



Name _____



ARTIFICIAL SOMNAMBULISM (AS)

ORIGIN & EVOLUTION OF SUBTLE-INFLUENCE MEDICINE REQUIREMENTS

To qualify for "AS" certification complete the following six (6) steps:

Part 1 - Learn the material

Attend two (2) live SI (Module M) seminars. Online equivalents may be substituted ([SI, Profound Origins of TBM - Intensive](#). OR - [Profound Origins of TBM \(Researcher\) Certification Program](#)).

All AS-related Online Training Courses	All AS-related Events

Part 2 - Deliver TBM care

1. Perform Artificial Somnambulism on at least ten (10) patients.
2. Perform five (5) other techniques from the Module M material (e.g. Dianetic Reverie, Magnetic Healing, Magnetic Anesthesia, Neurypnosis).

Client Name/ID	Artificial Somnambulism Date	Signature/Initials of Client

Client Name/ID	Technique	Date	Signature/Initials of Client

Part 3 - Complete study material

Read CHAPTER V from *Human Personality* by Frederic William Henry Myers from [TBM Manuals: 40th Anniversary Compilation \("The Big Book"\)](#)

Date Chapter V Human Personality Read

Part 4 - Complete tests

1. Answer the fifteen (15) fill-in-the-blank questions included in the PRACTITIONER CERTIFICATION FOR ARTIFICIAL SOMNAMBULISM section in the [Master the Art of Healing \(MtAoH\) Certification Packet](#).
2. Write five (5) mini-essays (500 words or less, larger submissions may be returned unread for revision) on topics listed in the PRACTITIONER CERTIFICATION FOR ARTIFICIAL SOMNAMBULISM section in the [Master the Art of Healing \(MtAoH\) Certification Packet](#).

Fill in the Blanks on the following 15 questions:

1. To Mesmer, then, we owe the first conception of the therapeutic power of a sudden and profound _____ change. To Mesmer, still more markedly, we owe the doctrine of a _____ influence or effluence passing from man to man, a doctrine which, though it must assume a less exclusive importance than he assigned to it, cannot, in my view, be altogether ignored or denied.
2. As Mr. Myers has pointed out, the operator directs the _____ upon which hypnotic phenomena depend, but does not create it. " Professor Bernheim's command, ' Feel pain no more,' is no more a scientific instruction HOW not to feel pain, than the prophet's ' Wash in Jordan and be clean' was a pharmacopœal prescription for leprosy." In hypnosis the _____ is not the means used to excite the phenomena, but the peculiar state which enables them to be evoked.
3. Hypnotic success or failure cannot depend, as some have fancied, on some _____ difference in the kind of suggestion given. It is part and parcel of a wider mystery; of the obscure relationships and _____ of the _____ and the _____ self.
4. As a general rule (though with numerous exceptions), the events of ordinary life are remembered in the trance, while the trance events are forgotten on waking, but tend to recur to the memory on _____.
5. And here we are reaching a central point; we are affecting the *macula lutea* (as it has been well called) of the mental field. Many of the most important of hypnotic results will be best described as modifications of _____.
6. In making suggestions, moreover, the hypnotiser finds that he has to consider and meet the patient's own _____ feelings, describing the intended relief as the patient wishes it to be described, and not attempting technical language which the patient could not follow. In a word, it is plain that in this class, as in other classes of suggestion, we are addressing ourselves to a _____, an _____, which can of itself select and combine, and not merely to a _____ or a _____ responsive in a merely automatic way.
7. I start from the thesis that the _____ within us precedes and is independent of the _____, which it has developed for earthly use.
8. Myers suggests that the role of the hypnotizer will ever increase as the subject's role decreases ... True or False.
9. However remote from the so-called "flesh," all _____ faults alike may probably have some counterpart in the organism; and, if so, all should be modifiable by the same _____ attack.
10. ... hypnotism should be regarded as simply a _____ of artifices by which a man's own _____ power,—the will which he exerts over his own organism,—should become continually more potent for both his moral and his physical good.

11. The subliminal self, exercising in sleep a profounder _____ over the organism than the supraliminal can exert, may also be presumed to possess a profounder _____ of the organism,—of its present, and therefore of its future,—than the supraliminal self enjoys ...
12. To assume that all which they feel is a mere result of suggestion may be a premature attempt at simplifying modes of _____ which, in fact, are probably not simpler but more complex than any idea which we have as yet formed of them.
13. The schemes of self-suggestion which have actually been found effective have covered, not unnaturally, a range as wide as all the superstition and all the religion of men. That is to say, that each form of _____ in turn has been utilised as a means of securing that urgently-needed temporal blessing--relief from physical pain.
14. For what we have in effect been doing with the aid of these hypnotic artifices is simply to _____.
15. "There will be effective therapeutical or ethical self-suggestion whenever by any artifice subliminal attention to a bodily function or to a moral purpose is carried to some unknown pitch of intensity which draws energy from the _____ world."

Choose 5 of the following questions and answer each in 500 words or less (larger submissions may be returned unread for revision).

1. Section 514. Describe in your own words what is meant by hypnogenous zones and relate that to TBM Body Points.
2. Section 518. "It seems probable that ... all phenomena capable of being produced by the suggestion of the hypnotizer can also be produces by the self-suggestion in a self-suggestive subject." Compare practitioner muscle testing results to "Listening to the Body" in terms of suggestion and self-suggestion.
3. Section 524 describes some of the characteristics of the somnambulistic state (or hypnotic trance). Using your experiences of either being in a somnambulistic state, or taking another there, relate your experience to the description (be sure to de identify the information if using the experience of another).
4. Section 549 describes a "tug of war" between the telesthetic and hyperaesthetic perceptions. Provide a realworld example of this conflict.
5. What, according to Myers are the 3 main types of dynamogenic effects of suggestion discussed in sections 537550? Discuss briefly each of the effects.
6. Use Myers' descriptions of post-hypnotic suggestions (in part described in Section 551) to propose a hypothesis on how the TBM Biocomputer visualization effects a change.

Part 5 - Submit your documentation

Purchase [Origin & Evolution of Subtle-Influence Medicine Practitioner Certification \(Module M\)](#) -OR- [Profound Origins of TBM \(Researcher\) Certification Program](#) on livetbm.com.

Upon successful completion of these requirements, you will receive the certification below as an emailed document which you may print and display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified practitioner only" features on our website.

Email the following items to principal@tbmseminars.com: ☐ Facsimile of this document (once signed)

I certify that all above items have been completed as described.

Signature _____

Date _____