

## MEDICATIONS SESSION

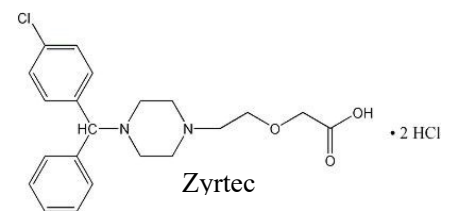
We recommend having a “medications session” with every patient. This visit will occur sometime after completing the Basics of Modules 1 & 2. This visit includes 3 techniques: 1) Harmonization, 2) Manufacture, and 3) Need & Use. All medications can be harmonized in a single visit. **The 3-vial rule does not apply** to medications harmonization. Every vial that is harmonized in this session may require any/all of the following vial techniques: Move the Vial, Touch a Body Point or Anatomical Location, and Filter. The **Medications Session** is repeated when tapering a medication with each dosage decrease.

- PREPARATION 1:** Have the patient create a Medication List that includes EVERY medication they have every taken, current and historical. This includes prescription, over-the-counter (non-prescription), recreational, and medications administered in hospital. The patient may need to ask parents and/or get medical records to complete the list. The more complete their list, the easier and more efficient this visit will be.
- PREPARATION 2:** Have the patient bring to this visit all current medications and any past medications on their list to which they still have access.

### HARMONIZATION

- TEST 1:** Beginning with any vial from the **Medications – Compendium** set, place on the Thymus point and test any intact muscle.
- CORRECTION 1:** If positive, Harmonize. Ask Finished. If No, then Menu to determine whether to **Move the Vial, Touch a Body Point or Anatomical Location**, or use the vial as a **Filter** (see Vial Techniques at the beginning of the manual). Once, Finished, repeat this process for every vial in the **Medications – Compendium** set.
- \*\*\*Important Note: Keep all vials that require Harmonization out and together as you will Harmonize them as a group at the end of this process.**
- TEST 2:** Find all the vials you have that correspond to the medications on their Medications List (you may not have a vial for every medication). Place the first vial on the Thymus point and test any intact muscle.
- CORRECTION 2:** If positive, Harmonize. Ask Finished. If No, then Menu to determine whether to **Move the Vial, Touch a Body Point or Anatomical Location**, or use the vial as a **Filter**. Once, Finished, repeat this process for every vial on the Medication List.
- TEST 3:** Using the medications that they brought into the office, beginning with the first on their list, place the medication on the Thymus point and test any intact muscle.
- CORRECTION 3:** If positive, Harmonize. Ask Finished. If No, then Menu to determine whether to **Move the Vial, Touch a Body Point or Anatomical Location**, or use the vial as a **Filter** (in each case use the actual medication as a substitute for the vial). Once, Finished, repeat this process for every actual medication they brought into the office.
- TEST 4:** Ask Finished.
- CORRECTION 4:** If No, there are 4 possibilities. Menu the body to determine which one(s) will allow you to complete the **Medications Session**.

- 1) One of the Harmonizations you ran with the actual substance requires a vial harmonization: Get a sample of the medication from the patient and follow the **Instructions for Ordering a Custom Medication Vial**. Harmonize on a follow-up visit using the vial.
- 2) There is a medication on the list for which you had neither vial nor actual substance that requires a harmonization: Menu to determine which medication(s) on the list for which you have neither vial nor actual substance, require harmonization. Search online for the chemical formula of the medication. Print out the chemical formula. Use the printed formula as a “paper vial” and harmonize as you would a vial. Then, ask the body if a



real vial is required to complete the harmonization. If so, obtain a sample and follow the instructions for ordering a Custom Vial detailed below.

- 3) There is a medication(s) missing from their list for which we have a vial: Menu the **Medications** vial sets. Once you've determined a set, place 5 vials at a time on the Thymus point. Find the vial(s) that produce a weakness and harmonize individually.
- 4) There is a medication(s) missing from their list for which we DO NOT have a vial: This is where the patient does some very deep research before their next visit. It is their job to discover EVERY medication they have ever taken. If they haven't already, recommend they speak to their parents and/or siblings (if possible), as well as request any medical records they are able to access. It may help them to list any hospitalizations, accidents, major illnesses, surgeries, etc. as a first step in this process. If the Menu takes you to this step, you will finish the session in a follow-up visit.

**TEST 5:**

Collect ALL vials you have harmonized in this session. Placing all vials together on the Thymus point, test any intact muscle. It will be weak.

**CORRECTION 5:**

Harmonize. Ask Finished. If No, then Menu to determine whether to **Move the Vial, Touch a Body Point or Anatomical Location**, or use the vial as a **Filter**. Once Finished, complete the Harmonization with Simple, Short, B-Cell or T-Cell.

## MANUFACTURE

The Manufacture process stimulates the body to manufacture the substance that you place on the Thymus point for this process. Run this technique on EVERY medication the patient is currently taking as well as any medication they have discontinued recently ( $\leq 6$  months). Both the vial for the medication and the actual medication are suitable to use for the Manufacture technique.

**TEST:**

Connect two fingers on the Parathyroid Point to one finger on the Calcium point. Place the vial or actual substance on the Thymus point. Test any intact muscle.

**CORRECTION:**

Touch Optimize. Correct T8 during three phases of respiration. **Maintain contact with Parathyroid and Calcium points throughout test and correction.** Follow up by testing Need & Use.

## NEED & USE

Using the Need & Use technique taught in Module 1, now you will will the body for the ideal dosage of the medications. Test this for EVERY medication on which you tested Manufacture. If you have prescription rights, you may simply prescribe the dosage tested. If you don't have prescription rights, communicate clearly that you are NOT PRESCRIBING a change in dosage, but are providing information the patient can use to consult with the prescribing physician and/or pharmacist.

**TEST:**

Place the medication on the Thymus point. Test any intact muscle.

**CORRECTION:**

If strong, the medication is not causing any harm to the patient. Next, ask, "Zero?" If No, then the patient needs some non-zero amount of that medication. Continue asking amounts, "one, two, three ...", until the body says Yes to a dosage. Then ask, "Can the body use \_\_\_\_\_ (insert the amount that was needed)?" If yes, prescribe or inform the patient of that dosage. If no, count back down until you reach the amount the body can use and prescribe/inform the patient that dosage.

**The vials needed for this procedure are found in Medications – Compendium and Medications – Allergic & Immunological, Anti-microbial, Cardiovascular, Diabetic, Endocrinological, Gastrointestinal, Pain Management, Psychotropic, Vaccine, Vaccine Filler and Other.**

