough for my wonderful recovery. If you are so unfortunate as to be troubled with epilepsy, by all means, go to a competent Chiropractor."

MR. ARNOLD S. PLOUGH,  
268 Smith St., Aurora, Ill.  
(Subscribed and sworn to.)



MRS. L. GRITTON

### BACKACHE AND OTHER COMPLICATIONS

"Since my last baby was born three years ago I really suffered untold agony with my back. I thought at times it would break. At times I would have to go to bed for several days and was so dreadfully sick would have to have my meals in bed. I was so sick, absent-minded, couldn't concentrate, tired all over, hot flashes and ill all over my body as well as my mind.

"In the mail I received a notice that a competent Chiropractor was putting on a clinic. Being so worried about myself after advice that I must undergo a very serious operation for tumors and organic trouble without any assurance of ever being completely well again, I hardly knew what to do. A close friend of mine had received excellent results through this Chiropractor and my mother who had come to take care of me, had also been operated on several times without relief until she went to her Chiropractor, so both of them convinced me to have a consultation at least.

"I went to my Chiropractor and received a mighty thorough examination. I was impressed by his findings and it proved later that he had found out what was wrong with me.

"I began going regular on December 11th and after the second week my abdomen was not so sore and I was not so dizzy as I used to be. I noticed a remarkable improvement in my health generally. By the last week in January I was entirely well again.

"All who knew about and considered my case were surprised beyond words.

I will say this much, that I cannot speak too highly of the way Chiropractic helped me and I urge any one suffering in any way not to hesitate to consult with a Chiropractor first of all."

MRS. L. GRITTON,  
229 Harrison Ave., Waukesha, Wis.  
(Subscribed and sworn to.)

### PARALYSIS

"Over one year ago I suffered with a stroke of paralysis—sight, speech, hearing, smell, taste and sense of touch was very bad. I came to the Chiropractor paralyzed and in a most helpless condition. Under Chiropractic adjustments I recovered. I drive my car anywhere I want to go. My hearing is good; my speech is very much improved; my sense of smell and taste was restored; my sense of touch is so much improved that today I play the violin again, which over a year ago I gave up the idea of ever being able to play again. And for the last year I have been enjoying good health, for which I am grateful to Chiropractic, for its merits have put me where I am today, and for the benefit of others I feel it my duty to make this publication."

(Signed) MR. J. H. JEFFERS,  
Uvalde, Texas



MR. WOOLGERTH

### DIABETES

"My purpose in giving the following testimonial is to acquaint the general public, and particularly those who may be suffering from disease, of the wonderful results to be obtained in health and happiness from taking Chiropractic Adjustments.

"I am a man seventy years of age and

have been doctoring for Diabetes for the past twenty-five years—over one-third of my life—trying many and varied forms of treatment, most of which incorporated very rigid diets, but all without results. I had gotten to the point where I was very nervous and was no longer able to control the passage of my urine. This alone was a most serious and annoying symptom, to say nothing of the many others I was subject to. It is easy to imagine then how thoroughly discouraged and hopeless I had become by this time, especially since I had been told repeatedly by the Medical Doctors 'once a Diabetic, always a Diabetic.'

"Finally, after much effort, one of my friends persuaded me to go to a Chiropractor for spinal adjustments. My urine was analyzed on March 21, and it showed a very high percentage of sugar and some albumen. I then started taking Chiropractic adjustments and took them for a period of nearly two months when I had the second urinalysis. This latter showed the urine to be absolutely free from both sugar and albumen. By this time my urination was also under perfect control and I was feeling better than for a great many years.

"It seems almost too good to be true to be well again after all this time, but I am and I feel that I can never speak too highly of Chiropractic and for the wonderful results I had obtained."

MR. C. E. WOOLGERTH,  
Detroit, Mich.  
(Subscribed and sworn to.)

### MIXED GOITRE

"One day while I was down in bed with heart trouble, caused by a bad goitre and after the physicians said they could do nothing more for me, my son said, 'I am going to bring the Chiropractor out to see you and see if he can do anything to relieve you.' This he did, and I got relief from the first adjustment and in two or three days I was able to drive the four miles to town to his office and started a course of adjustments.

"The examinations showed the goitre was toxic and exophthalmic—and my neck measured eighteen inches around over the goitre. My heart rate was 120 to 135 beats a minute. This, I am glad to say was reduced to normal, measurement around neck was reduced to 14½ inches and the heart rate was reduced to 72 beats a minute. Then I took out \$1,000 insurance, passing the medical examination without a question, that I had been unable to pass for twenty years."

(Signed) MRS. FRANK SHAFFER,  
413 N. Adams St., Marion, Ind.





I. V. CALDWELL

### INDIGESTION STOMACH TROUBLE HIGH BLOOD PRESSURE

"I am forty-six years old and have suffered with indigestion most all my life. At times I would be unable to work because of my condition.

"I had sleepless nights from nervousness. After every meal I had attacks from stomach gas and much of the time became deathly sick. Often this would end in not being able to keep my food down; aching through my abdomen and sharp pains in my chest and around my heart. When this would become unbearable a physician had to be called for a hypodermic.

"I had severe headaches, shortness of breath and ringing in my ears. Had been told I had an irritated gall duct and bladder trouble, too. All this left me in a precarious condition.

"All my life I had tried to find relief from the best talent I knew how to find. Operation for cancer was recommended but I was afraid of that.

"In this run-down state I felt just like lots of other people, I suppose, by thinking, 'what's the use to go to a Chiropractor if all these other experts with so much schooling have failed?' But I did go finally in desperation and learned that my Chiropractor is also a thoroughly schooled and trained man.

"He examined me scientifically; discovered what he concluded was most of the cause, gave me a series of adjustments and I now do not have indigestion, stomach trouble or high blood pressure. I feel perfectly healthy, eat anything without bad after effects and feel better than I have in 25 years.

"I make this statement of my own free will. I certainly recommend Chiro-

practic to sick people and am grateful to my Chiropractor for my good health."

MR. I. V. CALDWELL,  
306 Roxbury St., Clifton Forge, Va.  
(Subscribed and sworn to.)

### GASTRIC ULCER

"Several years ago I was in a very much run down condition, weighing 140 pounds. Three specialists diagnosed my condition as gastric ulcers and said I would have to have an operation. I couldn't eat anything but graham crackers and milk. On the advice of my sisters I consulted the Chiropractor as they had received benefit from his treatment and wanted me to start treatment with him.

"This I did and I told the doctor I had no faith in his methods but came because my sisters wanted me to. He didn't care about that and said I would get the benefit anyway if I took his treatments.

"In three weeks' time I was eating four and five meals a day and it seemed as if I couldn't get enough to eat. This was done against the doctor's instructions but I gained rapidly under his work which was started in the spring and the following winter I weighed 200 pounds, though working every day.

"I appreciate what Chiropractic has done for me and hope this will lead others to regain their health as I did."

(Signed) PATRICK P. SHANAHAN,  
Gas City, Ind.



MRS. MILDRED HOLMBERG

### DIABETES

"I can never thank you and Chiropractic enough for giving me back my health.

"For years I had been a diabetic. For the past six years at least, I had been

under a physician's care, dieting strictly, etc., for over a year before I came to you for an examination and adjustments. I had been taking from 40 to 60 units of insulin per day and if I should lapse in taking my insulin I would become weak and ill and would generally have to go to bed for a few days and start taking my insulin immediately.

"At the time I came to your office for adjustments, you were very doubtful if you could help me on account of my having taken insulin. You took a chance, however, and put me on a fast for several days, had me stop taking insulin entirely and started giving me daily adjustments. I expected another bad spell when I discontinued the insulin but I had none nor have I had one since. I have taken no more insulin and although I have had to give up the adjustments for the time being at least, as I have moved away, I am feeling fine, and am indeed grateful for the new 'lease on life' which Chiropractic has given me.

"Trusting others may be helped in the same wonderful way, I remain, sincerely,"

MRS. MILDRED HOLMBERG,  
204 W. Church St., Sandwich, Ill.  
(Subscribed and sworn to.)

### RHEUMATISM, TUBERCULOSIS, HEART TROUBLE

"I became afflicted and the medical doctors diagnosed my case as rheumatism, tuberculosis and heart trouble. I employed four medical doctors, but continued to grow worse until I could hardly breathe at all and could not turn over in bed, the pain in my chest was unbearable and my legs were like death.

"The last medical doctor was a specialist and he did not prescribe, said there was no hope and said I had but a short time to live; that I might be gone when they went into my room again.

"The same day the Chiropractor was called and gave me spinal adjustments. I improved from the first and finished the course of treatment at the office. Later, I went back to work and have worked continuously without any return of my old ailments.

"It was nearly two years since I returned to work, therefore I feel I am competent to recommend Chiropractic, and in giving the testimonial I am hoping that others may be helped before it is too late. I also wish to say, I have not taken adjustments since I finished the first course about two years ago."

(Signed) FRANKLIN HANSTEIN,  
Columbus, Ohio

## HEART TROUBLE

"When my son, Charles, was born he was in such delicate health that for the first three months, a doctor was in daily attendance. His health always had been poor. At the age of six, he started to school and went for one year. The school doctor ordered him taken home; said that he had a leaky heart valve and needed plenty of rest. For the next eleven years, he was in poor health. He improved somewhat, but his neck was injured last February, resulting in a nervous breakdown.

"On the advice of a friend, we took our boy to a Chiropractor. X-rays were made, and adjustments given over a period of six months. A remarkable improvement was shown. At the time he began taking treatments, Charles weighed 134 pounds. He gained rapidly, and seven months later weighed 147. Today he is in splendid health and excellent spirits. He has completed his first year of college, with fine grades. His entire physical and mental attitude has changed. From a sickly, moody boy, he has become a strong and cheerful young man. I am deeply grateful to Chiropractic for this transformation."

(Signed) MRS. CATHERINE MCCARTHY,  
273 Eighth St., Jersey City, N. J.

## STOMACH TROUBLE

"I wish to say a few words in praise of Chiropractic adjustments.

"I suffered with stomach trouble for twenty-five years. It kept getting worse and worse until I got to the point where I could hardly do any work.

"I doctored with medical doctors constantly but seemed to gradually become weaker.

"Finally a friend advised me to try Chiropractic adjustments, which I did, but had no faith that they would help me.

"I started taking adjustments in the summer and began improving until I could do all my work and felt like a new man.

"Other members of my family have taken Chiropractic adjustments with fine results, and I would advise anyone who is suffering with any disease whatever to try Chiropractic. I feel sure they will be more than satisfied."

(Signed) CHARLES R. BEAMS,  
Hodgenville, Ky.



J. WESLEY WORLEY

## INDIGESTION

"I suffered with indigestion for eighteen years. During that time I was under the care of several different physicians. I was put on all kinds of diets and many measures taken to relieve me but I got no better.

"Seven years ago I took Chiropractic adjustments, got well and have been perfectly well ever since. I weigh 43 pounds more now than I did when I began taking adjustments.

"Until I was about 23 years old I was as well as anyone. Then I began to have spells of pain and burning in my stomach. My stomach was sour and it returned much sour liquid and lots of gas. When I did not have one of these spells I would feel pretty good. Then they began coming more often and harder. My worst time was about two hours after meals when I generally got deathly

sick and up it would all come half digested. Very often I would also take terrible cramps. Perspiration would pour out of me until my clothing was soaked. These attacks were sometimes so bad that I became unconscious.

"Besides the stomach trouble, I suffered from constipation and bad headaches. My sleep was finally interrupted. I was weak and miserable and never really able to work. I was often forced to lay off for weeks or months at a time. On one occasion I lost nearly a whole year.

"Some consultants said I had ulcers in my stomach. Some said I had too much acid. Others said I did not have enough. One said my trouble was an enlarged liver. Another that my appendix was the cause. I was also told twelve or more years ago that I would die right away if I did not have my appendix removed.

"Friends persuaded me to see a competent Chiropractor. I did it to please them as I had little faith in it at that time.

"The Chiropractor examined me more scientifically than I had expected. He told me that pressure on the nerves which control the stomach was the real cause of my trouble. I thought that just another guess but told him to go ahead. But I did get well. That was seven years ago. I am still well and words cannot express my gratitude for what Chiropractic did for me. I want this statement used in any way that may help others to get their health back."

J. WESLEY WORLEY,  
Princeton, W. Va.  
(Subscribed and sworn to.)

## HEART TROUBLE

"I had been in bed for two months with what the doctor told me was leakage of the heart in all four valves. I was given up by two doctors at the time for they simply told me that I could never get well. However, I was determined to regain my lost health for I was then only sixteen years old and I turned my steps to Chiropractic adjustments as the last resort. From the very first adjustment I could feel an improvement. My condition was so bad that I could not move or turn from side to side or raise myself in bed. I lost considerable weight, but after a month and a half adjustments I was able to be downstairs. I continued my adjustments for over a year. After that I was able to work and it is a pleasure not to suffer such a nasty pain in my heart and be able to put in a day's work.

"I cannot praise Chiropractic adjustments enough for what they have done for me. May God bless Chiropractors for their efforts in restoring people's health after all has failed. I offer my picture and testimonial as a symbol of faith in Chiropractic."

MRS. HOWARD REED,  
Brookport, Pa.

(Subscribed and sworn to.)



## NERVOUS CONDITION

"I am glad to add my testimonial to many others, telling of the wonderful results I have attained from Chiropractic.

"For several years I have been extremely nervous, a constant twitching in my face, pains in the back of my head, passed many sleepless nights. I was also affected with constipation. I was under a physician's care for five years. Medicine and vacation did nothing to relieve that terrible nervous tension.

"With absolutely no faith in Chiropractic I began to take adjustments to see if I might find relief. The first six convinced me of its wonderful value. I am greatly relieved and am delighted to recommend Chiropractic."

(Signed) MISS ELEANOR MAUD THOMPSON,  
Muncie, Ind.

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## BACK INJURY

"On May 30th, I was engaged in unloading baled hay from a truck. The hay-hook slipped, letting me fall backwards off the load. I injured my back and side to the extent that it completely incapacitated me from continuing my work, or helping myself. I was immediately removed to the hospital and placed under the care of a physician, who said my liver was bruised and swollen and that one of my kidneys was shaken loose. I remained under his care for about a month then went back and tried to work, but my back and side still hurt so I could do very little work.

"I again was placed in the hospital on August 22nd, and remained there



PERRY F. HAAG

sixteen days. Again I was sent home, but still suffered from the pains through my back and side.

"About the middle of October the Department of Labor and Industries sent me to be examined by a specialist.

"About three weeks later I received instructions from the Department of Labor and Industries to report at our local hospital and be placed in a plaster cast.

"As I had been treated and hospitalized by the doctors of the Department of Labor and Industries for most of the time between May 30th and December 1st, I decided it was best to waste no more time, so I consulted our Chiropractor. Upon close examination he found some of the vertebrae of my spine had been twisted out of place which was pinching the nerves. I immediately placed myself under his care, and after a course of adjustments the pains were practically all gone from my back and side. I feel that I gained more in those adjustments than by all the other treatment combined. I am now feeling fine, and can do my work again as usual."

PERRY F. HAAG,  
Kettle Falls, Wash.

(Subscribed and sworn to.)

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## INFLUENZA

"About four years ago I had a severe case of Influenza which left my heart and nerves in a very bad condition. I was confined to my bed and under medical treatment for three months without getting any better. So, one day I told my wife to call the Chiropractic Doctor. He came to my house and gave me six adjustments. After taking these adjustments I was able to go to his office and it was not long until I could go to work. Since then and up to the present time, I have taken nothing but Chiropractic adjustments when I felt the need of them, and have been able to maintain better health and do my work most of the time, which I had not been able to do previous to putting myself under the care of the Chiropractor."

(Signed) ARTHUR T. WELCH,  
Franklin, Ky.

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## GALL BLADDER TROUBLE

"Over fourteen years ago when my first child was about three weeks old, I suddenly had the sensation of being struck on top of the head with some object. My head felt as though a tight band were around it.

"We just couldn't believe that Chiropractic could do me any good and for



MRS. MARY KANE

nearly twelve years I suffered without relief. Everything else was tried in the meantime. Through entreaty of a friend I finally took a few adjustments, felt so much better but quit too soon and my old trouble came back.

"I was told that an operation was the only thing that would help me, so I was operated on in June and spent four weeks in the hospital. As soon as I was able to be around again the old trouble in my head returned and I had severe backache which I had not had before. My left arm became stiff and could hardly be raised. Last spring I could hardly do my work, was confined to bed part of the time and could hardly stand my family around me. I was told the severe pain in my side which I had had at times for a good many years was either chronic appendicitis, ovary, or gall bladder trouble. Also my throat was closing and I could hardly swallow.

"At this time my husband took me to a Chiropractor. He gave me a thorough examination and told me exactly what proved to be the trouble; gall bladder trouble, a prolapsed colon with severe ulceration and colitis. The throat trouble he said was deficiency of the thyroid gland.

"I began adjustments and continued for four months. I improved rapidly and under his directions have almost completely recovered.

"When my ten-year-old son brought home a card saying he had a rapid heart and other troubles, our Chiropractor was promptly brought in on the case and four weeks of adjustments has relieved him of most of his trouble, he picked up in weight, feels fine now and never complains anymore.

"We are most grateful to our Chiropractor and his profession. I will gladly answer any questions in regard to any of these statements."

MRS. MARY KANE,  
721 Sixty-ninth St., Seattle, Wash.  
(Subscribed and sworn to.)



FRANK THOMSON

### PNEUMONIA

"I was suddenly taken ill with pneumonia at my home.

"I called for my Chiropractor, who previously had pulled me through a severe case of intestinal trouble. At that time I had suffered for four years with my bowels and with a remarkably few adjustments he made me feel like myself again and saved me from a predicted operation. Therefore, I knew he could help me in this case.

"When the doctor arrived my respiration was very short and my left lung was expanded and nearly closed. My temperature was 105 degrees. Within a reasonable time after he gave me the adjustment, my fever dropped some and I could breathe much easier. During the next few days he gave me adjustments and reduced my temperature to normal. As my strength then rapidly returned under his continued attention and wonderful care, I was able to go to work within a short time.

"I can truthfully say that I owe my life to my Chiropractor. I realize how much he has done for me and I should be glad to recommend him and his sound advice to anyone who is sick. Chiropractic, to me, is the road to health and I can honestly agree with those who look upon it as one of the greatest sciences of health."

FRANK THOMSON,  
R. 1, Kalamazoo, Mich.

(Subscribed and sworn to.)

LET US endeavor so to live that when we come to die even the undertaker will be sorry.

—Mark Twain.

### INVALID

"For three months I was very sick in bed. I could not walk or sit or stand; I was in a very bad condition. I gave medicine and other treatments a fair trial, but received no help.

"At this time I was advised to go to the Chiropractor, which I did. After a few Spinal Adjustments I was much improved, and now I am able to do my house work as well as ever. As to my general health, I can truthfully say it is better than it has been for fifteen years.

"My confidence in Chiropractic is complete and I hope more people will try this wonderful method of healing."

(Signed) MRS. SARAH MARGOSIAN,  
390 Salem St., Lawrence, Mass.

### RHEUMATISM

"Those who have suffered with acute rheumatism can know how grateful I am to Chiropractic for it has completely removed that curse from me.

"My case was so bad that I had no use of my body. I tried every means I knew to get relief. I went to three doctors and one after the other gave up my case. My weight fell to 96 pounds and the pain was indescribable.

"Then I went to the Chiropractor and began taking adjustments. After the third adjustment I was so much better that I walked four blocks to a barber shop. After a course of adjustments I was back at work. I am now completely recovered and weigh 122 pounds.

"I wish I could tell everyone having this ailment about Chiropractic. I pity them, for they could be so easily cured if they knew that their Chiropractor is the man who can quickly remedy the worst cases."

(Signed) WILLY SHORT,  
R. R. No. 3, Winchester, Ind.

### DIABETES

"After suffering from diabetes for some years I was fortunate enough to be advised to try Chiropractic. I thank God that I did.

"I had 3½ per cent sugar and was on a very strict diet. During this period I lost over forty pounds. I can tell you I was discouraged.

"After four months of Chiropractic adjustments, urinalysis blood tests showed no presence of sugar, but to make sure it would not return, I took adjustments for two additional months. I might add that I went off the strict diet the medical doctors gave me when I started with the adjustments.

"At this writing at the age of 72, several years have elapsed since my last adjustment. I have stayed well and can eat everything."

(Signed) PHILIP STARK,  
860 Putnam Ave., Brooklyn, N. Y.



MRS. PEARL BARD

### HEART TROUBLE

"For years, in fact all my life, I had been underweight and to such an extent that it was a source of continual embarrassment to me when among friends.

"It got to the place where I could not do my housework and on the least exertion my heart seemed to perform all kinds of gymnastics. When I discovered that I had heart trouble, was short of breath and must lay around nearly all the time, it added to my run-down and nervous condition.

"I shall never forget what you (her Chiropractor) have done for me and can never show enough gratitude to you for after the first treatment, against your advice, I went home and did a big washing and the rest of my household duties with great ease and no tired after effects.

"Although you have been our family Chiropractor for a long time and other members of my family have received such fine treatment from you, I cannot help but emphasize here the impression you left with me of expert care, thorough knowledge of what you were doing and the confidence you gave me that I could again be a well woman.

"After taking a series of adjustments and following your instructions, I now feel that life is again worth while and have the best health I have ever had in my life. I am glad to make this statement and hope that others may learn how Chiropractic has helped me and be helped also."

MRS. PEARL BARD,  
2105 Pine St., Wilmington, Del.  
(Subscribed and sworn to.)



CAROLYN M. CROWLEY

### ASTHMA

"I wonder if there is any one suffering from asthma and stomach trouble that has given up hope as I had before I started taking adjustments from a Chiropractor.

"For fifteen years I had been going first to one doctor then another and spending hundreds of dollars without any relief. I had given up all hope of ever getting better when a friend persuaded me to try a Chiropractor and the results were beyond my fondest hopes.

"I started adjustments with my Chiropractor in November, and on the second visit I began to improve, and in two months I am well, thanks to him. I am able to sleep at night, something I had not been able to do in months. I am able to walk without losing my breath and am back at work again.

"I would advise any one that is suffering as I did with a chronic disease to go to a good Chiropractor and get well. I am so happy over my recovery that I would like to shout from the house tops so that any one that has given up hope would try a Chiropractor. I cannot give enough praise and I know that great profession will succeed wherever practiced.

"I am very grateful to my Chiropractor and he may use the foregoing testimonial to inform other sufferers."

CAROLYN M. CROWLEY,  
731 E. Third St., S. Boston, Mass.  
(Subscribed and sworn to.)

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TO BE in the pink of condition physically and mentally, and ready and willing to do anything that needs to be done is a great substitute for genius.—*Exchange*.

### The Charm and Grace of Youth Stays with Healthy Pliable Spine

In an address before the All Southern States Convention in Atlanta, Georgia, Dr. W. C. Schulze, President of the National College of Chiropractic, said that "Nothing is so indicative of vitality and usefulness as a pliable spine. We get old, not in the face, but in the back. All the creams and beauty treatments a woman can take mean nothing to her if her back is rigid and her spine *moves in one piece*."

"Health in women," Dr. Schulze says, "depends more on a pliable and limber spine than on cosmetics. Rigidity of the spine is the same as rigidity of the face as seen in animals and Indians. Mobility is essential to the preservation of youth in later years. A girl with a rigid spine cannot qualify for a beauty contest."

### NEURITIS

"I feel so grateful for what Chiropractic has done for me that I want to tell about it.

"I had neuritis in my right arm and shoulder for many, many months, which was so bad at times I could hardly stand the pain. Since taking Chiropractic adjustments nearly two years ago I haven't had any symptoms of the neuritis.

"I feel so much better in every way that I hardly know how to offer adequate thanks for what Chiropractic has done for me.

"You are at liberty to use this letter in any way you see fit. I hope it will be the means of getting others to take adjustments and get well, regardless of their ailment."

(Signed) MR. JOHN KURNS,  
555 Talma St., Aurora, Ill.

### ARTHRITIS

"I took painful arthritis in my right foot. It soon affected my left foot, too, and before long had spread all over my body. My joints were sore, painful and swollen and I got so bad that in mornings the only way I could get around at all was to crawl on my hands and knees. Later in the day I could usually bear my weight on my feet if I had something to hold to. If I sat down I could not get up without assistance and it was not long until I had got so helpless I could not dress myself. I weighed 160 pounds when the arthritis began but it was not many weeks until I was down to 128 pounds.

"The doctors I consulted advised and tried many different remedies but I got worse all the time. I went to a hospital for a thorough examination and was told I was drawing all out of shape and that there was no cure for arthritis. They offered me the best treatment at the command of medical science but held out no hope of relief.

"I gave up all hope but finally went to a competent Chiropractor. He explained that nerve interference, subluxation, I believe was the cause. He warned me not to expect immediate relief but believed in due time I could recover. I started adjustments with my Chiropractor, and in five months I was free from any of the old trouble.

"I am back at my trade as a structural steel worker and as strenuous as it is, I have not had an ache or pain since.



C. L. HARNEY

Words cannot express my gratitude to this Chiropractor and his wonderful science."

C. L. HARNEY,  
Ada, West Virginia  
(Subscribed and sworn to.)

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The Chiropractor of today is well-educated and courteous. By spinal examination he determines what structural adjustments are essential for the preservation of health, bodily pliability, beauty and youthfulness.



REGINALD W. AHNER

### PARALYSIS (Following an Accident)

"Eight years ago, I was paralyzed in an accident and as a result suffered from post-paralysis. I was forced to walk with a cane, my equilibrium being very poor. I suffered from double vision when looking at objects. My speech was very thick and slow. My diaphragm

failed to function properly when breathing, not allowing me sufficient air intake. These are a few of the ailments which affected me. During all this time I had been examined by at least twenty specialists and not one of them ever offered any means of curing my condition. I was told that nothing more could be done for me.

"A year ago I happened to meet a Chiropractor (I had never known anything of Chiropractic adjustments). It took him but a few seconds to tell that I had nine vertebrae badly dislocated, causing my post-paralysis. He immediately began his adjustments. In several weeks my equilibrium had improved so, that I no longer required a cane. Shortly thereafter my double vision left me entirely, and I ceased wearing eyeglasses (I also had to wear eyeglasses before the accident); my diaphragm eased up and I no longer gasped and yawned for breath. Then after a while my speech became clear and I no longer spoke like a drunk and my hearing returned in the right ear, which had been totally deaf.

"Had I known of Chiropractic and begun my adjustments shortly after I was hurt, I am sure that my condition would have been cleared up entirely within a short time."

REGINALD W. AHNER,

5-33 48th Ave., Long Island City, N. Y.  
(Voluntarily subscribed and sworn to.)

### EYE TROUBLE

"I wish to make this statement of how very much Chiropractic adjustments have helped me.

"I was losing my eyesight to the extent that I was very nearly blind. There seemed to be a gray fog before my eyes which blurred everything.

"I was unable to read any type smaller than the largest newspaper headlines. I could not distinguish small objects across a room nor could I recognize large objects at a distance.

"I had tried other treatments without success. Then I decided to try the Chiropractic health method. After making a thorough examination which included an X-ray of my spine a Chiropractor told me that he believed Chiropractic adjustments would restore my sight.

"After a few adjustments my vision gradually began to grow stronger. The grayness began to leave and then suddenly disappeared entirely after I had taken twenty-five adjustments. I have had only forty adjustments to date and am now employed in a clothing factory operating a machine, doing a type of

work which requires a keen vision. I am able to read anything excepting the very smallest type.

"I was also relieved of a nervous breakdown and my general health is very much improved. Therefore I shall be glad to continue taking adjustments when ill and I do most heartily endorse Chiropractic adjustments."

Sincerely,

(Signed) MRS. MARY E. ODOM,  
Mayfield, Ky.

### PAINS AFTER FALL RELIEVED

"I had the misfortune of falling down the cellar stairs. I was taken to a hospital where X-ray pictures disclosed two fractured ribs. After being strapped up, I returned home in great pain, which I naturally expected; but after a few weeks passed, the pain instead of lessening increased so much that I could hardly breathe.

"I was then advised to consult a Chiropractor and followed this advice. The

first adjustment relieved a great deal of the pain in the chest area; a few more adjustments entirely removed the pain.

"I would like to impress my readers with the facts of my case previous to the accident. I had suffered a nervous breakdown; I could not sleep; had no appetite; was always troubled with indigestion and constipation and my weight decreased from one hundred fifty-two (152) pounds to one hundred eighteen (118) pounds.

"Since taking Chiropractic adjustments I have regained fifteen (15) pounds; my appetite has returned; I sleep well; my bowels work regularly and my nerves are completely under control—thanks to the service rendered by my Chiropractor."

JESSE STEED,

No. 7, S. 53rd St., Philadelphia, Pa.  
(Subscribed and sworn to.)



MRS. BESSIE CHERRY

### CRAMPS

"Nine weeks ago, while doing some fancy work, my right arm suddenly became paralyzed and I lost the use of it entirely. The muscles began to twist and cramp, causing me the most unbearable pain. This continued for nine weeks without my being able to get any relief, and resulted in a complete breakdown.

"Finally I decided to consult a Chiropractor and after the first adjustment I felt relief and have continued to improve until now after a series of adjustments I can use a needle or write, or in fact, do any work that I did before my arm gave out. And I have not had a single cramp in my arm since about the third adjustment. My nerves are much better and I have gained in weight.

"In fact, all the wonderful benefits I have received from taking Chiropractic adjustments prompt me to recommend them to anyone who is suffering and would like to enjoy good health."

MRS. BESSIE CHERRY,

25 Lake St., Pontiac, Mich.  
(Subscribed and sworn to.)



JAMES T. WHITE

### HICCUGHS

"There is one record that I do not care to break. That is the long distance marathon hiccoughing record. One week is a long enough record for me."

White is big and strong, weighs 241 pounds, but lost 15 pounds during this seven day siege. White said, "Hiccoughs may seem funny, but when they won't quit coming maybe you don't think you can get panicky."

Every friend had a hiccough remedy. He tried drinking water in nine swallows and fourteen swallows; he tried being slapped on the back, in fact, he tried just about everything except standing on his head. Finally he consulted a Chiropractor who adjusted a displaced vertebrae in his neck which had been subluxated following a slight auto accident. The hiccoughs stopped immediately.

The White case is similar to the Ira A. King case of Mansville, Ohio, who was suffering from the same malady. This case gained national attention when medical science, after the removal of the gall bladder and the severing of the phrenic nerve failed to effect relief.

In his signed statement Mr. White says: "Some people think of hiccoughing as a joke, but when it continues for several days it becomes tragic. I hiccoughed for a week, one period of eighteen hours without interruption, before I finally got relief."

"Although I tried several home remedies nothing seemed to help. Having lately read of the case of Mr. Ira A. King of Mansville, Ohio, whose gall bladder was removed without relief, and then the phrenic nerve cut, resulting in his death, and several other cases where medicine and surgery had failed to give relief, I was beside myself as to what to do."

"Finally someone recommended Chiropractic and a Chiropractor was called. Much to my surprise the first adjustment gave me relief for twenty minutes, the second for three and a half hours and after the third adjustment the relief was permanent."

"Feeling that it is the duty of everyone getting such wonderful results to tell other sufferers how he got it, I am passing this information on to the public."

(Signed) JAMES WHITE,  
Denver, Colo.

### HIGH BLOOD PRESSURE

"I had been a sufferer of high blood pressure for a number of years and at one time for a period of several years I would become so dizzy it was impossible for me to work. I tried a number of physicians with no success, when I was told of Chiropractic and this new way of helping the ill."

"The information came to me from a person whom I now regard as one of my best friends. Chiropractic has relieved me from this condition and I am able to work every day now."

(Signed) MRS. W. F. PATTERSON,  
215 S. High St., Hartford City, Ind.

### SCIATICA

"In sincere appreciation of what has been done for me, I feel that I owe it to my Doctor to write this letter so that others who may be suffering as I did for years will learn there is a cure for Sciatica through Chiropractic."

"When a child, my spine was injured by a fall to such an extent that it affected one of my legs. Later in life I developed chronic sciatica. The limb remained swollen and lame and at times was numb and partly paralyzed from the knee down."



MRS. BERTHA SIGNOR

"Was able to walk but a short distance at a time, and was a nervous wreck. Could neither eat nor sleep and had a constant headache. Had indigestion and acid stomach all my life. My kidneys were bad and I was much overweight."

"While passing through that critical period in every woman's life, I suffered an acute attack of sciatic neuritis, which confined me to the bed. Then, after years of suffering, never finding any permanent relief, and realizing I was slowly but surely losing the use of my leg, I decided to try Chiropractic as a last resort; the result has been almost miraculous."

"After receiving adjustments for a short time, I could see a decided improvement. At the end of the second week, I could walk around my room. From then on, up to the present time, three months later, my recovery has been very rapid."

"Am now able to do my housework and can walk two miles any day. Never have a headache now and the stomach and kidney trouble have disappeared. Due to a specially prescribed diet I have lost twenty-six pounds and look years younger. My general health is better than ever before."

"Can truthfully say I owe it all to Chiropractic. Am firm in my belief that anyone suffering as I did can find relief and permanent cure through spinal adjustments."

"Will gladly answer all letters from those interested in regaining their health as I have done through Chiropractic."

MRS. BERTHA SIGNOR,  
55 Green St., Burlington, Vt.  
(Subscribed and sworn to.)

### KIDNEY TROUBLE

"Kidney and back trouble made life miserable for me. I could not sleep at night and I had no appetite. I felt sluggish all the time. I hated to see the time to go to work come, and I felt as if I would give anything in the world to be able to go home and rest. But there was no rest for me when I had the opportunity."

"I suffered with my ailments for two years. During that time, of course, I tried to get relief and had spent considerable money doctoring."

"When I came to the Chiropractor, however, my troubles were quickly eliminated. After a few adjustments I could sleep and my appetite returned. Now I can enjoy my work and enjoy living. Naturally I have great faith in Chiropractic adjustments and wish to recommend them to others."

(Signed) HARVEY RILEY,  
525 W. 8th St., Muncie, Ind.



LE ROY JOSSELYN

### PARALYSIS

"This statement is given in the hope that it will encourage someone suffering from some so-called incurable disease to consult a Chiropractor. Certainly no one should have greater faith in the merits of Chiropractic than myself, and here is the story: I am a young man 27 years old. One day during the month of March, I was stricken with a strange form of paralysis. A doctor was called and later another. Neither could do anything and I continued to lose the use of my arms and legs. Eight doctors in all were called in over a period of six weeks. By this time I was completely paralyzed; had lost about sixty pounds of weight and was so weak I could not stand being propped up in bed. My blood pressure had gone up to 197 and my heart was in bad shape. The doctors were helpless to even stop the advance of the paralysis. They offered no encouragement although they suggested that I go to a hospital for treatment. While my body was paralyzed, my mind was not, and in conference with my wife and mother we decided that any hospital treatment would be only experimental, and I would not consent to go to the hospital. About this time friends suggested that we call in a Chiropractor, which we did.

"This Chiropractor came and made a very thorough analysis of my condition, checking each spinal nerve. He then announced that he found the *cause of my trouble*—that it was a cord pressure caused by the Atlas and Axis (the two top vertebrae of my spine) being so badly out of place that the Spinal Cord was being pressed. He told my wife and mother privately that unless he could correct this condition within a few days I would never get well, and probably not live over ten days as the paralysis would soon involve the organs of respiration.

"To make a long story short, he succeeded. Within three days I could move my arms and within three months I was able to walk around the streets. Today, December 24th, I am practically well. I have regained forty pounds of weight and my blood pressure is back to nor-

mal, and I am able to go to work as soon as my old position opens up. So you see I am happy to recommend Chiropractic to everyone, and feel that I will be doing them a service."

LE ROY JOSSELYN,  
2448 Seventh St., Cuyahoga Falls, Ohio  
(Subscribed and sworn to.)

## Asthma

"When I was 65 years old, I became badly afflicted with Asthma, as bad a trouble as anyone could be afflicted with I believe. I tried everything available and my trouble progressed for several years until I was unable to do my work and my exercise would almost prostrate me.

"About seventeen years ago, I became acquainted with a Doctor of Chiropractic. I mentioned to him my trouble and he said, 'I believe I can make you well.' I, being of little faith, told him so. He said, 'Chiropractic is not a Faith cure and if you will give me a chance, I can and will prove my asser-

tion.' I concluded to give him a trial. Only a few treatments convinced me that I was improving.

"I continued taking Spinal Adjustments until I had taken fifty. It seemed almost too good to be true to be well again. This permanent cure was affected 17 years ago. For minor troubles of a different nature not only for myself but other members of my family, we have had no other Doctor than a Chiropractor. I will be 89 years of age my next birthday."

WILLIAM J. FRAIZER,  
Newcastle, Ind.  
(Subscribed and sworn to.)

### LUNG TROUBLE

"I have been a patient of a Chiropractor for about two months, before I suffered with a cold infection in my chest and a general nervous and run-down condition. I treated with a medical doctor for a year and took serum, but did not seem to receive any benefit, in fact was getting worse.

"Since I have received treatments from my Chiropractor, my general health has greatly improved and the chest condition has practically cleared up."

ROSE LUCKINBILL,  
1020½ Kalamath, Denver, Colo.  
(Subscribed and sworn to.)



ROSE LUCKINBILL

## THE DOCTOR'S CASE-HISTORY

When this case came to the doctor it had previously been diagnosed as a cold infection in the patient's chest. A spot had been found on the right lung but it was not thought as yet to be tuberculosis.

At the end of three weeks' adjustments the patient was spitting some blood. At the end of seven weeks' adjustments she had raised several mouthfuls of debris (mostly pus).

Proceeding with the case and depending upon Spinal Analysis and symptoms,

substantial progress was made in the general physical tone. Bearing in mind that the patient had pneumonia more than once during her life, the pus in the sputum could be a result of remaining chronic bronchitis or an inflammatory condition in the lung tissue itself.

The patient's general health following two months of adjustments and the practical elimination of the lung condition, brings about the conclusion that she must have had an *abscess of the lung*.





L. E. MILHISER

## Headaches

"I believe that when a man does good for others he should be given due credit for his achievements. Therefore, this is an unsolicited testimonial to the efficiency with which my Chiropractor has handled my case.

"To anyone who has been the victim of severe headaches, unable to get permanent relief from any of the so-called cures, it is needless for me to explain my suffering and run-down condition. Constant headaches were getting the best of me which were induced by sinus infection, abnormal pressure on the nerve centers and pernicious anemia.

"My condition caused me to be confined to my home three different times within six months. The first time I was unable to work for a week. Then I worked two months and was off for ten days again with headaches and general sickness that seemed unbearable. Three months later I was again forced to stay home for three weeks. While I was able to work after that, I had no relief from pain until I began taking adjustments from my Chiropractor.

"It was a revelation to me the thorough and detailed examination he gave me. I had been under the impression that Chiropractors were not so competent. I was given a spinal examination and adjustments recommended. I began right away and within a reasonable time noticed some change for the better.

"The adjustments administered by my Chiropractor have now relieved my pain. My general health has greatly improved. I am well on my way to recovery and expect to maintain my health in the future through Chiropractic."

L. E. MILHISER,  
925 Climax St., Pittsburgh, Pa.  
(Subscribed and sworn to.)

## FACIAL PARALYSIS

"In August I was stricken with facial paralysis for which I doctored for some time with no results, I finally consulted the Chiropractor and after a thorough examination he told me he thought his adjustments would help. I told him I was after the cure no matter what the cost or what the treatment.

"In a period of two months I was cured and one could scarcely tell that I had ever suffered from paralysis. Before going to the Chiropractor one of my eyes was so badly drawn that I could not shut it and my mouth was drawn to one side. I could not chew my food without biting my tongue and cheek and it not only caused me pain, but much embarrassment. Anyone suffering with this condition or a similar one would make no mistake in consulting the Chiropractor."

(Signed) WALTER PRICE,  
R. F. D. No. 5, Hartford City, Ind.

## MIGRANE (SICK) HEADACHES

"I can never say enough for you and your profession.

"After my accident in June I suffered with severe headaches and at times they were so bad that I could not sleep at night. The next morning most everything seemed as a dream. My headaches became more frequent and more severe with each succeeding one. I met a good friend on the street one day and he asked me to go to a Chiropractor for an examination. This I did. I then began taking treatment. That was in October. After ten weeks of Chiropractic adjustments my headaches were entirely gone. Since that time I have not experienced any more of those terrific headaches. I really believe these treatments saved my life.

"I cannot praise Chiropractic too much."

(Signed) W. S. BENNETT,  
Bowling Green, Ky.

## NERVOUSNESS

"My daughter, Patricia Rose Howard, began to lose weight and strength and imagined she saw unreal objects. This was followed by nervousness, irritability and a desire to sleep practically all the time but being easily disturbed.

"She gradually grew worse until she was practically a living skeleton.

"In December we put her under the care of our Chiropractor who began a series of adjustments. As he usually does, our Chiropractor first gave Patricia a complete spinal analysis. He discovered a condition, so we were ad-

vised, that needed prompt attention. We continued to bring her to the Chiropractor for adjustments in accordance with instructions and after he had completed a series that made her spine normal, she was dismissed.

"I do not know her exact weight at the time our Chiropractor began adjusting her but she began rapidly to gain and within about one month after he dismissed her, she weighed thirty pounds. This was a very satisfactory gain and indicated she was in normal condition again.

"When you are sick I can surely recommend that a Chiropractor be consulted *first* and not put him off until the last as we did."

D. L. HOWARD,  
R. R. No. 1, Prescott, Ark.  
(Subscribed and sworn to.)

## Facial Paralysis

"I wish to submit this testimonial so that some other sufferer might be relieved through Chiropractic.

"I suffered a paralytic stroke and as a result my eyes were badly crossed. I was compelled to wear a cover over the affected eye. I was very dizzy and could hardly walk across the floor. I suffered severe pains in my head until at times it seemed I would go insane, spots were constantly before my eyes, and I could not sleep at night for terrible dreams.

"The day following the stroke I went to a medical doctor who said he might be able to help me. I continued with him and my condition was not improved. He told me that nothing could be done for my eye. While others wanted to straighten them with glasses, I felt sure that glasses would not relieve the cause.

"I was discouraged for I knew I could not get along in such a condition. So I went to see my present Chiropractor. She examined me and told me that she was sure she could help me. I took a series of adjustments as she recommended and was very much improved. She tried to get me to continue the adjustments but I felt so much better I quit. Then the following January I decided to take more and by the last of February I had the blind off my eye and have never worn it since.

"The pain is gone from my head and I have gained in weight from 128 to 150 pounds. I am able to work every day. My sincerest thanks go to my Chiropractor who is a reliable and dependable health counsellor."

MRS. IRENE McCANLESS,  
Prague, Okla.  
(Subscribed and sworn to.)

## BRONCHIAL ASTHMA

"I contracted a cold, and as I was run down physically was unable to rid myself of it until finally it put me in bed from February 15th until May 1st with chronic bronchial asthma. During that time we tried all forms of medication and doctors, after which I resorted to X-Rays and specialists trying to determine the cause. Finally our family physician recommended another climate and my husband was transferred the latter part of July, but it seemed as if my case needed something more than climate, for I was having the attacks more often and would be in bed for longer periods.

"Christmas day I had a very severe attack brought on by excitement as I was very nervous. One of my guests

suggested Chiropractic adjustments and recommended her Chiropractor.

"I could not be convinced that I could be helped by this Science, but as I had tried everything, as a last resort I consented to an examination and consultation, and—oh, how happy I am today that I did. I have not had an attack in a year, and I am a new woman today, facing life with new vigor, thankful to God—and to those who made Chiropractic possible. I heartily recommend it to all those who have suffered with that horrible affliction, bronchial asthma, and also to all humanity as a means of keeping physically fit."

(Signed) MRS. P. H. PARTENHEIMER,  
1952 Ivanhoe St., Denver, Colo.



MRS. P. H. PARTENHEIMER

## APPENDICITIS

"On Sunday, March 20, about 11:00 o'clock A. M., I developed a severe pain in my stomach which grew worse and produced vomiting. I took home remedies for stomach ache but with no avail. The pain was persistent and would not leave. The pain grew more severe and finally settled in my right side. Movement became difficult, especially movement of my right leg. I vomited sixteen or eighteen times during the afternoon.

"About 6:00 P. M. Sunday a medical practitioner was called who first said my trouble was gall stones. After more deliberation and watching, he pronounced it appendicitis. He insisted that I go to the hospital for an operation immediately. I was told his car was outside waiting and that I could ride to the hospital with him. He further frightened me by saying he knew for sure it was appendicitis.

"Sunday evening about 11 o'clock, my aunt suggested that we employ Chiropractic. The Chiropractor was called, and appointment made for 11:30 P. M. Through much difficulty and pain I managed to get to his office, after riding seven and one-half miles over rough roads. I was carefully examined and was told I had acute appendicitis. My

first adjustment was taken close to midnight Sunday. I felt better. I continued taking adjustments regularly. By Wednesday, March 23rd, my pain disappeared. Large balls of pus of a greenish-yellow color were found in the stools, I gained rapidly and have been absolutely free from pain since.

"My job was open for me April 1st, and thanks to the Chiropractor and to Chiropractic I was able to go to work and have been working since. After a short series of adjustments I was pronounced well. I feel better today than I have felt for the past several months before my attack of appendicitis.

citis.

"My advice to you is this—Get acquainted with Chiropractic and learn how effectively and economically you can be restored to health. This is truly a changing age. Old methods of practice in caring for the sick are rapidly becoming obscure and giving way to modern drugless methods. The public mind is rapidly growing skeptical to drugs as a cure for disease. Disease comes from within, not from without. Health comes from within, not from without."

JOHN VAN AELST,  
Hart, Mich.

(Subscribed and sworn to.)

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"Health comes from within."

## PARALYSIS

Little Robert Hoffman had worn a cast on his left leg from the age of two and one-half years. He fell out of a coaster wagon, and a few days later became paralyzed from the waist down, being unable to stand or use his legs in any way. After being treated five weeks at home, he was taken to a hospital where his condition was diagnosed as paresis, congenital dislocations and compressed myelitis. A month in the hospital brought no relief, and the distressed parents turned to Chiropractic.

Almost from the first spinal adjustment, there was marked improvement. After only seventeen adjustments, he was able to walk alone, and had traveled far along the road to perfect health. His parents issued a joint statement praising the wonders of Chiropractic.

But was this only a temporary recovery? Let us see. Just thirteen years after the experience recited above, Mrs. Robert Hoffman, mother of the lad, voluntarily wrote as follows:

"We have had daily reason to be thankful to the science of Chiropractic. At that time our son, Robert, was helpless and paralyzed. . . . Today he plays football and other games as strenuously as any of his friends. He was graduated from high school last June, and there is not the slightest trace of any physical impairment."

MRS. ROBERT HOFFMAN,  
Jersey City, N. J.

(Subscribed and sworn to.)



MRS. WALTER R. SMITH

### GOITRE

"Because Chiropractic saved me from an operation and because it has done so much for others in our family, in matters of health, I want to take this opportunity of adding my praise, along with

countless thousands of others, to this Modern Health Science.

"For about a year I doctored with Medical Doctors for an inward goitre and instead of getting better, I steadily grew worse. At last I was advised by one of the physicians to go to the hospital and have it removed by a surgical operation. I was greatly alarmed at this, as you can readily understand.

"Several people of my acquaintance had been helped through adjustments, so I finally decided to have a consultation with the Chiropractor. I started the adjustments at once. In all, I took sixty adjustments and the goitre completely disappeared.

"It has been quite some time since I finished taking the adjustments and I am happy to state that there has been no recurrence whatsoever of the goitre. And too, my general health has been greatly improved through the adjustments.

"Chiropractic adjustments have proven to me, without the question of doubt, their real ability to restore health to those who are sick or suffering. I, for one, cannot praise them too highly."

MRS. WALTER R. SMITH,  
1202 Walnut St., Owosso, Mich.  
(Subscribed and sworn to.)

### DEAFNESS AND HEADACHES

"Our daughter, Isabel, fell three years ago and from that time on developed pains in her back, a constant headache, which many days kept her from school and gradually lost her hearing until she became quite deaf. We took her to an orthopedic surgeon on the recommendation of medical doctors. He put her in a brace after taking many X-ray pictures. She wore this brace for about two years but still had all her old trouble.

"We took her to the Chiropractor, on the advice of a friend. Isabel began to respond almost immediately to adjustments. Her brace was thrown away and her headaches disappeared after the second adjustment. Today her back is well, does not bother her any more, she has no headaches, and her hearing which gradually returned is normal. Chiropractic was surely a blessing to our Isabel. She is now eleven years old."

(Signed) MRS. STAFAINN MASTRAINN,  
Southington, Conn.

## Epilepsy

"For six years," writes young Milton Woodrow Llewellyn, "I was a victim of epilepsy, waiting and expecting any minute to be seized with an attack; compelled to depend on others to look after me and stay with me constantly to protect me from death.

"My life was a living torment. I faced the danger of convulsions without any warning. I suffered ten to fifteen fits each month. There was always the chance one might come while I was driving an automobile, bathing, boating, swimming or indulging in any of the activities normal to a young man of my age.

"At the age of 13 I became the victim of Epileptic Fits. It was the unanimous opinion of all the practitioners who examined me that my case was hopeless—nothing could be done for me.

"For a period of two years I was unable to attend school. I was forced to give up my basketball, baseball and other sports. But despite the apparently hopeless verdict, my mother would not give up in her efforts to help me. When every other resource had been exhausted she determined to try Chiropractic as a last resort.



MILTON WOODROW LLEWELLYN

"My father, deeply interested as was my mother, agreed that my life should not be blighted if it was within his power to aid. So, although very skeptical, he arranged for the Chiropractic adjustments. After receiving these adjustments, and being completely cured of Epilepsy, I now feel it is my duty to give this written testimony for the sake of thousands of others who are suffering

this horrible disease. For their sake, I am happy to make this statement."

MILTON WOODROW LLEWELLYN.

Supporting their son's testimony, the parents gladly give this voluntary statement:

"Our son, Milton, having concluded a regular course of Chiropractic adjustments, we are in a position to positively state that he has been completely cured of Epileptic Fits, after suffering this disease over a period of six years. He is now restored to normal health and happiness, and has had no return of the disease for the past six months. He has gained 20 pounds in weight, and has returned to school. We are once more a happy family."

(Signed) G. LLEWELLYN,  
MRS. ZENA LLEWELLYN,  
R. F. D. No. 2, Box 325,  
Norfolk, Va.

There is no trifling with nature; it is always true, grave, and severe; it is always in the right, and the faults and errors fall to our share. It defies incompetence, but reveals its secrets to the competent, the truthful, and the pure.—Goethe.



THELMA TUCKER

### THYROID TROUBLE

"At first I began to feel tired and nervous. My heart would beat very rapidly at the slightest exertion and my throat felt tight and swollen. I was told I was suffering from thyroid trouble. Little did I suspect then the suffering and mental agony I was to experience during the next five years! I was constantly under treatment during this entire time, trying a variety of remedies, but constantly growing worse.

"I was gradually losing weight; there was pronounced protrusion of the eyeballs, and my heart was beating so hard and so rapidly that it almost drove me frantic.

"I was told I had developed exophthalmic goitre and the only thing that would save me, was the surgical removal of the thyroid gland. By this time I was in such a condition that life was a burden; I could not eat or sleep and the choking sensation was so severe that in February I gave up my stenographic work and despaired of ever being well again.

"It was about this time a friend advised me to try Chiropractic. When I first visited the Chiropractor, I had developed (in addition to my other troubles) a severe, dull ache in my right arm and leg, and my feet were very much swollen. My heart was beating 146 times a minute, my eyelids quivered constantly, and I was so nervous I could scarcely sit still. The Chiropractor examined my spine and told me that a vertebra in my neck was subluxated (out of place) and was producing pressure on the nerve that led to the thyroid gland. He stated that this pressure interfered with the transmission of impulses from the brain to the thyroid

### HEART TROUBLE

"At the age of seventeen my health was very bad, and I wasn't able to do any kind of work. My heart was weak and gave me a lot of trouble. I very often had terrible sick headaches, and had a lot of trouble with my nose bleeding.

"My people took me to different doctors and hospitals, but there wasn't any of them that seemed to be of much help to me. I was just about to give up when one of my aunts told my mother about a Chiropractor who was a competent authority in his profession. She urged us to see him.

"After he gave me an examination, he told me what was causing all of my trouble. In fact, after that examination he told me more about the way I felt than I could tell him. I said to myself right then that he knew what was causing my trouble.

"After I had taken only a few adjustments from him I began to feel better. I continued until he said he thought I would get along all right.

"Now, five years later, at the age of twenty-two, I have continued in good

gland. The Chiropractor told me he felt that my condition could be entirely relieved by adjustments. What a relief those words were to me! What visions of a new world opened up before me!

"After only a few adjustments I began to eat and sleep better, my heart beat reduced; my eyes began to assume their normal position; the swelling in my feet was gone, and the ache in my arm and leg became less and less. Within six months, my troubles all vanished and now, two years later, I am perfectly well.

"I can never praise Chiropractic enough for what it did for me. It really saved my life, and I am giving this voluntary statement through gratitude to the great science of Chiropractic."

THELMA TUCKER,  
1129 Burton Ave., New Albany, Ind.  
(Subscribed and sworn to.)

### ASTHMA

"The purpose of this letter is to acquaint the general public, and particularly those who suffer from asthma (one of the worst of all diseases), with the wonderful results and happiness I got from Chiropractic adjustments.

"I had asthma fourteen years, having contracted it during my army service,



DOUGLAS COMBS

health. My heart gives me no trouble, there are no sick headaches, no nose bleeding. From a sickly boy I have grown into a strong, healthy man."

DOUGLAS COMBS,  
Princeton, W. Va.  
(Subscribed and sworn to.)

and through all of those years I have gone from one doctor to another and from one remedy to another with little or no relief, in fact, getting worse all the time. I kept losing weight and could not sleep at night, would cough frequently and wheeze constantly. Many times it was so bad I could not work. I was so discouraged that I had given up all hope of ever being cured.

"Finally a friend persuaded me to try Chiropractic, and here is exactly what happened:

"After a few adjustments I began feeling better. At first I could not believe it, but I continued to improve and now, after a complete course I am cured. My blood pressure has been reduced from 185 to 135, my pulse from 110 to 72, the cough has completely disappeared and I no longer raise phlegm. The wheezing has also disappeared completely and best of all, I now sleep all night long—every night, and have to use an alarm clock to awaken me. It seems almost too good to be true—after 14 long years of misery.

"No one need suffer from asthma if he will take spinal adjustments from a reliable Chiropractor."

WILLIAM CRAWFORD,  
1416 Elmwood Ave., Lakewood, Ohio  
(Subscribed and sworn to.)



MISS MAGDALENE JUSZLI

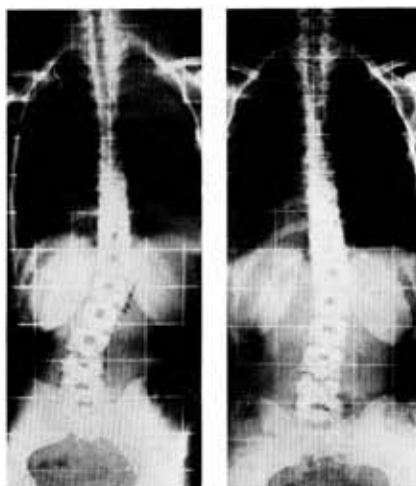
### CURVATURE

"I feel that I owe the public this letter.

"My body was being wrecked by defective vision, decaying teeth, nose bleeds, intense nervousness, sleepless nights, indigestion and a gradual mental deficiency.

"This, along with stammering, stuttering and inability to respond properly to arising situations gradually isolated me from society.

"I consulted the health professions, exhausted every possibility, I thought, in order to get well. I was urged time and again to see a Chiropractor and finally in despair consulted my present Chiropractor. He made a spinal examination, discovered vertebrae in faulty posture and recommended that I start at once with corrective adjustments. I did so and was really astonished at the relief obtained.



*These views were taken six months apart.*

"I took adjustments regularly as directed and after several weeks you can see from the X-ray pictures I had made, how my spine has been corrected. I now feel like another person. My teaching is a pleasure. My ill health has dis-

appeared and beaming health is mine once more.

"Thanks a thousand times to Chiropractic and my patient Chiropractor for finding the cause of my trouble and restoring my health."

MISS MAGDALENE JUSZLI,  
432 West 24th Street, Barberton, Ohio.  
(Subscribed and sworn to.)

The happiness and success you expect to attain five years from today depends more upon the law of health than anything else.

### LUMBAGO

"What Chiropractic has done for me cannot easily be told in writing.

"About five years ago, I had my first attack of Lumbago. I suffered much, and as time passed, these attacks became more and more frequent and also increased in severity, so much so, that I had to remain in bed part of the time. I also noticed that I had lost part of my usual pep, strength, and ability to do a real day's work. At night I was usually 'all in' and recuperation was very slow.

"The last attack of this dreaded and painful trouble kept me in bed for nearly two weeks, unable to stir, and at times even hardly being able to breathe as each breath or twitching of a muscle caused excruciating pain.

"I called the Chiropractor. After a course of adjustments I was able to do my usual day's work, being perfectly cured.

"Going into my past history, the Chiropractor found the CAUSE of my trouble—Twenty-five years ago I had fallen out of a window head first and landed on my head. This caused displacement of vertebrae and a left rotation of my spine. At the time I was under a physician's care for six weeks, but he never told me of this condition of my spine; I suppose he did not know.

"After an X-ray picture of my spinal column was taken, the Chiropractor suggested a course of adjustments to remove these old subluxations and straighten my spine.

"I am glad to say that after my Chiropractic service, I have not had another attack of Lumbago and my spine is back to its normal condition. I feel stronger, healthier, and can say that I now really enjoy living."

JOHN QUINN,  
East Elmhurst, N. Y.  
(Subscribed and sworn to.)

### GASTRIC AND PELVIC DISTURBANCES

"I had been suffering untold agony for weeks caused by an ovarian cyst and a prolapsed stomach, and so my husband called in a medical doctor who consulted three other physicians and they all disagreed as to the diagnosis but recommended an operation immediately.

"Fortunately the day prior to the proposed operation my brother-in-law suggested that we consult a Chiropractor. A Chiropractor was therefore called to the house and after examination he demanded X-rays be taken immediately. After said X-rays were interpreted the Chiropractor thought the operation needless and so I underwent adjustments. After a few adjustments the pain was relieved and in a few weeks I was able to call at the doctor's office for my adjustments. The improvement was steady and permanent. I am now able to do my housework and am free from any stomach pains which I was subject to for years.

"I continue to experience the lasting benefits of applied skill in Chiropractic in my case."

(Signed) HARRIETT LA BONTE,  
112-07 Roosevelt Ave.,  
Corona, Long Island, N. Y.

### EYE TROUBLE

"I wish to express my appreciation of Chiropractic recovery of my eyesight.

"I lost the use of the muscles of the eye at which time I could see but partly out of one eye. If I attempted to look forward there appeared double objects. Eyeglasses were suggested for my condition but the thought of glasses attempting to correct paralyzed muscles did not appeal to me. Chiropractic was recommended to me and I promptly saw a Chiropractor. My first visit was in November, at which time the Chiropractor was quite certain that the condition would respond to the adjustments. In December, I was able to use my eyes normally and they have steadily improved since.

"I feel obligated to Chiropractic for the restoration of my normal eyesight and unhesitatingly recommend Chiropractic for any condition because this experience was conclusive proof of its merit as a healing art."

(Signed) LLOYD W. KRUG,  
7017 Coldwell Ave.,  
Maspeth, Long Island, N. Y.



LESTER TAYLOR

## RHEUMATISM AND NEURITIS

"This is to state that I am twenty-nine years of age. I became ill with neuritis or rheumatism.

"Being within the vicinity of well known mineral springs and upon recommendation of my physician, I took the baths and remained under his care. I left that place after four months still a very sick and badly discouraged man.

"I came to the home of some relatives and was told of the unusual ability and sincerity of my present Chiropractor. I consulted my Chiropractor and after a methodic and thorough examination he said that the former determination of my case was correct but not complete. He stated that in addition to the ailments named above, I had acute nephritis, inflammation of kidneys, dropsy, Bright's disease.

"I remained under his care until he dismissed me as entirely well. My photograph that was made at that time will show to all interested persons that I am now in perfect health.

"I wish to recommend to all that are sick to consult the Chiropractor FIRST. Don't do like I did—try mineral springs and every other healing profession first and then find that you still must consult a Chiropractor in order to regain your health.

"Go to the Chiropractor first and be saved suffering as well as expense."

MR. LESTER TAYLOR,  
R. R. No. 2, Prescott, Ark.  
(Subscribed and sworn to.)

## GALL BLADDER TROUBLE

"Many believe that although Chiropractic may be beneficial in the earlier years of life, it cannot help those who have reached, or passed the so-called 'middle of life.' For the benefit of the many thousands of sufferers who, after vainly searching here and there for relief from their distress, and have now reached the declining years of life, I desire to give this testimonial for their encouragement as to what Chiropractic can do in such cases.

"After years of suffering from many ailments, I concluded that I would never be able to enjoy good health again. In addition to my other troubles, I had an infected gall bladder and gall stones, a tumor, anemia, and my stomach was prolapsed two inches. I suffered from continual headaches, and was always tired. All work was a burden, and I had to drive myself to do it, with the realization that I was gradually failing.

"In desperation I called on a Chiropractor. Within a reasonably short time my troubles showed improvement and, one by one have all disappeared. I now feel well and strong—better than I have been for many years. Although I took my adjustments more than two years ago, the benefits I received are still with me.

"I am confident that Chiropractic has given me a new lease on life and am truly grateful for the priceless blessing of restored health which I now enjoy. I feel it my duty to most heartily recommend Chiropractic to all those who are in ill health."

MRS. MARY BUSS,  
River Falls, Wis.  
(Subscribed and sworn to.)

## EPILEPSY

"My first experience with a Chiropractor was for our boy, Oscar, age nine, who had epilepsy since birth.

"Through the influence of my neighbor who was a Chiropractic patient and getting results, I was influenced to take my boy to his Chiropractor for adjustments. At that time Oscar was having eighteen to twenty periods of unconsciousness each day.

"Soon after beginning the adjustments we noticed improvement. His spells were less severe and less often. He showed a steady improvement as we continued the adjustments. Although we were unable to complete the adjustments, Oscar kept on improving even after they were stopped.

"He has not had an attack since. He does all the farm work and feels perfectly well. We are certainly grateful to our doctor and Chiropractic for the recovery of our boy. We gladly give these statements with the hope it may help other unfortunate children to regain health.

"We have learned through experience that Chiropractic reaches the cause of trouble and I would not hesitate to refer anyone to it for health."

ANGUS ANTHES,  
Hart, Mich.  
(Subscribed and sworn to.)

Proof of the scientific value of Chiropractic lies in the hundreds of thousands of patients it has benefited—a very high percentage of them "hopeless" cases under other methods.



LORRAINE JARDEE

## NERVOUSNESS

"I greatly appreciate the science of Chiropractic and the service that has been given me through my patient and effective Chiropractor. I can sincerely say that Chiropractic does relieve highly nervous conditions and brings about a more normal state of health through its application. I would recommend it to anyone who has a tendency to be nervous or is nervous. I find that it keeps me fit and able to perform my duties more efficiently, thanks to my Chiropractor."

LORRAINE JARDEE,  
630 N. Chapman, Shawnee, Okla.  
(Subscribed and sworn to.)



VIRGINIA HAMMEL

## BODY SORES and ARTHRITIS

"My daughter, Virginia, aged fifteen, was taken sick in October, and was covered by sores all over her body, also her limbs were swollen with what was ex-

plained to me as arthritis. She was sick all winter and finally developed a severe case of St. Vitus dance.

"Of course I grew alarmed when measures we were taking failed to relieve Virginia's condition, and after careful investigation I took her to a well advertised and competent Chiropractor. She was given a thorough examination and spinal analysis after which it was determined he could help her, at least he said that he believed it was not too late. So I had him start on the adjustments at once and in three weeks she was entirely well of the St. Vitus dance. After the series of adjustments the sores on her body healed and the swelling had left her limbs.

"In order that others who may not know of the results to be obtained through Chiropractic adjustments may learn something of their value, I am glad to make this frank statement.

"I was also impressed with the care and thoroughness shown throughout the adjustments and it is clear to me now that Chiropractic is a real modern health method that gets results."

MRS. BARNHARD HAMMEL,  
Huey, Illinois

(Subscribed and sworn to.)



ALVIN ORTH

## NERVOUSNESS, HEAD-ACHES AND BLADDER TROUBLE

"It is with a great deal of pleasure that I am offering this testimonial to my Chiropractor, for I feel that if this testimonial reaches others who are suffering it will have served a great purpose.

"My son, Alvin, who is now twelve years of age, has always from a youngster been more or less troubled with nervousness, headaches and an extremely weak bladder which we were informed was known scientifically as nocturnal enuresis. Recently in school his eyes also went back on him.

"We sought the best advice available and while we have no complaint to offer about his treatment, nothing proved successful. Having had such wonderful reports about Chiropractic, I decided to give it a chance. I took him to the Chiropractor who examined his spine. He told me there were several bones in his spine just slightly out of position but causing nerve pressure; and that with a series of adjustments he could be entirely free from all these conditions.

"During this examination my faith was inspired by the exactness and scientific method used. I readily put my son under his care. I am not sorry I did so for Alvin within a very short time has completely recovered from all of the former afflictions and is now in perfect health. He has also gained more than ten pounds in weight.

"I cannot praise our Chiropractor and his profession enough for what he has done for my son."

SADIE VIRGINIA ORTH,

2404 Jefferson St., Baltimore, Md.  
(Subscribed and sworn to.)

## ANEMIA

"Failing in health for some time, I finally consulted a doctor, who after a most thorough examination informed me my condition was serious, and I needed blood transfusion and hemorrhoidal operation right away, to which I submitted without delay. A month later I had a second operation for the same condition, being bed ridden all this time.

"For the next five months I remained in bed at the hospital, the condition then being diagnosed ulcerated colitis, and during that time had two more blood transfusions. In all three blood transfusions, two operations in nine months sickness and still failing. At this time X-rays revealed growths in the colon diagnosed polypi, and the hospital staff advised me that it was a chronic state and that they could not do anything for me.

"Much concerned my husband and friends pleaded with me to call the Chiropractor. With no faith or hope I did so, and to my surprise and thankfulness I did notice improvement and better strength within ten days, and in a short time afterwards as I continued the adjustments, I was able to do my own house work and care for my four children. I gained twenty pounds in weight,

and now after more than one year I feel fine, look well and my color is good, where before my color was waxen due to extreme anemia.

"No wonder my husband and I can't say enough for Chiropractic, when we have learned by actual experience that science will care for deep seated internal disease, quite as readily as ordinary backache. This statement is freely and voluntarily given that others too who suffer as I did may also learn of the source of so much help to be found in the science of Chiropractic."

MRS. VERONICA BERGMAN,  
1350 W. Minnehaha, St. Paul, Minn.  
(Subscribed and sworn to.)

## ACUTE INFLUENZA

"For the past twelve years the Chiropractor has been consulted by my family giving whatever attention we have needed in time of sickness. He has adjusted every member of the family, even one of the children who was only about a week old at the time.

"My last illness was the influenza, for which I had been using the usual home remedies, but could not control the condition and had to call the Chiropractor. In a few days' time I was up again and in about a week went back to work."

(Signed) SADIE BADGER,  
1605 S. Adams St., Marion, Ind.



LOIS CHEATHAM

## LOSS of WEIGHT and STRENGTH

"The health of our 14-year-old daughter, Lois, began to fail. Her appetite completely left her, and she became weaker and weaker.

"She took a cold, which at first seemed mild, but gradually grew worse and worse. A hacking cough soon developed, and she had gone almost to skin and bones. She was too weak to sit up even for an hour at a time, and she now coughed incessantly. Nothing seemed to do her any good, and we were worried frantic about her.

"We finally decided to put her under the care of our Chiropractor. The results seemed to us miraculous, for within two weeks all symptoms were almost

gone, and she was back in school. We had given up all thought of her being able to go to school any more that term. It just did not seem possible. But she completed all her grades (first year high school) with honors.

"Under Chiropractic adjustments, her health was soon perfect and still is now, five years later. We cannot say enough for Chiropractic, and we hope this will help others to learn of its wonderful health restoring powers."

J. B. CHEATHAM,  
Princeton, W. Va.

(Subscribed and sworn to.)

### LUMBAGO

"Chiropractic adjustments have done so much for me, I want others to know about the wonderful results I received from only twenty-five adjustments.

"For years I had suffered dreadfully with my back, and had gotten so I could hardly stand on my feet, besides a general swelling throughout my body, especially my face, hands and feet.

"After taking the adjustments I have felt like a different person, and I heartily endorse Chiropractic."

(Signed) MRS. H. LEE OVERALL,  
Hotel Lee, Sparta, Tenn.

### TUMOR ON THE BRAIN

"My case was pronounced tumor on the brain by medical doctors and specialists. After being treated in the hospital and daily growing worse I was taken home to die, my doctors giving me three days to live. It was then that the Chiropractor was called. I can never forget how gently the adjustments were given; they did not hurt me one bit. After the first adjustment the pain stopped. After the third visit I was able to walk about the room, and in a week's time I was driven fifteen miles to continue the adjustments until I was perfectly well. This was over a year ago, and I have worked hard and have kept

well ever since and have gained sixty pounds.

"I feel grateful to the science of Chiropractic for my restoration to health when medical science failed, and I make this statement freely and without any hope of reward except that it may be of benefit to the public and suffering humanity."

(Signed) MRS. PHILIP CHIVERS,  
R. R. 1, Langton, Ont.

### STRAINED BACK

"I have long intended writing the true story of what Chiropractic has done for me. In the early spring, while digging, I strained the lower part of my back. Soon after, my back became quite sore but eventually this soreness left and I experienced no marked discomfort until the following spring when I began playing ball and engaging in sports. Then my lame back returned with greater intensity. Different kinds of medicine, taken at the suggestion of our company doctor, failed to bring relief.

"I heard about Chiropractic and decided to give it a trial. I admit I was rather skeptical at first. After my second adjustment I felt much improved and soon was well enough to discontinue treatment. Later on, I attended a Sunday school picnic and was prevailed upon to take part in a race and ball game. After this exertion my back again became lame and sore; in fact, so bad



JOHN W. W. SAGE

that every movement caused severe pain. However, two adjustments put me in condition to resume work, and very few more, rid me of all discomfort. It is over four years since my last adjustment and I can work with anyone, and can also play ball.

"I give this unsolicited statement in appreciation of what Chiropractic has done for me, and in the hope that others may be benefited as I have been."

(Signed) JOHN W. W. SAGE,  
Petersborough, Ontario, Can.



## STOMACH TROUBLE

"I had a bad case of stomach trouble and severe nervous spells, also chills and headaches. I doctored a great deal for two years without benefit. Then someone told me about the Chiropractor, and I started with him. His adjustments were so effective that I improved almost from the start. To my great relief, Chiropractic put me in good shape so that I could enjoy life once more. I now feel better than I have for years.

"I also want to mention Violet's case, my sister. She was sickly for quite a long time and finally was taken down with a very severe complicated case of pneumonia. Her fever went up to a danger point. With very careful management and adjustments the Chiropractor really saved her life. I don't believe she could have pulled through under the drug system. She is alive and well today."

(Signed) MRS. W. SWOFFORD,  
East Alton, Ill.



MISS LAVINIA SMITH

## ABDOMINAL PAINS AND EYE TROUBLE

"My mother took me to our Chiropractor in March of this year to determine the cause of constant pain in my right side. I was suffering considerable and we were afraid of an operation if something was not done. A complete examination revealed vertebrae out of line. I went regularly to our Chiropractor for two months.

"In the meantime I reported the condition of my eyes. I would blink when looking at a person several times and it was difficult to do my studying because

I had started having headaches and my eyes were strained. The blinking of my eyes was noticeable to my teachers but after our Chiropractor corrected the condition found in my neck I stopped blinking completely, my headaches left, my side was normal because upon running or walking fast the pain would not appear; the pain in the back in region of kidneys disappeared and I became perfectly healthy again.

"I am very grateful to our Chiropractor for what was done for me. At the time I went I had no idea that anything could be done about my eyes and much to my surprise after taking the adjustments their condition was restored to normal.

"If anyone would like to write me about my case I would be glad to answer any questions for I feel very grateful for what Chiropractic has done. I submit this testimonial because I believe if more people knew about the wonderful results that are obtained from Chiropractic, they would surely select a Chiropractor the first thing when they get sick."

MISS LAVINIA SMITH,  
R. R. 3, Seminole, Okla.  
(Subscribed and sworn to.)

## Arthritis

"For over five years I suffered with poor health. The more medicine I took the worse I got. One doctor told me I had heart trouble. Another said I had tuberculosis of the bowels. I became so nervous and run down I could not work and would lay awake all night. Finally arthritis set in in my legs and feet and drew my legs back. For eight months I could not walk. I went to a state doctor and when he examined me he said all my trouble was caused from my tonsils which had poisoned my whole system. He told me I would never walk. He said the only thing for me to do was go to the hospital and have my tonsils removed and have my legs straightened and put in plaster casts. Well, I felt greatly discouraged. But I still had a little hope as a friend of mine advised me about Chiropractic. May God bless that friend. If I had gone to a Chiropractor five years sooner it would have saved me much pain and money. Instead of going to the hospital I went to see the Chiropractor and after only a few adjustments I was very happy for I knew I had found the right thing. In less than two months I could walk around by holding on to someone. Now my legs are as straight as ever. I can walk for miles without the least bother and can work and sleep well. Too, I still have my tonsils. Before taking adjust-

ments my weight was eighty-nine pounds, but I now weigh one hundred and thirty-seven pounds. I cannot praise Chiropractic enough for what it has done for me."

MRS. MEAD WILSON,  
Fall Creek, Pa.  
(Subscribed and sworn to.)

## ENEURESIS

"Up until I was nearly twelve years old, I had found it impossible to control my kidneys. This was terribly embarrassing, to say nothing of the effect it was having on my health. My condition had been diagnosed as enuresis. Any number of things were tried out, but I got no better.

"As a last resort, and with considerable doubt, I was taken to a Chiropractor. I was willing to try Chiropractic, everything else having failed. My first Chiropractic adjustment was given on August 4. I continued the adjustments, having observed some change for the



DAVID C. ALLEN

better after the first few times. I took 39 adjustments continuing through August, September, October and November. On December 4, the Chiropractor said I was 'just as good as new,' and dismissed me. I have not had an adjustment now in nine years, and my old trouble of enuresis has disappeared completely.

"I am more than happy to make this testimony. If I ever get sick, I'll see a Chiropractor first from now on! That's what I say to everybody, too."

DAVID C. ALLEN,  
Dallas, Texas  
(Subscribed and sworn to.)

Chiropractic is the health method of those who know its merits; of an ever increasing multitude that realize that the cause of dis-ease must be removed before health can be attained.



MISS HELEN HEMPEN

### Automobile Accidents Make Trouble for Patients and Doctors

"Through the influence of a friend I decided to try a Chiropractor, as I had become disgusted and had tried everything else.

"Fourteen months before that time, I suffered from an automobile accident which I was informed had injured my kidney. I suffered through three spells of Pneumonia, had tonsils removed twice and also an appendix operation. At the age of nineteen I was still a very sick person.

"I consulted a Chiropractor, as mentioned, through the influence of a friend. After a complete examination he found several conditions not mentioned by other doctors who had treated me, which proved to be the cause of all my ill health. I was discharged as well after taking 58 adjustments over several weeks of time. My weight had increased ten pounds and I was able to return to work as saleslady in a downtown department store.

"And now after two years, I consider this proof that Chiropractic does remove the cause of disease; and trust that my statement may be a benefit to some sufferer who may doubt the value of Chiropractic."

MISS HELEN HEMPEN,  
5462 Shreve Ave., St. Louis, Mo.  
(Subscribed and sworn to.)

## Appendicitis?

"About three years ago after returning from a short vacation trip, I was taken suddenly ill with abdominal pains. At first I thought it was a change of water, or something I had eaten while on my vacation. The pain finally became almost unbearable and I called the Chiropractor. He advised me that the best thing for me to do was to go to bed and remain perfectly quiet until he called again, which was within a few hours.

"In the meantime, the pains in my abdomen had become localized over the appendix and my wife and I began to fear for the worst. Upon the doctor's return my worst suspicions were confirmed by him. He pronounced it an attack of acute appendicitis. To tell you that my wife and I were very much worried and fearful of the outcome would be putting it very mildly. However, the doctor assured us that there was really no cause for alarm and advised us to let him do the worrying for us as he was getting paid for it and that he had taken care of many cases of a similar nature during his many years of successful practice. Thus reassured of the cause of my suffering and trusting the Chiropractor to handle my case as he had many others, my wife and I were able to relax from the terrible nervous strain we had been under.

"Realizing the seriousness of my predicament I took Chiropractic adjustments and followed the doctor's advice implicitly and within a few days I was able to be up and around the house and within a few more days was again able to resume my regular diet and go back to work.

"It has been approximately three years since I had the attack of acute appendicitis and I am very glad to say that I have never had a recurrence of that nature since that time."

BERT TAYLOR,  
922 N. Morrison St., Kokomo, Ind.  
(Subscribed and sworn to.)

### STOMACH AND LIVER TROUBLE

"For years I suffered with stomach and liver trouble, until I was severely run down and anaemic; also very much underweight. Both work and play were a burden to me and oftentimes I was unable to do either. I tried a great many doctors, but got no relief.

"I had about given up hope, as nothing seemed to help me, when someone advised me to try Chiropractic Adjustments. I had little faith in the new method of healing but decided to give

it at least a trial. Then to my surprise I soon began to feel better and today I am glad to say I am well and can eat, sleep and work, as normal people do—something I have not done for years.

"So without hesitation, I can say that Chiropractic made me well. I am a painter and work every day and again really enjoy life."

(Signed) GEORGE M. MAY,  
S. Main St., Andover, Mass.



JOHN SMITH

### RHEUMATIC TROUBLE

"On the first of March, I became helpless and was confined to my bed. I could not move my body. My hands, wrists, ankles and feet were swollen and inflamed; my neck stiff and sore. The smell of food made me ill.

"Then I turned to Chiropractic as I had on an earlier occasion. At the height of my illness, I received Chiropractic adjustments every day. After a short time the swelling went down; the pain left me; my appetite returned, and my health improved rapidly. Soon I was able to walk to the doctor's office for adjustments. I continued this for a time to make a good job of it.

"This is the second time Chiropractic has pulled me through a serious case of rheumatic illness. The first time I was fifteen years old.

"Even when my body was so full of rheumatic pains, I never felt any harshness or discomfort while taking adjustments.

"I never felt better in my life than I do now; I am in perfect health."

(Signed) JOHN SMITH,  
50 Jasper St., Paterson, N. J.



ROWLAND GLOVER

### HIGH BLOOD PRESSURE AND SPINAL CURVATURE

"My condition was difficult to determine at first, but I soon developed curvature of the lumbar region of my spine and my blood pressure went as high as the blood pressure of a 68-year-old man should be and I was only a little more than seventeen years of age.

"I gradually grew worse. The pain was almost unbearable in my spine and lower limbs. I had to use narcotics in order to relieve the pain. I was carried to several different physicians and was

confined to a hospital and was X-rayed.

"I had every symptom and indication of tuberculosis of the spine.

"My father took me to the office of a competent Chiropractor of a nearby city and he gave me my first Chiropractic adjustment. I took my last one four months later.

"My photograph will speak for my present perfect health.

"I am now twenty years of age and old enough to appreciate what the science of Chiropractic has done for me and I want to give thanks for this wonderful science, and I want to urge others that are sick—regardless of diagnosis—to use a Chiropractor."

ROWLAND GLOVER,  
R. R. No. 1, Arkadelphia, Ark.  
(Subscribed and sworn to.)

### SKIN AFFECTION

"Our baby had a swelling in her right knee, elbow and around her right ear. This swelling increased and became painful. Having unlimited confidence in Chiropractic we brought her to the Chiropractor, and after a few days' adjustments we discovered worms just under the skin. Some few worked their way to the surface leaving sores. These soon became numerous in different parts of the body, leaving a deep, yellow-colored ridge which could be easily traced at a glance.

"We were alarmed over her condition. Our Chiropractor, however, of-

fered us encouragement and from the results of other serious cases in our family we felt that if there was relief to be had it would come through Chiropractic adjustments. After two months' adjustments our baby was sound and well, and during the time gained eight pounds in weight, and we feel like the public is entitled to know of this great science of Chiropractic and especially do we recommend it to our friends."

(Signed) MR. AND MRS. CHAS. BATES,  
Sabinal, Texas

### The Human Machine

Engineers are prone to talk of the efficiency of modern machines. But no machine has ever been constructed that is so efficient as man himself. Where can we find a pump as perfect as the human heart? If the boss treats it right, it stays on the job for more than 600,000 hours making 4,320 strokes and pumping 15 gallons an hour. We have no telegraphic mechanism equal to our nervous system; no radio so efficient as the voice and the ear; no cameras as perfect as the human eye; no ventilating plant as wonderful as the nose, lungs, and skin, and no electrical switchboard can compare with the spinal cord. Isn't such a marvelous mechanism worthy of the highest respect and the best care?—*Floyd Parsons.*

### HERNIA (INGUINAL)

"I am writing this for the purpose of educating the American people in the truth of the principles of Chiropractic. When the public accepts these principles and takes regular adjustments, the human ills can be eradicated in a very short time.

"More than two years ago our little eleven year old daughter, Bernice, found new hope when she came to this Chiropractic Clinic. Examination by the Chiropractor led him to believe she could recover from an Inguinal Hernia, from which she had suffered three years. It had become a matter of great concern. We were discouraged because several different doctors had told us only an operation would bring the results desired.

"After the scientific application of adjustments which we were told re-



BERNICE KOSEL

leased nerve energy by the removal of nerve impingements, Bernice has completely recovered from the hernia. This remarkable recovery was made more than two years ago and no symptoms of recurrence of the trouble have been noticed. We are indeed grateful for the wonderful recovery that has come about through and by our good Chiropractor.

"We use Chiropractic in our entire family. When any one of us feels the least bit out of sorts, we consult our family Chiropractor. This practice not only keeps us healthy but is reasonable in cost as well.

"I wish to urge everyone to investigate this modern health method whether well or sick as you may be instrumental in helping others regain their health. I am glad to have this published in the interest of public health."

EDMUND KOSEL,  
R. No. 1, Burlington, Texas  
(Subscribed and sworn to.)



WALLACE TYNER

## Infantile Paralysis

"A child stricken with infantile paralysis has overcome this serious malady through Chiropractic. Our son Wallace, at the age of six years suddenly became very sick. His eyes had crossed and he was in a stooped position. He had little control over the lower limbs. Stumbling and falling, it was very hard for him to stand or walk. We were terribly alarmed and did not know what to do. So severely shocked, we were afraid to consult our family physician as he might suggest surgery.

"By chance, through a friend, we learned of a skilled Chiropractor. Having never heard of Chiropractic before, we were very skeptical, anxiously waiting what the results would be. On the day he was examined we were told, 'Yes, I can right the boy and have his eyes straight in a reasonable time.' It was hard for us to believe as he was in such a critical condition.

"On the first day after the adjustment he began to improve and as we were told, after several adjustments his eyes had straightened to normal and remained that way. He is a grown boy now and has not had any trace of the disease. Up through high school he enjoyed athletics and sports.

"There is hardly a day passes that we are not grateful to this Doctor of Chiropractic and the wonderful science. We shall be very glad to relate our experience to anyone."

DAVIS AND SALLIE TYNER,  
Shawnee, Okla.

(Subscribed and sworn to.)

## DEFECTIVE VISION

"I began stenographic work at the age of sixteen, denying myself the proper exercise and fresh air. After four years my general health was very bad. I was tired all the time, suffering with severe straining pain in the back of my head and neck, and seemed to have lost all my pep.

"After more than a year taking treatments of other doctors I had found no real benefit. I decided that glasses might relieve some of the tension and pains in my head and spine, but they didn't bring the relief which I had expected.

"I went to the Chiropractor and the first six adjustments improved my nerves until I removed my glasses and have not worn them since.

"After taking adjustments less than three months I can say that my general health is very much improved and I feel like a different person. I feel that I cannot praise Chiropractic too much for what it did for me."

(Signed) MISS MARGUERITE DAVIS,  
Muncie, Ind.

Real Health must be built upon a solid foundation and requires a straight spine and free nerves.

With them, the entire system is able to resist the encroachments of disease.



MISS CARRIE LEE MOODY

## AILMENTS RESULTING FROM FALL DOWN STAIRS

"When I was seventeen years of age, I fell down a flight of stairs from which I suffered great pain, but as there were no broken bones, no thought was given

to the possibility of any future complications. After this fall, my menstrual periods became disorganized, and at times I would go as long as seventeen months without showing signs other than pain and suffering. My skin turned to a dark brownish color and in many other respects I was a sick girl.

"At the age of twenty-six, I was taken seriously ill. My trouble was variously diagnosed as Neuritis, Muscular Rheumatism and Arthritis. I was then sent to the Hospital for a thorough examination; but no one there seemed to know what my trouble was, or what to do to give me relief from my suffering other than to make me drunk with dope. I was then ordered sent home to die.

"At this time, my left leg and left foot had swollen to about two or three times their normal size and was filled with pus, and I had not been able to raise my left arm in nine weeks. The doctors wanted to remove my tonsils and as a last resort amputate my leg.

"My minister finally persuaded my family, who knew nothing about Chiropractic, to call a Chiropractor. At this time, I could not turn over in bed, nor could I stand the pain of being turned in bed by others. In fact, I was so sore and swollen I could not be touched without suffering pain.

"After the history of my case had been recited to the Chiropractor, he explained that he could not make promises as to what the final results might be. 'Evidently you have had a severe injury at some time in life to which I attribute your present condition,' he concluded. Up to this time I had forgotten about my fall down the flight of stairs.

"From the first adjustment I began to improve. In about four weeks I was permitted to take sun baths on the porch in a wheel chair. In about eight weeks, I was able to walk with the aid of crutches and to go to the Chiropractor's office. In about three months I could take short walks about the house and yard without assistance. Today, I feel better and I am in better health than I have enjoyed since my injury at the age of seventeen, and without a very, very close inspection, no one could tell which of my legs or feet were affected. My periods are practically normal again, my skin has cleared, and I feel as if I am living in a new age. I go where I please, walk wherever I please, and talk Chiropractic everywhere I go with the hope that others may become acquainted with this great science."

MISS CARRIE LEE MOODY,  
510 Chelsea Ave., Jacksonville, Fla.  
(Subscribed and sworn to.)

## SPINAL CURVATURE

"Our daughter, Nellie Ruth, was taken ill in December. She had bad spells with her head, with continual vomiting; was very nervous; anemic; head was bad; left lung was bad; was hard of hearing; her throat was diseased and she was constipated. In fact, she was diseased all over.

"After doctoring elsewhere for some time without results, we became very discouraged and decided to take her to the Chiropractor. He said she had a bad curvature of the spine that was causing her troubles and that he felt sure he could relieve her but it would take time. After taking 75 adjustments she seemed perfectly well and has been in fine shape ever since."

(Signed) MR. AND MRS. W. M. DUNIGAN,  
1738 S. Marion St., Denver, Colo.



FRANK DENTON

## AUTO ACCIDENT VICTIM RESTORED

"On March 12, I had an automobile accident and was unconscious for thirty-six hours. After regaining consciousness there were severe pains in head and back.

"I was taken to a hospital for treatment, staying there six days. The treatment consisted of drainage of three ounces of fluid from the spinal cord. This treatment relieved the symptoms temporarily.

"At intervals of from twenty to thirty days I would fall unconscious from five to eight hours. I also had double vision, irregular heart action, was nervous all the time, and at times would lose control of my left leg.

"On September 16, I went to a Chiropractor. He said he would like to have an X-ray picture before treating me. The X-ray showed a bad rotation and curvature of the spine, causing shearing of the cord.

"After taking about ten adjustments I noticed decided improvement in my condition. I continued the adjustments until I was well.

"I am deeply grateful to Chiropractic for the wonderful work in my case and can heartily recommend this treatment to any who may be suffering."

FRANK DENTON,  
Henderson, Ky.  
(Subscribed and sworn to.)

## HIGH FEVER, CHEST PAINS WEAKNESS

"Because of marvelous benefits I got from Chiropractic adjustments, I am glad to express my appreciation so that others who are sick will not hesitate to go at once to a Chiropractor.

"For eight weeks, I suffered with great chest pains, high fever, a severe cough, and loss of my normal voice. I felt weak and was unable to work.

"On orders from my doctor, I went to the mountains for two weeks, only to return much worse.

"At the persuasion of a friend, I visited our Chiropractor. After two adjustments that evening, I returned home feeling somewhat improved and my fever was almost gone. I continued these adjustments for three months, during which time I did not lose a day from my employment.

"Today, I feel fine, thanks to Chiropractic and my Chiropractor.

"I hope that some day the Chiropractors will let all the people know about their great healing science, so that those who are ignorant of Chiropractic, and merely for the sake of being considered wise, will not attempt to discourage the sick from going to those who really get the ill back to health."

MISS ANNETTE SHERMAN,  
2796 E. 7th St., Brighton Beach, N. Y.  
(Subscribed and sworn to.)

## FACIAL PARALYSIS

"On August 10th, my daughter Jean, age 18, developed an acute case of facial paralysis that completely disfigured the left side of her face. I took her to our family physician who examined her but seemed unable to find anything that could be causing such a condition other



JEAN BARKLEY

than an over-nervous condition and run-down. He advised me to take her to a noted specialist on paralysis and neuropathic cases. I followed instructions and was told that Jean's was a case of Bell's facial palsy, a paralysis of the seventh cranial nerve, caused from various things such as an impacted tooth, infected sinus and middle ear disease, but she had none of these ailments. An ocean voyage, a trip to the mountains or some kind of complete change was recommended as the condition would take months to improve, if ever, and that any kind of treatment was useless.

"We sent Jean to the mountains, but her condition grew worse. Upon returning home we decided to take her to a thoroughly competent Chiropractor, after first talking to the Chiropractor about it.

"The history of her case and a thorough examination including spinal analysis was given and he found the pressure to rightly be on the nerve in the upper part of the neck at the base of the skull. Within twelve hours after the first adjustment there was a noticeable change in her appearance.

"After a series of adjustments, one each day, the paralysis was entirely gone, her face again restored to its natural contour. Her health in general was also much improved.

"It would be ungrateful of me not to take this opportunity to thank our efficient Chiropractor for restoring the health of our child. I want to give this information to other people so they too can be helped."

MRS. ERNEST BARKLEY,  
1701 E. Garfield St., Phoenix, Arizona  
(Subscribed and sworn to.)

## LOSS OF SPEECH

### Case History

Mrs. Huddleston was injured in an automobile accident some five years ago. It was thought at that time that she had suffered a fractured skull, but she apparently recovered and in the course of time was married. It was after being married for several months that she noticed that there was an impediment in her speech, which kept getting worse until she became absolutely speechless. This condition has continued for over the past three years. Treatments of all sorts failed to restore her speech, and she had become resigned to the life of a mute. In the meantime she had given birth to a baby girl. The child, nearly three years old now had never heard its mother's voice until Tuesday of last week, and this is how it all happened.

The mother and husband of Mrs. Huddleston, groping about for some means of restoring her lost powers of speech, had been suggesting that, as a last resort, she try Chiropractic treatment. She demurred at first, feeling that it would be useless, inasmuch as other treatments had failed, but finally last Monday she presented herself with a note stating what her trouble was and saying that she had consented to treatment because of the wishes of her hus-

band and mother. Now let her tell her own story, which she related to a newspaper reporter.

### Patient's Statement

"I had no hope of being benefited by Chiropractic but was willing to give it a trial. The Chiropractor had X-ray photographs made last Monday, and on Tuesday when I went back to him he gave me Chiropractic adjustments to relieve what he said was a subluxation of the second spinal vertebra—or in other words, he relieved the pressure at this spot in my spine which had caused a paralysis of the vocal organs. After two adjustments I was able to speak again, just as I am speaking now, and it has made me very happy indeed."

During the past week since Mrs. Huddleston's speech has been restored she has been the center of a continuous line of visitors and friends who have called to hear her speak, and to see for themselves "if it was so."

Asked for a statement regarding this case, her Chiropractor said that there was nothing miraculous about it, it being simply the application of common sense principles as embodied in the Chiropractic system of relieving spinal pressure.

(Signed) MRS. F. L. HUDDLESTON,  
1507 South St., Portsmouth, Va.



DOROTHY JOHNSON

## WHOOPIING COUGH

"It gives me great pleasure to tell others what Chiropractic has done for my little daughter, Dorothy, who from infancy had always been a delicate child. When she was seven years old she fell ill with what appeared to be a very bad cold and fever. We called the doctor and he pronounced it bronchitis, although there were all the symptoms of whooping cough. She could keep nothing on her stomach, had a terrible cough, and was vomiting about every half hour, day and night. The doctor came almost every day and kept giving her different medicines, none of which helped her at all. This went on for two weeks and from the constant vomiting and loss of sleep, Dorothy was getting weaker and weaker and had lost weight, which she could not afford to lose, as she was very thin.

"My brother had previously suggested that we try a Chiropractor for her, and finally in desperation we took her. She had three adjustments a week for three weeks, and after the third adjustment all vomiting had ceased and she was sleeping all through the night. From that time on she started to put on weight, her cough gradually left her, and she began to eat heartily of many foods that she would never touch before. She had always had a very poor appetite and feeding her was quite a problem. At the end of five weeks she looked like a different child, and kept on improving. She is now ten years old and is a strong, healthy girl, thanks to Chiropractic."

MRS. D. A. JOHNSON,  
10754 122nd Street,  
Richmond Hill, L. I., N. Y.

(Subscribed and sworn to.)

## Bronchial and Lung Trouble

"I am 14 years old, and have had throat and lung trouble since I was eleven.

"I was sick all winter with a continuous cold and cough. I ran a temperature most of the time and could not go to school. I did not get any better with the coming of spring, as I was up most of every night coughing.

"My parents then took me to the Chiropractor and he found some displaced vertebrae that was irritating the nerves to my bronchial tubes and lungs. My right lung was full of fluid. I began taking Chiropractic adjustments and improved from the start. In a few weeks I felt fine and commenced to get fat.

"I have gone to school all this term and made good progress with my work, and with the exception of a slight cold for one day only, I have not even had a cold this winter.



GEORGE RICHARDS, JR.

"My parents and I are very thankful to Chiropractic for restoring me to health."

(Signed) GEORGE RICHARDS, JR.,  
Dominion, Wash.

## NERVOUSNESS

"I have been very nervous all my life, and for the last two years I have been subject to nervous spells that my entire body would become numb and I would have no control of myself. My tongue would become stiff and I could tell for a day or so before the spells would come on, as I would have dizzy flashes and my mind would not be clear, and I could not think. After one of these spells it would take several days for me to get over the effect, and until my mind would be clear again. I have had as high as seven of these spells in one day.

"I doctored all the time, but seemed to get worse right along. Was not able to do any of my housework, and my mother had to take care of me.

"I had never taken any Chiropractic adjustments but knew several others who had, so I had the Chiropractor come to the house and treat me. After the first adjustment I was able to go to the office. I improved right along and never had a nervous spell after the first adjustment. I only took eighteen adjustments in all. I am feeling fine now and able to do my housework, and I can certainly praise Chiropractic for the good health I am now enjoying."

(Signed) BERTHA MAYO,  
Muncie, Ind.



LAVOY JACOBS

## ASTHMA

"In the hope that we may help others find relief from disease, we, the undersigned, make the following statement:

"When our son Lavoy was only a few years old he became afflicted with asthma,

ma, which seriously impaired his health and normal growth. We tried anything and everything we ever heard of but received only disappointment for our money.

"The only relief he could get from these spasms was by inhalation of fumes from an asthmador, but such relief was only temporary. He was pale, underweight, had poor appetite and little ambition.

"Thus matters stood until he was thirteen years old. At that time we took him to a Chiropractor in our city for consultation and examination. He told us he believed he could help Lavoy and subsequent development proved that was correct, for our boy has entirely recovered from his trouble. He has had no further attacks for nearly two years; has a good appetite; good complexion and in every way feels and acts like a normal boy should.

"Further proof of our Chiropractor's work is shown by the fact that Lavoy is able now to play a trombone in a juvenile band, something difficult if not impossible for a victim of asthma affected so badly as our boy formerly was.

"We will be glad to write anyone who wishes to substantiate or ask more about this remarkable recovery."

MRS. PAUL JACOBS,  
MR. PAUL JACOBS,  
2719 Prospect St., Sioux City, Iowa  
(Subscribed and sworn to.)

## NUMBNESS IN HEAD AND ARMS

"About three years ago I began suffering with numbness in the left side of my head and arm and it finally went down into the left limb. I doctored with several different doctors and they all claimed that this numbness was bordering on paralysis. I also had heart trouble, shortness of breath, was sleepless at night and was very nervous. I have doctored for three years, with no lasting results. I rather got discouraged and thought I would try Chiropractic adjustments. I started to take adjustments on March 2nd. The Chiropractor explained my case to me thoroughly and showed me just what was causing my trouble. I have taken thirty-seven adjustments and I see a wonderful improvement in my general health right along. I have been greatly relieved of my heart trouble and numbness. I am not so short of breath, my nerves are quieted and I can sleep well at night.

"I know that Chiropractic saved me from having a stroke of paralysis, as the other doctors claimed I would have, and I can willingly recommend the science to any of my friends."

(Signed) ROY CLARKE,  
Muncie, Ind.



HELEN SMITH

## APPENDICITIS (Chronic)

"For several years I had been having pains in my abdomen. The condition had been diagnosed several times as chronic appendicitis. In addition to this, I had stomach trouble and was unable to digest my food; nor did I know what the proper foods were, or how to combine them. I also had thyroid trouble, and all of the symptoms that go with that disorder.

"In my search for relief, I tried almost every source. I was told that an operation would be necessary. This of course was out of the question if I were to continue in school and graduate with my class.

"Finally a friend suggested that I go to her Chiropractor. I did so, feeling however, that my time would be wasted. The Chiropractor examined me carefully and made a study of my spine. Then he said that he thought he could help me. I decided to give Chiropractic a trial. Now I am very happy that I did. I am free from pain of any kind, and my distressing symptoms have left me. I can truthfully say that Chiropractic has proven its worth as a healing science.

"I am now able to eat plenty of good food, according to the diet laid out for me by my Chiropractor, and I am putting on weight. I feel better than I have felt for years. I gladly recommend Chiropractic to every sufferer. I know of no other method that makes possible such excellent results."

HELEN SMITH,  
72 Howard St., Burlington, Vt.  
(Subscribed and sworn to.)

## NERVOUS BREAKDOWN

"Several years ago I suffered a nervous breakdown and the doctoring I had been receiving for a number of years failed to bring much relief. I was in a miserable condition and had done everything I could to relieve myself.

"One day I heard of Chiropractic and decided to try adjustments. I went to a Chiropractor's office, and after a few adjustments began to notice wonderful results. I had suffered from attacks of hay fever, but after the first few adjustments these disappeared and I have not been troubled since.

"My nervous system has been completely built up and restored to normalcy and I feel like a new person. I can truthfully recommend Chiropractic methods of treating the ill."

(Signed) WILLA GUTHRIE,  
711 S. Wolf St., Muncie, Ind.



DALE McCOMBIE

## Infantile Paralysis

(POLIOMYELITIS)

"In November while we were quarantined for infantile paralysis, our son Dale became ill. We had not called anyone for him because we had already been told there was nothing that could be done to prevent or cure infantile paralysis. At the time we thought Dale had the flu but when he was able to be up again we found that he could not bend over, run without falling and had no power in his arms. When he would try to throw a ball the entire power necessary to do so was gone, consequently he became very discouraged

and down hearted and he felt that he was doomed to be a cripple.

"We began taking our son to our Chiropractor for adjustments. Dale began to improve rapidly and today he is well, having had a limited series of adjustments. He is able to play ball, run, and use his body normally again.

"Needless to say, we are now strong boosters and earnest believers in the merit of Chiropractic and in addition we are especially grateful to our Chiropractor for what he has done for other members of our family."

H. A. McCOMBIE,  
MRS. H. A. McCOMBIE,  
R. R. No. 3, Seminole, Okla.  
(Subscribed and sworn to.)

## NEURITIS

"Nearly ten years ago I had a very bad case of sciatica. My trouble started with a severe pain in my back and hips, while I was firing a locomotive. My legs were almost completely paralyzed. I became helpless and could not walk. I was confined to bed in a very crippled condition and had very little hopes of getting well again. My brother advised my trying Chiropractic. He had suffered with stomach, kidney and back trouble which was relieved by his family Chiropractor. I took his advice and through a complete spinal examination he located what he called a subluxation which was causing all my trouble.

"I noticed some relief after the first few adjustments and with a short course of adjustments I was permitted to report for work entirely well.

"About five years later I developed a bad case of neuritis. I had an acute pain in my shoulder radiating into my arm which caused me much suffering and many sleepless nights. My right arm became practically useless and interfered with my work. I took more adjustments from our family Chiropractor. All of the pains gradually left and I regained use of my arm.

"At this writing I am absolutely free from all pains and I have never had a recurrence of it since. My health is better than it has been for many years. I feel it my duty to make this statement for the good it may do my fellowman."

S. H. PERRY,  
Box 601, Clifton Forge, Va.  
(Subscribed and sworn to.)



ELINOR PASKAL

## EYE TROUBLE

"This is to certify that my daughter Elinor was entirely blind in her right eye and that every eye specialist we consulted told us it was hopeless. We were told that there was absolutely no use in wasting our money and time, that the eye could never be brought back. A friend insisted that we take her to an Optometrist in whom he had considerable faith. We did this and as soon as he made his examination he stated there was nothing he could do but he felt sure that she had a chance to regain her sight if a Chiropractor were employed. We went to the Chiropractor's office immediately and after his spinal analysis he stated that he believed the cause of the trouble was a misplaced vertebra in the neck and that he would adjust the bone and see what results would occur in a period of two weeks and we might discontinue adjustments if no improvement became evident at that time. I am pleased to say that on the morning following the second adjustment, Elinor could see light with her former blind eye. Adjustment was given again that day and we returned to the Optometrist's office to tell him how glad we were. While there Elinor could see the fingers on the doctor's hand across the room. Through the honesty of one doctor and the work of another, Elinor has recovered the sight of her once blind eye. While our daughter's sight is not perfect, with the aid of glasses correctly fitted she is able to read with the eye, and we are very thankful to Chiropractic for restoring it."

(Signed) ANNA PASKAL,  
615 Madison Ave., Akron, Ohio





RICHARD GOOLD

### TUMOR (Cystic)

"About two years ago, our son, Richard, age nine, became afflicted with what is known as a cystic tumor. This condition though not seriously painful presented a definite physical handicap to an otherwise healthy and active boy and was a source of constant worry to us, especially since we were told by a physician that nothing short of an operation would relieve the situation. This was exceedingly distasteful to us and we kept stalling the operation feeling certain that there was a better and more natural way out. Determined that the knife would be the last resort.

"We had from time to time taken advantage of the science of Chiropractic and knew of its value but this being a rather unusual and complicated condition, it did not occur to us that it would help until about three months ago.

"Upon consultation our Chiropractor took the case promising not too much but assuring us that a diligent application of the principles involved in Chiropractic could not be without beneficial results. After a series of adjustments the tense swelling was reduced from much larger than a hen's egg to normal. Richard is now a well boy. After more than two months there has not been the slightest recurrence of this condition and we are happy that he is permanently well.

"Naturally such fine results makes us glad to recommend and urge others to not delay going to a competent Chiropractor in any kind of illness."

MR. AND MRS. CLIFFORD G. GOOLD,  
2816 S. Lincoln St., Englewood, Colo.  
(Subscribed and sworn to.)

### HIGH BLOOD PRESSURE

"I am 78 years old. Several years ago I was suffering with extreme high blood pressure and after my family physician and specialists had failed to give me any relief or encouragement, stating that all I could do was to starve myself and keep my bowels open, and make the best out of it I could. A physician who was a friend of mine advised me to go to the Chiropractor, which I did.

"He readily located my trouble without asking any questions. After telling me what my trouble was, I asked him if he could cure me. His answer was no, but that he could remove the cause of my stomach and kidney trouble and the high blood pressure would then take care of itself. To my own surprise my blood pressure was quickly reduced and I firmly believe that it has prolonged my life near fifteen years, and at this time I am suffering with what my family physician calls incurable heart trouble. I am now arranging my business to go to this same Chiropractor with full confidence that, as he saved my life once he can again."

(Signed) W. L. DENNEY,  
Wolf City, Texas

### INFLUENZA

"I believe that I could have enjoyed health long before I did had I but known of Chiropractic. Instead I had been doctoring for some time and the results were so long in showing up that I started to despair of ever getting well again.

"I had an attack of the flu which left me in a weakened condition. I was unable to do any of my work and had a bad cough and fever nearly every day. In spite of all the doctoring I had taken I felt no better. I finally gave them up and at the suggestion of a friend went to the Chiropractor.

"I was in such a weakened condition at the time I first went into his office that I fainted before he could give me an adjustment. He examined me thoroughly and then gave me a word of encouragement that resulted in my first hope of recovery. After a few of his adjustments I noticed the difference and my cough and fever disappeared.

"At that time I began doing my work on the farm and continued gaining strength as time went on. It has been about seven years since this trouble and I have had no indication of its return and feel as well as I ever did."

(Signed) WILLIAM HIATT,  
R. F. D. No. 4, Hartford City, Ind.



LUCELLE PLATT

### CONVULSIONS..Resulting from Spinal Injury

"On November 14, our 17-year-old daughter, Lucelle, experienced a peculiar accident. While in a gymnasium, she was about to sit down when a schoolmate playfully pulled the chair out from under her. She landed on the cement floor, and immediately experienced terrible pains in her spine. She was brought home and eased as much as possible. A few hours later she was seized with a convulsion which lasted fully 15 minutes. Her case was diagnosed as a nervous condition, and there was a suggestion of epileptic fits. The authority which we consulted insisted that the fall had nothing to do with the convulsions. For seven days the convulsions continued, with no relief except through hypodermics.

"We then decided to call in a Chiropractor. His thorough examination revealed the cause, which was entirely due to the fall. After the first Chiropractic adjustment the convulsions eased up; with the second adjustment they ceased entirely. Inside a week our daughter was back in school again. Twice since she has had the misfortune to be tripped, in each case experiencing a very hard fall which brought another convulsion. But fortunately we knew what to do, and Chiropractic adjustments corrected the condition promptly. Since then Lucelle has been in excellent health."

(Signed) MR. AND MRS. E. J. PLATT,  
615 E. Caldwell, Louisville, Ky.

## Convulsions...Deafness...Heart Trouble

"From the time our little boy began to cut teeth he was subject to convulsions, each time he had a little fever. Once he had eleven convulsions between four o'clock in the afternoon until nine o'clock that evening. We had doctored and tried everything we knew, but he still had them until he was nearly five years of age. He was never strong, could not stand any strenuous play or excitement, for he had leakage of the heart. All his life we had given him laxatives.

"Four years ago he had the flu which left him with enlarged glands. There were lumps as large as marbles all along the glands of his neck and he was so deaf we had to shout at him even if he were only a few feet away. We took him to an ear specialist who said he was in a very serious condition and must have his tonsils and adenoids removed at once. My husband and I were very much opposed to having this operation performed. We were studying it over trying to decide what was best to do, when just



MAURICE PRUITT

by chance (we like to think it was Divine Providence), we were led into the Chiropractor's office. He examined Maurice and told us he thought he could help him. We decided to try his adjustments before we submitted to an operation.

"Almost from the first adjustment, we could see improvements in many ways and although he has had several sick spells and high fever, he has never had one convulsion since. It was June before his ears began to clear up, but we stuck to Chiropractic until they were completely cured.

"He is now eight years old, able to play like other children, has never taken a laxative but once in the four years, goes to school every day and we are proud and so happy to say, he can hear as well as any, one else, and our hearts are full of gratitude for we owe it all to Chiropractic adjustments."

(Signed) MR. AND MRS. PERRY TRUITT,  
R. R. No. 2, Granger, Ind.

## CRAMPS . . . Operation Avoided

"On July 22, while at my place of employment, I was stricken with an intense cramp, accompanied by a very nauseous feeling. I was immediately sent to the hospital where they told me an appendix operation was urgent.

"This I refused to undergo without consulting my doctor who also told me I had acute appendicitis and advised an operation.

"Not relishing the idea of an operation, it then occurred to me to see the Chiropractor who helped my sister a great deal. Somehow, I managed to get to his office.

"I was in such agony when I arrived that I could only motion to the Chiropractor of my trouble. Within a period of about five minutes he gave me two adjustments and my pain decreased. Before the day was over I received two more. I then left for home feeling much better. In seven days I was ad-

justed 17 times after which I felt completely relieved; so much so that I absented myself for a week, contrary to his advice.

"On August 5th, I developed a large boil under my arm. I then continued my adjustments for my appendix condition until November 30th. I had two minor attacks during September but since then I improved steadily and have not had any ill feeling since, and I might add my bowel movements are now regular.

"I cannot say too much for this great science of Chiropractic and the Chiropractor, who adjusted me. He certainly accomplished what was medically considered impossible.

"My advice to every sufferer is to see a Chiropractor first when sickness strikes."

MR. IRVING ROMAN,  
802 Howard Ave., Brooklyn, N. Y.  
(Subscribed and sworn to.)



ROSALIE CORBITT

## TUBERCULOSIS

"My illness began the latter part of November. I suffered chills and was running a temperature of 100 to 102 degrees; lost 15 to 20 pounds. My case was diagnosed as tuberculosis. I was sent to a state tubercular sanatorium, where I was again examined by an expert, who pronounced my case hopeless. They hesitated in allowing me to enter the institution, but I was finally admitted. However, I was returned home the latter part of the following summer. Those in charge stated at that time that I could not live more than 30 days, and that it would be best for me to be taken away where I could die among my relatives.

"At that time I was so weak and near death, I could not talk above a whisper. My head had to be lifted from the bed, and I was fed like a young baby. After arriving home, I was placed under the care of a Chiropractor. My temperature was then averaging 103 degrees, and had been at this average for several months. My weight was 95 pounds. At the end of ten days, my temperature had been reduced by one degree. From that point it was gradually reduced until completely normal, and has been normal ever since. I have been going about the streets shopping and attending picture shows. I walk about ten city blocks a day. Since my recovery, I feel perfectly normal, and you can judge my appearance from the accompanying photograph made since I turned to Chiropractic. For the benefit of others, and in fairness to Chiropractic, I give this testimonial gladly."

ROSALIE CORBITT,  
805 Coleman Ave., Ocean View,  
Norfolk, Va.  
(Subscribed and sworn to.)

## HOW MANY ADJUSTMENTS ARE USUALLY REQUIRED?

This depends mainly on the character of the displacement. In cases where the nerve supply to muscles and cartilage surrounding and supporting the vertebrae has long been abnormal, it is necessary to build these parts up to health before they will hold the vertebrae in place.

Only a few minutes are required to adjust each time. One or two visits if made in time are sufficient in many cases. The expense in time and money is much less—and the cause is removed.



JOHN HUCKINS

### PNEUMONIA

"In appreciation of the Art and Science of Chiropractic I feel I must tell what it has done for my family.

"My six-year-old son developed pneumonia. In nine days pus formed on the lung and he was taken to a hospital and a tube was inserted in his side to allow drainage. This drained for six weeks. Altogether the child was in bed eight weeks. We found he had a curvature of the spine and the ribs on the left side had collapsed. Outdoor play and sunshine helped to improve this condition but he continued to be more frail than before. Our medical doctor offered no relief or correction for the curvature other than good care.

"Imagine our fright when he again went to bed with a chill and a fever of 105 degrees. The same medical doctor that we had previously pronounced it pneumonia.

"I immediately called the Chiropractor. After the first adjustment the fever began to subside and I did not give the medicine the medical doctor had left. Within forty-eight hours with only four

adjustments the fever was broken and daily improvement was seen. Our eyes were opened to the true merit of Chiropractic and we were amazed at the results that were so sudden and we only regretted that we had not known of Chiropractic when John was so dangerously ill.

"He has had a series of adjustments and the curvature is gone and he is rapidly gaining weight and strength.

"John has always been bothered with bed-wetting and I am happy to say that after the first few adjustments he has never had further trouble.

"I have two sons just older who have been benefited by Chiropractic, and my own health has been restored under this capable method. We feel deeply grateful for the excellent service rendered to our family and we only trust that through this history others may try Chiropractic for themselves and thereby learn that it is the most wonderful science in the world because it will get sick people well when all other methods fail."

MRS. J. C. HUCKINS,  
Shawnee, Okla.

(Subscribed and sworn to.)

### CHRONIC APPENDICITIS

"After having suffered with appendicitis for several years, and despairing of ever getting well, I began to think there was no cure except the knife, and had thought of undergoing an operation. Dreading the knife and the operating table I started to look about for other means of relief when I thought of Chiropractic.

"A number of persons had told me of the Chiropractor and his new method of treating the ill, so I decided to try him myself. I went to his office and after the first few adjustments began to feel better, the pains in my side disappearing. I had also suffered with asthma, and this also disappeared within a few weeks. I cannot praise Chiropractic too highly."

(Signed) CLYDE GUTHRIE,  
711 S. Wolf St., Muncie, Ind.

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MELBA SHORT

### CURVATURE AND ARTHRITIS

"My daughter, Melba, suffered for six years from excruciating pains in her back muscles and spine. Her trouble was diagnosed as tuberculosis of the spine, and she was placed in a plaster cast. She remained in the cast for six months. When the cast was removed, she was much worse than when it was applied and a bad curvature had developed in the lower part of her spine.

"On the thirtieth day of November, I took Melba to a Chiropractor. At this time she could not walk without assistance, and the slightest movement of her lower limbs caused intense pain. The Chiropractor stated that the condition might very likely be tuberculosis of the spine, and suggested an X-ray. The X-ray revealed the curvature, but no tuberculosis. It also showed a condition of arthritis of the spinal joints.

"Adjustments were begun immediately and were given at regular intervals for a period of six months. Melba is now walking as any normal girl, although she still has a slight curvature. I know that Chiropractic saved my daughter from being a hopeless cripple, and probably from an untimely death. From a wheel chair to normal activity is a long step, but Chiropractic enabled Melba to make it successfully."

MRS. H. H. SHORT,  
S. Seventh St., Mayfield, Ky.  
(Subscribed and sworn to.)

It is not true to say, "We did everything possible for him,"—unless Chiropractic was included.



ADELBERT ROBINSON

### NERVOUSNESS

"Two weeks previous to the dismissal of school, my oldest son, Adelbert, age ten years, became so extremely nervous that I was forced to take him out of school. He was unable to sleep; had no appetite and almost reached the point where he could not feed himself.

"Being a registered nurse, we naturally tried their theory of attempting to eliminate his condition by para-thyroid serum given intravenously. This did not work and I became desperate when it was necessary to give sixty grains of aspirin a day, finally being forced to discontinue aspirin and give amyals, part of the time codine and sodium-bromide. The child had been in bed for better than two months. He required constant care. His delirium was pitiful; he would sit up and imagine he saw snakes and goblins between the covers of his bed.

"Finally my husband and I decided to take him to a competent Chiropractor even against the advice of those handling the case. Our Chiropractor made a complete examination and located the difficulty at once. The trouble was in our son's spine. We began to notice a decided change in less than ten adjustments. He gradually improved and has been under the Chiropractor's care for eight months. We are glad to report that our son is perfectly normal again, is back in school doing exceptionally well. Through the summer he swam nearly every day and eats, plays and does everything that other boys do.

"I am of the personal opinion that if this child had not been relieved, he would today be without his proper mentality. I have nursed many patients but

I have never seen a child suffer such a nervous strain and fear in my life."

MRS. W. H. ROBINSON, R. N.,  
MR. W. H. ROBINSON,

Shawnee, Okla.

(Subscribed and sworn to.)

### CONSTIPATION AND KIDNEY TROUBLE

"I was always troubled with constipation and wherever I went, I had to carry a laxative. Frequent urination began troubling me, at times as often as every ten minutes. Pus and albumin showed in the urine and I ran a temperature. My doctor then put me in bed, during which time the albumin became worse. I later went to the Veterans Hospital where nine doctors examined me but never told me my trouble.

"My kidney trouble became worse with extreme stabbing pains in prostate gland. I was passing considerable blood. I lost strength rapidly and all the doctoring seemed to do no good. I just about gave up all hopes.

"I finally went to a Chiropractor who made a careful examination and found distortion in my spine which caused interference with the nerve supply to my liver, gall bladder, colon, kidneys and prostate thus causing them to weaken. He found the pus came from the bladder while the blood was from a hemorrhage of the kidney. There also was uric acid and albumin present.

"Although I had no faith in his ability to help me, I went regularly for adjustments. My gain was slow but I am happy to state that as a result of Drugless treatments I am now feeling well in every way—can do a full day's work and keep up with any man. There are no further symptoms of the old troubles and I have never used a laxative since beginning.

"I am confident I owe my health and life to Chiropractic. I gladly give these facts so others may know where to go for assistance. I advise going to a good Doctor of Chiropractic first and not wait until death stares you in the face."

EARL BAIRD,

River Falls, Wis.

(Subscribed and sworn to.)

## INTERNAL PAINS



BERDINA WILLIAMS

"This testimonial is offered for the benefit of other daughters who may have suffered as our daughter, Berdina, has for the past two months. Berdina was eighteen years old when she was taken seriously ill. I have never seen a person in such severe pain involving the pelvis and abdomen. We called the family doctor and as he could do nothing for her we sent her to the hospital. Her temperature was 103 and she re-

mained in the hospital nine days with little relief. We brought her home but the pelvic pains became exceedingly severe. Then we took her to another hospital. There she remained a week with no relief except for a very few moments after the administration of each opiate. They said nothing could be done so we brought her home to die.

"A friend recommended the Chiropractor. This doctor was called and gave her an adjustment at noon. She slept for one hour, the first natural sleep she had had in all this time. After six o'clock that evening she slept another hour and was adjusted again at 8:30. During this time the pain had begun to subside and by the following morning had stopped. There were slight recurrences until the pain completely disappeared.

"We are sincerely thankful to Chiropractic and hope other girls similarly afflicted will investigate the merit of Chiropractic."

BERDINA WILLIAMS,

Detroit, Mich.

(Subscribed and sworn to.)



LOLA MARIE HARMAN

## DYSENTERY

"While traveling on the train my daughter fell in the dressing room and very soon after became nauseated. This continued and when I reached home she was vomiting violently and developed a bad case of dysentery. I took her to our Chiropractor and two vertebrae were located which had been thrown out of line pressing on nerves leading to the stomach and upper bowel. The weakened condition that Lola Marie was in at the time that our Chiropractor first treated her was alarming and for several days we held little hope for her recovery, but thanks to Chiropractic she was restored to normal.

"My home is now in California and since learning about Chiropractic

through our former Chiropractor, we have never employed medical treatment. We keep a Chiropractor to watch Lola Marie's physical condition.

"My daughter is a professional dancer and it is necessary that her spine be in perfect condition or she would be unable to do the difficult feats that acrobatics require. She works in pictures for Fox, Warner Bros. and R. K. O. Pathe.

"I make these statements because she leads a most active life and because of Chiropractic she is kept fit to do this additional work in conjunction with her school work."

MRS. O. A. HARMAN,

1604 W. 4th St., Santa Ana, Calif.

(Subscribed and sworn to.)



## FAINTING SPELLS

"One morning when Elmer was about ten months old, he suddenly fainted while I was giving him a bath. He became limber; his lips and fingernails turned blue, and he shook all over. These spells continued until he had as many as four or five a day. By the time he was two years old, he could not walk; would sleep all night and half the next day; looked heavy-eyed all the time, and was afraid of almost everything. His only means of getting about was to sit on the floor and 'hitch along' like a little rabbit.

"We were unable to find any sort of treatment which brought relief. An operation on the brain was advised, but this was admittedly dangerous, and there seemed no definite promise of benefit.

"At last I heard of Chiropractic, and like so many others, I tried it as a last resort. After a few adjustments, Elmer pulled himself up in his high-chair; he lost his fear. Gradually the fainting spells diminished. With the forty-fourth adjustment, the child was dismissed as well. He has had no more fainting spells. At the age of six he started to school, a perfectly normal youngster. Now, at eleven, he is on the radio; works in benefit shows; is a comedian, whistles, sings and does acrobatic and tap dancing. He has had stage experience, and took the part of the King's Jester in the motion picture,



ELMER AVERRIE, JR.

'Puss in Boots.' A very different picture, you will agree, from the little boy who was afraid of everything! And all thanks are due to Chiropractic."

(Signed) MRS. ELMER S. AVERRIE,  
Bloomfield, N. J.



GEORGIE HOLCOMB

### EYE TROUBLE

"My little girl, Georgie, eleven years old, was blind in one eye, weak, round shouldered, so constipated she needed physics all the time and for more than a year had lost all appetite. She had been weak and sickly since babyhood. As a baby she fell out of her bed. She often took sick spells accompanied with headaches and sore throat.

"When she began to have trouble with her eyes, at the suggestion of the school, I took her to an eye doctor who found she was practically blind in her right eye.

"On March 11th, I took her to the Childrens Free Clinic, that Chiropractic conducts every morning. After three adjustments, on March 18th, she seemed stronger, was more playful and her bowels became regular without the usual physic. After the fifth adjustment, on March 24th, she began to see some out of her blind eye without glasses. Her appetite was returning as she ate heartily and her bowels continued to move naturally. On April 1st, after the seventh adjustment she was able to remove her glasses and hasn't needed them since.

"Less than a month after the Chiropractor started with the adjustments and after giving her the eighth adjustment, he discharged her, able to read without glasses out of her blind eye; with a strong appetite; bowels regular without artificial aid; full of pep and gaining weight as a normal child should.

"I would like other mothers to know what Chiropractic can do for their children. I am so happy over Georgie's change to a healthy normal child that I hope this will influence other mothers to know more about Chiropractic."

CLARA HOLCOMB,  
Covington, Va.

(Subscribed and sworn to.)

## STOMACH TROUBLE and HAY FEVER

TO WHOM IT MAY CONCERN:

"It is my desire to make a short statement showing what Chiropractic has done for me, with the hope that some person similarly afflicted may profit by my experience.

"For a long time, I had suffered from stomach trouble, had numerous physical examinations, had been under treatment by a specialist and several physicians, had taken quantities of medicine and had obtained only temporary relief. I had no appetite, lost weight and felt miserable most of the time.

"In addition to the above mentioned condition, I suffered for years from sinus trouble causing intense pain. I underwent two operations, was under treatment most of the time by physicians who specialized in sinus cases and was relieved for the time being only. The pain was so severe that, for months at a time, I sat in a chair all night, sleeping only in the intervals between pains.

"My condition, at last, became alarming and I was taken to a Chiropractor. After the first few adjustments, my condition was greatly improved, my stomach began to function properly and the sinus pains became less severe and less frequent and finally ceased and I have had no sinus pains for more than a year and have none of my old stomach trouble.

"In addition to the above mentioned ailments, each summer I had the hay fever from the 20th of August until the first frost. This year, I had a very mild attack which began several days later than the usual date and lasted only about two weeks and I feel confident that the Chiropractic adjustments have conquered my hay fever.

"To me, this is most remarkable, for I had no idea that Chiropractic adjustments could have such an effect on the afflictions from which I had suffered for so long."

MR. ROSS W. TRIPP,

7 Torance St., Rockville Center, N. Y.  
(Subscribed and sworn to.)

### SPINAL CURVATURE

(Result of Injury)

"Our boy's trouble began when an older boy fell on him and doubled him up. He complained with his back and occasionally had to remain in bed for a day or two. Again about a year later he

fell about twelve feet, landed on one foot, sprained his ankle and also jarred his entire system. He complained off and on for about two months, finally getting where he couldn't get out of bed. We then noticed that his back was strangely drawn to one side.

"We took him to our Chiropractor whose examination indicated that he had a spinal curvature and recommended immediate adjustments. However, we could not rest until we took him to a medical doctor, where an examination brought out the same thing as before. We were begged not to take him to a Chiropractor, but to have a bone specialist handle the case. If the latter was done we were told that in all probabilities he would be put in a brace until school was out and then in a cast for about three months. We could not vision our son in a cast and we decided to take him to our Chiropractor although we didn't have the confidence we do now. I reasoned that our Chiropractor would not injure him and if he wasn't helped, I could then take him to a bone specialist.



"TEDDY" PRICE

"My boy responded immediately and after a series of adjustments a person not knowing of his condition could not tell him from any other child. His physical condition is better and he is growing at a normal rate.

"I am happy to make this statement and am thankful that Chiropractic is what it is today and hope others similarly troubled will be helped as my boy was."

THEODORE R. PRICE,  
R. R. No. 2, Seminole, Okla.

(Subscribed and sworn to.)



BETTIE JEAN STONE

### TUBERCULOSIS (*Pulmonary*)

"When my daughter, Bettie Jean Stone, was about five years of age I observed that she would complain of chest pains following active exercises at play.

"Two years after, she was examined in a school clinic and her condition was diagnosed as tuberculosis of the right lung.

"We took her to Hot Springs National Park, Arkansas, where she was X-rayed and examined thoroughly and her condition was again said to be pulmonary tuberculosis. Her condition showed no improvement.

"We consulted a Chiropractor and he gave her the first adjustment. She was adjusted twice weekly for a few weeks and then once weekly until she had been given a total of twenty-four adjustments.

"At this date Bettie Jean shows every indication of being perfectly well and now that it has been almost one year since her first adjustment, I think that time enough has elapsed to convince the most skeptical that Chiropractic removed the cause of Bettie Jean's trouble thus giving Nature a chance to remove the disease of tuberculosis.

"We are surely grateful to our family Chiropractor and health counsellor."

CECIL STONE,  
R. R. No. 2, Gardon, Ark.  
(Subscribed and sworn to.)

### PYELITIS

"Eventually I sought a competent Chiropractor to get relief from my illness and it is such a pleasure to tell people my experience.

"I found this Chiropractor efficient, adept in his adjustments and courteous. His office modern and anyone could see that every effort had been made for his patients' comfort. To say that I was impressed by the surroundings is to put it mildly.

"I was given an examination that further convinced me of thoroughness and skill. Frankly my confidence was inspired by the care I received.

"For a year I had had pains in my right side, headaches, puffy eyes, was nervous and irritable and frequently could not keep food on my stomach. My case had previously been diagnosed as pyelitis. Albumin and pus was found in my kidneys.

"My Chiropractor advised there was unnatural pressure on some nerves. After a series of adjustments it was clearly apparent he was right and was reaching the cause. My energy and vitality began to come back to me. My friends remarked about my renewed pep and spirit. The pains finally left, I gained weight and had no more trouble with my stomach and no recurrence of the pyelitis. Best of all I feel fine again.

"For a long time it was hard to convince me that my case was one for Chiropractic . . . but experience showed it was. I am happy to recommend it."

MRS. MYRTLE V. HARBAUGH,  
927 S. Hanover St., Baltimore, Md.  
(Subscribed and sworn to.)

### NERVOUS TROUBLE

"In the spring I had an attack of what was commonly known as 'the flu.' It left me in a bad condition, greatly weakened, and my heart seemed to stop beating at times. Finally I grew so weak that I could not move from my chair, in reality an invalid. I had such queer feelings in my head that I became obsessed with the idea that I was losing my mind. With the least exertion it became necessary for me to go to bed and be away from everything and everybody. I had tried three doctors and none of them seemed to help.

"I had heard of the things the Chiropractor was doing and finally started to give him a try at my case. He was well recommended by a number of my friends who had taken his adjustments and I felt if anyone could help me he could.

"My thoughts were not ungrounded as I soon found out. Upon his first call

to our house he inspired confidence in my recovery. Before he had given me very many adjustments I could see a change for the better. It was through his efforts that I am now alive and enjoying life. We feel that Chiropractic is responsible for this and I am happy to have the privilege and opportunity to make this statement in the hope it will prove a help to others as it has me."

(Signed) MRS. DAVID RUSSELL,  
R. F. D. No. 7, Hartford City, Ind.

### ST. VITUS DANCE

"In November our son was taken ill with St. Vitus dance.

"He got so bad that he could not walk without the aid of someone and he got so that he lost his speech and the rest of his body was in constant motion always.

"At first we tried the usual methods and went to a good physician. He frankly told us to put Ivan to bed and that we should not get alarmed if he got worse and that it would take him a year and perhaps more before he would get better.

"But after a week he was showing no improvement whatever so we then took



IVAN LEBEAU

him to a good Chiropractor. After the first few adjustments we noticed a change in him. He took a series of adjustments and within three months he got well.

"I am inclosing a snapshot of Ivan so you can see how well he looks now and am writing this so that others may benefit from a Chiropractor and the great science of Chiropractic as our boy did."

MR. AND MRS. DEWEY LEBEAU,  
602 E. Williamson Ave., Flint, Mich.  
(Subscribed and sworn to.)



RAYMOND BICKNELL

### CONVULSIONS

"A short time before my baby became two years old, he began having convulsions. I noticed that he was constipated and did not seem to be using the food that he was eating. We tried several different kinds of feeding schedules and several kinds of medicine with no results.

"After trying one experiment after another for over three years with absolutely no results we became quite discouraged, especially so, when we were told that there was nothing that could be done for our child.

"On the recommendation of a relative we took Raymond to a Chiropractor who gave him a thorough physical examination and made a study of the condition of his spine. He told us that he thought he could help Raymond and we agreed to place him under the Chiropractor's care for a month.

"Our little boy began having adjustments and following the diet recommended by the Chiropractor and to this day has had no return of the convulsions. He has picked up in weight and is the picture of health. He has improved greatly mentally and we are very happy and grateful for what has been done for Raymond.

"This statement has been written in the hope that it may help others who are afflicted to see the light of hope that this new science gives to sufferers from many disorders, and we feel it right to say that before giving up to other methods everyone should first try Modern Chiropractic."

FLORENCE BICKNELL,  
Shelburne, Vermont

(Subscribed and sworn to.)

## Stomach Trouble

"For the last year I have been so very nervous, and could not sleep at night. I had stomach trouble and also kidney trouble. I was never free from pain night or day. I felt like there were needles and pins sticking me all around my body. I would take very nervous spells about every day, and I would be so very weak and sick I would have to quit work for a while and hot water would just pour from my stomach. I knew that something had to be done, and that I could not keep up and work at this rate.

"I had talked to the Chiropractor about his method of adjusting at several times as he would enter my place of business, so I thought I would see if his adjustments would do what he claimed they would do.

"After the first adjustment I was free from pain and only took twelve adjustments in all, and have never had a nervous attack after the first adjustment. I consider myself entirely well now, and am not nervous at all and feel fine, sleep good at night.

"I cannot speak too highly of Chiropractic and cannot express in words the relief the Chiropractor's adjustments have given me. I want to say, no matter what your ailment may be you should consult with the Chiropractor and let him explain to you his form of adjusting, and without you telling him one word of your condition, he will tell you of your condition, better than you can tell him. I know because I have been there."

(Signed) W. C. BENBOW,  
261 Hoyt Ave., Muncie, Ind.

### NEURITIS

"I had been suffering with neuritis in my arms and shoulders for several months, in fact my right arm and shoulder were fast becoming useless to me in my work as a pattern maker. My wife had been so quickly relieved from her troubles by taking a few Chiropractic adjustments that she was insistent that I seek his advice regarding my condition of neuritis.

"After seeing the doctor he told me that if I had gone to him sooner he could have accomplished much more for me in a shorter period of time and I had suffered much longer than was necessary. He felt sure that his method of adjusting would be of much benefit to me if I would be willing to give him time to correct the cause of my trouble.

"I accepted his services and now am entirely free from neuritis and can recommend his methods of adjusting to anyone suffering from this trouble."

(Signed) L. A. WORLEY,  
822 W. Monroe St., Kokomo, Ind.



ADELE ORTMAN

### ANEMIA

"Until our little daughter, Adele, was seven years old we had her under the care of a physician most of the time. She suffered from anemia. So thin, pale and wan-looking; she had no appetite, and we could not get her to take enough nourishment. She would just pick at her food. From every little exposure she would take cold and have a fever. Along with this, she was so badly constipated she would go three or four days without a movement of the bowels unless she took a laxative. She had no ambition for play like other children.

"Adele is our only child and we were worried to see her in this condition. We did everything we could think of, but she grew worse, and finally we had to keep her home from school.

"A very dear friend persuaded us to take her to a Chiropractor. In a very short time we could see a wonderful improvement. She could eat better; then she grew stronger, and could rest better at night. She had a movement of the bowels every day without a laxative. Now, she never loses a day at school.

"Ever since, Adele has been in perfect health. So now we consider her cure a permanent one."

(Signed) MR. AND MRS. CHARLES ORTMAN,  
24 Minerva Ave., Hawthorne, N. J.



## SPINAL DEFECTS

### (Result of Fall)

"In August our two-and-a-half-year-old son slipped and fell on the kitchen floor, landing in a sitting position. It didn't seem to hurt him and he continued his playing without further thought on our part.

"But that night he awakened us crying with pain in his knees. We were puzzled about it and called the doctor and explained to him what had happened. He pronounced it rheumatism and gave him medicine for it. The next night it was the same thing again and his condition continued to get worse for nearly two weeks.

"He had never been sick prior to the fall and could romp and play all day. Now he became peevish, his legs seemed stiff and it would be two or three hours each morning before he could get limbered up enough to get around. In less than a week we noticed his legs seemed to give way under him after he had walked a little while and his knees were partially bent all the time.

"We became greatly alarmed, as he appeared to be losing the use of his legs and now complained night and day. We



EUGENE SHUMAKER

were directed to take him to a hospital, but an insurance man, a friend of ours, saw his condition and urged us to take him at once to a competent Chiropractor. As his condition made it unwise to take him, we had our Chiropractor call.

"After examining the boy very thoroughly, he told us that one of the small bones of the spine had been slipped slightly out of place by the fall and was adversely affecting the nerves that lead to the thigh, knee and leg. He also explained how this caused the pain. It all seemed strange, but after the adjustments removed the cause and corrected the spinal distortion, our boy again slept

soundly, his legs became strong and he has been in perfect condition ever since.

"It of course required several adjustments to completely correct the spinal defect, but it seems wonderful to us now for it has been three years and our boy is healthy and normal in every way. We can hardly express our thanks sufficiently to our Chiropractor."

G. F. SHUMAKER,  
712 Straley Ave., Princeton, W. Va.  
(Subscribed and sworn to.)

## Nervous Breakdown

"I am a young mother of 27, and after giving birth to my baby, I suffered a nervous breakdown together with very bad headaches.

"I started to go to medical doctors and went to them about a year, took all the medicines they gave me but found no relief.

"Life became a great burden. I was in such bad physical and mental state that I wanted to commit suicide.

"A neighbor of mine suggested that I go to see a Chiropractor. As I tried everything I knew without success, I felt I had nothing to lose by obeying her suggestion. I took her advice and went to see one.

"The treatment seemed peculiar to me at first. I did not see how an adjustment on my spine could possibly affect the nerves in my head. But how differently I know now!

"After going to the Chiropractor for adjustments steadily three times a week for four months, I am now well on the road to recovery, only getting one adjustment a week.

"My entire appearance has changed and I look so different now that my friends and relatives can hardly recognize me to be the same person. I might also add that recently I was even able to work, which surprised everybody.

"Thanks to Chiropractic and my friend who recommended me to one.

"I have written this testimonial of my own free will with the hope that many people will benefit from my experience."

BIRDIE KURTZ,  
675 Wyona St., Brooklyn, N. Y.  
(Subscribed and sworn to.)

## CONSTIPATION

"My little daughter Margaret had been very constipated for some time, medicine did not have any effect upon her condition. Later on she began to have spasms and had as many as twenty-two a day. These spasms left her very weak. The doctor attending her could not understand her case; he said



MARGARET KENNEDY

that it was a 'rare' disease and advised me to take her to the General Hospital.

"Following the doctor's advice I placed her in the hospital. She remained there three weeks but showed no signs of improvement.

"Finally the doctor in charge told me that there was a blood clot on her brain and that it was causing all her trouble. They then asked permission to operate on the brain in order to remove the clot.

"I refused to agree to the operation, and decided to take my little girl home.

"On returning home I was advised to consult a Chiropractor. After having Chiropractic explained to me I decided to try it.

"The first adjustment proved resultful and after three weeks of adjustments I can honestly say that Margaret, my little daughter, age four years, is entirely well.

"No more spasms—bowels working properly—walks steadily, and the cure is permanent.

"I write this message so that mothers and fathers can readily see how valuable the science of Chiropractic is.

"The photograph is that of my daughter taken three years after her recovery through Chiropractic, which speaks well for the permanency of Chiropractic. The Chiropractor did for my daughter what others failed to do—got her well."

THOMAS J. KENNEDY,  
344 Christian St., Philadelphia, Pa.  
(Subscribed and sworn to.)



THELMA LABOUNTY

## DEAF and MUTE

"We tried one treatment after another, even placing Thelma for a time in a children's hospital and ear and throat infirmary. At one time we were advised that the trouble was caused by tonsils and adenoids. Both were removed, but no change took place in her condition. The child took quantities of medicines, and also tried an ear trumpet, but with no favorable results.

"A year ago, I heard of Chiropractic and decided to give it a trial, although I had no real hope that my child ever would be able to hear or speak. The Chiropractor who examined Thelma declared that her difficulty could be traced to the improper functioning of certain vital nerves. There was nothing organically wrong with the ear itself. He expressed a belief that he could help her. After only a few adjustments, Thelma could hear a little. Her condition improved rapidly, and now after only a year, she can hear and talk as well as anyone. Thus, in one short year, Chiropractic has done what we failed to accomplish in ten years of costly experimenting."

MRS. PETER LABOUNTY,  
Concord, Vermont.

(Subscribed and sworn to.)

## LOSS OF SPEECH

"Last Christmas I was in bed and could not talk. Today I am the happiest woman alive. I am well and can talk, and Chiropractic was what gave me the power of speech and I am too happy for words. To think that more than seven doctors said I would not talk without an operation, and to think Chiropractic did what others could never have done. I can never be able to thank you for what you have done for me and I will never forget it. My family thinks this is the happiest Christmas too. When I or any of my family are ailing we will employ Chiropractic."

(Signed) MRS. JOHN H. McCURDY,  
Detroit, Michigan.

## What is a Chiropractic Adjustment?

Frequently someone will ask, "just what do you mean by a Chiropractic adjustment?" To many persons a Chiropractic adjustment brings up the picture of rough handling. Others think of the back as such a delicate structure that a little push may distort it.

In order to make perfectly clear just what a Chiropractic adjustment is and does, it is first necessary to say a few things about that back of ours. In the first place it is strong, well protected, accurately shaped and balanced and can support heavy loads as well as severe strains. Like any other mechanical structure, it can be suddenly or accidentally overloaded. Also by being subject to a wrongful posture, kept out of equilibrium for sustained periods, will result in displacement of its vertebral bones.

The exact position with relation to all the vertebrae of the spinal column must be clearly understood to determine the degree of displacement. When determined and due allowance is made for muscular reaction and other counteracting forces, the hands are placed at the particular point where the least pressure is needed to slip the bone back into normal position. This is neither painful nor unnatural. It is not massage or rubbing which may ease sore or tired muscles. It does make a mechanical change in the vertebral relationship thus removing irritation on spinal nerves.



BOBBY BRAND

## Epilepsy

"Our little boy, Bobby, had a severe convulsion. This was the first we had noticed any abnormality in him. A short time after that we noticed slight attacks in which the child seemed to lose consciousness. At first they occurred about once a week, but increased until they numbered between 25 and 40 a day. This all occurred within a period of about two months.

"You may be sure that during this time we were not idle. We sought all of the aid available, including out-of-town specialists. All diagnosed the condition as petit mal (a form of epilepsy). The outlook was very discouraging.

"Several friends advised Chiropractic. After talking with my husband, we decided to give it a trial. This was in October of the same year, and although using luminal, Bobby was having seven or eight attacks a day. From the first Chiropractic adjustment, the attacks diminished. Within a month the child was not taking any drugs. By December, attacks were reduced to about one a month. At this writing, he has not had an attack for nearly five months.

"Since this pleasant experience we have often turned to the Chiropractor for other illnesses in the family, and we sincerely recommend modern Chiropractic to all who seek a practitioner who employs common sense and sound judgment as well as professional skill."

MRS. HAROLD E. BRAND,  
24 Hanover St., Burlington, Vt.  
(Subscribed and sworn to.)

## MASTOIDITIS

"My son, Louis, complained of severe pain back of his ear. The trouble was diagnosed as mastoiditis. The child at that time ran a temperature of 102.

"We took him immediately to a hospital where the diagnosis was confirmed, and an operation advised immediately.

"Dreading to go through with an operation because of the physical condition of the boy, who was at the time also suffering from malnutrition and extreme nervousness, I asked the hospital to allow me to take him home and consult my wife. They then advised me that it would be dangerous to do that, that if I insisted I would have to sign a release to the hospital taking all responsibility upon myself. I took my son direct to the office of our Chiropractor, who had cured me two years ago of a very bad case of lumbago. Not knowing whether or not mastoiditis could be helped by Chiropractic, I took a chance to consult him before submitting my boy for an operation.

"The Chiropractor examined the child and found what he termed a very

bad subluxation in the cervical region. He gave him an adjustment and waited fifteen minutes to see what change might take place. We took the boy's temperature and found it to be 101. I was then advised to bring him back that evening. It was surprising to see that the child's temperature was then normal, and the pain greatly subsided. The boy was able to sleep that night without awakening and felt better the following morning, when I took him again to the Chiropractor for another adjustment. After the second adjustment all pain disappeared and after the eighth adjustment, the Chiropractor discharged the patient as cured.

"I then wanted to make sure that there was nothing wrong with him, and took him to our local physician again for examination. He examined him and pronounced him cured. The boy has been in perfect health ever since, is gaining weight constantly and his nerves are one hundred percent.

"Ordinary words cannot fully express my gratitude to the science of Chiropractic. It is therefore natural that I



LOUIS CONFESSORE

urge all parents to remember what Chiropractic has done in this case and to give this science a fair trial for the sake of a helpless child."

GENEROSO CONFESSORE,  
Brooklyn, N. Y.

(Subscribed and sworn to.)

## Infantile Paralysis



MURIEL GREEN

"Good health was the good fortune of my ten year old daughter, Muriel, until suddenly she suffered an attack of infantile paralysis.

"We of course sought relief from the accustomed source and Muriel was attended by two physicians. Everything was done that could be done under the circumstances but they could offer no encouragement.

"After about the first week, the high fever subsided. The lower limbs, all the muscles of the neck and the muscles of the right eye were totally paralyzed. The muscles of the left eye and the muscles of the right arm and hand became partially paralyzed. She also suffered double vision.

"We were unspeakably saddened as we realized our daughter might go through life a cripple and the suffering and discomfort that would be her lot. If you have children you will know the heartache and anguish we went through during this trying time.

"Then I took Muriel to a Chiropractor in our own town. He examined her at the time and impressed us with the thoroughness and care given. Still we didn't decide right then to have her adjusted as we wanted to be sure nothing we would do would make her any worse. Though we had heard lots of good things about the profession of Chiropractic, we were hard to convince.

"On March 21, we took her to our Chiropractor for the first adjustment and after two weeks of adjustments she was able to walk by the aid of support. The adjustments were continued and today our Chiropractor dismissed her as well. We gladly give all the credit to the science of Chiropractic for the

health of our daughter and after other methods had failed."

MRS. HYTHREN GREEN,  
R. F. D. No. 6, Prescott, Ark.  
(Subscribed and sworn to.)

## KIDNEY STONES

"Last spring I suffered a pain in the lower dorsal region which was diagnosed as sacro-iliac disorder. My teeth were suspected but after examination the dentist could not find any focal infection and advised me to see a Chiropractor. I, therefore, went to a Chiropractor who examined my lower spinal region. The examination revealed a disrelation of the sacrum on the left hip. X-ray also revealed three large stones in the left kidney which were verified by a urinalysis.

"After a series of adjustments the pain in the hip disappeared. Later the pain in the region of the left kidney also disappeared. Finally another X-ray film was taken which showed that the three stones had been fully re-absorbed. This was corroborated by periodical examination of the urine. Since then nine months have elapsed and I now have enjoyed complete freedom from pain in the back."

(Signed) JOHN J. HOFFMAN,  
110 Twentieth St.,  
College Point, L. I., N. Y.  
(Subscribed and sworn to.)

## Paralyzed Child

● *Every parent who has heard those fateful words, "There is no hope; the child must die," will appreciate the agony endured by Mrs. W. L. Buttjer, whose six-year-old daughter lay white and unconscious on a hospital bed. But there was hope—hope and help. It came from a source that the Buttjers had never considered. As countless thousands of others have done, the distracted parents turned, in desperation to Chiropractic, and the result—*

*But let Mrs. Buttjer herself tell the story:*

"Our little six-year-old daughter, Minnie Evelyn, while playing at school last fall, broke her nose. We thought little of it at the time; but within ten days we were told there was danger of meningitis.

"Her little nose had swollen frightfully; she could not breathe through it at all. It was necessary to lance it three different times. She grew worse, her eye became affected, neck and shoulder began to stiffen and the pain she suffered was terrible.

"A spinal puncture was performed, but Minnie Evelyn gradually grew worse and we were told it was only a question of time; all had been done that could be done. We took her home expecting the end to come at any time. Frantically we listened to the plea of a neighbor to let a Chiropractor see what

could be done. We had no faith but were willing to try anything, just grasping at straws. And oh! how thankful we have been!

"We went to the Chiropractor our neighbor recommended. He promised nothing at this stage, but he worked so hard and conscientiously; came back time after time; never gave up—and we began to see results. After three months my little girl could sit up in a chair and hold her head erect. Gradually under his adjustments she regained the use of her arm and side and now she can walk.

"How we wish it were possible to pour out to other sufferers what Chiropractic has done for our little girl! We cannot find words to express our heartfelt thanks to this wonderful science."

MRS. W. L. BUTTJER,  
Aredale, Iowa.

(Subscribed and sworn to.)



EVA PENNINGTON

### INJURY FROM FALL CAUSES SERIOUS TROUBLE

"Our ten-year-old daughter, Eva, began losing the use of her left arm. Very soon her left leg began to weaken in the same way. Then her tongue became so clumsy that she could hardly talk. Within a few weeks her entire left side was practically useless.

"We had her constantly under treat-

ment, but she grew steadily worse. Finally she was taken to a hospital and given a long examination. The net result was a frank admission by the experts that they did not know what was wrong. We were advised, however, to take the child to a brain specialist just as quickly as we could get her there. They intimated that she might have a brain tumor. Since we knew this was a very serious condition, and since she had steadily grown worse in spite of all that was done, we had little hope for our child. At this time she was delirious, almost helpless, and suffering so much that she had to be turned in a sheet.

"On the urgent advice of some friends we had her examined by a Chiropractor, who after a careful examination told us that Eva's trouble was caused by a vertebra in her neck being partly out of place so that it pressed against the spinal cord on the left side. He stated that this pressure interfered with the passage of the nerve impulses from her brain which controlled the action of her left side. He said that it must have taken a good deal of force to put this spinal bone so badly out of place, and asked if we knew of Eva's having had a hard fall within the last year or so. She had suffered a very hard fall several months before this trouble came on her.

"The Chiropractor told us not to worry, as he saw no reason why Eva should not get well under Chiropractic adjustments. After only a few adjustments we saw a decided change for the better, and a few weeks later Eva was well. She is still in perfect health now, nearly a year later. We know that Chiropractic saved our child. We can never praise it enough, and we only wish we could tell our experience to the multitudes of sick and suffering people who could be well if they would only give this wonderful new science a trial."

E. R. PENNINGTON,  
MRS. E. R. PENNINGTON,  
Princeton, W. Va.

(Subscribed and sworn to.)



BOBBIE BERGER

### CROUP

"My little boy, Bobbie, who was four years old, developed a bad case of croup. The attacks would occur at night without any warning. The child would awaken with a sense of suffocation, a dry croupy cough, and would turn blue.

"For over a week this happened every night until he became weak, lost his appetite and was running a fever.

"It was then that we decided to call a Chiropractor. He examined Bobbie and gave him an adjustment and for the first time for a week he slept through without a fit of coughing. In less than a week our Chiropractor had the boy feeling as well as ever. Since then Bobbie has had several other ailments which readily responded to Chiropractic.

"After those unforgettable nights and the experience I had with Chiropractic I can sincerely say that I am thankful to our Chiropractor and his wonderful health science."

MRS. GEORGE BERGER,  
Benson Ave., Arbutus, Md.

(Subscribed and sworn to.)



MISS MABEL COLLINS

### CONVULSIONS

"Five months ago my little girl, Mabel, aged three years, fell down the stairs. Aside from a few bruises and scratches she was apparently uninjured.

"Three weeks later she was taken with convulsions, having as many as 26 in 12 hours. These convulsive periods occurred so often during the following months that three different times she was removed to a hospital. Although she received excellent care and attention, for which I am most grateful, nothing availed as a cure. I was told that it was probably nervousness or the beginning of epilepsy.

"My neighbors shared my anxiety in watching my little one working in those terrible convulsions and will attest to the truth of my statement.

"On March 12th, a good friend suggested that I take Mabel to the Chiropractor. At that time I had no knowledge of the merits of Chiropractic and it was solely love for my little girl that made me seek help for her there.

"I want to proclaim with joy and gratitude that from the first adjustment she has never had another convulsion. I feel that it is due to the Chiropractor's skill in adjusting that results were obtained so quickly. I can never thank him enough for what he has done for Mabel.

"Now after less than five weeks of adjustments, she has also gained weight and shows more interest and activity in playing with her toys. Perhaps some other mother on reading this will find in it a message of hope."

(Signed) MRS. LORETTA COLLINS,  
East Meadow, Hempstead, L. I., N. Y.

## WHY SPINAL ADJUSTMENTS

The nerves that extend from brain and spinal cord to all body tissues are the power lines of the body. They conduct currents of nerve force to the various organs.

It is this current that enables stomach and bowels, liver and kidneys, heart, glands, etc., to function properly. This current of nerve force is also needed in the healing of wounds, the knitting of broken bones and the cure of all kinds of disease.

Whatever interferes with the free flow of this force must of necessity disturb normal function, harm normal tissue and thus produce disease. Because the nerves which carry this current pass between vertebrae that are movable and subject to misalignment, the spine is of such great importance in health and disease.

In fact, the SPINE is involved in practically ALL DISEASE and

### That Is Why

Spinal Adjustments are such a reasonable and reliable method of ridding the body of all sorts of aches, pains, and distress; of nervousness, sleeplessness, dizziness, weak vision, hay-fever, colds, sore throat, bad tonsils, hoarseness, cough, goitre, neuralgia, neuritis, skin eruptions, fevers, anemia, rheumatism, indigestion, constipation, high and low blood pressure, kidney troubles, etc.

Therefore, the Chiropractor pays attention to all known causes of disease. He makes a thorough examination. In short, "REMOVE THE CAUSES" is his slogan.

—A. Bremer, D. C.

## EPILEPSY

"Billy Bagnal was healthy as could be until he was two years and nine months old. On the ninth day of April, Billy had an attack similar to a convulsion. About ten days later a second attack. They increased until one day he had seventeen. He would lose complete control of himself and get severe cuts and bruises on his little head.

"We first pursued the usual methods but when it appeared this was no ordinary case every source of care was given and finally he was taken to a brain specialist in one of our most prominent clinics. Everything was done that apparently could be done for Billy.



BILLY BAGNAL

"Having read about Chiropractic and upon advice from a friend to take Billy to a Chiropractor for examination and spinal analysis, we carried him to the Chiropractor who since has become our family health counsellor.

"He was changed from all former methods as a complete spinal examination indicated nerve pressure and interference. A regular course of adjustments was given Billy over a period of three months. The attacks decreased within a reasonable time and he hasn't had one since the end of the second month.

"All our worry and anxiety could have been avoided had we gone to our Chiropractor in the beginning. Two years of this was taken care of by our Chiropractor in two months for as he told us, he found the cause and adjusted it as rapidly as practicable."

MRS. W. K. BAGNAL,  
Kingstree, S. C.

(Subscribed and sworn to.)

### CROSSED EYES

"I am very grateful to Chiropractic for the benefit derived from same by my six-year-old daughter. She had been wearing glasses for two years to straighten her eyes (on the advice of a specialist), but there was no improvement.

"I was told to go to a Chiropractor and after twenty-four adjustments Sylvia's eyes were normal and also she was able to sleep better and she was not nervous as she had previously been.

"She is now at school and her sight has been approved by the school doctor."

(Signed) MRS. AARON LERMAN,  
991 President St., Brooklyn, N. Y.

## Whole Families Rely on Chiropractic



FRANK, NETTIE LOUISE, EDWARD JR. AND DORA LEE BROWN

"For thirteen years myself and family have used the Chiropractic method to regain and retain our health. Six years ago when the doctors said all they could do for me was operate, I took a series of adjustments from a competent Chiropractor and recovered completely.

"When my oldest girl was seven months old she had influenza, and an abscess in the head. Six adjustments put her on the road to recovery. When my oldest boy had whooping cough he had the serum treatment; NEVER AGAIN ANY SERUM FOR MY CHILDREN. When the other three had it they had fourteen adjustments each and the two who started the adjustments as soon as the disease manifested itself didn't even whoop. We have used Chiropractic for measles, scarlet fever, appendicitis, bronchitis, colds, swollen glands, earache and wrenched back. Always it has given us relief quickly and without worry.

"My advice is to call the Chiropractor first."

Mrs. EDW. J. BROWN,

837 Hoyt St., Muskegon Heights, Mich.  
(Subscribed and sworn to.)

## A Concrete Example of PREVENTATIVE CHIROPRACTIC

Once each month regular as clock-work they receive a skillful spinal analysis. If necessary an adjustment is made to keep their vertebrae in complete balanced relationship. Correct spinal balance makes the difference between the ability to take athletic shocks and strains and the lack of such ability to take them.

That is why these children have never had any of the so-called children's diseases. All their care has been wisely handled by Chiropractic throughout their entire lives. When co-ordinated relationship exists, especially in the segments of the spinal column, the vital energy of the nervous system renders all the physical activities of the body strong, healthy and impregnable to disease.

Spinal hygiene, as parents become fully aware of its beneficent results, is making possible thousands of cases similar to the Hayman children. Preventative Chiropractic is more and more becoming the outstanding method of preparing the child for a life of abundant health.

It is so easy to have the spine examined and keep the body in a healthy condition, that the wonder is this knowledge doesn't become the property of all the people faster than it does.

(Signed) GEORGE R. HAYMAN,  
1028 Kirkwood Blvd., Davenport, Ia.

... WOULDN'T THIS MAKE ANY PARENTS PROUD?

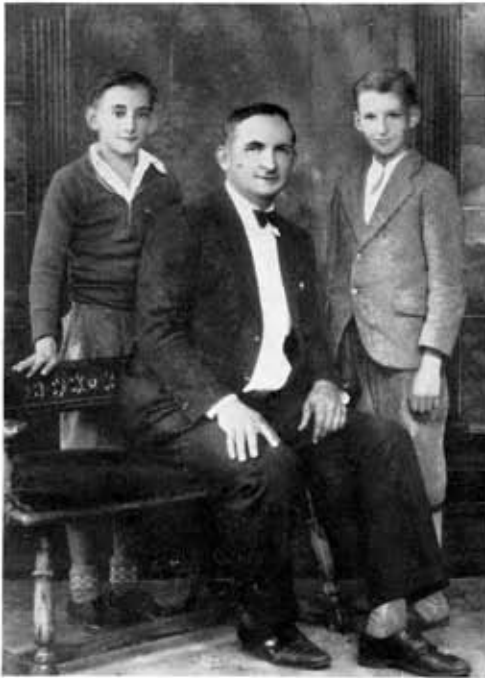


THE HAYMAN CHILDREN

● The only children in the school room who stood up when the principal asked for only those who had never had the measles to stand. Mentally alert, they also stand at the head of their classes.

# Asthma

● Being a member of a famous orchestra, his health, therefore, is of paramount importance because "THE SHOW MUST GO ON."



ARNOLD BASELER, SR. AND SONS

First of all, Mr. Baseler, Sr., went to his Chiropractor through the recommendation of a neighbor. He was having difficulty in raising his right arm because of a bad shoulder. During the correction he learned the wide scope of the science. After a thorough examination he was adjusted for *chronic constipation* and the cause eliminated.

Convinced the new health science possessed genuine merit, he took his son, Arnold, Jr., and also learned that nature can cure *asthma*, when the cause is subluxation and a competent Chiropractor adjusts it.

Here are the words in his own sincere manner:

"Just a word to asthma sufferers. My son, Arnold, Jr., has had asthma ever since he was 2½ years old, and I have been giving him every medical attention known but he kept getting worse until I tried Chiropractic treatments. After ten months of these treatments he is a changed boy. He now plays baseball, basketball and football which he could not do before. He has gained twenty-two pounds in the past ten months. If this letter will be of any help to anyone who has asthma, I will be glad to testify that Chiropractic treatments did wonders for him."

ARNOLD BASELER, SR.,  
Muskego, Wis.

(Subscribed and sworn to.)

## WHY THE SPINE?

Because it is the great central switchboard of the nervous system.

Because interference with nerve transmission is the major cause of disease.

Because interference is most likely where nerves make their exit from the spine.

Because spinal segments may assume distorted positions (subluxations).

Because Chiropractic has definitely established that correction of these subluxations removes the cause of disease.

Because when that cause is removed the symptoms disappear.

## FAULTY HEARING

"As an expression of gratitude, and for the benefit it may be to others, we on oath make the following statement concerning the health of our son, Irwin.

"When he was two years old, he had scarlet fever, which left his head in a bad condition; particularly his ears, which often caused him great pain. Sometimes a small amount of matter would run out of them, which gave him some relief.

"But along with this condition, his hearing began to disappear; his mind was dull, his face was constantly swol-

len, and the skin on his face and neck had a muddy color. We tried many remedies and many doctors but none helped his condition. When he went to school he was distressed because he could not hear enough to appreciate what his teachers said and was constantly behind in his lessons.

"We had given up hope of relief for him until our local Chiropractor, whose paper Irwin used to deliver, advised him to take adjustments for this condition. He told his father who consented and after taking a series of adjustments, covering a period of several weeks, he completely recovered his hearing. The swelling in his face disappeared, and he is now as keenly alive, both physically and mentally as any boy of thirteen. Shortly after he began taking adjustments, both ears drained exuberantly and after that improvement was rapid. This same series of adjustments started natural healing processes that relieved him of enuresis."

MRS. ETHEL C. CLOUGH,  
MR. C. F. CLOUGH,  
Storm Lake, Iowa.

(Subscribed and sworn to.)

## PARALYSIS AND IMPAIRED VISION

"I, with two helpers, lifted a one thousand pound crate onto a truck. Shortly after completing the task I developed a peculiar feeling along the spine, but apparently soon recovered and forgot the incident.

"Then while working on the job I started to develop a paralysis in my arms

and along my spine. Also double vision accompanied by partial blindness.

"I immediately got in touch with a Chiropractor, and was adjusted twice daily for two days and once daily for one week. My first adjustment was on Thursday, and the following Monday I returned to work and now at the end of ten days I feel perfectly normal again."

C. H. LOHMEYER,

3156 Vine St., Cincinnati, Ohio.

(Subscribed and sworn to.)

## ST. VITUS DANCE

"My daughter, age 9, suddenly became afflicted with St. Vitus Dance and with total paralysis of the right hand and leg. She was unable to walk or use her right hand. In addition her speech became impaired.

"She shook so badly that all the pupils in her class, including the teacher, were terribly annoyed and Estelle was compelled to leave school.

"Knowing what Chiropractic did for me, I immediately took Estelle to my Chiropractor. After two and one-half months of daily adjustments, she gained back the use of her arm, leg, speech and added ten pounds in weight. She returned to school in September, fully recovered.

"I cannot praise Chiropractic enough for what it has done for Estelle as well as others of my family."

ANNA L. MARSHAK,

3740 Bedford Ave., Brooklyn, N. Y.

(Subscribed and sworn to.)



"My pains disappeared"

### PAINS IN BACK

"I have been ailing for twenty years, and did everything I could to obtain relief, but regardless of medicine and treatments, I kept getting worse.

"During the past three years I had such excruciating pains in the small of my back that I did not know what to do. I was rundown, short of breath, weak, and could hardly walk. All doctors and specialists failed to even relieve me. A physician ordered an operation as a last resort.

"A good friend sent me to her Chiropractor. After a study of the condition of my spine, the doctor started giving me adjustments. My pains disappeared during the first month of adjusting, and now my case is a complete cure; no more pains, sleep well, good appetite, I gained several pounds and I feel fine all the time.

"I have had no medicine or treatments of any kind except Chiropractic adjustments since my first adjustments, and I owe my health and happiness to Chiropractic.

"Therefore, I do not hesitate to recommend it to any one whose body is afflicted in any respect whatsoever."

MRS. GRACE KOEHLER,  
Corona, L. I., N. Y.  
(Subscribed and sworn to.)

### CAUSE VS. SYMPTOMS

Occasionally we are asked why the principle of Chiropractic, interference with vital nerve energy by sub-

luxation of the spinal vertebrae, does not make it possible to ignore all other remedies, if such principle is the cause of disease. Sight must not be lost of the fact that when a person becomes ill, there are many vital organs and parts which may be affected.

After interference with nerve force in the spinal column has disordered the function of the stomach to a degree that it brings on suffering and misery, we call it some form of stomach trouble. In its weakened condition under certain circumstances, special foods or chemicals may be of temporary assistance. That is also true of other organs of the body.

The Chiropractor lays no greater importance upon this phase than is essential for temporary relief. This is recognized as dealing with symptoms only. As symptoms are that which indicates the existence of *something else* of which they are the effect, the Chiropractor promptly looks at the place where most cause of disease occurs; that is, the spinal column. Adjustments correct the cause and eventually make other measures unnecessary.

The Chiropractor is an invaluable counsellor in all cases of disease and especially in this new modern health method.

### HEADACHES, NERVOUSNESS AND PALPITATION OF HEART

"For thirty long years I suffered from headaches, nervousness and palpitation of the heart. For six years I suffered from bladder trouble and pain in the back and ribs. For two years I had a lump behind one of my knees which made it impossible for me to bend the knee in stooping. I could not walk one mile, and would tire very easily at my work. I also had great difficulty in sleeping.

"My daughter who had suffered from what was diagnosed as tuberculosis and other troubles for years had been restored to health by our Chiropractor, so I thought I would see what he could do for me.

"After taking Chiropractic adjustments for one month I was able to pick dewberries all day without my leg bothering me in the least. After a course of adjustments the headaches are gone, the nerves are as good as ever, I can walk eight miles; I do not tire at my work; I sleep well; I have no aches or pains and am in very good health.

"I take great pleasure in advising my friends to go to our Chiropractor, for I know that the hands of the Chiropractor can quickly remove the cause of disease."

SARAH BARGER,  
R. R. No. 4, Cumberland, Md.  
(Subscribed and sworn to.)

### Injured Spine

"My daughter Dorothy fell at school and when severe pain developed in her hip several months later we consulted a doctor. His treatments and three weeks on a fracture board in the hospital where her condition was diagnosed tuberculosis of the hip, resulted in no improvement. We refused a recommended operation knowing it meant Dorothy would be a cripple for life. *They then told us they could do nothing for her.*

"Constant pain, hardly able to walk, drawn forward and sideways, sleep interrupted, headaches and goitre developed. We consulted a Chiropractor who after X-ray examination diagnosed the

case of scoliokyphosis and not tuberculosis of bone.

"After a few adjustments we could see a decided improvement. We continued these successful adjustments and she can now do housework, dance and walk without any pain.

"We are fully satisfied that Chiropractic alone has accomplished these splendid results and are confident our daughter would never have recovered except for this science."

MRS. JOHN ROTH (Mother),  
Hamlin, N. Y.  
(Subscribed and sworn to.)

### THE DOCTOR'S CASE HISTORY

- 1st Adjustment—Sound sleep.
- 3rd Adjustment—Headache gone. Decided improvement.
- 14th Adjustment—(Sept. 19th). Getting results on curve in spine.
- 31st Adjustment—(Oct. 29th). Leg pain gone; only pain now in sciatic notch infrequent. Goitre gone.
- 39th Adjustment—(Nov. 16th). Both legs same length. Spine O. K. No pain at any time. Now normal for girl of seventeen.





In my little face so plainly seen  
If you count the bones you will find fourteen,

And besides all these, somebody has said  
You will find eight more in my curly head.

On each side of my head is a pink little ear,  
With three bones in each which will help me to hear;

And locked together in a long white line  
Are the twenty-six bones which make my spine.

If you look at my shoulders, you there will find  
A bone in front, and bone behind;

While my twenty-four ribs together combine  
To make this stout little chest of mine.

The bones in my arm, you see, are but few,  
In my upper arm, one, in each forearm, two;

The bones in my wrist are bound strong and tight,  
Eight in my left wrist, and eight in my right.

There are five in each hand, and five in each foot;  
And twenty-eight in fingers and toes are put.

One bone in my hip that looks like a cup,  
The end of my thigh-bone will just fill it up.

The bone in my thigh has a very queer name—  
Femur, or thigh-bone, it means all the same.

My knee-pan covers the point at the knee,  
And from this to my ankle, two bones you see.

The seven short bones in my ankle found,  
By strong white cords, together are bound.

If an apple or pear I wish to bite,  
I have thirty-two teeth so strong and white.

And I always remember in spite of my play,  
With water and brush, to cleanse them each day.

Since the way that I sit, my bones must effect,  
I'll try while I'm young, to sit very erect.

And when I grow older, you all will see,  
What a straight young person, I then will be.

JOHN ELLIOTT, D. C.

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Illness and disease cannot exist side by side with perfect functioning of every organ. Chiropractic adjustments of the spine open up the nerve lines furnishing vitality to every organ. Nature does the rest.

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## Baby, nearly two years old takes first step after adjustment

● You can well imagine the apprehension of Mrs. Ethel McDaniel. Her little daughter, Betty Louise, nearly two years of age, had never walked a step. What was back of this case of retarded development? In this dilemma someone suggested to the distracted mother that she try Chiropractic. And here is the amazing story that she tells:

"After the second Chiropractic adjustment, I left the child in a neighbor's back yard, sitting on the grass and playing with her pet bunny. This was a block away, and across a rocky road. When I returned, I was frightened terribly to find her gone. Frantic with fear, I shouted everywhere. But when I returned home, there she was in the front yard! Although she had never walked before, after this second adjustment, she just picked herself up, and actually walked off!

"In my own case, after an operation for the removal of appendix and tonsils, my ankle began to swell, and I had great difficulty in breathing. I could

walk no distance at all. I turned to Chiropractic. The swelling was soon reduced; my 'wind' returned so that I could walk, mount steps and do all my housework. Also, the fainting spells that I had had since childhood, at intervals of about once a month, disappeared. It is now more than four years since my last 'spell' of this kind, and I am in fine health. I feel that my experience should be shouted to the world, so that all sufferers may take encouragement and go to a competent Chiropractor for their ailments."

MRS. ETHEL MCDANIEL,  
Covington, Va.

(Subscribed and sworn to.)



MRS. ETHEL MCDANIEL  
AND BETTY LOUISE

## IMPORTANCE OF THE SPINE

I am going to associate the spine with the muscles, the ligaments, and the nerves, and the brain, and the Innate Intelligence, and the Universal Intelligence. Universal Intelligence is the source of life. *Innate is the life within the body.* It is the primary mover of all muscles. The nerves are conveyors of Innate to the other tissues.

The brain is the regulator of the co-ordinations of the nervous system and the muscle system, the circulatory system, and the bony system; and the spine cannot be considered without the brain and the nerves and the muscles and the ligaments and the circulations and the bones, any more than the liver could be considered as an organ functioning separately and distinctly by itself.

It takes all these things to keep the body functioning as it should and all the things must be considered when the contour of the spine is considered.

—Jas. A. Drain, D. C.



MASTER FISHER

## NERVOUSNESS, INTESTINAL TROUBLE AND TONSILITIS

"After two and one-half years of doctoring with medicine for our young son who is three and one-half years old and has been troubled with nervousness, intestinal trouble and tonsilitis, without results, we were advised to try Chiropractic. We finally agreed to give it a try and about two months ago we took him to the Chiropractor and were surprised to find him begin to respond immediately to the adjustments. We owe his present splendid condition to Chiropractic. These adjustments certainly have brought him back to health and strength."

MRS. HELEN J. FISHER,  
Newton Ave., Plainfield, Conn.  
(Subscribed and sworn to.)

## Child Crippled by Fall

"My daughter, Josephine Marie Carroll, was a fine healthy baby until eighteen months of age when she tripped and fell over a rug in our home. After this fall she seemed to lose the use of her legs, and held her head to one side. I immediately took her to a physician who said she had muscular trouble. She was under this physician's care for two months, in which time she received all kinds of ointments and lotions rubbed on her little muscles, none of which seemed to do her any good. I then took her to another physician who advised me to take her to the hospital and have her X-rayed. X-rays at this time showed two bones out of place in the upper part of her neck. He then advised that I take her to the Rupture and Cripple Hospital. They diagnosed the case as Dorsal Potts Disease, and strapped little Josephine onto a board. They kept her strapped on this board for twenty-one months, at the end of which time, in my eyes she seemed to get worse. She could not sleep, could not hold her urine, and her appetite was poor. Then they put her into a harness or brace, as you might want to term it. In all, she was under the care of the hospital for over three years. They gave me no hope for her recovery from this condition.

"When five years old I took her to the Chiropractor who advised me to have an X-ray taken of her spine, which was done. Three of the upper dorsal vertebrae showed a tubercular condition of the bone, which is known as Potts Disease. The X-ray also showed two of the upper bones of the neck very much out of place, which the doctor said was causing my daughter's whole condition. When he started to adjust little Josephine, she was a helpless cripple. A little more than a month later, for the first time, she was able to stand on her feet and take a few steps. She has been improving so much ever since, that now she walks all about the house, stands and plays like other children do.

"I feel confident that in a few more months, little Josephine will be as normal and healthy as any child on the street. No one knows the thanks that I have to offer the science of Chiropractic."

(Signed) WILLIAM J. CARROLL,  
28 Clark Ave., Jersey City, N. J.



AUDREY ZUEBERT

## KIDNEY TROUBLE

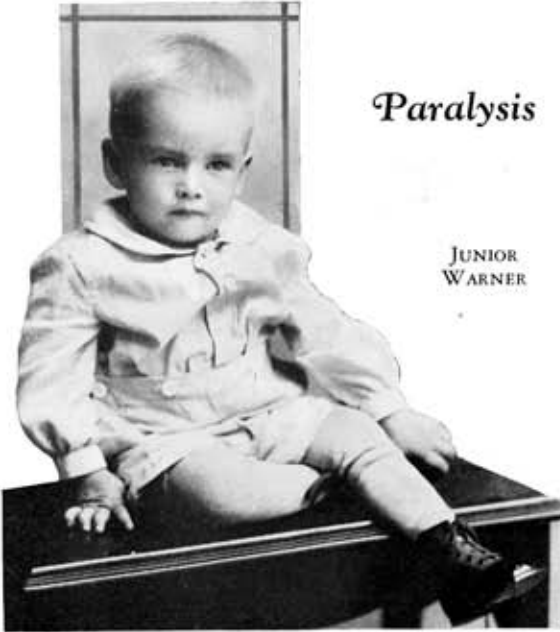
"Mr. Zuebert and I are happy to be able to give this testimonial to the public, that they too may know of the wonderful results Audrey, our daughter, received from Chiropractic adjustments.

"It was four years ago that Audrey was stricken with Pyelitis (a form of kidney disease) which rendered her helpless. She had a high fever, vomited, lost weight and her joints became swollen and deformed. We consulted a number of specialists without results. Finally we took her to the leading children's hospital in Baltimore and there we heard the dreaded news that she would be a cripple the rest of her life.

"In desperation we then turned to Chiropractic. Much to our surprise and happiness Audrey started to improve. As the vomiting stopped, she started to gain weight, and color came back in her cheeks. Her feet are now almost straight and she is able to go to school—not a school for the crippled, at that.

"I wish to state that I am very thankful to Chiropractic and hope that these few words will cause other diseased, stricken people to try Chiropractic, which has restored health to my beloved one so she is now able to enjoy life to the fullest extent."

(Signed) MRS. GEORGE ZUEBERT,  
3412 Wilkins Ave., Baltimore, Md.



## Paralysis

JUNIOR  
WARNER

"My son started teething and every time a tooth would start through he would have a high fever. The more teeth, the worse he became. We took him to a medical doctor. He seemed to help him at first, but before each round of medicine was gone the baby was worse. This went on for a while and then we took him to the second medical doctor. He advised dieting and different foods, saying the medicine did not

act on the baby. We tried this for about three weeks without any improvement.

"By this time Junior could not move his feet. He began to break out in running sores and would fret day and night. He could not sleep more than one and one-half hours at a time. With great difficulty he could move his left arm. We went back to our first doctor and he said medicine could not reach the seat of the trouble; that paralysis was creeping up Junior's spine and there was no medicine that would stop its progress.

"A friend advised us to take him to the Chiropractor. We took him, but without an ounce of hope. By this time Junior was paralyzed from his waist down and had lost twelve pounds. He now weighed eleven pounds and was so weak he could not hold his head up. For two months we took him to the Chiropractor daily. Under adjustments the sores began to heal up and Junior began to show a steady improvement. He began to move his feet slightly and as time went on he kept improving. He now weighs twenty-two and three-fourths pounds and has good use of himself. He has completely recovered from the paralysis, and has no bad effects whatsoever from his sickness."

ANDREW WARNER (Father),  
Mount Vernon, Ill.

(Subscribed and sworn to.)



JANNET SETTLES

## Infantile Paralysis

"Our little girl, Jannet, took seriously ill and we immediately sought aid from a competent physician. We were told that Jannet had infantile paralysis, which alarmed us seriously. We were still more worried when the paralysis of arms and legs did not respond to the remedies applied.

"After giving plenty of time to get some results we felt something must be done or no telling what would happen to our little girl. We took her to a Chiropractor in our city of whom we had heard very favorable reports. He examined Jannet thoroughly and informed us he could help her by a series of adjustments.

"It was during this examination that the Chiropractor brought out Jannet had spinal derangement and we recollected she had two falls quite a while previously. One being from a high porch and the other from a mule. At the time we had taken no more notice of the falls than was natural for the immediate results. We of course at that time did not understand that a spinal analysis should have been made.

"Our Chiropractor immediately began giving Jannet adjustments to place her spine in normal condition, as he informed us. When he had completed the series she could walk and run like any normal child and can still do so.

"We are surely grateful to the science of Chiropractic and to our Chiropractor. My permission is given him to use this statement in any way he sees fit so that it may help some other little tot or someone to learn the real value of this health science and prompt spinal analysis."

MRS. HORACE SETTLES,  
R. R. No. 6, Glasgow, Ky.

(Subscribed and sworn to.)

## MEASLES and PNEUMONIA

"My little girl had been sick from birth of a condition which we could not understand; she had the proper care, and my wife and I, being both in good health, could not see why the baby should be so ill all the time—so thin and with so little strength. Finally a physician diagnosed the disease as rickets or, as it is most generally called, rickets. He advised taking her to the hospital—she was then five months old—and remained there for three months without really being cured of her condition, although she seemed to thrive fairly well while in the hospital. As she was not cured and there was no change we took her home.

"At the age of ten and one-half months she took sick with the measles and then double pneumonia followed. The medical doctor called in treated her, but could not help her—she was dying. We then took her to the hospital, but she was refused admission.

They said that they could not do anything more for the baby.

"What were we to do? The doctor's method had failed; the hospital physicians could not help in saving her life. There was only one thing left—to wait for her death.

"Through a friend we heard of the Chiropractor. He was sent for and left entirely in charge of the case, although we had very little hope. The improvement was so rapid, however, that we were astounded with the results of the Chiropractic adjustments. The fever went down, the lungs cleared up, the baby's appetite came back and she began to gain weight.

"Our little girl has entirely recovered; she is now full of strength and vitality, thanks to the great science of Chiropractic."

(Signed) FRED MITCHELL,

15 Kosciusko St., Brooklyn, N. Y.

## High Blood Pressure

"I have felt the bad effects of high blood pressure and constipation for many years and it seems I could not obtain relief from any source. After observing the results my sister obtained through Chiropractic I decided to give it a trial.

"On August 6th at the time of my first adjustment, my blood pressure was 204 and then I had nearly forgotten what a natural bowel movement was. After a course of Chiropractic adjustments my blood pressure decreased and my bowel action became normalized. Then once again I enjoyed health as I did years ago. I slept better, was more active, and my blood pressure is now 142."

(Signed) MRS. MINNIE HOWARD,  
1333 125th Street,  
College Point, L. I., N. Y.



GEORGE MOORE, JR.

### ASTHMA

"Ever since our young son, George, Jr., has been but a few weeks old, he had been a constant sufferer of asthma which stubbornly refused to leave under all other forms of treatments. Everything we believed and were told would help him, we faithfully tried, but saw no change in his condition. In a year and a half, he must have had fully seventy inoculations which were supposed to cure his asthma, but they were absolute failures.

"When friends told us about their Chiropractor and his adjustments, we were skeptical but desperate, and went to his office and let him examine our baby. He told us he could help Junior and we began taking adjustments imme-

diately. Before many adjustments were taken his wheezing stopped and his breathing became normal. A stubborn head cold that had been with him constantly cleared up and he slept peacefully at night thereafter.

"That all took place when he was about 19 months old, and now, nearly a year afterwards, there is not a trace of the asthma and his general health is wonderful.

"One thing we have learned from experience with our Chiropractor and that is the value of bringing in our baby immediately whenever he catches a cold. We have been astonished at the way his adjustments clear up these colds. No more sleepless nights with a fretful baby. We feel mighty grateful for what our Chiropractor has done for us and give this testimonial of his wonderful work on our boy with sincere appreciation and permission to use it as he deems best."

MR. AND MRS. GEORGE E. MOORE,  
251 South Western Pkw., Louisville, Ky.  
(Subscribed and sworn to.)

## INDIGESTION

"Had it not been for the timely assistance of the Chiropractor my daughter would not be well today. But through his wonderful adjustments, she is well and enjoying life as never before.

"For a number of years she suffered with stomach trouble, and some doctors diagnosed it as indigestion. Whatever it was, she was not enjoying life as a human being is intended to, and her food would bring little relief.

"At first I thought little of it, thinking she was having a slight spell of stomach trouble, but when she began to grow worse and the meals she ate seemed to bring no relief, I became alarmed and took her to a doctor. His treatments failed to help and I tried another. After several doctors were consulted and tried, all to no avail, I was sent to the Chiropractor by one of his patients.

"I was ready to turn to any person if it would help my daughter, and as I pause now to think of it, I realize I could not have turned to a more competent and thorough man. From the first adjustment my daughter began to grow better and it was not long before she was pronounced well."

(Signed) HARRY CLAPP,  
711 W. Powers St., Muncie, Ind.



JEAN GROFF

## Child Paralyzed in Right Leg Since Birth

"To show my gratitude to Chiropractic, I am sending a picture of my baby, Jean, to you to publish, together with her story, hoping that it might reach mothers, who have suffered the anguish I have since being told that my little girl would never walk.

"My baby was totally paralyzed in her right leg and she had gone through the regular procedure of the plaster cast, hospital treatment and finally a brace with no results whatsoever. I was told by one doctor that it was infantile paralysis, but Jean's right leg was never normal since birth, being blue, undersized and cold. The Chiropractor to whom I took my child did not make any promises that he could cure her, but being at my wits end, I was ready to give anyone a chance. After the first few adjustments when the Chiropractor pressed lightly on the bottom of the baby's foot, I noticed her toes would draw up for the first time in her life and I knew by the expression on the doctor's face that he was accomplishing what he desired.

"I want to say that after what seems to us an incredibly short time, my little girl took her first five steps alone—after discarding her brace altogether—and is now learning to walk by herself."

MRS. JENNIE GROFF,  
Wilmington, Del.  
(Subscribed and sworn to.)

## How to Care for the Spine During Childhood

By DR. L. J. STEINBACH

The care of the spine and back begins logically in childhood. Children have been given much attention in recent years. The weight and height proportionate to age, have been studied. The condition of the throat, tonsils, eyes, teeth and the general nutrition has been observed but little attention has been given to the back; largely because the examination of children has been legislated into the control of those who have constantly ignored the influence of the development of a good spine.

Every child should be examined periodically to know how the spinal column is developing. Nearly all of the defects of the spine are controllable if proper guidance is given by someone who really knows the spine and its care.

Even without the direct guidance of the Chiropractor, it is safe to advise parents to teach their children to exercise the back by practicing daily back-arching exercises. Back-arching is simple and very effective for preventing balance defects and curvature.

(EXERCISE)—Lie face downward in a state of relaxation. Raise the legs without bending the knees and at the same time raise the head and also raise

the arms sideward. The exercise should be done in the morning and repeated about 6 to 10 times. It is also advisable to have children practice this exercise after the end of the school day. It effectively offsets the strain of the sitting position.

All children should be provided with a horizontal bar and encouraged to exercise upon it daily. It is the most valuable of all gymnasium exercises and helps materially to develop a strong and well balanced spinal column.

Children should be observed in their sleeping positions. Lying on the abdomen with the head turned to one side will develop neck strains which, in turn, interfere with the proper circulation of blood in the head, nose, throat, tonsils, eyes and ears. Back and side positions are much safer.

When children suffer falls and injuries which affect the back or spine or when they complain of pains in the back, they should have the immediate benefit of a careful spinal examination. Spinal strains in childhood may lead to the development of curvature or to the even more dangerous condition—tuberculosis of the spine with its resulting condition of "hunch back."



CAROL SIMMONS  
OPTIC ATROPHY

"When our baby, Carol, was two months old we noticed that she did not seem able to see. We brought her for an examination to the hospital where she was born. We were told the baby

had optic atrophy, which as we understood it, was dying of the nerves of the eyes and meant blindness. To our dismay, they added, that they were powerless to cure or help this disease.

"To confirm their statements we took our baby to other eye specialists, including the largest and best known eye and ear hospitals. They all gave the same diagnosis, optic atrophy, stating further that the baby was destined to a life of total blindness. One eye physician was particularly impressive in trying to help us face the facts and resign ourselves to the permanent blindness of our child.

"By this time, members of our family having had Chiropractic adjustments at different times for several years, asked us to take the baby to their Chiropractor. There was nothing else to do but try Chiropractic as a last resort,—and we did.

"Our baby was now three months old. After one month of Chiropractic adjustments an improvement was noticeable. This continued until we thought her vision was normal. Now

she was nine months old. We then brought her back to the eye specialist, who had first seen her, for re-examination. He recalled the previous visit immediately and after examining the baby said she could see.

"Carol now is thirteen months old and can see as well as any other child.

"There are no words to express our deep and profound appreciation of Chiropractic for this result. And there can be no doubt but that it was due entirely to Chiropractic as our baby did not receive any other treatment of any kind either before or after her first adjustment."

MRS. MARION K. SIMMONS,  
5814 13th Ave., Brooklyn, N. Y.  
(Subscribed and sworn to.)



EDWARD HENRY O'KEEFE

### UNDER-NOURISHED BABY

"Our baby remained one pound less than birth weight for almost a month and could not retain his food. The family doctor recommended a baby specialist, who, after administering medicine to which the child did not respond, concluded that an operation might save the baby's life.

"I called in a Chiropractor and explained to him the nature of the baby's troubles. After examining the baby he diagnosed the case, agreeing with the specialist but explained the cause and how it could be corrected. After four adjustments the baby stopped vomiting and started to gain weight and his trouble disappeared entirely. He is now two years old, is strong, healthy and happy—thanks to Chiropractic."

JAMES D. O'KEEFE,  
122 Strong Ave., Pittsfield, Mass.  
(Subscribed and sworn to.)



MRS. ANNA CRISPE AND BABY

## Motherhood . . . and the Science of Chiropractic

"I was pregnant four months while under a physician's care and during this time high blood pressure and kidney trouble developed. The doctor told me to rest in bed for two weeks. He treated me, but when he told me to get up, I had a stroke and lost my speech.

"The doctor then sent me to the hospital. While there my blood pressure went up still higher and my kidneys didn't get any better. My lips also were crooked from the stroke. The doctors wanted to operate but I refused to let them. After I came home I gave birth to a still-born baby and they told me I could never have another baby.

"A friend of mine told me to try a Chiropractor and after a few adjustments I felt a very large improvement. My blood pressure went back to normal. I also regained my speech. My kidneys started functioning normally and my lips also went back to their natural position.

"Thanks to the science of Chiropractic, I have a baby one year old and twenty-four pounds in weight."

MRS. ANNA CRISPE,

644 Carroll St., Brooklyn, N. Y.

(Subscribed and sworn to.)

## INFANTILE PARALYSIS

"Mrs. Green and I have the greatest events of our lives to be grateful for in connection with the great shock, sorrow and distress that came to our home when our little daughter, Neva Nell, was stricken with Infantile Paralysis. They are these: Admitting that the words of the medical doctor, who came to our home to place us under quarantine, were true, that there was nothing he could do with medicine for our little girl, we feel that he jeopardized the chances of our baby getting well when he volunteered the following statement: 'Mrs. Green, whatever you do, do not let a Chiropractor touch this case.' And right here is where our gratitude comes in again—for the gentleman for whom I work, upon being told that our child had Infantile Paralysis, advised us to place her under Chiropractic at once and let the Chiropractor continue until cured. And we did it. From all reports of other cases last year our child improved faster and made a complete recovery quicker than any other case on record. The Chiropractor came to our home during the twenty-one days of quarantine. Little Neva Nell was completely paralyzed when the Chiropractor took the case. Later she was walking anywhere unassisted and without braces or crutches. Her worst leg was of course weak, but when we began taking her to the Chiropractors' office and she is now completely cured. Her legs are not impaired whatsoever."

(Signed) T. A. GREEN,

Bowie Co., Texas.

## AILMENTS OF BABIES

"My little daughter who is sixteen months old has been a sick child. When she was three months old my trouble started with her. She was naturally under very special medical care. Right from the start her formula and later her food, from what I understand now, caused her disorders.

"To begin with she suffered from abscessed ears and constant colds with temperature. This nearly drove me frantic with worry. After months of this I felt something had to be done. Consulting friends of mine, one of them suggested a dietitian. She explained he would correct her food, making it clear to me that her wrong diet was causing her constipation and from the latter all her disorders were caused.

"I went to this very capable man and was given a most perfect diet but her

eliminations were not any better. It just seemed like a hopeless case.

"When my hopes were all exhausted, another dear friend mentioned Chiropractic. I hesitated, not knowing much about this work, but being desperate I was willing to try anything. Almost immediately there was a change. Within four weeks the change was marvelous. Her eliminations are perfect, her colds have disappeared like magic and with the careful diet suggested by my Chiropractor my baby is a fine and very active healthy baby. The most wonderful thing of all was to see her gain three pounds within four weeks. She weighed seventeen pounds when I first brought her to be adjusted. Now she weighs twenty pounds. I am a very happy mother.

"I would advise any person who is suffering from any disorder to try Chiropractic."

MRS. CLARA ARBEITER,

653 Euclid Ave., Brooklyn, N. Y.

(Sworn to.)

## BABY PARALYZED IN LEFT ARM FROM INSTRUMENTAL DELIVERY

"I am certainly grateful to Chiropractic for what it has done to make my baby such a healthy little one. You wouldn't think to look at her now that at birth her left arm was paralyzed due to an instrumental delivery.

"I was told by doctors that she would have to go to an Orthopedic Hospital, be placed in a cast with arm over head for months with no assurance of outcome to say nothing of expense involved. My brother who was successfully treated by his Chiropractor for *heart and lung trouble*, persuaded me to go there instead of subjecting my baby to so much pain and suffering.

"After a few adjustments we anxiously watched for results: her little shoulder began to twitch, then she moved her hand. After more adjustments she raised it higher. We continued the adjustments regularly and now she uses her arm as naturally as if it had never been paralyzed.

"Nineteen Chiropractic adjustments in all were taken to restore my baby's arm. Should you care to use this letter to inform other parents how the science of Chiropractic when given by a competent Chiropractor, can be of service to their children's health, my permission is hereby given. I am mightily thankful."

MRS. CLARA D. BRADLEY,

Crugers, N. Y.

(Subscribed and sworn to.)

# TUBERCULOSIS OF THE BONE

"At two years of age, my daughter's small toe on her left foot was bruised. This wound would run for eight or nine days at a time, breaking out three or four times during the year, finally causing the loss of her small toe.

"At the age of three, we sent her to the hospital. They diagnosed it, Tuberculosis of the Bone, placed the foot in a plaster cast for about ten weeks, changing the cast about eight times, finally saying nothing more could be done.

"A year later she lost another toe and two years later a third toe. It seemed that the toe would begin to run and we would bathe it in a solution of creolin, then bandage, using a borax solution. The bones gradually left the foot and finally dropped in the bandage.

"At the age of seven with three toes gone, we decided to take her to the Massachusetts General Hospital, where she remained for two weeks. Specialists there examined her. A special physician visited her every day. Others singly or in groups came to examine her about every other day. Nine different X-rays were taken of her spine and foot and she was exposed on an operating table for an hour one day surrounded by eight physicians who held a consultation over her condition.

"We went to inquire for her after this examination and were told to let her remain for a few more days as an expert was to visit the hospital and they would like to have him pass on their findings. We agreed. He called and requested another X-ray of her spine and foot. The report given us by the physician in charge was, that a nerve from the spine to said foot only functioned to the arch, which was the cause of her foot not healing and that nothing could be done to help her.

"The fourth toe was affected when she went to the hospital and was running. The nurses would wash and bandage it every day while she was there. This treatment dried the toe up, but shortly after she arrived home it began to run again.

"The teacher in school demanded her to take gymnasium, but she refused on the ground that it would probably hurt her foot. The school Hygiene Doctor was called in to examine her and ordered her excused, promising he would call when convenient to help her.

"Her foot now was twice its normal size and her ankle had enlarged to four times its normal size, necessitating her wearing an extra large pair of shoes.

"It was about this time, through one of our neighbors, we heard of the marvelous work being done by Chiropractic. Willing to try anything to help our daughter, the Chiropractor was called in to treat her. After about four adjustments, to our great surprise the blood began to flow through the end of her foot, and the remaining toes, which soon healed and are now well, enabling her to wear shoes which fit her foot correctly. To the surprise of her teacher, our daughter asked to join the gymnasium and is now one of the liveliest in her class.

"I found the Chiropractor very fair and honest as he said the doctors were correct in their findings about the nerve not functioning being the cause of her trouble. But when they said nothing more could be done, they must have known that a Chiropractor should have been called in, as he was the only one who could get results."

(Signed) MRS. HAMEL (Mother),  
Huey, Illinois.



BABY BITTORF

some medicine that might absorb the water in his head that caused his blindness.

"When he was thirteen weeks old I took him to Mayo Brothers, where they also said there was nothing that could be done.

"By this time his head was considerably larger; his eyes were inclined to turn right and droop downward and he had very little control of them.

"When he was nearing the age of ten months, I took him to the Chiropractor. During the first months his breathing became normal, and the slight convulsions, which numbered four to five a day, decreased until they entirely ceased. At the end of two months there was some sight, he had better control of his eyes, much better color in his face and lips, head was much less distended, kidneys and bowels were working somewhat better, he handled his head better and flesh showed some signs of improvement. His cry became normal.

"After four months he could see quite plainly—reaching for things. He was having at least one normal bowel movement a day, he also handled his head quite well and his whole body was much more active.

"From then onward he has steadily improved in every way. His eyesight is splendid, he holds his head up straight, sits up alone and has stood alone. He talks a little also.

"He has taken adjustments for fourteen months. We cannot begin to express our appreciation to Chiropractic and what it has done for our baby, Paul Glenn."

MRS. MYRTLE BITTORF,  
Beloit, Wisconsin.  
(Subscribed and sworn to.)

## PNEUMONIA

"At the age of nine months, our baby, Maxine, was taken with a severe cold. After about three weeks of home remedies she became real bad and we called a doctor who pronounced it a bad case of double pneumonia. He did all he could but she continued to grow worse. After another week her face became swollen, her tongue stiff, her eyes were set in her head—she was dying. In despair we called the Chiropractor. He rushed out as quickly as he could and stuck with her until she showed some improvement. After his second trip she was considerably better and after a few weeks she is now in fine shape.

"We sincerely believe in the Chiropractor and his work and know even the most skeptical would if they could only come in contact with the wonderful cures."

(Signed) MR. AND MRS. HARRY J. KOONS,  
2821 Benton, Edgewater, Colo.

## CEREBRAL MENINGITIS— BLINDNESS

"Baby was stricken down with Cerebral Meningitis at the age of seven weeks. The doctor pronounced him totally blind and said that nothing could be done. I took him to Dr. Blank a week later, who wanted to give him



LARRY LEE PITTMAN

## Under-Nourished Babies

"Only a mother, who has experienced the anguish of watching her babe lose weight day by day, grow weaker and weaker, and emaciated to the point where she realizes that her baby is slowly but surely starving to death, can appreciate my emotions.

"My baby, Larry Lee, weighed 9 pounds at birth, December 12. So far as I know birth was normal and baby appeared to be normal in every way. It was necessary that he be a 'bottle' baby, and was under the care of the medical doctor who delivered him. At three months he weighed 6 pounds and 4 ounces, showing a loss of about a pound a month. Neither medicine nor change of nourishment would improve conditions. He continued to waste away. Baby could not assimilate his nourishment, would take very little and could not retain it on his stomach. His sleep was erratic and cry pitiful. With five months under the medical doctor's care, practically no improvement and development continued to be retarded. I began to realize that something else had to be done or I would lose my baby.

"On May 7th, I called the Chiropractor. He examined my baby and adjusted his spine and made dietary suggestions for me to follow. Several days later we had his first picture made, which does not show him at his worst, for Larry

then weighed a little over 8 pounds. Under adjustments he was able to retain his nourishment, began to sleep better, and gained 8½ ounces the first week. He made consistent gain each week and gradually was able to assimilate a normal amount of nourishment. Larry is now 9 months old, having been under the Chiropractor's care the last four with certain and steady development. Larry now weighs 18 pounds, and the Chiropractor has dismissed the case as normal in health in every way, and I believe that you will agree from his last picture made September 8th, that he appears to be healthy."

MRS. MAE PITTMAN,  
322 Lansing St., Indianapolis, Ind.  
(Sworn to.)

## DIGESTIVE DISORDERS

"Our three and one-half year old daughter was very peevish and nervous. She had but little appetite and bowel movements were very unsatisfactory. The attending doctor declared the trouble to be an enlarged colon but could do nothing much about it except recommend an operation if the symptoms became more aggravated.

"After a few adjustments by a Chiropractor, her nervous condition improved in a very gratifying manner and soon her digestive system was functioning in quite a normal manner. We feel that her present state of good health is the result of God's blessing manifested through those Chiropractic adjustments.

"Our younger daughter, now thirteen months old, suffered an accident which impaired her walking; a few adjustments by our Chiropractor quickly restored her to normal."

GEORGE W. BETTFREUND,  
MARY C. BETTFREUND,  
Galt, California.  
(Subscribed and sworn to.)

## INJURY

"Last June while fighting the flames, I had a fall. When I came to I found myself lying at the hospital. They held me there for a month and finally said to go home. As soon as I stepped in the open I couldn't walk, I felt so dizzy; I felt that I wasn't as good as I should be. I visited many doctors without any relief. I felt so disgusted I didn't know what to do but a friend insisted that I should try Chiropractic. I was glad to try anything as long as I would get better. The Chiropractor gave me hope;

in fact, on the X-ray picture I could see where two of my vertebrae were out of line with the others.

"I have no words to express my grateful thanks to the science of Chiropractic and I feel so happy to be back at work again."

(Signed) W.M. KREBS,  
McKees Rocks, Pa.



MRS. MICHAEL MADEY AND BABY

## EPILEPSY (INFANT)

"On July 15th, our baby suddenly became ill with what was called Jacksonian Epilepsy, which caused her left side to become useless. She would go into momentary spells of unconsciousness every hour, or perhaps more frequently during the day and night. During one of these seizures her left side would become stiff and numb.

"After consulting several doctors, our baby was sent to the hospital, but in a week was brought home in an even worse condition. Then we were sent with her to a Nerve Specialist and he spoke of operating on her head, but we hesitated because we knew what a serious operation this would be.

"Then a friend told us to go and see a Chiropractor, which we did. After the third adjustment we saw a change and today our baby is well; walks, uses her hand and has gained in weight, thanks to Chiropractic and the friend who gave us such good counsel."

MRS. MICHAEL MADEY,  
New Britain, Conn.  
(Subscribed and sworn to.)



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# CHIROPRACTORS ARE EDUCATED MEN

## *The Requirements for Graduation in All Recognized Chiropractic Colleges Are of a High Standard*

FOR a great many years the standard of education was based upon a four year course in college training after completion of four years of high school work. To a large extent this basis still obtains among the American people to measure academic training. From this basis, however, educators have worked out an accurate measurement of study in actual class hours. These class hours may be taken in less than four years in some instances and in other cases requiring more than four years.

### *Chiropractic and Medical Requirements*

Unfortunately and from some unauthoritative source there grew up in the minds of people in certain sections of the country that Chiropractors did not receive a thorough training in the study of the human body and disease. This misinformation undoubtedly came from sincere and honest men who believed it. Like all such stories it grew as it was passed along.

It is to bring the truth and the facts to you that this comparative statement is shown. Since the requirements of medical colleges have been largely accepted as adequate to equip men in counselling sick people, a comparison of the minimum class hours by subjects of medical colleges is made with the minimum required by Chiropractic colleges.

The minimum as shown for the medical student to graduate is taken from a report of August 28, 1937, in the Journal of the American Medical Association. This report is from The Council on Medical Education and Hospitals which constitutes an official branch of the American Medical Association.

There is some variation in the number of class hours taught in Chiropractic colleges. This is due to the short length of time Chiropractic has existed as a separate and distinct profession. As a working force, the profession began functioning when D. D. Palmer of Davenport, Iowa, enunciated its principles in 1895. Like all colleges and educational institutions, it has had to work out its requirements subject to the different theories and understanding of its educators.

All the recognized Chiropractic colleges reporting to and working with the central national organization are now requiring a minimum of class hours in a resident school to qualify the student for a degree. During the forty-three years of the profession's active history, great progress has been made in standardization. It remains now largely with the American public to take an interest in Chiropractic requirements to the extent that sound, beneficial standards be crystalized.

In fairness and honesty it must be stated that the minimum requirements do not represent the exact hours of each and every school. There is still some difference of opinion as to the exact number of hours required for certain subjects. On the whole, all colleges are demanding of the student that to earn his degree and graduate, he must complete sufficient class hours to enable him to prove before their board of examiners that he is qualified as a competent health counsellor.

The following table of minimum Chiropractic class hours required represents the general standard as now adopted by most of the schools. It indicates beyond question that the Chiropractor is qualified as a health counsellor and that his degree earned is a mark of distinction in the scholastic world.

## MINIMUM HOURS COMPARED

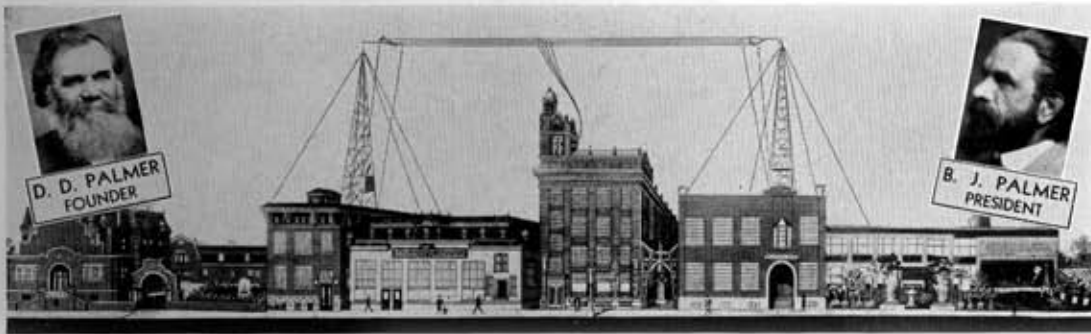
MEDICAL COURSE	Hours	CHIROPRACTIC COURSE	Hours
ANATOMY, including gross anatomy, histology and embryology .....	648	ANATOMY, including gross anatomy, embryology, neurology, histology and orthopedy.....	955
PHYSIOLOGY and Chemistry.....	432	PHYSIOLOGY and Chemistry, including physiology, biological and physiology rheumistry, toxicology, urinalysis and dietetics .....	380
PATHOLOGY, including gross pathology, pathological histology and bacteriology.....	432	PATHOLOGY, including gross pathology, pathological histology and bacteriology.....	300
HYGIENE .....	108	HYGIENE, including public health and public health service	100
PHARMACOLOGY and Therapeutics.....	216	DIAGNOSIS or ANALYSIS, including spinography (X-ray)	430
OBSTETRICS and GYNECOLOGY .....	252	OBSTETRICS and GYNECOLOGY .....	100
MEDICINE, including pediatrics, nervous and mental diseases, dermatology and syphilis, medical jurisprudence..	900	CHIROPRACTIC, including Chiropractic symptomatology, Chiropractic principles and practice, Chiropractic palpation and adjusting, Chiropractic jurisprudence, contagious and infectious diseases, eye, ear, nose and throat, Dermatology .....	1147
SURGERY, including orthopedics, genito-urinary, ophthalmology, otology, laryngology, rhinology, roentgenology....	612	ELECTIVE SUBJECT or SUBJECTS.....	116
TOTAL CLASS HOURS, ALL SUBJECTS.....	3600	TOTAL CLASS HOURS, ALL SUBJECTS.....	3528

# The Palmer School of Chiropractic

Chiropractic Fountain Head

Home of Radio Station WOC

DAVENPORT, IOWA



## *A Real Opportunity!*

CHIROPRACTIC is universally recognized as the foremost drugless health science. Its fundamental principles are readily explained, and are as readily understood by the intelligent mind. Millions of cases have been restored to health by the competent application of these principles, and in thousands of cases Chiropractic has proved successful after medicine and other methods had failed to get the patient well.

Graduates of The Palmer School of Chiropractic are engaged in the professional practice of Chiropractic in every state of the United States, and in practically every foreign country and territory in the world.

A real opportunity is presented to ambitious men and women who desire to become members of this great profession. Public recognition of the tremendous health benefits embraced by Chiropractic is growing constantly and the services of conscientious and well qualified Chiropractors are ever in demand.

You are asked to investigate the merits of Chiropractic, because its record of achievement in restoring the sick to health can successfully challenge that of any other known health method.

Write direct to The Palmer School of Chiropractic, Davenport, Iowa, and ask for a copy of its School Announcement.

# National College of Chiropractic

Chicago, Illinois



**M**EN AND WOMEN trained to render Chiropractic health service find the road open to happy, useful, financially successful careers.

The National College of Chiropractic offers every necessary facility for complete and thorough training in the Chiropractic profession. The faculty numbers twenty-three members, each an authority in his or her special field. The building, owned by National College, comprises 112,500 sq. ft. of floor space and is devoted entirely to school, clinical and dormitory purposes. The departments of training include every subject to enable the graduate Chiropractor to render a complete Chiropractic health service.

Practical, as well as theoretical training, is assured by fully-equipped, modern laboratories for anatomy and dissection, chemistry, bacteriology, clinical diagnosis and X-ray, and by the National College clinic. Drawing on a metropolitan area with over 5,000,000 population, the National College clinic provides the widest possible range of ailments for treatment and an abundance of clinical patients. Students thus receive adequate internship training to fit them for the profession.

Student life at National College is enriched by many enjoyable activities outside the curriculum. Libraries, museums, social and religious contacts, art, music and similar cultural advantages are afforded. Within the recreation rooms of the college, and in Chicago itself, students easily find the recreations of their choice.

Prospective students are invited to write for a copy of the college catalog.



*Above: National College building. Below: Partial assemblage of National students in recreation rooms of the college.*

## *Courses of Study . . .*

THE NATIONAL COLLEGE OF CHIROPRACTIC offers a four-year course with internship, in Chiropractic and drugless therapy. This course qualifies the student for practice in any and all states having Chiropractic laws. Upon completion of this course, the degree Doctor of Chiropractic is conferred and also either the degree Doctor of Drugless Therapy or Doctor of Naturopathy.

Professional courses of one year and two years are offered to practitioners of other schools who wish to qualify for the above-mentioned degrees. Shorter post-graduate courses also are offered.

Semester openings are in October and February.

# NATIONAL COLLEGE OF CHIROPRACTIC

20 North Ashland Boulevard  
CHICAGO, ILLINOIS

# UNIVERSAL CHIROPRACTIC COLLEGE

121 Meyran Avenue : : Pittsburgh, Pennsylvania

Founded 1910

To——

The Burton Shields Co., *Publishers*,  
Indianapolis, Indiana.

**T**EACHING is an art. It involves the collecting of both theory and fact and making them a part of the knowledge of the student. The true teaching artist chooses wisely the most effective means of imparting his knowledge.

The Burton Shields Company is an educational organization whose purpose it is to teach the value of Chiropractic to the layman. Very early you realized that your students, the general public, could absorb these facts if accompanied by human interest stories in the words of those who have recovered health through Chiropractic. Your explanations of scientific facts have made seeming miracles understandable.

For twenty years you have devoted yourself to the task of gathering such stories, making certain they were true, and presenting them in printed form to your millions of students. Your efforts are invaluable to the human family.

This book of layman evidence will be one of the most valuable educational volumes of all times. It will be the indirect means of the restoration of health to thousands of grateful people.

Universal Chiropractic College is also an educational institution. Since 1910, it has been training young men and women to perform such seeming miracles as are recorded in the pages of this book.

The Faculty of Universal Chiropractic College, recognizing excellent teaching ability, salutes the staff of the Burton Shields Company for an incomparable educational service.

*Most sincerely yours,*

FACULTY OF  
UNIVERSAL CHIROPRACTIC COLLEGE



Dr. L. J. Steinbach  
Professor of Diagnosis



Dr. W. E. Hickman  
Professor of Anatomy



Dr. D. W. Poupard  
Professor of Neurology  
and Radiography



Dr. R. H. Schmitt  
Professor of Principles  
and Art of Chiropractic



Dr. F. C. Klingensmith  
Professor of Pathology  
and Laboratory  
Analysis



Dr. W. T. Brown  
Professor of Physiology

# Texas Chiropractic College

SAN PEDRO PARK — SAN ANTONIO, TEXAS



*Student Body of the Texas Chiropractic College, San Antonio, Texas*

**T**HE TEXAS CHIROPRACTIC COLLEGE, known wherever Chiropractic is known. No finer testimonial could be given in its favor than a reminder of its growth since 1920,—from the smallest Chiropractic college with no standing in the profession,—to one of the largest and best in the land.

Housed in its own buildings, manned by outstanding faculty, the oldest full time teaching staff in the profession. The standards maintained by this college are those set by the various state laws in the United States. As they are changed, our standards will change.

Texas Chiropractic College has room for 125 students in 8,000 square feet of floor space.

A four year course for those who need it to qualify or longer if necessary.

1701 Hickory St., Abilene, Texas.

San Antonio is a most fitting place for this convention, it being the actual "cradle" of Chiropractic, and the home of the Texas Chiropractic College, which is one of the leading schools of the nation, with graduates practicing in every state in the Union with a record of EXACTLY NONE ever flunking an examination before any state board. We know we appreciate that, and we know we appreciate the efforts and sacrifices of the men who made it so. High standard in Chiropractic has been earned by much sacrifice and hard labor, and yet it has been still harder to maintain. Only men of sterling qualities can go on and on under pressure from all sides. Out hats are off to Texas Chiropractic College and its worthy leadership.

Most cordially and sincerely,  
JOE E. BUSBY.

33 S. 14th St., San Jose, Calif.

My Dear Dr. Drain:

Wish to advise you that I have gone before the Board of Chiropractic Examiners and have been issued a license to practice in California. Am very grateful indeed to be a graduate of the Texas Chiropractic College, a college that

really teaches Chiropractic; having been associated with other colleges since, makes me appreciate this even more. It was sixteen years ago September 29th that I enrolled as a neophyte student in the Texas Chiropractic College and I know that your Chiropractic philosophy still holds good.

Sincerely yours,  
JESSE J. DANIEL, D. C.

Texas Chiropractic College  
618 W. Myrtle  
San Antonio, Texas

April 12, 1938.

Dr. H. E. Weisser, Dean,  
T. C. C., San Antonio, Texas

Dear Doctor:

I am herewith enclosing a card to be filled in by you for C. F. Wentworth, D. C., a graduate of your college, indeed a well trained student and one I feel sure will be a credit to us here in Tennessee as well as to his Alma Mater. He is a fine product, well learned and very efficient. It is a pleasure to welcome such applicants before this board.

H. E. CARRICK, D. C., Ph. C.  
*President, State Board of Examiners.*

## "THAT DOWN IN DIXIE SCHOOL"



# LINCOLN CHIROPRACTIC COLLEGE

INDIANAPOLIS, INDIANA



The home of Lincoln Chiropractic College faces the beautiful War Memorial Plaza.

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## STANDARD COURSE

*Four Years . . . Twenty-six Weeks Each*

---

SCIENTIFIC PROGRESS  
FEARLESS LEADERSHIP  
SUCCESSFUL GRADUATES

ACADEMIC SUPERIORITY  
PROFESSIONAL INTEGRITY  
FINANCIAL RESPONSIBILITY

*These Qualities Have Won the Confidence of the  
Chiropractic Profession*

Enrollment Dates: January 2, April 1, July 1, October 1.

# The Eastern Chiropractic Institute

55 WEST 42ND STREET

NEW YORK CITY



## The Faculty

LIKE many another institution that has been a contributing factor to the welfare of mankind, the Eastern Chiropractic Institute is the lengthened shadow of a man. Dr. Craig M. Kightlinger, "Kight" as he is known for short among his professional brothers, is the guiding spirit of this well known Eastern school. He has associated with him a number of men who stand high in their profession and who possess an enviable reputation for scientific research.

The school never deviates from Chiropractic. It has never adopted any of the so-called panaceas for all ills. A method of adjusting peculiar to their institution has been developed from the basic principles taught by Dr. D. D. Palmer, who re-discovered the science.

### ESTABLISHED IN 1918

Eastern Chiropractic Institute was founded in 1918 because at the time there were no schools in this location teaching fundamental Chiropractic. It has grown from a small school until it now has an enrollment

of more than 150 students, taught by the faculty shown above. During the existence of the school 3,500 students have graduated, all amply schooled and trained in the science and art of Chiropractic.

### COURSES OFFERED

The school teaches a three-year course of ten months each and also satisfies the requirements of those states demanding a four-year course of nine months each in four separate calendar years.

For graduation, 3,599 45-minute class hours must be completed. These standards are high and only those who are qualified by sufficient preliminary education can hope to measure up to them. Subjects covered are as follows: anatomy, neurology, physiology, symptomatology and diagnosis, pathology, bacteriology, principles and practice, philosophy of Chiropractic, nerve tracing and clinical practice, chemistry, hygiene, dietetics, first aid, histology, orthopedy, obstetrics, gynecology, roentgenology, and jurisprudence.

# CARVER CHIROPRACTIC COLLEGE

*First Chartered College of Chiropractic in the World*

Controlled and Directed by the Longest Time

Student of Chiropractic Now Animate

DR. WILLARD CARVER

Chiropractic Scientific Fountainhead—Home of Free Post Graduate



## *The Proximate Opportunity!*

**T**HOSE who have had a chance to know, recognize Chiropractic as the world's leading science, because it is first in the following:

Physics—Operation of force upon matter.

Mechanics—The way structures work.

Mechanical Chemistry—Law of reaction.

Machinics—Law of machinery conduct.

Psychology—Life's action upon matter.

Biology—Discussion of animate things.

Physiology—Machine action and reaction.

Anatomy—The finished human machine.

Pathology—Morbid conduct and construction.

Symptomology—Phases that prove Pathology.

Diagnosis—Signs that locate Pathology.

Nutrition—Distinguished from feeding.

Digestion—Strictly machinic—not chemic.

Absorption—Result of nerve impulsion.

Heart—Not pump—division station.

All liquids moved by life force.

Assimilation—Colloidal Cohesion compelled by application of life force—final elaboration.

Write

## CARVER CHIROPRACTIC COLLEGE

521 West 9th Street, North

Oklahoma City, Oklahoma



**CLEVELAND**  
**CHIROPRACTIC COLLEGE**  
 Kansas City, Missouri



"CITY BASKETBALL CHAMPIONS OF GREATER KANSAS CITY"  
 1937 and 1938



Above Splendid X-ray Equipments  
 Below Dr. Bullock, Former Kansas City Health Physician Teaching First Aid

Above One of Our Clinics in Action  
 Below Our 1937 Basketball Team

Center X-ray in Position for Vertical Spinography

Above Actual Human Dissection  
 Below Dr. E. A. Trotter Teaching Orthopedy

Above Our 1938 Basketball Team  
 Below Dr. Bauer Teaching Basic Procedures

"An Institution Devoting Their **FULL TIME** to Chiropractic Research and Instruction"

MEMBER  
 "ASSOCIATED CHIROPRACTIC COLLEGES OF AMERICA"

Write for Catalog

3724 Troost Avenue

# THE O'NEIL-ROSS COLLEGE OF CHIROPRACTIC

Incorporated in 1911



Combined with MICHIGAN COLLEGE OF CHIROPRACTIC, INC.  
FORT WAYNE, INDIANA

GEORGE O'NEIL, D. C.  
*President*

A. BREMER, D. C.  
*Dean*

F. E. O'NEIL, D. C.  
*Secretary*

G. R. ANDERSON, D. C.  
*Vice-President*

THE O'NEIL-ROSS COLLEGE OF CHIROPRACTIC was founded in 1911. From the beginning this institution has been graduating, to the Chiropractic field, a large percentage of its most successful Doctors of Chiropractic.

The O'Neil-Ross College has adequate equipment in every department, X-ray, Diagnostic Laboratory, class rooms, etc. We invite inspection at any time.

The clinic of the O'Neil-Ross College is well known. The students have actual cases for their own observation and treating. This makes for successful Doctors of Chiropractic and the students actually learn from first hand experience about most diseases. This experience is worth much. We invite inquiries from the interested public.

THE O'NEIL-ROSS COLLEGE OF CHIROPRACTIC  
DR. GEO. O'NEIL, *President*

# Mecca College of Chiropractic

*A Department of the National University of  
Naturopathy and Allied Sciences*

143 ROSEVILLE AVENUE • NEWARK, NEW JERSEY



One of the classes of clinicians . . . MECCA COLLEGE OF CHIROPRACTIC.  
F. W. Collins, M. D., A. M., Dean of the School, front row fourth from left.

**T**HE MECCA COLLEGE is a straight Chiropractic school. We do not condemn other methods of drugless healing. We teach 100 per cent. Chiropractic—plus common sense.

The keynote of the Mecca College is simplification. It is the oldest school of Chiropractic in the east and ideally located in the most beautiful section of Newark in its own building.

The famous Orange mountains are before us and the beautiful Passaic Valley behind us. And with all this beautiful surrounding

only eighteen minutes from New York City.

The Mecca Faculty and lecturing staff headed by Dean Collins is composed of men whose names are known throughout the medical and Chiropractic field as masters in their line.

The Mecca equipment and library is modern in every detail and offers students the last word in completeness. Professional and post graduate courses are available—3 years of six months each—four years of seven months each and four years of nine months each.

# Metropolitan College of Chiropractic

3400 EUCLID AVENUE • CLEVELAND, OHIO

DR. E. J. SMITH, *President*



ESTABLISHED IN 1919, this private Chiropractic educational institution has grown consistently. In their new and enlarged quarters on the entire second and third floors of their building illustrated here, they are providing one of the outstanding scholastic courses in the profession.

Requirement for admission is a complete high school education. A minimum of four school years consisting of nine months each is required of each student expecting to graduate and receive the degree of Doctor of Chiropractic.

The general course of training covers anatomy, physiology, diagnosis, pathology, bacteriology, hygiene, chemistry, Chiropractic philosophy, palpation and drill, and a clinical internship of one year. During the senior year the college gives the student various physiotherapy training in the handling of disease conditions. A course in dissection of the human body is also included.

The total number of class hours taught is as follows: Freshman year 570. Sophomore year 555. Junior year 1,140. Senior year 1,155. This makes a total of 3,420 sixty-minute hours of class work.

The field of Chiropractic, according to Dr. Smith, offers many special lines which receive the college's attention and about which students may freely consult. Chiropractors are being appointed to responsible consulting or advisory positions in the industrial world, where they take care of the many spinal and other injuries occurring in the daily routine of factory work. A number of Chiropractic Physicians own and control private sanitoriums. Women Chiropractors find the field of Gynecology (relating to women's diseases) and Pediatrics (relating to children's diseases) especially suited to their capabilities and find women and children especially responsive to this type of adjustment.

# Columbia Institute of Chiropractic

261 W. 71st Street

(founded 1919)

New York City



*Some of the students, instructors and patients  
of The Columbia Institute of Chiropractic*

**T**HE COLUMBIA INSTITUTE OF CHIROPRACTIC is an endowed school of learning offering instruction and advanced research in the science and art of Chiropractic. It was organized in 1919 to fulfill the need of a progressive educational school of Chiropractic that would maintain the highest educational and scientific standards.

The Columbia Institute is the oldest Chiropractic school in the State of New York and has operated from its foundation under the same directorship. It has the largest trained faculty consisting of preeminently qualified instructors, each a master of the subject he teaches.

### *Technique*

The science and art of Chiropractic has made remarkable progress in the last twenty years and there is abundant opportunity for interesting and original work in its diverse fields for persons with the proper training. The C. I. C. has kept stride with this advance and added to its program by introducing a number of modern methods of adjusting. We are unbiased and include in our curriculum any other method which has proved to be of unquestionable value.

The working equipment of the Institute represents an investment of \$60,000 including a modern library and laboratories. The class rooms are furnished with manikins, skeletons, and there are facilities for the showing of technical motion pictures and scientific stereoscopic slides.

Practical training in the science and art of Chiropractic has been the foundation of our curriculum, therefore our students are grouped in small classes so as to provide the utmost individual attention.

For those who have taken less than the required time and subjects and wish to increase their qualifications in the latest scientific foundation in Chiropractic we offer them our facilities in either day or night classes.

### *Faculty Members*

Major D. Atkinson, M. A., Ph. D., Ph. C.; A. Soren, M. A., Ph. G.; R. Getti, A. B., D. C.; D. Klatzko, A. B., D. C.; R. Sorino, D. C.; J. Turgan, M. A., M. D., Ph. D.; F. E. Dean, D. C., Ph. C.; J. Teranci, A. B., D. C.; N. D. Novick, D. C.; E. Bernhardt, D. C.; J. Chelmowski, D. C.; L. Welch, A. B., M. A.; H. Groos, D. C.

### *Administrative Officers*

Frank E. Dean, D. C., President; William Overton, D. C., Vice-President; G. Sowards, B. S., Educational Adviser; Major Dent Atkinson, Ph. C., D. C., Dean; E. Welch, D. C., Secretary.



# College of Chiropractic *of the* University of Natural Healing Arts DENVER, COLORADO



## *Located in Denver*

Students enjoy the climate, the mountains and the splendid school surroundings.

## *An Opportunity for those Qualified*

People realize that to get well their doctor must first know what is wrong, and then how to properly treat. For such services, the sick are appreciative and glad to pay.

## *A Complete Training*

A regular four year (36 months) college course. Includes skeletal and soft tissue work for the entire body and complete physical therapy training.

*The Sick Deserve the Best of Services . . .  
The Doctor, the Best Training Possible*

University of Natural Healing Arts, 1600 Logan St., Denver, Colo.

# The Standard School of Chiropractic

233 West 42nd Street, New York



*An advanced class in Constructive Anatomy at the Standard School of Chiropractic, New York City, completing an enlarged model of a vertebra with its enclosed spinal cord segment and spinal nerve root. This work is in charge of Prof. F. B. Urbano, who is shown third from left in the group. Seated is Prof. Roy S. Ashton, instructor in Neurology, and standing behind him is Dr. Frank L. Crystal, one of the visiting lecturers.*

## An Institution Dedicated to the Teaching of the Art and Practice of Chiropractic

**T**HE STANDARD SCHOOL OF CHIROPRACTIC is now in its 20th year. It was originally chartered in the State of Connecticut in the year of 1919 under which charter it operated for a considerable time. At present the institution is chartered in the State of Maryland, the change having been made to better serve the interests of the institution, the student and the profession.

During its term of existence, the Standard School of Chiropractic has, at all times, been located in the City of New York, and any change in quarters and personnel has been occasioned by the continued growth of the institution.

The School has fostered and sponsored, throughout its existence, a high standard of preliminary education and a

progressive curriculum in keeping with the advances in the science and profession.

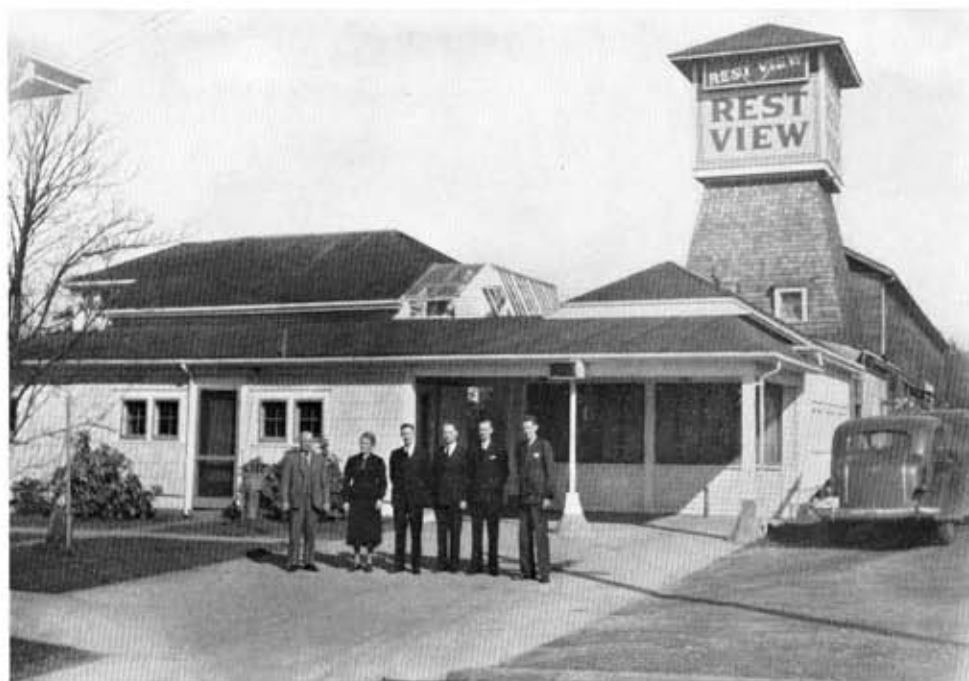
The government of the school is vested in the executive officers. All matters of business and determination of policies are brought to the attention of this body for final disposition.

The Student Organization is made up of the undergraduates of the school and is entirely self-governing. Its purpose is to promote cooperation among the students as a body, and between them and the school administration, and to engage in activities promising to promote their interest in and their knowledge of Chiropractic. The Delta Sigma Chi is a non-secret and non-sectarian honor society open to fourth year students, membership in which is based entirely upon scholarship and character.

# Rest-View

## University of Chiropractic, Inc.

SEATTLE, WASHINGTON



*Entrance of Rest-View Office, Laboratory and School*

The names of the faculty as shown are, left to right:  
 MR. P. E. MCCOY, D. C., President and Instructor in Chiropractic Principles . . . MRS. FANNIE R. MCCOY, D. C., Secretary-Treasurer . . . J. J. HALLIDAY, D. C., Professor Symptomatology and Chemistry, having been with Rest-View eleven years . . . DAVID JOLLY, B. S., M. S., Professor Advanced Sciences, one year's association . . . J. PETERSEN, D. C., Professor Physiology and Pathology, having been with Rest-View ten years . . . ARNT PETERSEN, D. C., Professor Anatomy and Philosophy, having been with Rest-View nine years.

## A Strictly Straight Chiropractic Institution

**R**EST-VIEW never works on any named condition, we work to build bodies so they will approach normal as nearly as possible. Since opening our office we have restored sight to over one hundred patients besides doing many other worthy accomplishments.

It is a strictly Chiropractic institution, using no modalities whatever, yet having a truly great following. The student workers in our clinic receive half of the income paid by the patients, which makes an enviable income long before graduation.

Our clinic now has five hundred patients on the active list. We accept patients on the monthly attendance basis only, as we confine our work to body rebuilding exclusively. Our work is based upon

photographic surveys of the entire body, taken before we accept the patient and then rechecked each two months to show visual proof of just what we have accomplished. We have more than 100,000 lantern slides showing conditions of cases on entrance and progress over varying periods from a few months to several years time. We urge our folks to come and have these pictures every half year so that no unsuspected trouble may handicap those who trust their care to us.

Rest-View has a beautiful park where folks may rest and visit. There are great beds of flowers and an abundance of blooming shrubs. It is said to be one of the beauty spots of Seattle.

# Minnesota Chiropractic College

MINNEAPOLIS, MINNESOTA



*Home of Minnesota Chiropractic College*

**T**HE MINNESOTA COLLEGE OF NON-MEDICAL THERAPY was organized in Minneapolis in the year 1908. The following year the name was changed to "Minnesota Chiropractic College." The college has met and filled a definite need of the Northwest from that time until now. Under the leadership of Dr. Robert Ramsay, the school was incorporated May 7, 1912.

A new building at 2205 Park Avenue has recently been purchased by the Minnesota Chiropractic College. This gray-stone building was built at an expense of \$125,000. It has twenty-two bedrooms for dormitory use, four spacious classrooms, one chemistry laboratory, a bacteriology laboratory, and X-ray and Physio-Therapy department, a music room, library and recreation room. In this modern equipped building with spacious grounds located in a quiet and lovely section of the beautiful city of Minneapolis, and in easy touch of parks, lakes, churches and most major attractions of Minneapolis, students live and pursue their studies preparing themselves for careers of usefulness to humanity.

Hundreds of patients pass through the Minnesota Chiropractic College every month. This gives the student the exceptional advantage of combining practical training with academic instruction. The environment and results of the clinic opportunities are an inspiration to the student. He quickly grasps the essential details of daily practice and is, therefore, adequately prepared, from the practical standpoint, to take his rightful place in the Chiropractic field.

The students of the Minnesota Chiropractic College are eligible to join the fraternity of Chi Omega Phi. This society is ready at any time to lend its aid in all efforts to further the development of Drugless Healing and to aid in the dissemination of such knowledge among the peoples. The fraternity was organized for the purpose of aiding the student in becoming thoroughly acquainted with the function of the college, the city, the recreations they so desire and the social aspect of the school. Many functions are arranged through this society such as lectures, social gatherings and for the purpose of making the student feel at home among his fellow students.

## MINNESOTA COLLEGE INSTRUCTORS

LEE GOSSMAN, D. C.  
JOSEPHINE TOFTE, M. D.  
ROBERT RAMSAY, D. C., Ph. C.  
N. A. THOMAS, D. C., N. D.

HENRY SCHNEIDER, Sc., B., D. C.  
HOWARD ORGAN, D. C.  
G. L. COLBERT, D. C., Ph. C.  
BRUCE BUTT, D. C.



## Missouri Chiropractic College

3117 LaFayette Avenue • St. Louis, Missouri

**E**STABLISHED IN 1920, this college has been sending splendidly equipped graduate Chiropractors into the field for eighteen years. From a small beginning it has expanded into its own quarters and now occupies the building shown here.

One of the principal elements of success of our school, Dr. Haring states, is the fact we make it possible for the student in many cases to earn part if not all of his expenses while attending. Another important element is the fact our course covers a broad field.

All of the basic subjects such as physiology, anatomy, chemistry, technique and practice of Chiropractic, histology, diagnosis, symptomatology, pathology, hygiene, bacteriology, palpation, nerve tracing and clinical practice, receive hundreds of hours of careful teaching.

The faculty of Missouri Chiropractic College is rated high in scholastic standing.

Under conditions that have been discouraging from the standpoint of public apathy and at times political harassment, we have builded slowly but solidly our institution until today it is recognized as a beneficial portion of the community. To teach men and women to care for diseased people and alleviate human suffering has been our constant aim. The Chiropractic method of adjusting dis-placements in human spines thus relieving interference with vital nerve energy and restoring health, is the work of this institution.

We of Missouri Chiropractic College are proud of our achievement.



# MISSOURI CHIROPRACTIC COLLEGE

DR. H. C. HARRING, *President*

# Only Chiropractic College in the Southeast



SOPHOMORE CLASS AND FACULTY  
of the  
Nashville Chiropractic College • Nashville, Tenn.

**T**HE NASHVILLE CHIROPRACTIC COLLEGE, 1803 West End Ave., Nashville, Tennessee, founded in 1934, and chartered by the state of Tennessee in 1935. This is the only Chiropractic college in the southeast. It serves a territory of fourteen states in which there is no other Chiropractic school.

At the present time this college has an enrollment of about fifty students, some coming from as far distant as Korea. The faculty is composed of ten instructors who present the basic sciences and all Chiropractic subjects, plus the allied drugless sciences.

The college maintains a large hydrotherapy department at the famous Red Boiling Springs, Tennessee.

The college building, located on one of the main thoroughfares and in the heart of the college district of Nashville, has twelve rooms and basement and is equipped to teach Chiropractic in its entirety.

A well equipped clinic is maintained for the benefit of the student body, where during the latter part of their training students may not only have the benefit of experience but also may earn much of the money required to see them through.

R. E. Conley, D.C., N.D., president of the college, is well and favorably known to many Chiropractors throughout the United States. The dean, W. Guy Cheatham, N. D., D. C., was formerly publisher of the Trail Blazer and is a drugless physician of many years experience.

The Nashville Chiropractic College offers three courses of study—  
"Complete"—Four years of thirty-seven weeks each.  
"Standard"—Four years of thirty weeks each.  
"Short"—Four years of twenty-six weeks each.

# THE WESTERN STATES COLLEGE

1536 S. E. 11th AVENUE

PORTLAND, OREGON



*Home of the Western States College*

LIBERAL THERAPEUTICS

BASIC SCIENCES

PHYSICAL EDUCATION

**T**HE WESTERN STATES COLLEGE is situated in Portland, Oregon, which besides being well known for the beauty of its surroundings, is also famed as an educational center.

With a proper entrance requirement and enforcing four years of nine months for graduation, the college has earned the respect and admiration of the drugless and lay world.

The student body of the Western States College is composed of young men and women from all over the American Continent. From Saskatchewan, Alberta, British Columbia, and Illinois, New York, California, Idaho, Montana, Washington, and North Dakota come neophytes to enter its doors.

The curriculum is broad and liberal in scope, designed to develop well-instructed non-medical physicians as well as specialists in the adjustive arts.

The Western States College is a modern school, steering a modern course in a modern world.

## SCHOOL OF CHIROPRACTIC

Under its general charter the Western States College con-

ducts a School of Chiropractic. The requirements for graduation from this institution are four years of nine months and possession of a four year high school certificate as an entrance requirement.

Chiropractic is not taught as a single manipulative procedure, but as a philosophy and practice resting upon the principles of adjustment of the individual to the demands of his environment. This involves a thorough knowledge not only of the spinal column in health and disease but of the rest of the body to which the spine is attached.

Such modalities as electrotherapy, dietetics, galvanism, etc., are included in the general practice of Chiropractic as supporting agencies to enhance the value of the Chiropractic adjustive thrust. In like manner obstetrics is taught from the point of view of the philosophy and practice of modern Chiropractic, so that the enormously beneficial work done by the Chiropractic physician in pre-natal care is not lost by having the patient patronize other obstetrical methods.

# Logan Basic College of Chiropractic

7701 Florissant Road

St. Louis, Missouri

HUGH B. LOGAN, D. C., *President*



*Campus Entrance, Administration Building in Background; 17 Acres of Beautifully Wooded Campus*

- 4 year course, 9 months each
- unparalleled clinic training
- university-trained instructors

A course designed to prepare graduates to cope successfully with Chiropractic state board examinations . . .

**BACKGROUND . . .** Chiropractic subjects are taught by or under the supervision of Dr. Hugh B. Logan. He has taught fourteen hundred graduates of various colleges; his wide experience in extension college work and his success in private practice in the past attest to his superior ability in this capacity.

**LOGAN BASIC TECHNIQUE . . .** Special study is devoted to Logan Basic Technique, the scientific method culminating centuries of effort to determine effective means for *correction* of body and spinal distortions, postural defects, and disease. This method is taught exclusively at the Logan Basic College of Chiropractic. In addition, all current palliative adjusting procedures are taught.

*Basic Subject Credits in Premedical Courses Accepted*



*Campus Scene . . . 1938 Homecoming Assembly*



## Chiropractic Hospitalization

**T**HE popularity of Chiropractic within the last decade has reached such proportions that hospitalization becomes a pressing problem. For reasons that appear entirely unfair to competent Chiropractors, our patients cannot be given care in the general, tax-supported institutions. Hundreds of thousands of persons who have experienced the beneficial results from Chiropractic have refused to be taken to a hospital where they could not choose the character of treatment they felt to be best suited for them. As a result many private hospitals, sanitariums and clinics, giving strictly Chiropractic care, have been builded.

Within the following pages you will see some of the institutions that have been builded entirely by Chiropractors and their patients. It is a tribute to these institutions that they have maintained a high standard of nursing and care without any support from government or taxpayers. Chiropractic educators and authorities are firmly convinced that adequate hospitalization is an important factor in the adjustment of many cases.

It has not been possible to picture all the fine Chiropractic hospitalizing units. There are many not shown. This array of well equipped private institutions is representative of Chiropractic's contribution to this phase of handling disease.

It will be seen to represent a substantial financial investment. It testifies to the public's faith in the Chiropractic profession.

The day is not far distant when all the people, in fairness, will demand that a patient be permitted to choose his health counsellor and that such health counsellor be recognized and permitted to administer to his patient in all tax-supported institutions.

# CHIROPRACTIC SANITARIUM

FOREST PARK • DAVENPORT, IOWA



## Specializing in Mental and Nervous Disorders

FOR SEVENTEEN YEARS the Forest Park Sanitarium has been in operation, taking care of those less fortunate than ourselves. We have made a thorough study of how to handle the various cases, and our experience has proven above all that kind and considerate care of the patients is very important, also, that a wide variety of diversion, amusement and employment in order to occupy their time and attention is important. Proper recognition of them and an effort to impress them with the thought that we are interested in their future welfare, and an encouraging word of advice is also helpful to them.

When a patient is admitted to the Forest Park Sanitarium a thorough physical and mental examination is made, also complete X-rays are taken in an effort to locate the cause of the condition, and after all the examinations are completed the patient is kept under strict observation for a period of at least ten days, so the doctors can intelligently determine the proper course of treatment to administer.

Our staff consists of three Chiropractors, one medical doctor, a dentist and thirty-six well trained nurses and attend-

ants. We keep our patients segregated according to their condition, and as they improve we place them in more pleasant surroundings, which the patients at all times appreciate.

Any nurse or attendant who wilfully at any time mistreats or abuses a patient is released from duty immediately. Sometimes a patient may become stubborn and hard to manage, but experience has taught us to never exercise forceful tactics, but instead to talk and reason with them which proves far more effective and beneficial.

Our practice also is to keep the patients clean and neatly attired, and to keep them outside when possible, playing different games, etc. We also take them to a show once a week and give them as much diversion in every way as possible. In other words every consideration and attention possible is given the patients, and to the above reasons we attribute the wonderful success we have had in returning patients to their homes useful and happy citizens.

Illustrated booklets and recommendations can be had for the asking.

# Bon-Aire Sanatorium of S. A.

SAN ANTONIO, TEXAS



*The Home of Bon-Aire Sanatorium*

## A GENERAL HOSPITAL *and* TRAINING SCHOOL *for* CHIROPRACTIC NURSES

**T**HE BON-AIRE SANATORIUM was established in 1922 and has been in operation ever since. It occupies a forty-two room, modern stucco home situated on a six-acre tract two miles from the city limits of San Antonio. Magnolia trees and palms tower above the buildings and roses bloom the year 'round. The air is free from the smoke and impurities of the city. The fine mineral waters of the Hot Well are close by and accessible to us. Bon-Aire offers an ideal surrounding and atmosphere for those in search of health.

We take care of many mental cases, 87 percent of whom are returned home perfectly well. In the maternity wing we have never lost a babe or mother nor had a case of infection develop. We have lost but one case of pneumonia in 16 years and never a case of flu. Each case is especially dieted for his personal condition. Dr. Louis Lowery, head of the laboratory, gives a correct and microscopical report which makes it easier to prepare the diets.

Hydrotherapy with the hot mineral waters is very effective in arthritis and rheumatic conditions. Sunbaths are very conducive to health regaining. Tubercular patients are housed in a special annex, seven miles from the main hospital, especially equipped for adjustments, diets, sunbaths and hydrotherapy.

Bon-Aire Chiropractors are well trained experts who are interested in their work and the welfare and recovery of the patient. Dr. Annie L. Farmer, President, is a graduate of T. C. C. as well as a graduate nurse from a medical school in Philadelphia. She has spent many years as a nurse and several years as owner and manager of a medical hospital. She teaches her nurses massage and attrition, a form of stimulating the peripheral ends of the nerves. Dr. Lowery, the manager, is also a T. C. C. graduate with a background of business before taking up Chiropractic and is very capable in his hospital work.

# GRAND VIEW SANITARIUM

WHITTIER, CALIFORNIA



*Main Building of Grand View Sanitarium*

## Devoted to the Care and Treatment of Nervous, Mental and Other Incompetent Persons

**G**RAND VIEW SANITARIUM is located three miles east of Whittier, Cal., and 12 miles from the center of Los Angeles on Highway 35. It is licensed by the state of California. The grounds cover five acres of well elevated hill-side beautifully landscaped with extensive lawns, shaded terraces and flower gardens. There is an orchard growing twelve varieties of fruit and nuts.

The climate is highly beneficial. The Sanitarium offers many diversions for its patients. Tennis courts, badminton, croquet, supervised calisthenics, theatre parties, horseback riding, radio, selective library, indoor games, supervised auto drives and light occupational therapy.

Our treatment is primarily Chiropractic and natural methods supplemented when necessary by other rational therapy. Complete physical, neurological, mental and dental examinations. X-ray and laboratory analyses are given all patients. A detailed record on the progress of each case is kept.

We offer cordial co-operation to the family doctor and consultants.

### STAFF

DR. D. R. MORRIS, D. C., Ph. C., *Superintendent*

DR. E. E. LEWARTON, D. C., Ph. C., *Chief of Staff*

DR. VICTOR M. TRASK, D. O., Ph. C.

STEPHEN J. MORRIS, *Manager*

**OUR POLICY** To provide the best care and treatment possible for persons who are able and willing to afford these advantages. To maintain charges as low as is consistent with this policy. Rates are determined by the requirements and circumstances of the case. Basic rate includes cost of regular treatment, laundry, ordinary nursing, care and supervision, and counsel of our visiting consultants.

# The Trotter Park Hotel Sanitarium

3137 MAIN STREET • KANSAS CITY, MO.



*This picture is of one of the six buildings that are located on the Institution's beautiful lawn, which has several hundred grown shade trees that grace the grounds and make it a beautiful setting for such an Institution.*

*The main building is of fire-proof construction in all respects; cool in summer and warmed in winter with automatic heat. The buildings are connected with canopied walks, which adds to the beauty of the Institution as well as shelter for the guests when the weather is not pleasant.*

## More Than a Sanitarium... A Haven of Rest, Recreation and Happiness for Convalescents, Nervous and Mental

**T**HE STAFF at Trotter Park is an open one. By that we mean any regularly licensed practitioner is eligible to come and care for the case. The nurses are trained and instructed to carry out the doctor's orders implicitly.

When cases are sent to the Institution from out of town they are under the care of the five Institutional doctors.

Guests are given many privileges at Trotter Park that would be forbidden them if the Institution was placed within a city. Our grounds are not for passers-by to enjoy but are used by the guests. We have sufficient acreage that our different types of patients are not annoying to people inclined to criticize.

Convalescent patients are given the finest of nurses' care and those who are elderly and making the hotel their home are given many privileges. They are always under the supervision of trained nurses and doctors who are interested in their comforts. We endeavor to make them feel as much at home as possible.

Those suffering from nervous disorders are considered individually; their rooms are chosen and furnished suitable for the patient. Different types of exercise and periods of rest depends entirely upon the condition of the patient.

The mental guests are cared for in a separate building, connected by a corridor. They are not annoyed by others who do not understand them, and those who are suffering from other conditions are not depressed by their illnesses.

In our years of caring for these sufferers, we have learned that there is a real underlying cause for their disease and, by removing the cause, the patients get well.

We have found that approximately 65 percent respond favorably. A doctor, who has had years of experience working along the same lines as our institution, recently wrote me: "You have a wonderful work. Suffering humanity is in need of it. I know better than 75 percent of cases can be returned home, providing they can be reached in time."

We invite you to visit us and learn for yourself the work that is being done at the Trotter Park Hotel Sanitarium.

# THE KOLAR HEALTH CLINIC

WICHITA, KANSAS



THE KOLAR HEALTH CLINIC, home of Chiropractic Painless and Bloodless Surgery, is located in the Kersting Hotel Building, pictured above—a modern, fire-proof structure with all conveniences.

**A**N OUTSTANDING American chiropractic institution is the KOLAR HEALTH CLINIC, located in Wichita, Kansas, near the geographical center of the nation. It was founded in 1932 by Dr. Francis J. Kolar, who in 1920 discovered and developed a method of painless and bloodless surgery—advanced Chiropractic.

Up to the time the Kolar Health Clinic was founded, the chiropractor, confronted by a stubborn or problem case (one which does not respond satisfactorily to adjustments) had no choice but to turn the patient over to a surgeon for a knife operation.

The Kolar Health Clinic changed that situation. Now the chiropractor, when he finds a stubborn case, need not tell the patient that Chiropractic can do nothing more for him, nor need he refer the patient to a knife surgeon. He knows there is an institution to which he may turn for help—the Kolar Health Clinic.

By the time the Clinic was a year old, its reputation had spread to all parts of America. Today all but two or three states in the Union have been represented by patients brought or sent to the Clinic by their home chiropractors.

And now, what is Painless and Bloodless Surgery?

Painless and Bloodless Surgery is the popular term for a method of advanced Chiropractic by which the equivalent of surgical operations for the treatment of many diseases and ailments are performed by the hands alone, without the use of instruments, without incisions, without drugs and without the removal of any organs or glands.

The operations are rendered painless by means of Dr. Kolar's discovery of Thalamo-therapy, a method of drugless anesthesia which, while rendering his patients immune to pain, permits them to retain and exercise all their other senses. Thus the patients are perfectly conscious all the time, can hear, speak and follow the directions of Dr. Kolar as the operations progress, but can feel no pain.

While all this may be hard to understand, it is only a plain truthful statement of facts. Dr. Kolar has been practicing his method for over 17 years and thousands of former sufferers have been benefited by it.

It is not too much to say that by means of Dr. Kolar's method of Painless and Bloodless Surgery hundreds of cases have been successfully treated after other methods had proved ineffective, after failure to obtain relief at famous clinics and health resorts in this country and Europe and even after many of the cases had been given up as "hopeless."

For years this modern, humane and strictly scientific method of healing has been used with the happiest and most successful results in the treatment of such ailments as adhesions, tumors, goitre, prostate trouble, cataract, displaced organs, gall bladder troubles, female disorders, stomach trouble, intestinal ulcers, arthritis, epilepsy, constipation, heart trouble, hardening of the arteries, neuritis, rheumatism, anemia, colitis, partial paralysis, high and low blood pressure, diabetes, Bright's disease, appendicitis, piles and cancer in the earlier stages.

Dr. Kolar's method is more fully described in a booklet entitled "Painless and Bloodless Surgery—What It Means to You," which, with other literature, will be sent free to those interested. Address Dr. F. J. Kolar, 320 N. Market St., Kersting Hotel Building, Wichita, Kansas.



Dr. Francis J. Kolar and the Staff of the Kolar Health Clinic

## Bakkum Chiropractic Clinic . . . Waukon, Iowa

R. C. Bakkum, D. C.  
Manager

Wm. C. Bakkum, D. C.  
Assistant

John Huecker, M. D.  
Consultant

**T**HE BAKKUM CHIROPRACTIC CLINIC AND HOSPITAL was built in 1936 for the specific purpose of serving the public as a Chiropractic institution equipped to do strictly scientific work in general hospitalization for bed cases.

The clinic is equipped with modern, scientific instruments to accurately locate nerve interference and other equipment for thorough analysis of each case. The X-ray laboratory is set up with new powerful shock-proof X-ray machine, fluoroscope, stereoscope, and complete dark-room facilities.

The hospital is equipped with comfortable inner-spring mattress beds, ample window space for good light in a new air conditioned building assuring com-



*This is the modern home of the Bakkum Chiropractic Clinic*

fortable summer and winter temperature. A competent full time nurses staff is maintained. This clinic has been very successful in the care of nearly all types of cases as found in the average general hospital. In taking care of these serious cases under Chiropractic the fact is now established that the time of disability is greatly shortened and severity of symptoms greatly lessened as compared to services given these same types of cases by other healing professions.

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## KENT CLINIC . . . Galesburg, Illinois



*The Modern Home of the Kent Clinic*

**T**HE KENT CLINIC offers modern sanitarium treatment in an up-to-the-minute home at reasonable rates. Dr. Kent offers the latest scientific equipment, competent physicians and

*Combined Drugless Therapy  
of proven merit  
Modern Methods of Diagnosis*

trained assistants and most modern methods of Chiropractic.

Treatment at the Kent Clinic consists of Ultra violet light both general and orificial, Galvanic sine wave, Colonic Irrigation, Electric and Steam baths, short wave diathermy, Infra-red lights, Micro-dyna-

meter diagnosis and treatment, Endo-cardiograph heart machine and X-ray.

The Kent Clinic was established after fourteen years of practice and experience.

# The Hariman Sanatorium, Inc.

GRAND FORKS, N. D.



## THE HARIMAN SANATORIUM IS A CHIROPRACTIC HOSPITAL

IT WAS FOUNDED by Dr. G. E. Hariman, in 1924, for the purpose of furnishing hospitalization for the many cases who sought—but could not find—this form of service and treatment.

Today, it occupies a building especially planned and built for the purpose. Four stories; electric elevator service; call system for each bed; private, quiet luxurious rooms; pleasant surroundings and good, wholesome, home-cooked food, regulated according to the special needs of the patient. All this at very reasonable rates.

A thorough examination of every case is made. In our laboratory we make our own tests: such as *blood, sputum, urinalysis, X-ray, blood pressure, radionic and spinal examination.*

CHIROPRACTIC Adjustments are made to correct vertebral misplacements, relieve nerve pressure and revive the organs to normal activity.

In our Electro Therapy Department we employ: The latest SHORT and ULTRA SHORT WAVES and

DIATHERMY, to reach inflammation and pus cavities deeply lodged; DEEP THERAPY LAMP for the healing of tissue; SINUSOIDAL and GALVANIC currents to stimulate organs or tissues to activity; ULTRA VIOLET RAYS and SUN BATHS for skin diseases and increasing vital resistance; BATH CABINETS for thorough elimination; COLONIC IRRIGATION for thorough cleansing of putrefaction and decayed material lodged within the bowel which eventually poisons the entire system.

THE PROGRESS of this institution came through the RESULTS obtained and the friends made by the treatment of:

*Heart diseases, Liver and Bladder disorders, Gall Stones, Ulcers of the Stomach, Fallen Stomach, Fallen Bowels, Chronic Indigestion, Constipation, Rheumatism, Neuritis, Neuralgia, Severe Sinus troubles, Hemorrhoids, Tonsils, Paralysis, High Blood Pressure, Prostate Gland trouble, Female diseases of all forms, Asthma, Pleurisy, Bronchitis, Flu, Eczema, and other diseases.*



# Chiropractic Health Home

☆

Elton M. Brennan  
*Palmer Graduate*

☆

ATHENS, PENNSYLVANIA



*The Home "Where the Sick Get Well"*

## The Home of Health and Happiness

By F. H. JOHNSON (*a patient*)

THE BRENNAN CHIROPRACTIC HEALTH HOME is situated in the beautiful and historic valley of the Chemung and Susquehanna rivers, about a mile above Tioga Point where the two rivers meet in their incessant journey to the unheeding sea. The famous Sullivan Trail, the main route between Buffalo and New York, passes the Home.

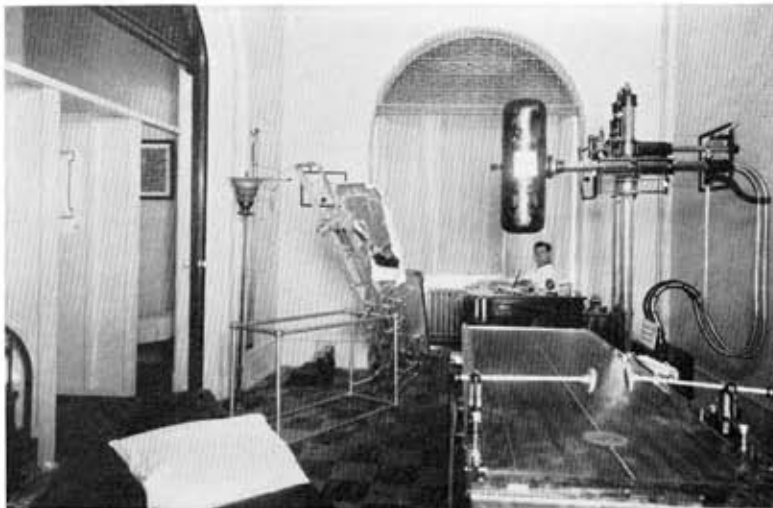
For over eighteen years Dr. Brennan has been devoting his time and great energy to the health and happiness of scores of thankful patients, who have found the untold blessing that comes from genuine Chiropractic adjustments.

Only straight Chiropractic, based on the latest full

length Spinographic X-ray, Logan Basic Technic and Neurocalometer analysis is practiced in this Health Home.

During these eighteen years, numerous persons, unable to find health through any other means, have regained it here and have been restored to a full and active life. Men and women with all manner of ailments, from insanity to acute and chronic inflammatory pathologies, have been restored to health through the renewed function of the Life Force released solely by Painless adjustments. Many accident cases have been handled with amazing success. In some cases of insanity, more than one attendant has been needed to aid in the adjustment, because of its seriousness, yet those persons are now fully recovered and have returned to a normal life, earning their own living.

The Health Home is an ideal home of spacious rooms and abundant sunshine, surrounded by four acres of beautiful grounds and many old friendly trees. Accommodations are adequate for many patients and no better place can be found anywhere than in this comfortable Home under the capable hands of Dr. E. M. Brennan.



*A Modern Adjusting Room*

# DR. C. BEEMAN'S SANITARIUM

WHITTIER, CALIFORNIA



*Front View of Dr. C. Beeman's Chiropractic Sanitarium*

## "KIND TO THE SICK"

**D**R. C. BEEMAN'S CHIROPRACTIC SANITARIUM is one of the most modern institutions of its kind in Southern California devoted entirely to the treatment and relief of all nervous and mental diseases. In the past four years it has been necessary on two occasions to practically double the capacity.

The Sanitarium is so arranged that complete segregation of the three units is made possible at all times. Each unit has its own private patio to which the patients have access at all times, reasonable health permitting. A wonderful view is afforded from this ideal location which is well above sea level, so necessary in the successful treatment of all nervous diseases. The climate is ideal at all times. There is never any danger of flood conditions; and we are away from the noise and confusion of a growing city, out where it is restful and quiet, yet close to the center of things and very easy to reach at all times.

The Sanitarium provides every facility in the care and cure of all psychopathic diseases. Case after case entering the Sanitarium in the past has gone out completely restored mentally and physically. There are many, many cases of almost miraculous recovery in the files of this great Institution. This great success must be credited in a large measure, to Dr. Charles Beeman, the head and founder of the Institution and to his competent staff of trained nurses and graduate dietitian whose constant thought is the alleviation of suffering and the restoration of health.

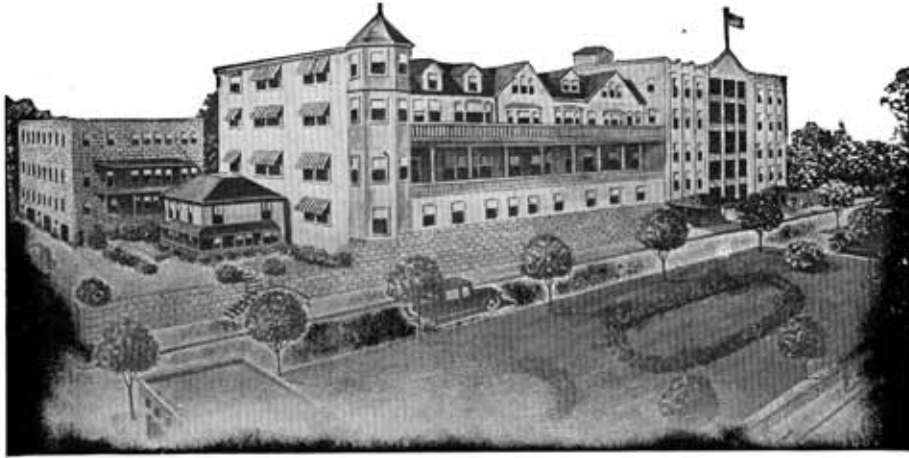
You are urged to visit this great Institution and learn first-hand what we have to offer and something of the great good we are doing in the cause of suffering humanity. When you can be assured your relatives or friends will be safe and happy here then you will be satisfied.



*Chief of Staff and Nurses Who Minister to Your Every Want*

# Excelsior Chiropractic Sanitarium

EXCELSIOR SPRINGS, MISSOURI



*The Excelsior Chiropractic Sanitarium at the Nation's Health Capitol*



## To All Chiropractors, Greetings:

IT IS OUR PURPOSE to convey to you the fact that we have established at the NATION'S HEALTH CAPITOL a Sanitarium where you may send those of your patients needing institutional services where they will be properly taken care of by Chiropractors.

You will appreciate the fact that only a limited number of your cases need institutional services, but that need is very urgent in certain types of cases, such as complicated states of arthritis, neuritis, sciatica and other rheumatic conditions; gastric and duodenal ulcers, chronic appendix and colon troubles, ptosis of the colon and stomach, diabetes, nephritis and hypertension, certain cardiac and circulatory diseases, badly imbalanced states of the ductless glandular system and other intractable chronic diseases.

Intractable chronics requiring institutional services; those who will not heed instructions; those who need rest and recreation; special conditions, such as rectal and prostatic ailments, hernia, varicose veins, tonsil and sinus trouble,

special conditions of the male and female which may not respond to Chiropractic alone, and such types of cases as the unfair State laws prohibit Chiropractors to handle.

Occasionally you have cases of a chronic nature which do not respond to office or home treatment, who must have institutional care and service in order to get well and if you do not supply it you too often lose your patient and many times the entire family.

Excelsior Springs is the mecca for chronic sufferers. For half a century Excelsior Springs' famous mineral waters and bathing system have helped untold thousands toward health recovery. This Chiropractic institution adds and affords the institutional facilities and service so much needed and places the Chiropractor in an enviable position as compared with practitioners of other schools; very materially adding to his facilities and armamentarium that they do not have.

Doctor, we wish to invite you to visit our institution as our guest. Let's get acquainted!

# The Idaho Health Hospital and Clinic

IDAHO FALLS, IDAHO



*The Idaho Hospital, situated among the trees,  
an ideal place to regain health*

## A COMPLETE CHIROPRACTIC HOSPITAL

**T**HE IDAHO HOSPITAL AND CLINIC is located at 382 Walnut Avenue, in Idaho Falls, Idaho. This institution was opened by Dr. B. J. Allen, D. C., B. S. C., in October, 1936. Dr. Allen was a graduate of U. C. C. in 1916 and has practiced continuously since that time. He also has had five years of hospital work before the Idaho Health Hospital was opened.

The Idaho institution has successfully treated appendicitis, stomach ulcers, prolapsed stomach and bowels, gallstones, pneumonia, prolapsed female organs, ovarian diseases, diseases of the fallopian tubes, mastoiditis, prostate troubles, rheumatism, lumbago, sciatic neuritis, and many minor diseases.

These cases have been cured by adjustments, ad-

vanced Chiropractic and bloodless surgery. The hospital is open to all licensed physicians. There is a graduate nurse in charge.

The Idaho Hospital is equipped with X-ray and makes blood tests, urinalysis and other examinations necessary for diagnosis. Our patients come from Chiropractors the country over and we can guarantee the best of care and our patients have returned home in better health convinced that Chiropractic properly applied as it can be in a modern hospital will get results.

Idaho Falls offers excellent climate for tubercular cases and we here at the Idaho Hospital pay special attention to these cases. Confinement cases are also taken care of.

# McDonald Health Clinic *and* Drugless Sanatorium, Inc.

*A Drugless and Non-Surgical Institution  
Specializing in the Treatment of Arthritis*

**T**HE McDONALD CLINIC's rapid growth and national reputation is a tribute to the efficacy of the drugless healing arts in relieving suffering humanity.

C. B. McDONALD, D. C., N. D., director and founder of the present 40-room institution, began the practice of drugless healing just 18 years ago in a small office in Benton Harbor, Michigan. His practice steadily increased because of the remarkable results he was able to achieve in helping his patients regain health; and, as a private practitioner, he felt the need of an institution within the profession to which patients who needed constant care and observation could be sent for hospitalization and treatment.

He first began to feel the need for such an institution when he began to concentrate his efforts on the treatment of Arthritis. His research and constant efforts to successfully combat Arthritis had convinced him that the disease could be more quickly overcome if the patient could be placed in an institution where all the factors of water, sunshine, electricity and food, which make for perfect health, could be controlled and regulated according to the requirements of each specific case, and that these factors, when controlled and administered in conjunction with spinal adjustments, would hasten permanent recovery.

In 1933, the McDONALD HEALTH CLINIC moved into its own new building—specially constructed, modern, spacious and fire resistant throughout. Since that time it has been necessary to nearly double the original space in order to accommodate the ever-increasing number of patients.

Drugless practitioners throughout the country have welcomed the institution's founding, and taken advantage of its able assistance in helping them to solve and relieve stubborn health problems of their patients—particularly Arthritis cases.

THE McDONALD CLINIC is completely equipped for Spinal Technique; Physio-, Electro-, and Hydro-



*Modern Home of McDonald Health Clinic*

Therapy; and keeps abreast of the latest findings of the Natural Healing Sciences.

Dr. C. B. McDonald, who heads the Clinic staff, has gathered around him a capable corps of drugless physicians and nurses, all trained in their respective fields. Dr. McDonald is a registered Chiropractor and Naturopath, and has long been prominent in the general activities of these professions.

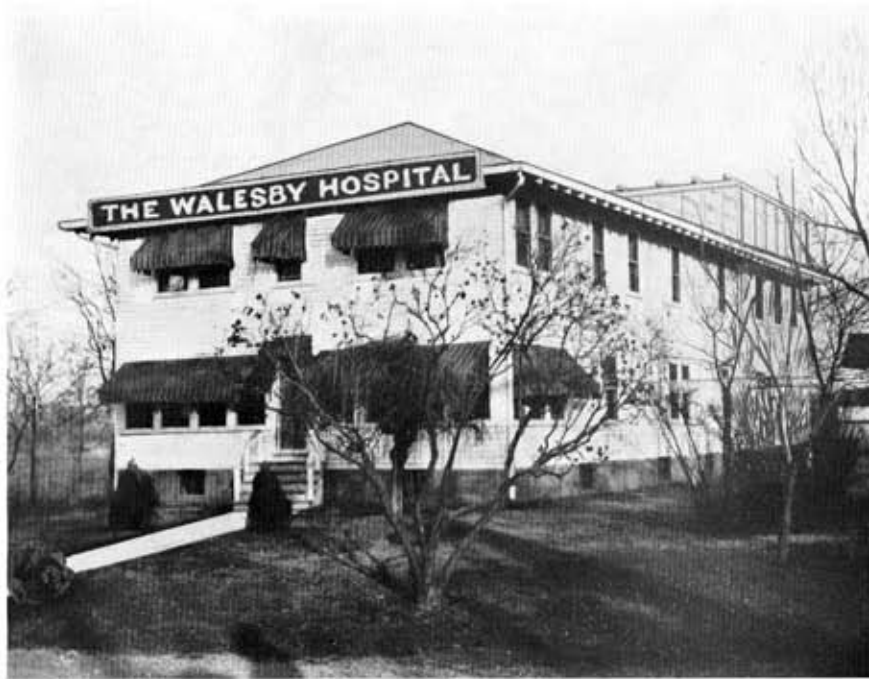
The outstanding success of the McDonald method of treatment for Arthritis lies in the fact that applicable functions of all the drugless healing arts are combined in a concerted attack upon the disease from all approaches. Because of the extensive equipment and hospital facilities essential to such a combined attack, many drugless physicians send their stubborn Arthritis cases to the McDONALD CLINIC—which taxes its facilities to the utmost, so that it is expected the institution will soon have to further enlarge its building.

The hospital unit of the Clinic is comprised of private bedrooms beautifully furnished and decorated more in the manner of a private home than a hospital; private lounging room for convalescent patients. Books, magazines, games and radios are provided for their entertainment.

In keeping with the ideals of the institution—to do the most good for the greatest number of persons—the rates for hospitalization and treatments at the McDONALD CLINIC are purposely kept low so as to make the best drugless health service available to persons of moderate financial circumstances.

# WALESBY HOSPITAL

## *Chiropractic and Drugless Therapy*



*The Walesby Hospital, with its new Sun Wing setting the key for a future continuation of the same splendid architectural treatment, with its beautiful lawns and spacious grounds, offers an easy resting place for the eye.*

## A CHIROPRACTIC INSTITUTION

**T**HE WALESBY HOSPITAL specializes in Mental Hygiene, Nervous Diseases and Toxic Disorders. Our methods include scientific Chiropractic to remove the cause, Bloodless Surgery and Gastro-intestinal Therapy, recognized as the quickest and surest way to rid the system of constipation and intestinal poisons.

We offer Mineral Fume Baths, absolutely the last word in Bath Therapy, which cause no fatigue or nausea. We also offer Electro and Light Therapy including Quartz, Ultra Short Wave and Infra Red, X-ray and Fluoroscope—handled by an experienced technician—to support or disprove the clinical conception of the case.

Equipped with the very latest and most modern equipment throughout, the Walesby Hospital will accept for treatment all diseases and disorders which are not of a contagious nature.

Dr. D. G. Walesby serves as the Chief-of-Staff of the Hospital. Widely known and admired as a sincere and hard worker, he has the entire confidence of the Chiropractic profession. Dr. Walesby is a capable and thorough workman who labors constantly for the best health interests of the patient, in perfect co-operation with the patient's own doctor. He is an authority on hospitalization and is in constant demand as a speaker before the various State Conventions.

Dr. John F. White serves as the Hospital Executive and the House Doctor. He has had an interesting professional career since 1921. His interest in Chiropractic Hospitalization led him to give up his practice at Berea, Kentucky, and join Dr. Walesby in the operation of the Walesby Hospital at Columbus, Indiana.

# The Chiropractic Health Home

## *A Scientific Chiropractic Health Institution*



501 College St., at Washington Ave., Macon, Georgia

## “Where the Sick Go to Get Well”

**T**HE CHIROPRACTIC HEALTH HOME was founded by Dr. A. Wilson White because of the insistent demands of the people of the community who were anxious to have convenient facilities for obtaining the latest teachings and practices of “Scientific Chiropractic.”

Without political, financial or social influence our institution has grown steadily and naturally to such a point that we now require this spacious home—opposite Wesleyan Conservatory, an unsurpassed environment of luxury, culture and beauty.

The different kinds of professional services we render are broad enough to take into consideration the health problem, circumstances and desires of each individual patient accepted.

These services include—individual professional

service giving our patients private, personal service. Family professional service rendered where two or more members of the same family come together at the same appointed time and receive service at the same time. Clinic professional service rendered in group classes of two or more not of the same family, receiving services at the same time. Resident professional services and accommodations—available to those requiring constant care and attention—and gratuitous professional services where no financial consideration is involved.

We have dared to progress with progress. We have traded in the old for the new in our practice and this accounts for our ability to cope with advanced, complicated and complex conditions, not responding to many other forms of treatment.

# THE COMMUNITY HOSPITAL

Fifty West Street

Rutland, Vermont



**N**ESTLED in the beautiful green hills of Vermont is New England's first Chiropractic Hospital, The Community Hospital in Rutland, surrounded by the scenery that earned for Vermont the sobriquet, "the Switzerland of America." In this beauty, enhanced by the fresh, vitalizing mountain air and brooks of cool sparkling water, The Community Hospital is a haven and refuge for the afflicted, the exhausted and the invalid.

Patients entering this Hospital are assured of sympathetic care and individual attention from its founder, Dr. Gerhard T. Beck and his staff. The Community Hospital in a very definite way combines the advantages of the home-like atmosphere of a personal residence with the scientific equipment of the modern hospital. The Staff concentrates their efforts in assisting nature to hastily bring recovery from illness in a natural, lasting manner. When the patient has recovered, he is taught how to keep in harmony with natural laws and thereby prevent recurrences.

The Community Hospital accommodates twelve bed patients and is equipped with up-to-the-minute facilities for thorough diagnosis and Chiropractic or drugless treatments. Each patient is treated in a manner best suited to his or her condition. Fever therapy, colonic irrigations, short wave

diathermy, ultra-violet and infra-red lights, cabinet baths, massages, X-ray (fluoroscopic and stereoscopic), blood chemistry, urinalysis, and metabolism tests are the major services available to the patients of The Community Hospital, which is a member of the National Council of Chiropractic Hospitals.

Of major importance, too, are the special dietary arrangements of natural foods computed for each patient by Dr. Alyce D. Beck.

Complete physical examinations and laboratory tests are made before treatment of any kind is prescribed. The Community Hospital has both a resident and visiting staff and equal privileges are granted to any licensed physician in the State of Vermont.

The Community Hospital also conducts a clinic for indigent patients, no charges being made for services by the staff physicians. A Palmer Memorial Fund has been established to provide free beds to worthy cases as funds become available.

Patients, not residents of this city, who are not confined to this Institution are counseled by the Secretary of The Community Hospital, regarding the diversified recreation of the summer and winter sports in rural Vermont.



# Dr. Duffie's Chiropractic Health Clinic

THE CHIROPRACTIC CLINIC of Dr. Cecil V. Duffie is being temporarily located at 114 East McDonald Street (Lakeland, Florida) while he is making arrangements for larger quarters.

Dr. Duffie is a graduate of Carver Chiropractic College (Oklahoma City), a Post-graduate of The American School of Naturopathy (New York City) and has also studied medicine.

A general practice is mostly maintained with special work given to Gynecology, Rectal corrections and Foot readjustments. Patients from most every state and some foreign countries have been treated with wonderful success by Dr. Duffie, who takes into consideration the three-fold existence of man—Spiritual, Mental and Physical. He has had patients from the renowned Warm Springs (Georgia) resort and obtained results with these cases after the "traditional" methods failed.

Dr. Duffie being a Master Diagnostician, uses modern and approved methods for diagnosis including Iridiagnosis, Laboratory testing and X-ray plate reading. He has been thoroughly trained in the use of all types of Physio-therapy, Electricity, Hydrotherapy, Corrective Exercises, Colonics, Baths, Diets and other Nature-Cure methods—but considers Chiropractic as having all the necessary qualifications for effecting the return of one's health.

After traveling over quite a number of states, Dr. Duffie selected Lakeland (Florida) as a most logical center for health activities, as it is already recognized by Northern tourists as a wonderful winter-time resort, away from severe climatic conditions and where natural scenery is combined with plenty of recreational facilities, sunshine, fresh vegetables and tropical fruits.



On your next trip to the Land of Flowers and Sunshine be sure to stop in Lakeland (The City of Lakes) and meet Dr. Duffie while there, as he extends to each and all a cordial invitation and welcome.

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# Dr. Mitchell's Chiropractic Hospital

THREE RIVERS, MICHIGAN



Dr. Mitchell and Staff

NATURE'S WAY TO HEALTH is obviously the best way—Our methods are natural. That is why we treat most illnesses and diseases successfully. This is a bold statement; in fact it is a much bolder statement than it appears to be. But when we tell you "that fully one-half of our patients we treat and hospitalize come with a hopeless outlook, and they go from us with an outlook of hope" you will understand our statement. Of these that come, most of them have tried most everything from pills to the conventional surgical operation. These

conventional methods have failed. These many cases have proved it so. Often, broken in spirit and despairing in health, they seek us out.

We believe Natural therapy is supreme—it has been put to test. We know from hundreds of acute and chronic cases that practically every condition of ill health can be successfully treated by our methods. When you come to the Mitchell Sanitarium you leave despair on the doorstep, you may forget health disappointments of the past and look forward to glorious health as your goal.

# THE CHIROPRACTIC FOUNDATION

of the



## STATE OF NEW YORK

**T**HE CHIROPRACTIC FOUNDATION, is the first Corporate institution of its kind in the State of New York, to be legally empowered to sponsor the perpetuation and advancement of the scientific practice of Chiropractic; the establishment and maintenance of a hospitable Chiropractic health reconstruction, rest and convalescent camp, where among patrons unable to pay may be cared for, and for the State regulation of same.

The wisdom for the need of such an institution in New York was long felt. In the light of all facts, both Chiropractors and laymen, with faith and courage of conviction in their ambition, merged to serve humankind, that Man, shall suffer no more.

To effect institutional success, the State, broadly empowered the Foundation in the absence of a specific Chiropractic regulatory Law, with Corporate Privileges, as to heighten the ethical Chiropractic atmosphere; to acquaint the Public with the Art and Science of Chiropractic healing and its results; to establish a Center for Public Information, and a Bureau which shall deal with the Public Protection against imposters, by exposing persons who shall practice without having first obtained a recognized course; to stimulate good fellowship and the assistance and guidance of Chiropractic students; to co-operate with local and national organizations whose aims are to promote the welfare of Chiropractors and to morally support Chiropractic institutions of learning, having established or propose to establish entrance qualifications equal to high standards.

To finance the beneficent objects, the Corporate Privileges permitted by the ACT, under which the Foundation was created, further empowers to receive and accept money, real property, personal property and any other kind of property, by gift, bequest or any other form of contribution; to invest and manage its property and assets in any manner authorized by the Foundation and permitted by said ACT.

The Board of Trustees as fixed by Charter, administer and manage the affairs of the Foundation, and consist of twenty-one members, of which the Charter definitely provides that two-thirds must be laymen and one-third must be Chiropractors. The general pattern of institutional operation is much the same as any other major known Foundation in the United States, adhering to the strictest form of business-like management.

Beyond, and in front of the Foundation's proud main entrance gate posts, lies seventy-five acres which comprise tuneful and babbling streams, the famous Crum Elbow Creek, a Campus surrounded by woods, rolling and meadow lands, with memorial cabins, which were and are being donated in memory of near and dear ones to the donors. It is situated on Route 9F, going north, and is parallel with the Albany Post Road, one and one-half miles east of the camp, all of which are concrete from either direction from New York to Albany. Located at Staatsburg, in the beautiful old historic town of Hyde Park, Dutchess County, New York, at the foot hills of the Catskill and Berkshire Mountains, and is within a seven minute drive to America's Summer White House.

These acres were made available in a gift-like manner by reason of its unusual provisions by one of America's most outstanding sculptors, who owes his recovery from ill health to Chiropractic.

Upon completion of construction, the Foundation will be ready to serve a potential patronage from a population surrounding its institution of thirty-five to forty millions. The executive office of the Foundation is situated at Poughkeepsie, New York.



*Crum Elbow Creek*

*Memorial Cabins*

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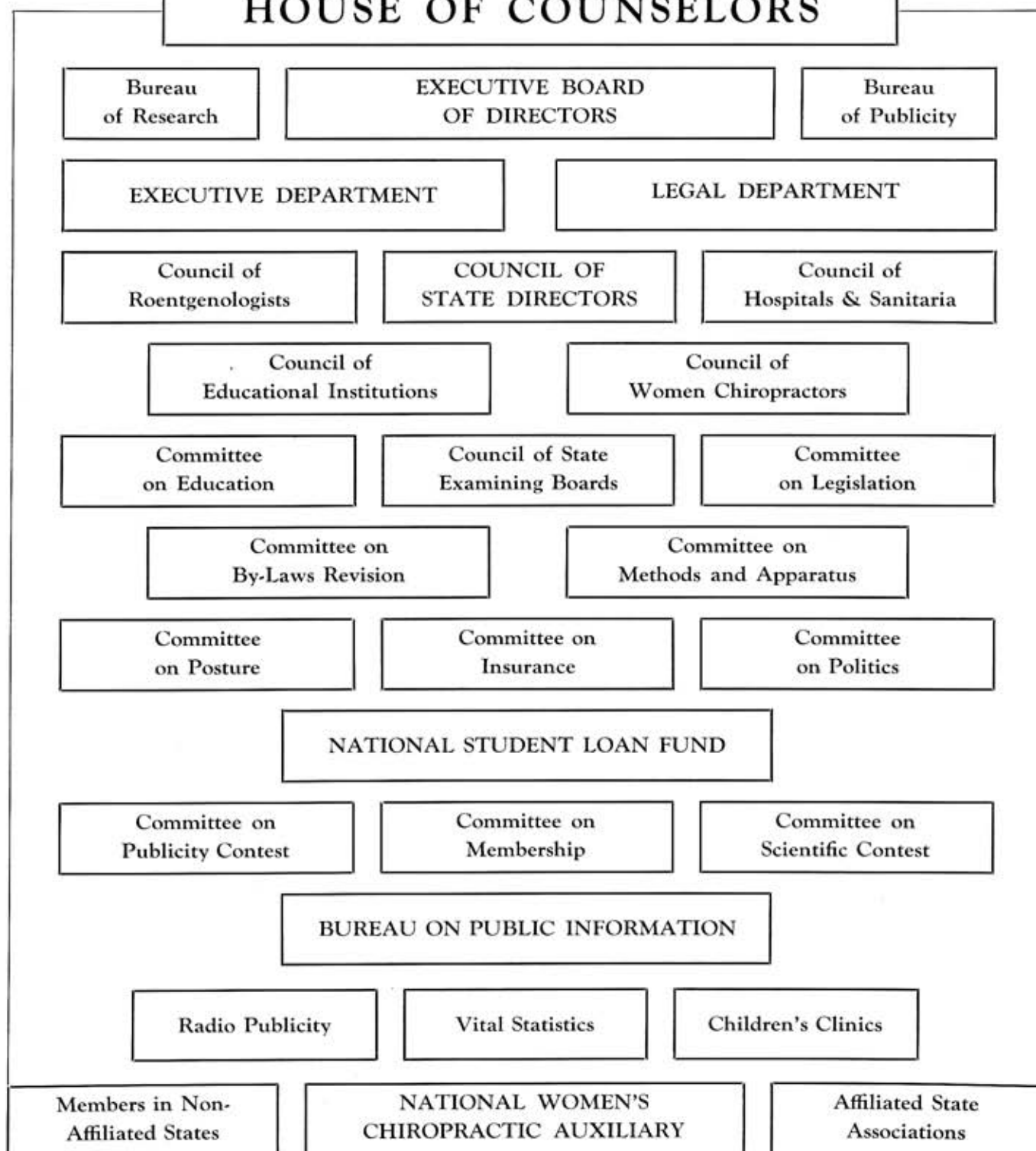
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*National Chiropractic Association, Inc.*

## HOUSE OF COUNSELORS



This diagram represents the organization set-up and the many and varied activities of the National Chiropractic Association. Study this chart and we believe you will agree that it represents the most effective "DESIGN FOR DEMOCRACY" ever organized within a profession.



MISS STICKNEY, GRAND RAPIDS, MICH.

Winner of Perfect Back Contest

Conducted by National Chiropractic Association

## Notes and Clippings

